

SAMPLE DEGREE PLAN

Bachelor of Science, Community Nutrition

This degree program requires a total of **120** credit hours (CH), including **38** credit hours of the lower-division (LD) UCA Core and **40** credit hours of upper-division (3000- and 4000-level) courses. This sample degree plan demonstrates how a first-time entering freshman with no college credit can earn the degree in eight semesters. The upper-division UCA Core must be met using major, minor, or general elective courses. For general and specific degree requirements, please see the *Undergraduate Bulletin* at <https://uca.edu/ubulletin>. Consult your academic advisor for appropriate substitutions and additional information.

This degree is offered as an eight-semester degree completion program. Eligible students who follow this degree plan and complete all general and specific degree requirements in the *Undergraduate Bulletin* of the year in which they were admitted will earn this degree in eight semesters. For eligibility requirements, see <https://uca.edu/ubulletin/degreeplans/> for more information.

Year 1

Fall — Semester 1		Spring — Semester 2	
Courses	CH	Courses	CH
WRTG 1310 Introduction to College Writing or Other approved Writing Foundation alternative	3	WRTG 1320 Academic Writing & Research or ENGL 1320 Interdisciplinary Writing & Research or Other approved Research and Writing alternative	3
NUTR 1300 Foundations of Nutrition	3	LD UCA Core Course	3
NUTR 1100 Introduction to the Dietetics Profession	1	NUTR 2311 Meal Management	3
BIOL 1400 Exploring Concepts in Biology	4	BIOL 2405 Human Anatomy and Physiology	4
MATH 1365 Mathematical Reasoning for Health Science Professions or LD UCA Core First-Year Seminar	3	MATH 1365 Mathematical Reasoning for Health Science Professions (if not taken) or LD UCA Core First-Year Seminar	3
General Elective	1		
Total	15	Total	16

Year 2

Fall — Semester 3		Spring — Semester 4	
Courses	CH	Courses	CH
FACS 2341 Lifespan Development	3	FACS 3311 Resource Management	3
LD UCA Core Lab Science	4	NUTR 3310 Food Science	3
LD UCA Core Course	3	LD UCA Core Course	3
LD UCA Core Course	3	LD UCA Core Course	3
General Elective	3	General Elective	3
Total	16	Total	15

Year 3

Fall — Semester 5		Spring — Semester 6	
Courses	CH	Courses	CH
FACS 3318 Parenting Issues	3	FACS 3356 Methods in Family & Consumer Sciences Education	3
NUTR 3370 Lifecycle Nutrition I	3	FACS 3372 Personal and Family Finance	3
NUTR 3371 Nutrition Counseling	3	NUTR 3350 Community Nutrition	3
NUTR 3380 Food Economics	3	NUTR 3375 Lifecycle Nutrition II	3
BIOL 2411 Microbiology in Human Affairs	4	General Elective	3
Total	16	Total	15

Year 4

Fall — Semester 7		Spring — Semester 8	
Courses	CH	Courses	CH
NUTR 4301 Research in Nutrition and Family Sciences ¹	3	FACS 2351 Family Relations	3
NUTR 4395 Nutrition: Contemporary Issues	3	NUTR 4321 Nutrition Services Administration	3
NUTR 4315 Sports Nutrition	3	NUTR 4339 Community Nutrition Practicum	3
PSYC 2330 Psychological Statistics or Other introductory statistics course	3	General Elective	3
General Elective	3		
Total	15	Total	12

¹ Students participating in the University Scholars Program may substitute USCH 3320 for NUTR 4301.

This sample degree plan has been approved by the Department of Nutrition and Family Sciences in the College of Health and Behavioral Sciences.

Ribekah Suong

05/28/25

SIGNED – DEPARTMENT CHAIR / SCHOOL DIRECTOR

DATE

M. Blase

06/02/25

SIGNED – COLLEGE DEAN

DATE