UTREACH É Community Engagement

SPRING 2020

CONNECTING CAMPUS WITH THE COMMUNITY

FEATURE STORY CONWAY'S MOST DEDICATED YOUTH pg. 16

RECIPE OOEY GOOEY COOKIE BARS pg. 8

UCA.EDU/OUTREACH





Cayli

CENTRAL ARKANSAS cubs in the kitchen



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Brewer-Hegeman Ste. 102 201 Donaghey Ave. Conway, AR 72035

outreach@uca.edu uca.edu/outreach 501-450-3118

fb.com/ucaoutreach

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UCA Outreach

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ABOUT OUTREACH

The first correspondence study classes were offered in 1919 to meet the University's mission of public service and to train teachers in more remote parts of the state. In 1975, we were officially named the Division of Continuing Education. Now known as the Division of Outreach and Community Engagement, our mission is still to provide public service and continuing education to the vast community through a centralized administrative unit that coordinates the growing demand for outreach programs.

Today, Outreach reflects a comprehensive assortment of programs and services. Also, technology and facilities have grown to meet the ever-changing needs of today's world.



Students are one of the greatest assets of our university and they are supporting Outreach's mission to connect the campus to the community.

Outreach empowers high school and college students to address challenges in our community while

equipping them with resources and skills to succeed through the Community and Economic Development Fellowship, the Conway Area Youth Leadership Institute and the BearsServe Leaders AmeriCorps Program. Our students engage with leaders from nonprofits, government, healthcare, education, agriculture, human services and community and economic development.

They are not only preparing to lead our communities, they are making meaningful contributions today that will make a positive impact on all of our lives. To learn more about their work, visit uca.edu/outreach/youthlead

WHAT DOES OUTREACH have to offer?

Enjoy the journey!

Dr. Shaneil Ealy, CPP Associate Vice President

Arkansas Coding Academy Bears for CARE Respite Program **Business Outreach and Training Services** Citizens Academy **Community Education** Community and Economic Development **Community Development Institute Conference & Event Planning Services Conway Area Youth Leadership Institute Conway Conversations Culinary Classes for Youth and Adults** Culinary Team Building Challenges Nonprofit Workshop Series **Poverty Studies** Professional Development Service-Learning & Volunteerism The Big Event UCA Family Network UCA Women's Leadership Network Workforce Development Programs

CULINARY



Middle Eastern Cuisine

The Middle East includes a vast region with various cultures and rich histories. Under the instruction of Zara Abbasi, you will learn about those cultures and what makes up the incredible, unique cuisine of different Middle Eastern countries. Zara will explain not only "how" to create incredible dishes, but "why" each region's dishes came to be with such special ingredients. This class will certainly feature an explosion of flavors and information! COST: \$49 TUESDAY, MARCH 3 6 - 8 PM | UCA DOWNTOWN ZARA ABBASI

Let's Do Brunch! Celebrity

Chef Gordon Ramsay has said that one of the most difficult skills to master is cooking eggs. Spend some time with Chef Brandon to perfect the art of the egg. This introductory culinary course will focus on cooking basics in the scope of a breathtaking brunch. Tasty toast and excellent eggs, what could be better?

COST: \$49 SATURDAY, MARCH 7 NOON - 2 PM | UCA DOWNTOWN BRANDON DOUGLAS



Spectacular Spring

Salads If you think salads are boring, then your thinking is incorrect! It's time to take back and radicalize your bowl of boring greens. In this highly requested class, Chef Brandon Douglas will teach you how to build sensational salads, pair vegetables and create your own incredible salad dressing. COST: \$49 TUESDAY, APRIL 7 6 - 8 PM | UCA DOWNTOWN BRANDON DOUGLAS



NEW! Ethnic Mash Ups Your

favorite instructor is back with an explosion of unique flavors! With traditional ethnic food on the rise, diners are looking for an authentic meal but also want comfort foods that are recognizable to order. Make way for the "ethnic mash ups"! Join fan favorite Chef Jason Knapp to learn to make elote pizza and shawarma tacos. Broaden your horizons and your kitchen skills!

