



2021 Panhellenic Council

Recruitment Look Book

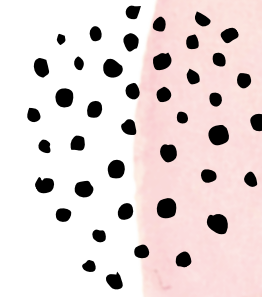
University of Central Arkansas



Table of Contents

Welcome	3
Greek Life at UCA	4
The Panhellenic Council	5
Our Community	6
Panhellenic Executive Board	7
Ways to Join	8
Being a New Member	9
Financial Obligations	10
Sorority Living	11
Meet the Recruitment Team	12
Recruitment Counselors	13
Recruitment Schedule	15
Formal Recruitment Policies	16

Round One: Open House	17
Round Two Philanthropy	18
Round Three: Preference Round	19
Bid Day Celebration	20
Terms to Know	23
Alpha Sigma Alpha	25
Alpha Sigma Tau	27
Delta Zeta	29
Sigma Kappa	31
Sigma Sigma Sigma	33
Common Questions	35
Questions? Let's Chat	37





Welcome



Shun Ingram

Assistant Dean of Student Life
Panhellenic Advisor

Welcome Future Bears! I am so excited that you have made the decision to join us at UCA in the fall and are considering joining a sorority. Being a part of a Panhellenic sorority will enhance your collegiate experience, give you lifelong friends, and challenge you to be the best version of yourself. As you read through this look book, know that it was designed with YOU in mind to help ease the transition of going greek at UCA. I can't wait to see you in August!
Go Greek, Go Bears!



Emily Hambuchen

Panhellenic President

Hello Ladies! I am so excited that you have decided to come join us at UCA and are considering joining a Panhellenic sorority! Being a part of such an organization is extremely rewarding and can open so many new doors for you. Taking advantage of this opportunity will give you lifelong friendships, tools to help your education, and will challenge you to become the best version of yourself. Please enjoy the information provided in this lookbook and feel free to let us know if you have any questions! I am looking forward to seeing you this upcoming year!



Greek Life at UCA

Since 1915, Greek Organizations at UCA have been an integral part of campus life. Currently, 25 organizations comprise UCA's outstanding Greek community. Four councils serve as the governing bodies of the 25 chapters at UCA. Our Greeks are student leaders on campus, excel academically, and continuously strive to serve the community in any way that they can. Visit uca.edu/gogreek for more information about Greek life at UCA.

INTERFRATERNITY COUNCIL (IFC)

Currently, UCA recognizes eight (8) IFC fraternities: Alpha Sigma Phi, Beta Upsilon Chi, Phi Gamma Delta, Phi Sigma Kappa, Pi Kappa Alpha, Sigma Nu, Sigma Phi Epsilon, and Sigma Tau Gamma. Each of these organizations have different histories and purposes, but they are all committed to maintaining organizational traditions, valuing academics, leadership, service, and brotherhood.

NATIONAL PAN-HELLENIC COUNCIL (NPHC)

