

UCA STUDENT SUPPORT GUIDE



Learning Communities
Teach-Ins



Tutoring Lab



Supportive (and Fun!)
Housing Staff

PROVIDING
ACADEMIC | FINANCIAL
SOCIAL | PERSONAL
SUPPORT



UNIVERSITY OF CENTRAL ARKANSAS™

ABOUT THIS RESOURCE GUIDE

This guide will help you identify key campus resources that can help you succeed. The guide is compiled by the Office of Student Success and provides information on services and programs found across the UCA campus.

Support programs and services are broken down into four categories:

- **ACADEMIC** - includes services such as tutoring and programs like the UCA Core
- **FINANCIAL** - includes resources and services such as emergency grant funds and Student Accounts
- **SOCIAL** (College Experiences) - includes groups and programs such as Recognized Student Organizations (RSOs) and Housing and Residence Life
- **PERSONAL** (Health & Wellness) - includes services such as the Counseling Center and the HPER Center

WE ARE HERE TO HELP YOU

ACADEMICALLY

FINANCIALLY

SOCIALY

PERSONALLY

DO YOU HAVE QUESTIONS? CONTACT US

Office of Student Success
Old Main, Suite 104
uca.edu/studentsuccess
(501) 450-3125



ACADEMIC SUPPORT


ACADEMIC ADVISING

Advisors work with students to determine their academic goals and develop a plan of study that follows the Academic Map (AMAP) for a student's chosen major. First-year and sophomore students are primarily advised by professional advisors in the Academic Advising Center (AAC). Student-athletes work with advisors in Athletic Academic Advising. Juniors and seniors are assigned to faculty advisors in their major department.

Advising

Harrin Hall, first floor


(501) 450-5149 | uca.edu/advising

 [ucaadvising](https://www.facebook.com/ucaadvising)

Athletic Advising

Bernard Hall 003

(501) 852-2506 | uca.edu/athleticadvising

 [advisingbears.uca](https://www.facebook.com/advisingbears.uca)

AUTISM ADVOCACY PROGRAM

The Autism Advocacy Program strives to help students with autism transition to and succeed in the higher education setting. The program provides support for students, parents and faculty, while also helping students learn to self-advocate.

Department of Student Transitions

Old Main 10

(501) 450-3220 | abaldwin@uca.edu

CENTER FOR WRITING AND COMMUNICATION

The Center for Writing and Communication (CWC) guides students through the composing process for any writing or communication project or presentation, for any class, at any stage of the process. Appointments must be made online.

Thompson Hall 109 | M-F 8 a.m.-4:30 p.m.

(501) 450-5123 | uca.edu/cwc

ucawritingcenter@gmail.com

 [ucawritingcenter](https://www.facebook.com/ucawritingcenter)

DEGREE WORKS

Ellucian Degree Works™ is a comprehensive academic advising, transfer articulation and degree audit solution that aligns students, advisors and institutions to a common goal: helping students graduate on time. Through Degree Works™, students and advisors can review and plan a student's academic progress. UCA students access Degree Works™ through myUCA.

ACADEMIC SUPPORT (CONTINUED)

DEPARTMENT OF STUDENT TRANSITIONS

Student Transitions courses and faculty assist students in making a successful transition to college academic life. The department offers co-requisite developmental courses in math, reading and writing, pairing a developmental course with a college-level course. The department also houses the First-Year Seminar, Journeys to Success (ACAD 1300) course.

Old Main 10 | (501) 450-3220

uca.edu/dst

DISABILITY RESOURCE CENTER

The Disability Resource Center (DRC) works with students, faculty and staff to create an accessible and inclusive environment so all our students have full access to UCA classrooms, programs, and events, and can maximize their college experience. Students wishing to utilize DRC services should register online as soon as possible.