Cost: \$49 Thursday, April 9 6 - 8 pm | UCA Downtown Jason Knapp

NEW Perfectly Plant-Based: Hearty Bolognese

Everybody's favorite vegan chef is back! Bolognese is a classic Italian meat sauce, known to be incredibly rich. But is it possible to keep this popular dish just as hearty without the meat? Chef Qandah says "Challenge accepted!" Join Michael Qandah of Happy Bear Cooking and learn how plant-based entrees can blow you away with flavor. COST: \$49

THURSDAY, FEBRUARY 6 6 - 8 PM | UCA DOWNTOWN MICHAEL QANDAH

NEW! Schnitzel and Spaetzle

Back again with new recipes! We are so proud to partner with the fantastic crew at Wunderhaus for another awesome class! Jacqueline Smith will provide in depth instruction about the techniques of Eastern European cooking and show you how to create two signature Eastern European dishes - schnitzel and spaetzle. Join us at UCA Downtown and eat with the locals!

COST: \$49 TUESDAY, FEBRUARY 27 6 - 8 PM | UCA DOWNTOWN JACQUELINE SMITH

NEW! Perfectly Plant-Based:

Spicy Chorizo Join us for another highly informative vegan cooking class! Shake up your favorite pasta dish with the incredible flavors of chorizo. Of course, Chef Michael Qandah will show you how to create a spicy vegan chorizo alternative to serve atop your al dente pasta. No entree is truly satisfying without a challenge! Rethink your cooking! COST: \$49 THURSDAY, MARCH 19 4 - 6 PM | UCA DOWNTOWN

MICHAEL QANDAH





Beginning Breadmaking Back by

popular demand! If you have always wanted to learn how to make homemade bread, or have made bread before but want to increase your skills, this class is for you. You will learn techniques for making bread using sourdough starter as well as commercial yeast. In class, you will make dough to take home to proof overnight and bake into a finished loaf the following morning. Additionally, you'll get the chance to make your own sourdough starter that will be ready to use in about a week's time. And if that wasn't enough, you will learn many ways to use your extra dough to make crackers, focaccia, pizza crust or easy treats that can be whipped up effortlessly! COST: \$49 SATURDAY, FEBRUARY 22 2 - 4 PM | UCA DOWNTOWN

KRISTEN SPICKARD

Fire it Up! Bananas Foster, Cherries Jubilee, Steak Diane ... what do all of these dishes have in common? They are prepared using the fiery culinary technique of flambe! Join expert Teresa Conquest of @arkansasalfresco and learn how you can prepare and serve elegant and easy show stopping desserts and entrées for two or twenty. If you can stand the heat, take a class in our kitchen!

> COST: \$49 SATURDAY, MAY 16 4 - 6 PM | UCA DOWNTOWN TERESA CONQUEST



Date Night: Around the

World Get your passport ready! You and your sweetie are invited to a transcontinental night out. Chef Brandon will lead couples in the instruction of a dish from each continent, highlighting the culture and flavors of various regions of the world. Of course, we will go the extra mile to treat couples to our special Date Night service. It's a romantic trip around the world and you don't even have to leave town! COST: \$150 PER COUPLE SATURDAY, FEBRUARY 8 5 - 8 PM | UCA DOWNTOWN

BRANDON DOUGLAS

CUBS in the kitchen!

Cubs in the Kitchen: Love at First Bite

Valentine's Day may be all about your sweetheart, but for kids, it's just about the sweets. Young chefs will explore the world of cooking by preparing sweet and savory snacks. Kids will love these fun, party-friendly, Valentine's Day eats and treats. It will be love at first bite!

Cost: \$35 | Ages 7-12 Saturday, February 1 9:30 - 11:30 Am | UCA Downtown Tiffany Block

Cubs in the Kitchen: Scratch Made Pasta

It doesn't take a lot to create an incredible meal. In this class, youngsters will learn how to make perfect pasta from scratch. Mrs. Tiffany will lead aspiring chefs through a fun and informative hands-on experience, showing them how to turn simple ingredients into delicious dishes they can prepare for the entire family. Let's get cooking!

Cost: \$35 | Ages 7-12 Saturday, March 14 9:30 - 11:30 Am | UCA Downtown Tiffany Block

Cubs in the Kitchen: Bunny Hop Brunch IV

It's our 4th annual Bunny Hop Brunch! In this class, your youngster will create a brunch menu that is sure to please even the pickiest eaters. Young chefs will cook a main dish and a special dessert. Don't be surprised when they come home ready to showcase their cooking skills to family and friends. Hop on down for a good time!

COST: \$35 | AGES 7-12 SATURDAY, APRIL 4 9:30 - 11:30 AM | UCA DOWNTOWN TIFFANY BLOCK







CULINARY CAMP

Cubs in the Kitchen: Culinary Camp

Level 1 This three-day culinary camp for kids ages 8- 12 is back by popular demand! Under the instruction of Mrs. Tiffany Block, young chefs will learn cooking skills that are sure to tap into their creative talents. Each day your junior chef will work in a small group to prepare a dish incorporating a surprise ingredient. In addition to being exposed to new ingredients each day, chefs will also take a closer look at the food items used to see how to incorporate them into meals at home. With the exploration of a different cooking focus during each session, your kid will surely enjoy this fun-filled, exciting culinary experience.

