

## SAMPLE DEGREE PLAN

### Bachelor of Science in Education, Physical Education (K-12)

This degree program requires a total of **120 credit hours (CH)**, including **38 credit hours** of the lower-division (LD) UCA Core and **40 credit hours** of upper-division (3000- and 4000-level) courses. This sample degree plan demonstrates how a first-time entering freshman with no college credit can earn the degree in four years. The upper-division UCA Core must be met using major, minor, or general elective courses. For general and specific degree requirements, please see the *Undergraduate Bulletin* at <https://uca.edu/ubulletin>. Consult your academic advisor for appropriate substitutions and additional information.

#### Year 1

Fall — Semester 1		Spring — Semester 2	
Courses	CH	Courses	CH
WRTG 1310 Introduction to College Writing or Other approved Writing Foundation alternative	3	WRTG 1320 Academic Writing & Research or ENGL 1320 Interdisciplinary Writing & Research or Other approved Research and Writing alternative	3
MATH 1360 Quantitative Literacy	3	BIOL 1400 Exploring Concepts in Biology or BIOL 1440 Principles of Biology I	4
EXSS 1320 Foundations of Wellness	3	EDUC 1300 Education as Profession	3
LD UCA Core First Year Seminar or Other LD UCA Core Course	3	LD UCA Core First Year Seminar (if not taken) or Other LD UCA Core Course	3
LD UCA Core Course	3	PETE 1230 Teaching Conditioning and Beginning Wright Training	2
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15</b>

#### Year 2

Fall — Semester 3		Spring — Semester 4	
Courses	CH	Courses	CH
EXSS 2381 Anatomical Kinesiology	3	EXSS 3331 Care and Prevention of Exercise and Sport Injuries	3
PETE 2325 Physical Education Methods and Sports	3	HLTH 2320 Mental Health	3
PETE 2250 Teaching Dance and Rhythmical Activities	2	PETE 2223 Teaching Outdoor Education and Recreational Games	2
PETE 2300 Principles of Kinesiology and Physical Education	3	LD UCA Core Course	3
LD UCA Core Course	3	LD UCA Core Lab Science	4
LD UCA Core Course	3		
<b>Total</b>	<b>17</b>	<b>Total</b>	<b>15</b>

**Year 3**

Fall — Semester 5		Spring — Semester 6	
Courses	CH	Courses	CH
EXSS 2340 Motor Development and Learning	3	PETE 3363 Adapted Physical Education	3
EDUC 3322 Diverse Learners in Inclusive Settings	3	EXSS 4320 Measurement and Evaluation in Human Performance	3
EXSS 4395 Sport in American Society	3	EXSS 3303 Exercise Physiology	3
PETE 3330 Physical Education for the Elementary Grades	3	PETE 3316 Curriculum	3
EXSS 3382 Biomechanics	3	PETE 4310 Methods and Materials of Secondary Physical Education	3
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15</b>

**Year 4**

Fall — Semester 7		Spring — Semester 8	
Courses	CH	Courses	CH
PETE 4680 Internship I	6	PETE 4990 Internship II	9
HLTH 4300 Community Health	3	HLTH 3325 Disease Management for Health Promotion	3
EDUC 4210 Integration of Technology in Teaching/Learning	2		
MSIT 4325 Disciplinary Literacy	3		
EXSS 4230 Fitness Assessment and Exercise Prescription	2		
<b>Total</b>	<b>16</b>	<b>Total</b>	<b>12</b>