

SAMPLE DEGREE PLAN

Bachelor of Science, Family and Consumer Sciences

This degree program requires a total of 120 credit hours (CH), including 38 credit hours of the lower-division (LD) UCA Core and 40 credit hours of upper-division (3000- and 4000-level) courses. This sample degree plan demonstrates how a first-time entering freshman with no college credit can earn the degree in eight semesters. The upper-division UCA Core must be met using major, minor, or general elective courses. For general and specific degree requirements, please see the *Undergraduate Bulletin* at <https://uca.edu/ubulletin>. Consult your academic advisor for appropriate substitutions and additional information.

This degree is offered as an eight-semester degree completion program. Eligible students who follow this degree plan and complete all general and specific degree requirements in the *Undergraduate Bulletin* of the year in which they were admitted will earn this degree in eight semesters. For eligibility requirements, see <https://uca.edu/ubulletin/degreeplans/> for more information.

Year 1

Fall — Semester 1		Spring — Semester 2	
Courses	CH	Courses	CH
WRTG 1310 Introduction to College Writing or Other approved Writing Foundation alternative	3	WRTG 1320 Academic Writing & Research or ENGL 1320 Interdisciplinary Writing & Research or Other approved Research and Writing alternative	3
NUTR 1300 Foundations of Nutrition or Other LD UCA Core Course	3	NUTR 1300 Foundations of Nutrition (if not taken) or Other LD UCA Core Course	
MATH 1360 Quantitative Literacy or Other LD UCA Core Course	3	MATH 1360 Quantitative Literacy (if not taken) or Other LD UCA Core Course	3
LD UCA Core Course	3	LD UCA Core Lab Science	4
LD UCA Core First-Year Seminar or Other LD UCA Core Course	3	LD UCA Core First-Year Seminar (if not taken) or Other LD UCA Core Course	3
Total	15	Total	16

Year 2

Fall — Semester 3		Spring — Semester 4	
Courses	CH	Courses	CH
FACS 2341 Lifespan Development or FACS 2351 Family Relations	3	LD UCA Core Course	3
LD UCA Core Lab Science	4	Major Elective	3
Major Elective	3	General Electives	9
General Electives	6		
Total	16	Total	15

Year 3

Fall — Semester 5		Spring — Semester 6	
Courses	CH	Courses	CH
FACS 3318 Parenting Issues	3	FACS 3311 Resource Management	3
NUTR 3350 Community Nutrition	3	Major Elective	3
FACS 4316 Women in Poverty	3	Major Elective	3
General Electives	6	General Electives	6
Total	15	Total	15

Year 4

Fall — Semester 7		Spring — Semester 8	
Courses	CH	Courses	CH
FACS 3372 Personal and Family Finance	3	FACS 4340 FCS Professional Practice	3
FACS 3356 Methods in FACS Education	3	Major Elective(s)	6
Major Elective	3	General Electives	4
General Electives	6		
Total	15	Total	13

This sample degree plan has been approved by the Department of Nutrition and Family Sciences in the College of Health and Behavioral Sciences.



06/24/26

SIGNED – DEPARTMENT CHAIR / SCHOOL DIRECTOR

DATE



06/25/26

SIGNED – COLLEGE DEAN

DATE