COST: \$125 | AGES 8-12 JUNE 16 - 18 9 AM - NOON | UCA DOWNTOWN

Cubs in the Kitchen: Culinary Camp

Level 2 Is your child comfortable using a knife? Can your child follow a simple recipe? Has your child taken culinary classes with Mrs. Tiffany before? If you answered yes to any of these questions, then your aspiring chef is ready to level up in this new summer camp opportunity. The Level 2 camp will take place over the course of four days in a more intimate class setting, and students will be held to higher expectations. Each day, students will prepare a hearty breakfast and lunch utilizing more advanced culinary techniques and unique, quality ingredients. To attend Culinary Camp Level 2, parents and students must attend a brief, highly informative meeting at UCA Downtown on Monday, June 15 from 6 - 7:15 pm. This next-level camp is designed to cultivate a new generation of master chefs!

COST: \$275 | AGES 9-12 JUNE 22 - 25 8:30 AM - 12:30 PM | UCA DOWNTOWN



OOEY GOOEY COOKIE BARS A Kid-friendly recipe!

Ingredients:

1 box yellow cake mix 2 large eggs 1/2 cup melted butter 1 tsp vanilla extract 2 cups chocolate chips, or any candy of choice

Directions:

Preheat oven to 350 degrees. Spray a 9x13 inch baking dish with non stick cooking spray and set aside.

In a large bowl stir together the yellow cake mix, eggs, melted butter, and vanilla until well combined. Fold in the chocolate chips.

Scoop batter into prepared pan (batter will be very thick) and press down evenly into the pan using a spatula, or your hands.

Bake in preheated oven for 20-25 minutes, until golden brown around the edges. Allow bars to cool completely before cutting.

Recipe by Tiffony Block

Outreach wants to see your cookie bars! Don't forget to tag us! #ucaoutreach







CAKE decorating

Cake Decorating: Phase One This introductory course will cover topics such as fundamentals in baking a cake, making icing and using a decorating bag. From there you will use a variety of decorating tips to make stars, borders, flowers and pipe messages. No prior experience is required. Participants will need basic cake decorating tools which can be purchased at local hobby or craft stores. A supply list will be provided the first day of class.

COST: \$59 | HANDS-ON CLASS MONDAYS, JANUARY 27 - FEBRUARY 17 6 - 8 PM | UCA DOWNTOWN MARIEDA PRIEST

Cake Decorating: Phase Two It's time to up your game! Students will build on techniques covered in Phase 1. We will learn to make simple, pretty flowers, enhanced piping skills, new borns, and work with royal icing. Other skills include Basic Principles of Cake Design, Reverse Shell, and the Rose. Students will need basic decorating tools, which can be purchased at local hobby of craft stores. A supply list will be provided the first day of class COST: \$59 | HANDS-ON CLASS

MONDAYS, FEBRUARY 24 - MARCH 16 6 - 8 PM | UCA DOWNTOWN MARIEDA PRIEST

Cake Decorating: Phase Three Take your cake decorating skills to the next level! Students will learn advanced skills like tiered cakes, Gum Paste and Fondant 101, Basic Principles of Floral Cake Design, and more! Students will need basic fondant/cake decorating tools, which can be purchased at local hobby and craft stores. A supply list will be provided the first day of class.

COST: \$59 | HANDS-ON CLASS MONDAYS, MARCH 30 - APRIL 20 6 - 8 PM | UCA DOWNTOWN MARIEDA PRIEST

CULINARY TEAM BUILDING *Challenge*!

Get out of the office and into the kitchen with a unique and fun team building opportunity offered through UCA Outreach!

The secret ingredients to a highly effective team are cooperation, communication and creativity. UCA Outreach will work with your organization to customize a program and menu that accomplishes your team building goals.

This challenge allows organizations to take team building to a new level! The culinary exercises allow groups to explore their creative sides by cooking delicious dishes. Most of all, teams will enhance communication, increase creative thinking, improve time management and productivity, build trust and strengthen collaboration and planning skills.

Re-energize your team today! Contact Emily Cooper at **ecooper1@uca.edu** or 501-450-5275.