Student Health Center 212 | (501) 450-3613


uca.edu/disability

OFFICE OF DIVERSITY AND COMMUNITY


The Office of Diversity and Community provides multiple services to enhance the academic and personal success of students from underrepresented populations, including the Minority Mentorship Program, the Black Male Achievement Challenge (B-MAC), the Latino/Hispanic Outreach and PRISM Alliance. The office also houses the Academic Bridge Connection (ABC) Resource Center.

Bernard Hall 207 | (501) 450-3135

uca.edu/diversitycommunity

 [diversityandcommunity](https://www.facebook.com/diversityandcommunity)

 [UCA_ODC](https://twitter.com/UCA_ODC)

 [uca_diversity](https://www.instagram.com/uca_diversity)

FIRST-YEAR SEMINARS (FYS)

All first-year students are required to complete a First-Year Seminar course as part of their Core requirements. These courses fulfill a specific Core area requirement, and emphasize written and oral communication skills.

uca.edu/core/first-year-seminar

GRADESFIRST

Students use this campus-wide system to schedule appointments and communicate with advisors, peer coaches, tutors and faculty. See the GradesFirst link in myUCA.

IT HELP DESK

IT (Information Technology) Help Desk

IT will answer questions and recommend solutions for any technical problems you may have.


(501) 450-3107 | uca.edu/it/need-help

LIBRARY

Torreyson Library provides both research and recreational reading materials. Research Coaches are available to help students with projects. The library provides seating for more than 1000, in a variety of settings, from individual study carrels to group study rooms, and is open 24/5 during the week with weekend hours. The library's collection includes almost one million titles in a variety of physical and electronic formats. Interlibrary loan services give you access to resources in other collections. In addition to two computer labs with 101 desktop computers, five networked printers, three copiers, and six scanners available, the library circulates 60 laptop computers and 30 engineering calculators, and provides projection equipment.

(501) 450-5224 | uca.edu/library

 UCA_Library

 UCATorreysonLibrary

LOW-SENSORY LOUNGE

The UCA Low-Sensory Lounge in Old Main 28 is a dedicated space specially designed with a sensory-reduced atmosphere. The lounge serves as a safe space between classes and at any other time a break is needed for students who benefit from a reduced-noise and low-activity environment.

Old Main 28

M-F 8a.m.-4:30p.m.

(501) 450-3220

OFFICE OF STUDENT SUCCESS

Academic Success Workshops are offered each semester on topics such as time management, test-anxiety, note-taking skills and communication skills. Online workshops are also available.

FirstGen@UCA raises awareness of the challenges faced by first-generation college students and promotes resources available to first-generation students. Faculty and staff are invited to show their support by wearing their "First2Go" button and sharing their own success stories.

Skyfactor Mapworks™ is an online tool students can use to evaluate their transition to college and identify campus resources to improve their overall experience.

uca.edu/studentsuccess/mapworks

Success Coaching is available in first-year residence halls, the Honors College and in Old Main 106. Peer success coaches assist with study strategies, time management and other academic skills.

Supplemental Instruction (SI) is an academic assistance program that utilizes regularly scheduled, informal review sessions in which students compare notes, discuss readings and predict test items. Available in BIOL 1440, CHEM 1402, ACCT 2310 and PSYC 1300.

The UCAN Program (“Unlocking College Academics Now”) provides students on first academic suspension the opportunity to continue their enrollment while engaging in workshops and small group sessions.

Office of Student Success

Old Main, Suite 104

uca.edu/studentsuccess

(501) 450-3125

 UCASuccess

 ucastudent_success

REGISTRAR’S OFFICE

The Registrar maintains student academic files, the Academic Calendar, FERPA waivers, schedule of classes, final exam schedules, transcripts, and applications for graduation.

Harrin Hall 224

450-5200 | regofc@uca.edu

uca.edu/registrar

SERVICE-LEARNING & VOLUNTEERISM

Service-learning courses connect course content with meaningful community service. Volunteers also have the opportunity to serve with dozens of community partners in central Arkansas. Students who log service-learning and volunteer hours are eligible for recognition such as monthly giveaways, the Bears Serve Challenge (logging 30-plus hours in a year) and the community service graduation cord (logging 100-plus hours by graduation).

