

Workshop Information

UCA StudentLingo video workshops for 2019-2020 include:

- **Academic & Career Exploration**
 - [Maximizing Your College Experience \(PDF\)](#)
 - [What It Takes To Be A Successful Student \(PDF\)](#)
 - [Exploring Careers & Choosing A Major \(PDF\)](#)
 - [Mastering The Job Interview \(PDF\)](#)
 - [Writing Effective Resumes & Cover Letters \(PDF\)](#)
 - [Creating Your College Bucket List: Explore, Experience, Succeed \(PDF\)](#)

Reading & Writing Strategies

- [Pre-Writing Techniques: Planning & Idea Development \(PDF\)](#)
- [Developing A Strong Thesis Statement \(PDF\)](#)
- [Drafting Introductions, Body Paragraphs & Conclusions \(PDF\)](#)
- [The Revision Process: How To Proofread & Edit Your Writing \(PDF\)](#)
- [Reading Comprehension Strategies \(PDF\)](#)

Learning to Learn

- [Classroom Expectations & Behaviors \(PDF\)](#)
- [Developing Critical Thinking Skills \(PDF\)](#)
- [Handling Failure In & Out Of The Classroom \(PDF\)](#)
- [Preparing For Final Exams \(PDF\)](#)
- [Study Tips & Note-Taking Strategies \(PDF\)](#)
- [How To Reduce Test Anxiety \(PDF\)](#)
- [Understanding & Avoiding Plagiarism \(PDF\)](#)
- [Learning Strategies Every Student Should Know \(PDF\)](#)
- [Exam Preparation Tips & Test-Taking Strategies \(PDF\)](#)
- [How To Overcome Math Anxiety \(PDF\)](#)
- [How To Succeed In Math \(PDF\)](#)
- [10 Habits Of Mind For College Success \(PDF\)](#)
- [The Difference Between High School & College \(PDF\)](#)
- [Information Literacy: How To Master College Research \(PDF\)](#)
- [Academic Integrity: The Do's and Don'ts \(PDF\)](#)

Personal Management

- [How Your Personality Style May Impact Your Academic Success \(PDF\)](#)
- [Time Management: Strategies For Success \(PDF\)](#)
- [Overcoming Procrastination: Causes & Cures \(PDF\)](#)
- [Financial Literacy: Smart Money Skills For College & Beyond \(PDF\)](#)
- [Stress Management Techniques \(PDF\)](#)
- [Navigating The Financial Aid Process \(PDF\)](#)
- [Improving Student-Faculty Relationships \(PDF\)](#)

- [How To Develop Your Cross-Cultural Skills \(PDF\)](#)
- [Setting & Accomplishing Realistic Goals \(PDF\)](#)
- [How To Achieve Well-Being, Balance & Success \(PDF\)](#)
- [Emotional Intelligence: The Other Key To Academic Success \(PDF\)](#)
- [Mental Health & Suicide: Helping Yourself & Others \(PDF\)](#)
- [Sexual Violence Awareness & Prevention: A Title IX Training For Students \(PDF\)](#)

Online Learning

- [10 Tips For Success In Your Online Course \(PDF\)](#)
- [Effectively Communicating Online \(PDF\)](#)
- [Online Courses: Staying Motivated & Disciplined \(PDF\)](#)
- [Taking Tests Online: Strategies For Success \(PDF\)](#)

Success Strategies

- [Discover Your Learning Style Preferences \(PDF\)](#)
- [Success Strategies For Students On Probation \(PDF\)](#)
- [Student Veterans: How To Succeed In College \(PDF\)](#)
- [Success Strategies For First Generation Students \(PDF\)](#)
- [Leading As A Student-Athlete In & Out Of The Classroom \(PDF\)](#)