BUSINESS and Professional Development

Strategic Selling

Program Capture your audience's attention and close the deal! In this four-part program, professional sales trainer Charles Paschal will teach you tips, tricks and techniques you will need to know to help you take your sales skills to the next level. Topics for this course include:

- Building Rapport with
 Potential Customers March 31
- Conducting Accurate Needs &
 Assessments April 7
- Developing Presentation
 Skills April 14
- Closing the Deal April 21

Sign up for individual sessions or for the program as a whole. Don't miss out on a chance to improve your skills - and your bottom line!

COST: \$50 (ALL FOUR SESSIONS, SAVE \$10) \$15 (INDIVIDUAL SESSION) TUESDAYS, MARCH 31 - APRIL 21 6:30 - 8 PM | BHCC CHARLES PASCHAL





NEW: Winning at Diversity Join us for a workshop about how you can make authentic connections with the diverse audiences that exist in your community. Subject matter experts in the field along with a panel comprised of professionals and leaders from various sectors will share tips and tools to help you identify and create meaningful opportunities for individuals from varying walks of life. Together, we will explore the dimensionality of diversity through dialogue about people, culture and identity and other areas of diversity that we see in today's society. Lunch, materials and certificates of completion are included with your registration fee.

COST: \$60

THURSDAY, MAY 7 10 AM - 2 PM | UCA DOWNTOWN DR. CANDICE BARNES & TODD PARKER, PARKER EDUCATION & DEVELOPMENT KRISTY CARTER, UCA OUTREACH

A Personalist Approach to Community Leadership Development

The development of leaders within a specific context necessitates an understanding of the three critical dynamics, place, people and presence. In this course, leaders and emerging leaders will investigate an understanding of the importance of the human being and how the human being influences and is influenced by a specific social place and leadership presence. This course is a helpful resource for leaders and emerging leaders in the spaces of faith, politics, business and general society.

COST: \$50

THURSDAYS, FEBRUARY 20 - MARCH 12 6 - 8 PM | BHCC DR. PHILLIP D. FLETCHER, CITY OF HOPE OUTREACH

Educators, we also offer a variety of Arkansas Department of Education approved online professional development classes just for you!

To browse classes and to register, visit uca.edu/outreach/online

How to Start a Small

Business Have you been dreaming of starting your own business, but you're not quite sure how to get started? This class will provide you with the information that you'll need to get your business off the ground. Business expert and SCORE Volunteer Dr. Don Bradley will offer the resources needed help guide you toward owning and operating the business of your dreams!

TUESDAY, FEBRUARY 18 6 - 8:30 PM | BHCC DR. DON BRADLEY, LITTLE ROCK SCORE

FREE



Small Business Marketing Tips Savvy

marketing, whether on a large or small scale, is the lifeblood of any business seeking growth. It involves all of the ways in which you communicate with the public, including potential customers. Let SCORE Volunteer and veteran instructor Dr. Don Bradley teach you the best ways to present your message to shape customer's perceptions, gaining increased exposure and sales.

FREE

TUESDAY, FEBRUARY 25 6 - 8:30 PM | BHCC DR. DON BRADLEY, LITTLE ROCK SCORE

Stewards of Children -Child Abuse Prevention

Training The Stewards of Children[®] training is engaging and thought provoking. This session includes a two-part DVD presentation with commentary from sexual abuse survivors. experts in the field and concerned adults. The discussion will emphasize important issues in prevention within the community and organizations that serve children and youth. An interactive workbook will guide discussion, reinforce key concepts, and serve as a resource and personal action plan for resolving child sexual abuse. The Stewards of Children® training is free to all trainees and a certificate and 2 professional development units will be awarded following completion of training. FREE

TUESDAY, MARCH 31 6 - 8 PM | BHCC LEIA SMITH, CHILDREN'S ADVOCACY ALLIANCE

Healthcare Strategies Symposium This class will

show those in the healthcare field how to create and present doit-yourself videos to help market your business and how to take steps in cybersecurity to aid in the protection of patient medical data.

COST: \$25 THURSDAY, FEBRUARY 6 9 AM - 12 PM | BHCC ANCIL LEA



UnYielding: Solution Based Training Addressing the Child Sex Trafficking Crisis in Central Arkansas Faulkner

Co. is one of the highest risk areas for juvenile sex trafficking in Arkansas, a state that was recently ranked amongst the highest in the nation for rates of childhood trauma victims. In this two-hour training, we will discuss appropriate prevention, recognition and response to juvenile sex trafficking. Courtney McPherson, LMSW, will lead us in grasping a better understanding of what domestic minor sex trafficking (DMST) and commercial sexual exploitation of children (CSEC) are, how they affect our community, what to do if we suspect someone is a victim, the status of legislation affecting DMST and CSEC, what our nation is doing, and what our local community can do to create change. Join us for a two-hour awareness and solution based dialogue on one of the most pervasive risks to our youth.