(501) 852-7416

lgraybeal@uca.edu


uca.edu/volunteer

TUTORING

UCA offers free centralized peer tutoring for all Core courses and most upper-level math and science courses through the Tutoring Services Center. (Appointments and walk-ins are welcomed.) The Center also offers online tutoring, as well as printing, treadmill desks, and computer and laptops for individual study.

Torreyson Library 223

uca.edu/success

 ucatutoring

UCA BOOKSTORE

The UCA Bookstore is the official spirit shop for the UCA Bears. Students can save up to 40 percent off textbooks by renting here.


theUCAbookstore.com

 ucabookstore

UCA FAMILIES NETWORK

The UCA Family Network is designed to be a one-stop shop making it easy for you to access all the information you need to support your student.

families@uca.edu

 UCAFamilies

 UCAFamilies

COLLEGE EXPERIENCES

CENTER FOR LEADERSHIP DEVELOPMENT

The Center for Leadership Development (CLD) seeks to develop comprehensive leadership programs and recognizes the need to make intentional leadership development opportunities available to all students through coordinated campus-wide efforts. CLD provides workshops and events, self-guided resources and student leadership teams so students can pursue their leadership in a variety of ways.

uca.edu/lead

  [ucaleadership](#)

HOUSING

Living on campus will be one of the most rewarding experiences during your time at UCA. You'll find that living purple offers you a less stressful college experience and gives you advantages such as convenient access to campus facilities, comfortable living accommodations and a residence life staff that is here to help you. You will be close to classes, dining options and campus events, which will cut down on transportation costs and time. UCA offers a variety of living styles to fit your needs and preferences to make living on campus an enjoyable experience.

Bernard Hall Suite 201 | (501) 450-3132

uca.edu/housing

   [UCAHousing](#)

RESIDENTIAL COLLEGES/HONORS COLLEGE

UCA's Living and Learning Community program includes five Residential Colleges, the Honors College and the Minton Commuter College. Learning communities provide students an environment for integrating learning into daily life through small classes (some in a student's residence hall!), academic programming, and on-site faculty and peer mentors.

uca.edu/residential

uca.edu/honors

STUDY ABROAD

Studying abroad is one of the most challenging and rewarding adventures you can experience during your college career!

Torreyson Library 109 | (501) 450-3646

studyabroad@uca.edu

 [UCA_StudyAbroad](#)

STUDENT GOVERNMENT ASSOCIATION




The Student Government Association (SGA) is the primary representative voice for UCA students. SGA formulates policies and allocates student activity fees to student organizations and university departments. SGA also works closely with administration on issues that directly affect UCA students. | uca.edu/sga

STUDENT LIFE

Student Life provides opportunities for learning, leadership, community building, creative expression, volunteerism, mentoring and much more.

UCA offers more than 200 student organizations, clubs and recreational activities to help students engage in campus life, and become active members of the UCA community. Student organizations, including the student activities board host regular activities throughout the year, including guest lecturers, dances, comedy acts, concerts and novelty events. See OrgSync on myUCA for more information.

Student Center 207 | uca.edu/studentlife


   **ucastudentlife**

INTERNATIONAL ENGAGEMENT

The University of Central Arkansas Division of International Engagement coordinates all university international activities and programs. To prepare students to work and live in the diverse global communities of the 21st century, our office creates a supportive and diverse community on campus and across central Arkansas through cultural and educational programming. Working with UCA faculty and

students, we offer programs that help students become leaders, global citizens, and lifelong learners.

Student Center 207 | uca.edu/studentlife

 **UCAinternational**

 **UCAIE**

 **ucaie**

FINANCIAL

CAREER SERVICES

Career Services provides access to career planning and programs, presentations and information on employment opportunities including work-study and internships.

uca.edu/career/jobs

FINANCIAL AID

The Student Financial Aid Office assists students applying for institutional, private, state and federal assistance in the form of scholarships, grants, work-study and loans.

