

## Minor in Sports Psychology (21 hours) Checklist

The minor in Sports Psychology requires 21 hours (3 hours of pre requisites that may also count towards the lower-division core and 18 hours of course work from the PSYC, NUTR, BIOL, and EXSS departments)

### Required Prerequisite

\_\_\_\_\_ PSYC 1300 General Psychology

**Note:** Psychology majors must take one additional 3-credit psychology course to substitute for the PSYC 1300 prerequisite because PSYC 1300 must be used for the psychology major.

**Note:** This prerequisite may count as the social science course for the critical inquiry component of the UCA Core lower-division requirement in addition to a minor requirement.

### Other Required Courses

\_\_\_\_\_ PSYC 3370 Sport Psychology

One of the following courses below. Courses must not be required for major field of study. The remaining class can be taken as an elective.

\_\_\_\_\_ EXSS 4395 Sport in American Society

\_\_\_\_\_ SOC 3330 Sociology of Sports

### Elective Courses

Choose 12 hours from the following electives. Courses must not be required for major field of study; Psychology majors cannot take more than two PSYC courses.

\_\_\_\_\_ BIOL 2405 Human Anatomy and Physiology

\_\_\_\_\_ EXSS 2340 Motor Development and Learning

\_\_\_\_\_ EXSS 3331 Care and Prevention of Athletic Injuries

\_\_\_\_\_ NUTR 4315 Sports Nutrition

\_\_\_\_\_ PSYC 2370 Developmental Psychology

\_\_\_\_\_ PSYC 3305 Health Psychology

\_\_\_\_\_ PSYC 3360 Social Psychology

\_\_\_\_\_ PSYC 3351 Psychology of Learning

\_\_\_\_\_ PSYC 4300 Personality Psychology

\_\_\_\_\_ PSYC 4351 Applied Behavior Analysis

Students who complete a BA/BS degree in Psychology can minor in Sports Psychology, but PSYC courses used for the major will not also count for the minor.