Trigger warning: This content will be directly addressing the stories, impacts, and degree of sex trafficking and sexual exploitation. For some citizens, this content may be uncomfortable to hear as it might evoke past experiences and difficult emotions to process.

THURSDAY, APRIL 30 1 - 3 PM | UCA DOWNTOWN LEIA SMITH, CHILDREN'S ADVOCACY ALLIANCE COURTNEY MCPHERSON, LICENSED MASTER SOCIAL WORKER

STRICTLY BUSINESS:

The Dale Carnegie Immersion Seminar

Fast-changing work conditions require leaders who are equipped to not only keep up, but excel in today's business environment. This requires persuasive communication skills, creative problem solving methods and extraordinary confidence and enthusiasm.

While many may think they possess these skills now, through this unique three-day experience, even the best and brightest discover opportunities to grow and improve the skills required to outdistance the competition. Aspiring leaders in all professions learn to connect with people more skillfully and lead organizations to higher levels of productivity.

This inspirational seminar is a life-changing event not only for business people, but for world leaders, professional athletes and entertainers, who while coming from diverse specialties, have one thing in common -- an intentional goal of outperforming their personal best.

Leaving, you'll feel revitalized, equipped with a new vision for the future. What's more, you'll leave with a plan for implementing that fresh vision with the verve and vigor needed to perform on today's center stage.

Discover and master the same skills and attitudes for achieving amazing results, and join the ranks of the world's most successful people!

COST: \$1650 TUESDAYS, APRIL 28 - MAY 12 8:30 AM - 5 PM | BHCC JESSIE WILSON, DALE CARNEGIE TRAINING

THE DALE CARNEGIE IMMERSION SEMINAR

Learn how to:

- Energize your career
- Build confidence and break down belief barriers
- Create an intentional, sustainable future
- Strengthen key relationships
- Resolve conflict and build consensus
- Influence others
- Maintain a positive outlook on challenges and change
- Excel as a communicator
- Stand head and shoulders above
 the crowd!



NON-PROFIT WORKSHOP SERIES

The UCA Division of Outreach and Community Engagement partners with United Way of Central Arkansas and Arkansas Community Foundation of Faulkner County to offer a series of professional development workshops for nonprofits and board members. All workshops are FREE and open to government and nonprofit professionals. If you have questions about the series, please contact Lesley Graybeal, Service-Learning Program Director, at 501-852-7416 or email her at Igraybeal@uca.edu or visit uca.edu/outreach/nonprofits.

Everyone Communicates, Few Connect

Connecting increases your influence in every situation. Learn how to identify with people and relate to others in a way that increases your influence with them. To be a successful leader, you need to learn to communicate in a way that connects with others. If you can connect with others—one-on-one, in groups and with an audience your sense of community improves, your ability to create teamwork increases and your influence skyrockets. People who connect with others have better relationships, experience less conflict, and get more things done than those who cannot connect. Leaders who have learned the art of connection are able to communicate their ideas persuasively, establishing buy-in and attracting followers.

Wednesday, February 5 9 - 11 am | UCA Downtown Fredierick Smith (Thoughts to INK)

Managing Volunteers and Capturing Your Impact with GivePulse Volunteers are essential to any nonprofit organization, not just to assist with operations and special events, but to raise awareness about your work in the community. When it comes to attracting volunteers, ease of access to opportunities and consistent communication are key. GivePulse provides a free volunteer management tool for nonprofits to create events, manage volunteers and track the impact of volunteers within your organization. Learn how you can use this tool to more effectively engage UCA students and community members in your organization's work.

FREE TUESDAY, MARCH 3 9 - 11 AM | UCA DOWNTOWN LESLEY GRAYBEAL, UCA SERVICE-LEARNING PROGRAM

Become a Nonprofit Marketing Pro: How to Delegate Your Marketing Needs

We know it's easy to get caught up in the day-to-day needs of a nonprofit. It may seem like marketing is something that can be put on the back burner, but let's be real: marketing is necessary to grow your nonprofit and engage your community. Silverlake's Nonprofit Marketing Workshop will focus on finding your ideal client, creating captivating designs, writing better copy and empowering your team to build a sustainable marketing plan.