A-D Lynetta Morris | lmorris@uca.edu | (501) 852-7418

E-J Kim Collister | kimc@uca.edu | (501) 450-5352

K-P Brandon Hardy | bhardy@uca.edu | (501) 852-2418

Q-T Travis Kunkel | tkumkel1@uca.edu | (501) 450-5679

U-Z Kiran Kim | kkim@uca.edu | (501) 450-5111

Harrin Hall #200 | (501) 450-3140

finaid@uca.edu | uca.edu/financialaid

SCHOLARSHIPS


Information on institutional, state, and private scholarship awards can be found on the Financial Aid website. The UCA Foundation also offers privately-funded scholarships. See uca.edu/foundation for information and an application. Other scholarship opportunities can be found by following Office of Student Financial Aid on OrgSync.

uca.edu/scholarships

STUDENT ACCOUNTS

This office assists students and parents through the payment process for tuition and fees. Pay online using CashNet through myUCA.

uca.edu/studentaccounts | (501) 450-5015

 [UCAstudentacctts](#)

STUDENT SUPPORT AND RESOURCE CENTER

This office assists students in locating emergency funding and other resources.

uca.edu/ssds/dash

uca.edu/ssds/emergency-textbook-grants


(501) 852-0704

UCA BEAR ESSENTIALS FOOD PANTRY

If you need food or household supplies, the Food Pantry will help. Located in Old Main 108.

beaessentials@uca.edu

uca.edu/foodbank

 [UCAbeaessentials](#)

VETERAN SERVICES

The University works with the Department of Veterans Affairs as well as other federal and state agencies to provide educational assistance to those who have served our country.

Harrin Hall 223 A/B

veteranservices@uca.edu

uca.edu/veteranservices

HEALTH & WELLNESS


COUNSELING CENTER

The Counseling Center provides mental health counseling and other counseling services for all currently enrolled UCA students.

Student Health 327

(501) 450-3138

uca.edu/counseling

 UCACounseling

GENDER NEUTRAL BATHROOMS

Gender neutral bathrooms can be found across campus. For locations, visit:

uca.edu/diversity/gender-neutral-restrooms

HEALTH CLINIC

The Student Health Clinic is staffed with a physician and four nurse practitioners to help diagnose, treat and monitor your health needs. Treatment of minor illnesses or injuries some chronic illnesses, allergy shots ordered by a private physician, blood pressure monitoring, crutch loan, education about a diagnosis, the women's clinic, simple laceration repair, peak flow measurement, updrafts and pulmonary function tests are all provided to students free of charge.

Student Health Building

(501) 450-3136

shc@uca.edu

uca.edu/studenthealth

HPER

The HPER center offers a wide variety of healthy activities including group exercise classes, a variety of equipment, pool, basketball courts, running track, racquetball and free outdoor equipment checkout.

uca.edu/campusrecreation

 UCAHPER  UCAHPERBears

LACTATION SUITES

Lactation Suites can be found across campus. For locations, visit **uca.edu/diversity/lactation-suites**

REGISTERED DIETITIAN

Individualized nutrition consultations are held in a private setting.

(501) 852-0185 | (501) 733-6854 cell

allinson-lauren@aramark.com

STUDENT WELLNESS AND DEVELOPMENT

Student Wellness and Development offers a variety of educational events, initiatives and campaigns on wellness topics throughout the year, including Student Health 101 (**uca.readsh101.com**) and the Wellness Ambassador Program.

uca.edu/wellness

UCA POLICE DEPARTMENT

We believe a well-informed community is essential to achieving our goals. To that end, we have implemented numerous measures to ensure the safety of the UCA community and to provide timely warnings in case of an emergency.

ucapd@uca.edu | 450-3111 | ucapd.org

 UCAPoliceDept  UCAPoliceDepartment



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Old Main Hall, Suite 104

uca.edu/studentsuccess

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