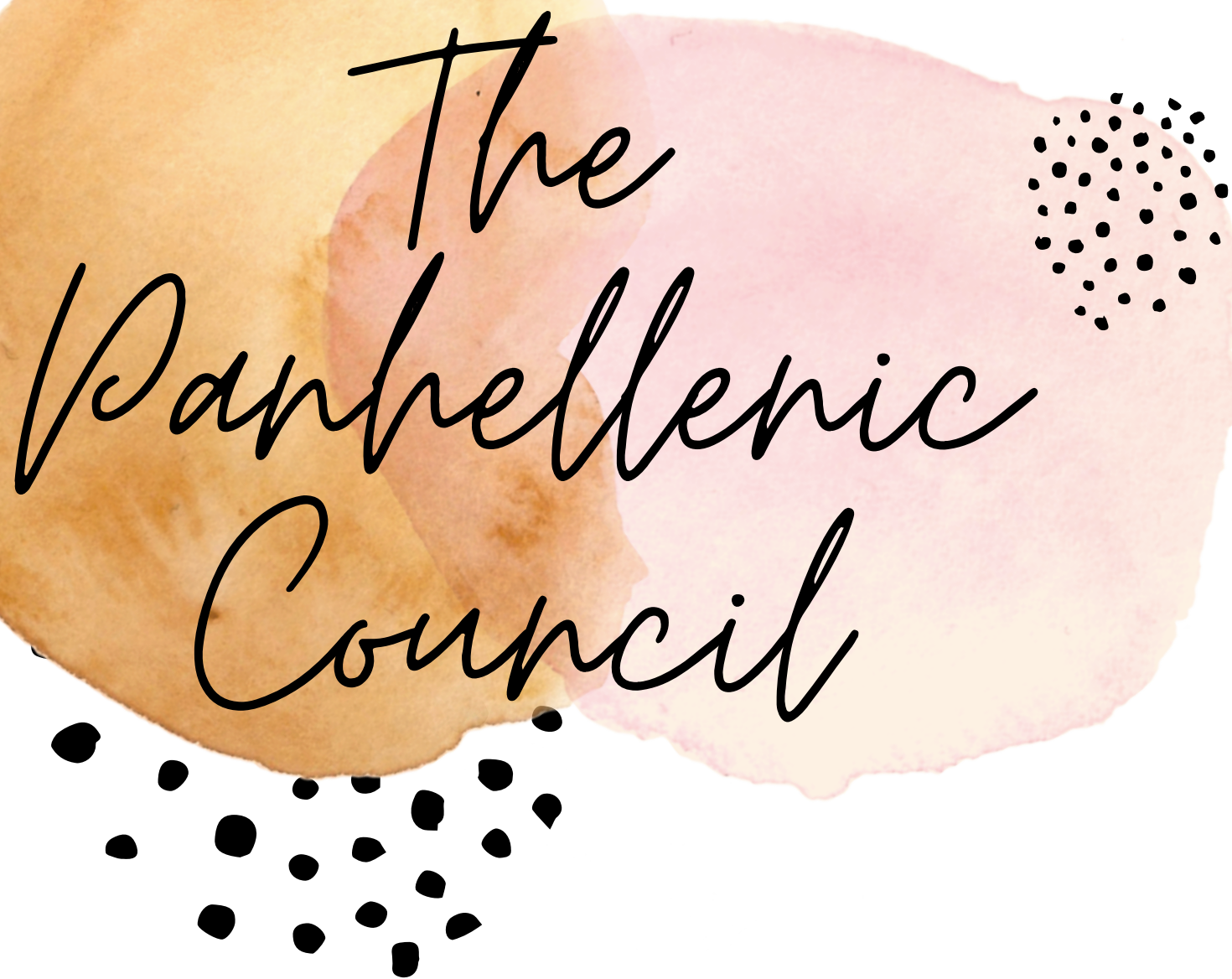
Within NPHC there are 9 organizations also known as the "Divine 9". UCA currently hosts 7 of the 9 organizations. In the city of Conway and around the state, these organizations partake in service projects, host social gatherings to better connect with the public, and conduct educational programs for students here on campus. Members of these chapters do not stop here. They continue on to lead and serve as they are members of other registered student organizations and work hard as they seek their degrees.

UNITED GREEK COUNCIL (UGC)

The United Greek Council (UGC) is the newest governing body for nationally based fraternities and sororities at UCA. UGC includes organizations which do not hold membership in the North-American Interfraternity Conference (NIC), National Panhellenic Conference (NPC), and National Pan-Hellenic Conference (NPHC). Membership is open to national fraternities who hold membership in: NALFO, NAPA, MGC or another comparable governing/coordinating umbrella organization.

PANHELLENIC COUNCIL (PAN)

The Panhellenic community at UCA is comprised of five sororities: Alpha Sigma Alpha, Alpha Sigma Tau, Delta Zeta, Sigma Kappa, and Sigma Sigma Sigma. Together we fall under the National Panhellenic Conference which is an umbrella group for 26 national and international sororities. Our community values women from all walks of life who are wanting to gain lifelong friends, develop their leadership abilities, and to impact the community in a positive way through philanthropic works.



The UCA Panhellenic Executive Board would like to welcome those who are wanting to learn more about what Greek, specifically sorority life means to us. The Panhellenic community at UCA is comprised of five sororities: Alpha Sigma Alpha, Alpha Sigma Tau, Delta Zeta, Sigma Kappa, and Sigma Sigma Sigma. Together we fall under the National Panhellenic Conference which is an umbrella group for 26 national and international sororities. Our community values women from all walks of life who are wanting to gain lifelong friends, develop their leadership abilities, and to impact the community in a positive way through philanthropic works.