FREE TUESDAY, JANUARY 21 9 - 11 AM | UCA DOWNTOWN JESSICA CRUM, SILVERLAKE DESIGN STUDIO

reative

Art Journaling with Watercolors and

Textures Record your ideas, memories, thoughts and emotions with art! Join Jessica Lane in this crafting course and create an art journal filled with fun textures and beautiful watercolors to preserve your memories for years! This course is ideal for beginners and those who have previously taken Jessica's Art Journaling class. Please make arrangements for lunch; a lunch break will be provided. COST: \$60 | MATERIAL FEE: \$20 ★ SATURDAY, MAY 9 9 AM - 2 PM | UCA DOWNTOWN

Introduction to Mixed Media Art Journaling

JESSICA LANE

Jessica Lane is ready to show you the different types of art paper, mediums and materials available to create a personalized art journal. She will guide you in preparing your pages, creating your layouts and layering them mixed media style. This class is suitable for students with little or no art experience. Supplies include everything you need for the class and basic materials to take home, as well as online resources for free mini courses and mixed media artists. Please make arrangements for lunch as a lunch break will be provided. COST: \$60 | MATERIAL FEE: \$15 *

SATURDAY, FEBRUARY 29 9 AM - 2 PM | UCA DOWNTOWN JESSICA LANE

NEW! Bookbinding 101 Do

you love journals, diaries, daily planners, sketch books, etc.? Then take the next step and discover how to create personal keepsakes. You will learn various signature styles as you create a journal cover and also a Smash Book-style journal. No experience needed, all ages invited, supplies will be included, just bring your ideas and personal flair! Please make arrangements for lunch; a lunch break will be provided.

COST: \$60 | MATERIAL FEE: \$30 ★ SATURDAY, APRIL 11 9 AM - 2 PM | UCA DOWNTOWN JESSICA LANE & ELIZABETH DUKE

3D Printing & Troubleshooting Master

Maker Jason Huselton will teach you the intricacies of 3D printing which includes looking at 3D models for potential problems, fixing and adjusting models, troubleshooting your printer when issues arise and disassembling the printer to replace parts. There will be assignments for you to complete before class which will allow you to gain hands-on training. Become more adept with the totality of 3D printing so that you, your students and others can enjoy the unique and creative benefits of this process! COST: \$40 ★

TUESDAYS, FEBRUARY 11 - MARCH 3 6 - 8 PM | UCA MAKERSPACE JASON HUSELTON, MASTER MAKER

NEW! Introduction to Landscape Painting with Acrylics Have you ever

been captured by the brilliance of a sunset or the beauty of a meadow in spring and wished you could recreate it on canvas? If so, then this is the class for you! You'll be using acrylic paints to complete a painting on canvas. Artist Leslie Collier will discuss light and shadow and how to show distance within your work to create a dynamic painting. This class is perfect for people with little or no experience with drawing or painting, but all skill levels are welcome. Just bring a willingness to expand your horizons! Please make arrangements for lunch as a lunch break will be provided.

COST: \$60 | MATERIAL FEE: \$15 ★ SATURDAY, APRIL 18 9 AM - 3 PM | UCA DOWNTOWN LESLIE COLLIER

NEW! Personalized Jewelry

Crafting Craft jewelry has become quite popular because people want to show their individuality through jewelry that fits their personality. This class will teach you how to make different types of craft jewelry including earrings, bracelets and necklaces. You may focus on either making one piece of jewelry or an entire collection. Tools will be provided for you to use during class and to continue crafting on your own afterward. Making jewelry that is special and unique can carry meaning far beyond something you buy in a store! COST: \$30 | MATERIAL FEE: \$20 * THURSDAY, MARCH 12 6 - 8 PM | BHCC

DR. CANDICE BARNES

Meet Conway's most dedicated youth.

UCA students and area youth are paving the way for the future of our community through service, volunteerism and leadership. These students represent a core component of Outreach and how we connect the campus with the community. The BearsServe Leaders, Conway Area Youth Leadership Institute students and Community and Economic Development Fellows provide countless hours of service to the community throughout the year. To learn more about these students and the impact they are making in our community, please visit uca.edu/outreach/youthlead.

