PEER REVIEWED PUBLICATIONS – JOURNALS


Woodson C, **Bandy WD**, Curtis D, Baldwin D. Relationship of isokinetic peak torque with work update...

Bethards S, Everitt-Smith, Bandy WD. Intrarater test-retest reliability of an instrument used to measure back and leg strength. *Isokinetics and Exercise Science* 5:31-35, 1995


Bandy WD. Hanten WP. Changes in torque and electromyographic activity of the quadriceps femoris muscles following isometric training. *Physical Therapy* 73:455-467, 1993

Bandy WD. Grubbs N. The principles of resistance training for the upper extremities: isometric, isotonic, isokinetic exercise. Orthopedic Physical Therapy Home Study Course 93-1; Orthopedic Section APTA, Inc, 1993


Bandy WD. Lovelace-Chandler VS. Relationship of peak torque to peak work and peak power of the quadriceps and hamstring muscles in a normal sample using an accommodating resistance measurement device. *Isokinetic and Exercise Science* 1:1-5, 1991


Updated 4-22-2021


Bandy WD, Eiland WG. Job sharing in physical therapy. *Clinical Management* 4:28-31, 1984


Eiland WG, Bandy WD. Case Study: Compression fracture of the thoracic spine with emphasis on fabrication of a protective pad for athletic participation. *Journal of Orthopedic and Sports Physical Therapy* 4:115-117, 1982


**Peer Reviewed Publications (Books)**

Range of Motion and Muscle Length Testing. 3rd edition WB Saunders. 2016 (with Reese, N)

Therapeutic Exercise for the Physical Therapist Assistant. 3rd edition. Lippincott, Williams, and Wilkins. 2013 (with Sanders, B)

Range of Motion and Muscle Length Testing. 2nd edition WB Saunders. 2010 (with Reese, N)

Therapeutic Exercise for the Physical Therapist Assistant. 2nd edition. Lippincott, Williams, and Wilkins. Spring, 2008 (with Sanders, B)

Range of Motion and Muscle Length Testing. WB Saunders. September, 2001 (with Reese, N)
Therapeutic Exercise: Techniques for Intervention. Lippincott, Williams, and Wilkins. April, 2001 (with Sanders, B)

**Honors and Awards**

- Catherine Worthingham Fellow, American Physical Therapy Association, 2020
- Lucy Blair Service Award, American Physical Therapy Association, 2010
- Hall of Fame, Sports Physical Therapy Section, 2010
- Public Service Award, University of Central Arkansas, 2007
- Greg Wren Legislative Service Award, Arkansas Physical Therapy Association, 2001
- Ronald Peyton Award, Sports Physical Therapy Section, 2001
- Distinguished Service Award, Arkansas Physical Therapy Association, 1997
- Finalist - Research, Scholarship, and Creative Activity Award, University of Central Arkansas, 1997
- State Legislative Leadership Award, American Physical Therapy Association, 1997
- Excellence in Education Award, Sports Physical Therapy Section, 1994
- Mary McMillen Doctoral Scholarship ($6000), American Physical Therapy Association, 1991