PANHellenic CREED

We, as undergraduate members of women's fraternities, stand for good scholarship, for guarding of good health, for maintenance of fine standards, and for serving, to the best of our ability, our college community. Cooperation for furthering fraternity life, in harmony with its best possibilities, is the ideal that shall guide our fraternity activities. We, as fraternity women, stand for service through the development of character inspired by the close contact and deep friendship of individual fraternity and Panhellenic life. The opportunity for wide and wise human service, through mutual respect and helpfulness, is the tenet by which we strive to live.

SCHOLARSHIP

Academic excellence is of the highest importance for the Panhellenic women at UCA. Our chapters place great emphasis on encouraging, developing, and maintaining academic progress throughout their sorority experience. The Panhellenic community consistently maintains a higher GPA than the average female student at UCA and that's something we are incredibly proud of!

LEADERSHIP

Many sorority women within the Panhellenic community serve in leadership roles within their own organizations and in other capacities on campus. Student involvement and engagement with the community is a core value of the Panhellenic council because it provides women the opportunities to grow in their own unique skills and prepare them for the world beyond UCA.

PHILANTHROPY

Our Panhellenic chapters recognize the importance in serving the community. Each of the five sororities at UCA have local and national organizations that they volunteer with, raise money for, and support each year. The Panhellenic Council also has a local philanthropy, Cinderella's Closet, where you can frequently find sorority women spending their time helping local teens find a dress for prom!

Our Community



The University of Central Arkansas Panhellenic Council are the women in the front row of every class, student leaders, servants in the community, and always striving to be the best versions of themselves.



650

TOTAL MEMBERS



5

PANHellenic CHAPTERS

WHAT WE DO



3.24

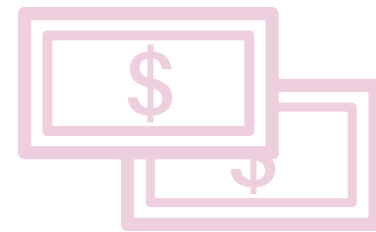
AVERAGE GPA

HOW WE SERVE



5,895

HOURS LOGGED



\$18,272

PHILANTHROPIC FUNDS RAISED

Panhellenic Executive Board

The Panhellenic Executive Board at the University of Central Arkansas is a student-led and self governing organization that provides leadership and direction to the Panhellenic Community. Panhellenic Exec is comprised of seven Panhellenic executive officers that are elected to their position each November. This group has planned all of the logistics of the recruitment weekend, and they love working with potential member. They are here to serve you as you navigate your sorority experience at UCA!



Emily Hambuchen
President



Hollan Pfauts
Executive Vice President



Courtney Eddington
Recruitment Director



Jasmin Smith
Head Recruitment Counselor



Elise Scarborough
Operations Coordinator



Hensley May
Vice President of Public Relations



Morgan Wonder
Vice President of Development



Ways to Join

The Panhellenic Council at the University of Central Arkansas has multiple opportunities for women to join a sorority. Most women go through the formal recruitment process, which is a four day long event each August. Sometimes that's not the best fit and women find their place within an organization through the informal recruitment process, also referred to as Continuous Open Bidding.

FORMAL RECRUITMENT

Formal recruitment is the process that most Panhellenic members join their organization. Formal recruitment is a few days before the start of classes in the fall semester.

Potential New Members will have the opportunity to get to know all five of our Panhellenic chapters in structured events. This allows for a mutual selection process, where Potential New Members choose an organization that chooses them back.

All five Panhellenic organizations participate in formal recruitment and have the opportunity to recruit up to quota, or the number of potential new members that the chapter is allowed to pledge, regardless of a chapter's total membership number.

INFORMAL RECRUITMENT

Very few women join the Panhellenic Community through informal recruitment compared to the formal recruitment process. This process is considered informal because the chapters that are able to participate in informal recruitment are driving the process on their own.

Informal Recruitment is often referred to as Continuous Open Bidding or COB. Not every chapter will be able to participate in informal recruitment. Only the chapters that are below campus total are eligible to participate in informal recruitment throughout the year. Total is adjusted 72 hours after formal recruitment concludes, and at the first council meeting of the Spring semester.



Being a New Member

When someone accepts a bid to a sorority, her journey is just beginning. For the first few weeks of membership, she is considered a new member. She is still valued and treated with respect, but does not have full knowledge of the sorority's rituals and other secrets. For some sororities, the new member education period lasts six weeks and for others, it is as long as ten weeks. This is an exciting time in her sorority experience, and the Panhellenic Council wants to ensure that all women understand what they can expect as a new member.

NEW MEMBER MEETINGS

As a new member, you will be required to attend weekly new member meetings in addition to weekly chapter meetings. New member meetings are a chance for the chapter to teach it's newest members the values, traditions, and rituals of the organization.

