

SAMPLE DEGREE PLAN

Bachelor of Science, Nutrition Science

This degree program requires a total of **120** credit hours (CH), including 38 credit hours of the lower-division (LD) UCA Core and 40 credit hours of upper-division (3000- and 4000-level) courses. This sample degree plan demonstrates how a first-time entering freshman with no college credit can earn the degree in eight semesters. The upper-division UCA Core must be met using major, minor, or general elective courses. For general and specific degree requirements, please see the *Undergraduate Bulletin* at <https://uca.edu/ubulletin>. Consult your academic advisor for appropriate substitutions and additional information.

This degree is offered as an eight-semester degree completion program. Eligible students who follow this degree plan and complete all general and specific degree requirements in the *Undergraduate Bulletin* of the year in which they were admitted will earn this degree in eight semesters. For eligibility requirements, see <https://uca.edu/ubulletin/degreeplans/> for more information.

Year 1

Fall — Semester 1		Spring — Semester 2	
Courses	CH	Courses	CH
WRTG 1310 Introduction to College Writing or Other approved Writing Foundation alternative	3	WRTG 1320 Academic Writing & Research or ENGL 1320 Interdisciplinary Writing & Research or Other approved Research and Writing alternative	3
MATH 1390 College Algebra	3	NUTR 1300 Foundations of Nutrition	3
BIOL 1440 Principles of Biology I	4	CHEM 1402 General Chemistry for Health Sciences	4
NUTR 1100 Introduction to the Dietetics Profession	1	NUTR 2311 Meal Management	3
LD UCA Core First-Year Seminar or PSYC 1300 Introduction to Psychology	3	LD UCA Core First-Year Seminar (if not taken) or PSYC 1300 Introduction to Psychology	3
Total	14	Total	16

Year 2

Fall — Semester 3		Spring — Semester 4	
Courses	CH	Courses	CH
CHEM 2450 Introduction to Organic and Biochemistry	4	BIOL 2411 Microbiology in Human Affairs	4
FACS 2341 Lifespan Development	3	PSYC 2330 Psychological Statistics or Other introductory statistics course	3
LD UCA Core Course	3	FACS 3311 Resource Management	3
LD UCA Core Course	3	NUTR 3310 Food Science	3
LD UCA Core Course	3	LD UCA Core Course	3
Total	16	Total	16

Year 3

Fall — Semester 5		Spring — Semester 6	
Courses	CH	Courses	CH
NUTR 3390 Nutrition and Metabolism	3	NUTR 3350 Community Nutrition	3
NUTR 3370 Lifecycle Nutrition I	3	FACS 3356 Methods in Family & Consumer Sciences Education	3
PHYS 1410 College Physics I ¹	4	PHYS 1420 College Physics 2 ¹	4
BIOL 3406 Structure and Function of the Human Body I	4	BIOL 3407 Structure and Function of the Human Body II	4
Total	14	Total	14

Year 4

Fall — Semester 7		Spring — Semester 8	
Courses	CH	Courses	CH
NUTR 4301 Research in Nutrition & Family Sciences ²	3	NUTR 3375 Lifecycle Nutrition II	3
FACS 3372 Personal and Family Finance	3	NUTR 4315 Sports Nutrition	3
PSYC 3323 Abnormal Psychology	3	NUTR 4395 Nutrition: Contemporary Issues	3
HLTH 3123 Medical Terminology	1	General Electives	6
BIOL Elective (above BIOL 1440, not Botany) ¹	4		
General Elective	1		
Total	15	Total	15

¹Students intending to apply to a graduate program in Occupational Therapy may choose an elective based on graduate program prerequisites.

²Students participating in the University Scholars Program may substitute USCH 3320 for NUTR 4301. Students making this substitution must complete USCH 4320 as a General Elective for their upper-division UCA Core Capstone (Z) course.

This sample degree plan has been approved by the Department of Nutrition and Family Science in the College of Health and Behavioral Sciences.



SIGNED – DEPARTMENT CHAIR / SCHOOL DIRECTOR

06/24/26

DATE



SIGNED – COLLEGE DEAN

06/25/26

DATE