

SAMPLE DEGREE PLAN

Bachelor of Science in Education, Physical Education (K-12)

This degree program requires a total of **120 credit hours (CH)**, including 38 credit hours of the lower-division (LD) UCA Core and 40 credit hours of upper-division (3000- and 4000-level) courses. This sample degree plan demonstrates how a first-time entering freshman with no college credit can earn the degree in four years. The upper-division UCA Core must be met using major, minor, or general elective courses. For general and specific degree requirements, please see the *Undergraduate Bulletin* at <https://uca.edu/ubulletin>. Consult your academic advisor for appropriate substitutions and additional information.

Year 1

| Fall — Semester 1 | | Spring — Semester 2 | |
|--|-----------|--|-----------|
| Courses | CH | Courses | CH |
| WRTG 1310 Introduction to College Writing or Other approved Writing Foundation alternative | 3 | WRTG 1320 Academic Writing & Research or ENGL 1320 Interdisciplinary Writing & Research or Other approved Research and Writing alternative | 3 |
| MATH 1360 Quantitative Literacy | 3 | BIOL 1400 Exploring Concepts in Biology or BIOL 1440 Principles of Biology I | 4 |
| EXSS 1320 Foundations of Wellness | 3 | EDUC 1300 Education as Profession | 3 |
| LD UCA Core First Year Seminar or Other LD UCA Core Course | 3 | LD UCA Core First Year Seminar (if not taken) or Other LD UCA Core Course | 3 |
| LD UCA Core Course | 3 | PETE 1230 Teaching Conditioning and Beginning Wright Training | 2 |
| Total | 15 | Total | 15 |

Year 2

| Fall — Semester 3 | | Spring — Semester 4 | |
|--|-----------|---|-----------|
| Courses | CH | Courses | CH |
| EXSS 2381 Anatomical Kinesiology | 3 | EXSS 2340 Motor Development and Learning | 3 |
| PETE 2325 Physical Education Methods and Sports | 3 | HLTH 2320 Mental Health | 3 |
| PETE 2250 Teaching Dance and Rhythmical Activities | 2 | PETE 2223 Teaching Outdoor Education and Recreational Games | 2 |
| PETE 2300 Principles of Kinesiology and Physical Education | 3 | LD UCA Core Course | 3 |
| LD UCA Core Course | 3 | LD UCA Core Lab Science | 4 |
| LD UCA Core Course | 3 | | |
| Total | 17 | Total | 15 |

Year 3

| Fall — Semester 5 | | Spring — Semester 6 | |
|--|-----------|---|-----------|
| Courses | CH | Courses | CH |
| HLTH 4300 Community Health | 3 | PETE 3363 Adapted Physical Education | 3 |
| EDUC 3322 Diverse Learners in Inclusive Settings | 3 | HLTH 3325 Disease Management for Health Promotion | 3 |
| EXSS 3331 Care and Prevention of Exercise and Sport Injuries | 3 | EXSS 3303 Exercise Physiology | 3 |
| PETE 3330 Physical Education for the Elementary Grades | 3 | PETE 3316 Curriculum | 3 |
| EXSS 3382 Biomechanics | 3 | PETE 4310 Methods and Materials of Secondary Physical Education | 3 |
| Total | 15 | Total | 15 |

Year 4

| Fall — Semester 7 | | Spring — Semester 8 | |
|---|-----------|---------------------------------|-----------|
| Courses | CH | Courses | CH |
| PETE 4680 Internship I | 6 | PETE 4990 Internship II | 9 |
| EXSS 4395 Sport in American Society | 3 | MSIT 4325 Disciplinary Literacy | 3 |
| EDUC 4210 Integration of Technology in Teaching/Learning | 2 | | |
| EXSS 4320 Measurement and Evaluation in Human Performance | 3 | | |
| EXSS 4230 Fitness Assessment and Exercise Prescription | 2 | | |
| Total | 16 | Total | 12 |