SOCIAL EVENTS

We like to have fun at UCA and being in a sorority can be the most fun experience you'll have. Our chapters host mixers with other Greek organizations, host sisterhood events, participate in pageants, play intramurals, and spend time building friendships within our UCA Greek community!

PHILANTHROPY & SERVICE

All of our sororities spend quality time serving their local community and national philanthropic partners each semester. Our organizations will host events to raise money to donate, raise awareness about a specific cause, while supporting a worthy cause.

ACADEMICS

Maintaining high scholastic achievement is a core value of all of the fraternities and sororities at UCA. All of our chapters have a study room in their Chapter houses that are open to members whenever they need to find a quiet place to study. Many chapters also have programs in place to assist new members with maintaining their GPAs and making that transition to college as seamless as possible.

NEW MEMBER EDUCATION

The office of Student Life in coordination with the Panhellenic Council hosts various educational programming throughout the year through our Greek Ed Series and Greek 101. Women joining a sorority will learn about Greek 101 at their recruitment orientation; this program focuses on hazing and alcohol education, sexual assault awareness, and bystander intervention. The Greek Ed Series is required of all members of fraternities and sororities, and it includes programs on leadership development, social media strategies, social event training, risk management and more!



Financial Obligations

Financial requirements are an important consideration for women participating in sorority recruitment. Each sorority has a financial requirement and this money is used to fund the operations, programming, sorority housing upkeep, and social events for the chapter. It also allows the inter/national organization to continue to provide resources and support for the chapter.

Dues and fees vary from chapter to chapter and year to year. Sorority costs are often more expensive during your first semester in the organization due to one-time fees and expenses.

It's also important to note that additional costs may arise during the year for items such as pictures, t-shirts, or other miscellaneous items.

Please recognize that when you become a new member of a sorority, you are affiliating with that organization. If at any time you choose to disaffiliate, you may still be held responsible for fees or payments required to fulfill your contract with the organization.

During formal recruitment, a potential member should ask sorority members about financial obligations, payment plan options, and payment schedule options.

Cost below is for an average for each semester as a sorority woman at the University of Central Arkansas. For room/board information for living in a sorority house in Greek Village, visit uca.edu/housing/rates-and-leases-info.

2021-2022 FINANCIAL BREAKDOWN

\$500-\$800

NEW MEMBER SEMESTER

\$300-\$500

MEMBER: IN HOUSE

\$300-\$600

MEMBER: OUT OF HOUSE

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Sorority Living

The five Panhellenic sororities at UCA have beautiful 32-bed houses located in Greek Village. Each house has a chapter room for weekly meetings, a full kitchen, living space, and a study room for members.

Each sorority has a different process for choosing who lives in the house, but it is very typical that members will move into the house during their sophomore, junior, or senior year.

There is an expectation with all the chapters that members will live in the house at least one year. Exceptions are made on an individual basis with each organization.

Potential members should ask sorority members what their expectations are for living in the house during a recruitment round.

Meet the Recruitment Team



From Left: Emily Hambuchen, President; Courtney Eddington, Recruitment Director; Hensley May, Vice President of Public Relations; & Jasmine Smith, Head Recruitment Counselor

We are so excited for this upcoming recruitment and for each of you to find your forever home in our community. Recruitment is everyone's favorite time of the year, and we totally understand why! Going through recruitment, you make the best of friends, have the best of memories, and find the place that you really belong! If we could give you any advice, it would be to be yourself, be open and honest, and just have fun!



Recruitment Counselors

Recruitment Counselors, or Pi Chis, are upperclassmen women from various chapters who step away from their chapters during recruitment season to help potential new members navigate recruitment.



TIPS FROM YOUR HEAD PI CHI

Sorority recruitment can be incredibly overwhelming and we want to assure you that you'll be fully supported throughout this process by our Panhellenic Recruitment team. Your Pi Chi has prepared all summer so that she can be the best resource for you and assist you in making the right decision about joining a sorority at UCA! There are just a few things we want you to keep in mind during recruitment and if you ever need anything, don't hesitate to reach out!

- Be yourself! Our chapters want to get to know the real you. Show your personality through some fun outfit choices!
- Keep an open mind throughout recruitment and with the chapters you'll be visiting.
- Be prepared with questions for each of the chapters. They'll be ready to tell you everything you want to know.
- Remember that you've got a lot to offer and any chapter would be lucky to have you!
- Be honest about your values and what you're looking for out of a sorority experience. You might find someone who values the same things!
- Utilize your Pi Chi and your Pi Chi group throughout the week. They are there to cheer you on!

