

SAMPLE DEGREE PLAN

Bachelor of Science, Health Promotion

This degree program requires a total of **120** credit hours (CH), including **38** credit hours of the lower-division (LD) UCA Core and **40** credit hours of upper-division (3000- and 4000-level) courses. This sample degree plan demonstrates how a first-time entering freshman with no college credit can earn the degree in eight semesters. The upper-division UCA Core must be met using major, minor, or general elective courses. For general and specific degree requirements, please see the *Undergraduate Bulletin* at <https://uca.edu/ubulletin>. Consult your academic advisor for appropriate substitutions and additional information.

This degree is offered as an eight-semester degree completion program. Eligible students who follow this degree plan and complete all general and specific degree requirements in the *Undergraduate Bulletin* of the year in which they were admitted will earn this degree in eight semesters. For eligibility requirements, see <https://uca.edu/ubulletin/degreeplans/> for more information.

Year 1

Fall — Semester 1		Spring — Semester 2	
Courses	CH	Courses	CH
WRTG 1310 Introduction to College Writing or Other approved Writing Foundation alternative	3	WRTG 1320 Academic Writing & Research or ENGL 1320 Interdisciplinary Writing & Research or Other approved Research and Writing alternative	3
MATH 1390 College Algebra	3	BIOL 1400 Exploring Concepts in Biology	4
LD UCA Core First-Year Seminar or Other LD UCA Core Course	3	LD UCA Core First-Year Seminar (if not taken) or Other LD UCA Core Course	3
HLTH 1320 Essential of Health and Wellness	3	LD UCA Core Course	3
LD UCA Core Course	3	LD UCA Core Course	3
Total	15	Total	16

Year 2

Fall — Semester 3		Spring — Semester 4	
Courses	CH	Courses	CH
BIOL 2405 Anatomy and Physiology	4	BIOL 2411 Microbiology in Human Affairs	4
HLTH 3325 Disease Management	3	HLTH 3301 The Health Education Profession	3
HLTH Major Elective ¹	3	HLTH Major Elective ¹	3
LD UCA Core Course	3	LD UCA Core Lab Science	4
General Elective	3		
Total	16	Total	14

¹Select at least one course designated as an upper-division UCA Core Diversity course

Year 3

Fall — Semester 5		Spring — Semester 6	
Courses	CH	Courses	CH
HLTH 3320 Epidemiological Research	3	HLTH 4370 Administration of Health Programs	3
PSYC 2330 Psychological Statistics or Other approved introductory statistics course	3	HLTH Major Elective ¹	3
General Electives	9	General Electives	9
Total	15	Total	15

Year 4

Fall — Semester 7		Spring — Semester 8	
Courses	CH	Courses	CH
HLTH 4331 Program Planning & Evaluation	3	HLTH 4600 Health Promotion Internship ²	6
HLTH 4320 Health Communication & Advocacy	3	General Electives	9
HLTH 3300 Methods & Materials for Health Promotion	3		
HLTH 4300 Community Health	3		
General Elective	3		
Total	15	Total	15

² Students may substitute HLTH 4391 Leadership in Health Sciences and three hours of general electives as directed by their advisor.

This sample degree plan has been approved by the Department of Health Sciences in the College of Health and Behavioral Sciences.



05/24/25

SIGNED – DEPARTMENT CHAIR / SCHOOL DIRECTOR

DATE



06/02/25

SIGNED – COLLEGE DEAN

DATE