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Photographed:

BearsServe Leaders:

(left to right) Johnathan Logan, Lyric Lacy*, Makya McMillion-Purifoy, Kenley Turner, Courtney Ward and J'Kaylan Williams

CAYLI Students:

(back row, left to right) Parker New, Jackson Terrell, Avery Nelson, Carigan Foster, Emmy Block and Colin Ratliff*

(front row, left to right) Mattie Gafner, Alyssa Rye and Sarah Morales

CED Fellows: (left to right) Ophelia Akoto*, Greta Hacker, Marco Ramirez, Rashan Stubbs and Brittany Lutz

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*on the cover

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North PROGRAMS



UCA BEARS FOR CARE

UCA Bears for CARE is a free respite care service program offered by UCA Outreach in partnership with servicelearning courses in education and health professions. With the help from our screened and skilled students, faculty and community, we strive to provide a time of leisure for special needs families and a time of excitement and fun for children with special healthcare needs and their siblings. To view upcoming dates and register, visit uca.edu/go/respite.

NEN: Creative Cubs Arts

Camp Do you have a budding artist? Is your child always doodling and drawing? If so, then sign them up for this great summer experience. Jessica Lane will teach your cub about elements of line, shape, value, form, texture and space through different mediums such as drawing, painting, sculpture, printmaking and collage. This is the perfect opportunity to promote their creative side while they have fun doing it! There will be an Artists' reception on Thursday for students and their families. COST: \$100 (MATERIALS INCLUDED) JULY 20 - 24 | 8:30 AM - NOON UCA DOWNTOWN JESSICA LANE

Cub Fit Camp Cub Fit Camp invites rising 4th and 5th graders to campus for a dynamic daily schedule of activities related to fitness, nutrition and wellness. This is a great opportunity for your child to show off his/ her dance moves with Zumba and practice Yoga techniques. Your student will also learn how healthy foods can keep him/her from getting sick and much more. Sign your young athlete up for a fun, active week of fitness at UCA!

COST: \$125 4TH & 5TH GRADERS JULY 20 - 24 | BHCC VARIOUS INSTRUCTORS Spanish for Kids Round out your child's linguistic prowess with some Spanish skills! This course will cover basic vocabulary and communication for children ranging from 2nd-4th grade. Children up to 6th grade are welcome to enroll with a younger sibling. For more information please contact CLS@uca.edu. COST: \$100 * THURSDAYS, FEBRUARY 6 - APRIL 16 *NO CLASS MARCH 26 5:30 - 6:30 PM | IRBY KATELYN RICHMOND. COMMUNITY LANGUAGE SCHOOL

ACT Prep Course This

course is designed for high school students (10th grade and above) who have previously scored between 17-25 on the ACT or for high schoolers who have yet to take the test. Four UCA faculty/ staff members will review subject material and offer test-taking tips to help students progress through the exam in a more reasonable and timely manner. Class sizes are kept fairly small to maximize learning. Ideal for students who plan to take the ACT exam on February 8. *NO CLASS on JAN 20. MLK Jr. Holiday (Note: Registration for this course does not register you to take the ACT exam.) COST: \$100 MONDAYS & THURSDAYS, JANUARY 9 - FEBRUARY 6 6 - 8 PM | BHCC LISA CHRISTMAN, CARL OLDS, LAURA NISWONGER & LUCAS RATZ

NEW! Cub Reading Camp

Your child will enjoy this fun and engaging summer session. Reading and sharing good books with others will make even reluctant readers excited about reading. Why is this program different? Because this is not just a reading class; it is more of a reading experience! Kim Shepherd-Scott brings over 25 years of teaching experience to this camp. Students will find themselves so engaged with the books and activities that the time will seem to fly by while your child is improving their comprehension skills. Your cub will be craving for more books to read throughout the rest of the summer!

COST: \$150 TUESDAYS & WEDNESDAYS, JULY 7 - JULY 22 3RD GRADE: 10 - 11:30 AM 4TH GRADE: 1 - 2:30 PM STANLEY RUSS HALL KIM SHEPHERD-SCOTT

Know Before You Go: "Show Me the Money!" - Finding New Avenues for Scholarships With

tens of thousands of college scholarships available nationwide every year, you might think it would be easy to earn a few. However, finding the ones you qualify for and then doing what it takes to apply can be frustrating. In this workshop, you'll discover the best places to find scholarships as well as how to write a winning scholarship essay.

EDEE

THURSDAY, MARCH 5 6 - 8 PM | BHCC DONNA HILL

SUMMER READING INSTITUTE

In the summer reading programs for children (4-year-olds through 5th grade), students have fun while learning phonics and wordattack skills, building fluency and comprehension and becoming confident readers. Your child will be excited about books and reading and will get off to a great start in the upcoming school year.

In the programs for adolescents (6th grade and up), students improve comprehension in both fiction and non-fiction while doubling their reading speed. Students get better grades in school by learning the best way to read and study textbooks, take notes and study for tests.