-Jasmine Smith, Head Pi Chi

Registering for Sorority Recruitment



Registration for the University of Central Arkansas Panhellenic Council Formal Recruitment 2021 will open on May 15th. After this date, you can log on to uca.mycampusdirector2.com to register.

HOUSE TOURS??

Virtual HOUSE TOURS are now available on the UCA website!! All five of our Chapters filmed their Delegate giving a personalized house tour showing the house layout, decor, and sharing fun facts and stories of each sisterhood!! Check out these videos and additional information at uca.edu/panhellenic/previewday.

Important Dates

May 15

Recruitment Registration Opens

August 14
UCA Move-in Day

August 16
Recruitment Registration Closes at Noon

August 17
Required Recruitment Orientation

August 19-22
Formal Sorority Recruitment

August 22
Bid Day celebration



Recruitment Schedule

Thursday, August 19

Round 1 Day 1: Open House

Potential New Members will visit all of the chapters on either
Thursday or Friday

Friday, August 20

Round 1 Day 2: Open House

Potential New Members will visit all of the chapters on either
Thursday or Friday

Saturday, August 21

Round 2: Philanthropy Round

Potential New Members will attend a maximum of 4 parties

Sunday, August 22

Round 3: Preference Round

Potential New Members will attend a maximum of 2 parties

Sunday, August 22

Bid Day Celebration

Bids distributed at 7:00pm



Formal Recruitment Policies

RECRUITMENT GUIDELINES

A woman must be an enrolled, full time undergraduate student at the University of Central Arkansas to be eligible to participate in formal or informal recruitment activities.

A student is considered full time when they are in good standing and enrolled in at least 12 course hours each semester.

Potential New Members must have a minimum 2.5 GPA to be eligible for recruitment, this includes high school, transfer, and undergraduate UCA GPAs.

PNMs must register with the University of Central Arkansas Panhellenic Council and pay the recruitment registration fee in order to participate in recruitment.

PNMs must attend all formal recruitment events at the designated times to be eligible to bid to a sorority.

A PNM participating in formal recruitment shall not be, nor have ever been, an initiated member of a NPC organization.

There should be no contact with members of sororities outside of the formal recruitment rounds starting at noon on the first day of recruitment until bid are delivered on Sunday, August 30th.

ALPHA SIGMA ALPHA

Attn: VP of PR and Recruitment
UCA PO Box 2028
201 S. Donaghey Ave. Conway, AR 72035

ALPHA SIGMA TAU

Attn: VP of Growth
UCA PO Box 2029
201 S. Donaghey Ave. Conway, AR 72035

DELTA ZETA

Attn: VP of Membership
UCA PO Box 2031
201 S. Donaghey Ave. Conway, AR 72035

SIGMA KAPPA

Attn: Recruitment Director
UCA PO Box 2039
201 S. Donaghey Ave. Conway, AR 72035

SIGMA SIGMA SIGMA

Attn: Recruitment Director
UCA PO Box 2042
201 S. Donaghey Ave. Conway, AR 72035

Legacy Information

A legacy is a close relative of a member of a particular sorority (usually mothers, grandmothers, and sisters). Each sorority has a different policy on recruiting legacies. Talk to the woman that you are a legacy through about steps you need to take to make the chapter aware that you are a legacy (for some sororities, there is a form that has to be completed and sent to the local chapter). When you register for Formal Recruitment, there will be a place to indicate if you are a legacy; be sure to indicate the individual's name, including maiden name, and the university they attended.

Recommendation Letters

Letters of recommendation/recommendation forms are letters of reference written by a sorority alumna to her sorority at the University of Central Arkansas.

A letter of recommendation/recommend form is helpful, but not required to participate in UCA sorority recruitment. In fact, the majority of women who join do not have a recommendation letter.

If you would like to a recommendation, you can begin this process by informing friends, teachers, and relatives that you are participating in formal recruitment at UCA. The alumna can either write a personal letter of reference or obtain a recommendation form from their national headquarters – this depends on the sorority.

Letters of recommendation/recommendation forms should be sent directly from the alumna to the chapter at their address listed to the right.

Round One: Open House

During the first round of parties, you will have the opportunity to meet many smiling faces, hear songs, and see all the sorority chapters. You will meet several women from each chapter who will highlight what Greek life can offer you.

