SAMPLE DEGREE PLAN

Bachelor of Science, Dietetics

This degree program requires a total of 120 credit hours (CH), including 38 credit hours of the lower-division (LD) UCA Core and 40 credit hours of upper-division (3000- and 4000-level) courses. This sample degree plan demonstrates how a first-time entering freshman with no college credit can earn the degree in four years. The upper-division UCA Core must be met using major, minor, or general elective courses. For general and specific degree requirements, please see the *Undergraduate Bulletin* at https://uca.edu/ubulletin. Consult your academic advisor for appropriate substitutions and additional information.

Year 1

Fall — Semester 1		Spring — Semester 2	
Courses	СН	Courses	СН
WRTG 1310 Introduction to College Writing or Other approved Writing Foundation alternative	3	WRTG 1320 Academic Writing & Research or ENGL 1320 Interdisciplinary Writing & Research or Other approved Research and Writing alternative	3
MATH 1365 Mathematical Reasoning for Health Science Professions or LD UCA Core: First Year Seminar	3	MATH 1365 Mathematical Reasoning for Health Science Professions or LD UCA Core: First Year Seminar	3
NUTR 1300 Foundations of Nutrition	3	CHEM 1402 Chemistry for Health Sciences	4
NUTR 1100 Introduction to the Dietetics Profession	1	NUTR 2311 Meal Management	3
BIOL 1400 Exploring Concepts in Biology	4	LD UCA Core Course	3
General Elective	1		
Total	15	Total	16

Year 2

Fall — Semester 3		Spring — Semester 4	
Courses	СН	Courses	СН
FACS 2341 Lifespan Development	3	FACS 3311 Resource Management	3
CHEM 2450 Introduction to Organic & Biochemistry	4	BIOL 3407 Structure and Function of the Human Body II	4
BIOL 3406 Structure and Function of the Human Body I	4	LD UCA Core Course	3
LD UCA Core Course	3	LD UCA Core Course	3
General Elective	1	LD UCA Core Course	3
Total	15	Total	16

Effective: Fall, 2025 Page 1 of 2

Year 3

Fall — Semester 5		Spring — Semester 6		
Courses	СН	Courses		СН
NUTR 3310 Food Science	3	FACS 3372 Personal and Family Finance		3
NUTR 3370 Lifecycle Nutrition I	3	NUTR 3350 Community Nutrition		3
NUTR 3380 Food Economics	3	NUTR 3390 Nutrition and Metabolism		3
FACS 3356 Methods in Family & Consumer Sciences Education	3	NUTR 4321 Nutrition Services Administration		3
BIOL 2411 Microbiology in Human Affairs	4	NUTR 3375 Lifecycle Nutrition II		3
Total	16		Total	15

Year 4

Fall — Semester 7		Spring — Semester 8	
Courses	СН	Courses	СН
NUTR 4301 Research in Nutrition and Family Sciences ¹	3	NUTR 4335 Nutrition Senior Seminar	3
NUTR 3371 Nutrition Counseling	3	NUTR 4351 Experimental Food Science	3
NUTR 4325 Medical Nutrition Therapy I	3	NUTR 4374 Medical Nutrition Therapy II	3
PSYC 2330 Psychological Statistics or Other approved introductory statistics course	3	NUTR 4395 Nutrition Contemporary Issues	3
NUTR 4315 Sport Nutrition	3		
Total	15	Tota	I 12

¹ Students participating in the University Scholars Program may substitute USCH 3320 for NUTR 4301.

Effective: Fall, 2025 Page 2 of 2