FAST FACTS

- Round I is August 19 & 20
- You will visit all 5 chapters
- Party Rounds are 25 minutes

HELPFUL HINTS

- Have an open mind. All five chapters are made up of awesome women who contribute a great deal to the campus and our community!
- Get excited about recruitment and Greek Life at UCA!

WHAT TO EXPECT

- Do not be discouraged if you do not have time for in-depth conversations because these parties are short. It's a "get to know" round!
- During this time, don't be afraid to ask any questions you may have about the individual sororities!

ATTIRE SUGGESTIONS

- You will be doing a lot of walking during round 1, so comfortable shoes are suggested. It also can be very hot in August and there will be times where you're outside between parties!
- Summer business casual; dress or skirt outfit
- Low heeled shoes



Round Two: Philanthropy

The second round of parties is more relaxed than the first round. This round is designed to emphasize the philanthropy and community services sororities engage in. During this round you will also participate in a house tour of the parties you attend. These parties are slightly longer to allow more of an opportunity to ask any questions you might have. The sorority women will be thrilled to answer any of your questions—so, don't be shy!

FAST FACTS

Round II is August 21

PNMs can attend a maximum of 4 parties

Rounds are 45 minutes long

Each PNM will have an individualized party schedule that she will receive when she checks in with her Recruitment Counselor at the beginning of the day

HELPFUL HINTS

Develop a system to organize times and locations for your events

Think about things to say ahead of time

Talk about your involvement and goals

Don't let other girls influence your opinions

WHAT TO EXPECT

During these 45 minutes you will learn about the chapters philanthropic works and learn more about the home they cherish

These parties have an informal atmosphere, allowing both you and the sorority women to get to know each other better.

ATTIRE SUGGESTIONS

You will be provided a t-shirt to wear during this round at the Recruitment Orientation. This round is much more casual so we suggest wearing comfortable shoes, nice shorts, jeans or a skirt!



Round Three: Preference Round

Round Three is the most formal round and is known as the Preference Round. An invitation to this round means a sorority is very interested in you as a potential member. Remember this decision will affect the rest of your life, so go with your heart and not the opinions of your friends. What is right for them, may or may not be right for you.

FAST FACTS

Round III is August 22

PNMs can attend a maximum of 2 parties

Rounds are an hour long

Each PNM will have an individualized party schedule that she will receive when she checks in with her Recruitment Counselor at the beginning of the day

HELPFUL HINTS

Consider the financial responsibilities

Think back through all the rounds and recall what you liked the best about each chapter

Trust your own judgment

WHAT TO EXPECT

This round is focused on the sorority's sisterly values and it tends to be the most emotional round.

Immediately after you leave the last chapter's party you will be asked to list, in order of your preference, the sororities that you attended for the preference rounds.

ATTIRE SUGGESTIONS

Attire for preference round is much more formal than the previous rounds of recruitment. Many women choose to wear cocktail style dresses or something similar with heels. Think about what you might wear to an evening wedding.



Bid Day Celebration

Potential new members who sign a Membership Recruitment Acceptance Binding Agreement (MRABA) will arrive to Old Main at 7:00 pm for the Bid Day Celebration. You will be grouped with your Recruitment Counselor where you will be given your bid card to open. Once you have opened your bid card you will be given a tank top that corresponds with the chapter you are now joining. You can put on the tank top and then run down the steps of Old Main to your chapter that will be waiting for you!

CAN PARENTS ATTEND BID DAY?

Yes! It is not a requirement by any means, but parents can attend Bid Day by arriving close to 7:00 pm and standing in the designated section for “parents” on the Old Main lawn.

WHAT HAPPENS AFTER BIDS ARE DISTRIBUTED?

New members will go with their chapter back to the sorority houses for a little celebration. There will be no fraternity men present, no alcohol, and is for sorority members only.

IS THERE A PLACE IN TOWN TO PURCHASE “BID DAY BOXES” FOR NEW MEMBERS?

No. PNMs and parents will not know what sorority the PNM joins until the official distribution of bids.





Terms to Know

ACTIVE

A fully initiated member of a sorority who is currently participating as a member.

ALUMNAE

Sorority members who are no longer active, collegiate members of a Panhellenic Organization.

BID

An invitation to join a Panhellenic Sorority. Bids are given during formal or informal recruitment to potential new members. Once a potential new member accepts a bid, they become a new members.

BIG SISTER

Nickname for a big sister, or a mentor, assigned to a new member. Many organizations have a special process for assigning Bigs & Littles.

LITTLE SISTER

Sometimes called “Littles.” This is a nickname for a Big’s new member that they will mentor during their collegiate career.



Terms to Know...

CHAPTER

A branch of a national fraternity or sorority established at a campus. Each will have their own name, usually designated by Greek letters.

CONTINUOUS OPEN BIDDING/INFORMAL RECRUITMENT

The membership selection process that occurs throughout the academic year for chapters with openings.

PANHELLENIC COUNCIL

The governing body for UCA's five panhellenic sororities

MAXIMIZING YOUR OPTIONS

A phrase used during the primary, fall formal recruitment process. To maximize your options means to utilize the options available to you. You are required to maximize your options for each round of recruitment except for preference round. Maximizing your options is always recommended.

PI CHI/RECRUITMENT COUNSELOR

A disaffiliate sorority woman who acts as a guidance counselor during the recruitment process.

PARTY

When a PNM attends a round of recruitment, that specific round is called a "party."

INTENTIONAL SINGLE PREFERENCE (ISP)

When a woman only lists one sorority on her Membership Recruitment Acceptance Binding Agreement (MRABA) form when there are two options available. Women who ISP are not maximizing their options and are not guaranteed a bid.

NEW MEMBER


A woman who has accepted a sorority bid but is not yet an initiated member.

INITIATION

A ritual based ceremony that marks the acceptance of a lifetime commitment to the fraternity or sorority.

TOTAL

Allowable chapter size, as determined by the Panhellenic Council, and includes both new members and initiated members.



AΣA

Alpha Sigma Alpha

BETA LAMBDA CHAPTER

ASPIRE SEEK ATTAIN



Sorority Facts

Mascot: Ladybug

Colors: Crimson & Pearl White

Symbol: Crown

Flower: Narcissus & Aster

Founding Date: November 15, 1901

National Philanthropies

Special Olympics

S. June Smith Center

Girls on the Run

Alpha Sigma Alpha Foundation

Membership Requirements

GPA Requirement

2.75 High School

2.75 College



AΣA

Alpha Sigma Alpha

BETA LAMBDA CHAPTER

ASPIRE SEEK ATTAIN



AΣΤ

Alpha Sigma Tau

UPSILON CHAPTER
DEFINING EXCELLENCE



Sorority Facts

Mascot: Angel

Colors: Emerald Green & Gold

Symbol: Anchor

Flower: Yellow Rose

Founding Date: November 4, 1899

National Philanthropies

Habitat for Humanity

Membership Requirements

GPA Requirement

2.7 High School

2.5 College



AΣΤ

Alpha Sigma Tau

UPSILON CHAPTER
DEFINING EXCELLENCE



ΔΖ

Delta Zeta

EPSILON XI CHAPTER

WALKING TRULY IN THE LIGHT OF THE FLAME



Sorority Facts

Mascot: Turtle

Colors: Rose & Green

Symbol: Roman Lamp

Flower: Pink Killarney Rose

Founding Date: October 24, 1902

National Philanthropies

The Starkey Hearing Foundation

Membership Requirements

GPA Requirement

2.8 High School

2.8 College



ΔΖ

Delta Zeta

EPSILON XI CHAPTER

WALKING TRULY IN THE LIGHT OF THE FLAME





ΣΚ

Sigma Kappa

DELTA TAU CHAPTER
ONE HEART, ONE WAY



Sorority Facts

Colors: Maroon & Lavender

Symbol: Dove & Heart

Flower: Violet

Founding Date: November 9, 1974

National Philanthropies

Gerontology (the study of aging), with a focus on Alzheimer's disease research and programs directed at improving lives of older citizens

Inherit the Earth

Main Seacoast Missions

Membership Requirements

GPA Requirement

2.8 High School

2.5 College



ΣΚ

Sigma Kappa

DELTA TAU CHAPTER
ONE HEART, ONE WAY



ΣΣΣ

Sigma Sigma Sigma

ALPHA OMICRON CHAPTER
FAITHFUL UNTO DEATH



Sorority Facts

Colors: Royal Purple & White

Symbol: Sailboat

Flower: Purple Violet

Founding Date: April 20, 1895

National Philanthropies

Sigma Serves Children:

Robbie Page Memorial and March of Dimes

Membership Requirements

GPA Requirement

2.5 High School

2.5 College



ΣΣΣ

Sigma Sigma Sigma

ALPHA OMICRON CHAPTER

FAITHFUL UNTO DEATH



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Common Questions

HOW LONG WILL IT TAKE TO BE INITIATED?

Six to ten weeks. The new member period affords opportunities to meet other members, learn sorority history and feel at home. Each sorority establishes its own new member program and initiation dates. The university and all sororities have zero tolerance for hazing.

WILL BEING IN A SORORITY AFFECT MY GRADES?

Greek letter organizations were founded on the principle of successful scholarship. This value is reflected in the sorority grade point consistently being above the university's GPA. Academic success is in the student's favor when you factor in help from fellow sisters, study halls and sessions, study skills workshops, test taking strategies, time management, and class scheduling assistance. The Greek Life and Panhellenic community also provide a number of incentives and recognition to those Greeks who achieve academically.

WILL I STILL BE ABLE TO WORK WHILE IN A SORORITY?

In today's economy, very few students attend college without outside employment. The sororities recognize this and work with members to meet financial and attendance obligations. Many students find sorority membership an advantage in that networking with alumnae can produce job possibilities and referrals.

IF I GO THROUGH RECRUITMENT, AM I OBLIGATED TO JOIN?

No. This is a time to assess whether you wish to join a sorority. Many women participate in recruitment to make friends and to see why so many of UCA's undergraduate women have chosen to be involved in the Greek Community and what has kept sorority alumnae active for years after their graduation.

Common Questions...

DO I HAVE TO FOLLOW THE RECRUITMENT SCHEDULE AND GO TO ALL OF THE EVENTS?

Yes! The object of recruitment is to give yourself the information you need about the chapters in order for you to make the best decision; therefore, you must accept the maximum number of invitations your schedule can accommodate.

I HAVE HEARD THAT SORORITIES HAVE VARIOUS REPUTATIONS – HOW DO I HANDLE THIS INFORMATION?

Sorority chapters are composed of many individuals with their own special qualities and talents which contribute to the entire group. When deciding about a chapter, the only opinion that matters is your own. If you allow someone else's perception to influence you, you will not be satisfied with your choices in recruitment. Each chapter of a sorority is different from campus to campus and from year to year. Remember that you are choosing a sisterhood, not a label.

I HAVE HEARD THAT SORORITIES HAZE THEIR MEMBERS – IS THIS TRUE?

No! Each sorority has its own policy against hazing. Also, UCA has its own Hazing Policy that prohibits all forms of hazing. UCA's anti-hazing policy can be found in the Student Handbook. Each member of all UCA Greek Letter Organizations sign a non-hazing agreement promising that they will not haze and agreeing they will notify the UCA Greek Office if they ever experience hazing. If you ever feel uncomfortable and that you might be hazed, please contact the UCA Greek Life Office 501-450-3137 and/or the UCA PD 501- 450-3111.

HOW DO SORORITIES DECIDE WHO TO INVITE BACK TO THEIR EVENTS?

As your schedule of events shrinks from round to round, so does the number of people each chapter is allowed to invite back each round. Every potential member has something to offer a group, but each group must release potential members. Each chapter uses a selection process that is defined by their national organization to make the decision of who to invite back.

WHAT IF I'M MATCHED AND TURN THAT BID DOWN?

If you receive a bid through Formal Recruitment and decide not to accept it, you may not accept a bid from another sorority until the next Formal Recruitment, and you may not participate in Continuous Open Bidding. The MRABA agreement you sign is binding and therefore you are bound to the sorority you matched to until the formal membership recruitment period the following fall. We urge you to think very carefully before turning down a bid. Emotions have a tendency to cloud thinking and judgment. Please give yourself and the sorority a chance to prove you made the right choice.

HOW DO I DECIDE WHICH GROUPS I PREFER?

Each potential member will have a different experience in each group, depending on who she meets and her personal preferences and personality. Ask yourself a few questions as you participate in recruitment: Are the members people you can truly feel are your sisters? Are the goals and values of the organization similar to your own? A sorority should be a second home. The answers to your questions should guide you to the right group for you. Your Pi Chi will be of great help in sorting out what works best for you.

Questions? Let's Chat!



We hope that this guide has answered the questions you might have about joining a Panhellenic sorority through formal recruitment at the University of Central Arkansas. We understand that this can be an intimidating process, but we want to assure you that there is a team of people behind you making sure this experience is nothing short of amazing!

Our Panhellenic Council executive board is here to assist you before, during and after recruitment. Please don't hesitate to reach out for assistance, questions, or advice. Let us help you!

Connect with Panhellenic



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