The Summer Reading Institute meets July 9 - August 8 at UCA. Visit uca.edu/outreach/reading for more detailed information regarding class times and prices. Instructors are provided by the Institute of Reading Development.





CONWAY AREA YOUTH LEADERSHIP INSTITUTE

CAYLI is designed to develop leadership potential within high school juniors and seniors. CAYLI addresses the challenges and opportunities of our community, which exposes students to avenues for community involvement and improvement. CAYLI is a schoolyear program consisting of a two-day retreat and seven monthly sessions, which include human services, education, media/technology, healthcare, work world/ economy, government/court system and environment/ agriculture. A community service project is a vital part of the curriculum.

Applications open February 1 - March 1, 2020 Apply online at uca.edu/outreach/youthleadership

LIFESTYLE

and leighte

NEN! Brain Matters: The Brain on Drugs Are you

curious about how your brain works and the possible effects street, over-the-counter and prescription drugs can have on its functionality? Join neuroscientist Dr. Barbara Clancy as she explains the way different drugs such as antidepressants, pain medications, alcohol, marijuana and other chemicals influence how your brain works. Registered participants can email potential discussion questions prior to class to communityed@uca.edu. FRFF THURSDAY, MARCH 12

6:30 - 8 PM | BHCC DR. BARBARA CLANCY

Smart Recycling This

class is geared toward Conway residents, but it's open to all. Join the Conway Department of Sanitation for this presentation to learn the ins and outs of the industry and Conway's recycling program. Recycling educator, Whitney Reuschling, will discuss acceptable items, share current trade news and answer other sanitation questions. This class will culminate with a tour of Conway's Material Recovery Facility.

WEDNESDAY, APRIL 22 9 AM - 1 PM | BHCC WHITNEY REUSCHLING

Estates, Wills & Trusts

Learn the basics of estate planning such as wills, trusts and powers of attorney. Local attorney Frank Dudeck will discuss state and veterans benefits. He will also cover asset protection laws showing how individuals and families reaching the retirement planning phase can plan ahead to protect assets from nursing home and long-term care expenses. If your family is already in a nursing home crisis situation, then come see how to protect your assets.

FREE TUESDAY, APRIL 21 6 - 8 PM | BHCC FRANK DUDECK, DUDECK LAW FIRM

Financing a Home Loan

Financing a home loan is a big step. Ashley Newman will reveal the benefits of homeownership as well as different loan program options available. She'll uncover the biggest obstacles toward homeownership and how to overcome them. You'll also learn the mechanics of credit scores what they mean, how to improve low scores and what options are available to buyers. Ashley will take you step-by-step through the application and loan process. Sign up today!

THURSDAY, FEBRUARY 27 6 - 8 PM | BHCC ASHLEY NEWMAN, CENTENNIAL BANK

FREE

First Time Homebuyer

Planning for your future as a first-time homeowner is the focus of this class. Upon completion, you will be issued an Arkansas Department of Finance Authority certificate that is a prerequisite for assistance toward a down payment or closing costs on a new home. Anyone who will be on the mortgage loan must attend this class (e.g., both husband and wife). Please make arrangements for lunch as a lunch break will be provided.

FREE

SATURDAY, APRIL 4 8:30 AM - 4:30 PM | BHCC ELIZABETH WILSON, UNIVERSAL HOUSING DEV. CORP.

NEN: From Pen to Publishing

You've spent long hours writing and your thoughts are finally captured in book form. Now what? Author Kassandra Klay will guide you through the process of getting it out to the world. This class will provide information to help you determine your best path toward publication, whether it be the traditional route or the self-publishing process. She will share tips to enhance your writing process and will walk you through the journey of launching your book. Since publishing a book doesn't equal sales, Kassandra will also reveal marketing, promotion and advertising strategies to help your book jump off the shelf. Please make arrangements for lunch as a lunch break will be provided.

COST: \$50 ★ SATURDAY, FEBRUARY 22 9 AM - 2 PM | BHCC KASSANDRA KLAY

FREE

NEW! Friendly Driver Certification Program

This fun interactive course educates drivers on the best and safest way to share the road with people and bicycles. The class addresses: common crashes and how to avoid them, what's legal and what's not legal for motorists, bicyclists and pedestrians, why sharing the road is the safest option for all transportation users, and how to navigate bicycle and pedestrian-related infrastructure, including sharrows, bike boxes, green lanes, roundabouts and rapid flashing beacons. This program is ideal for student drivers of all ages, new residents, professional fleet drivers, as well as the general public. Upon completion, you will be issued a Conway Friendly Driver certificate.

FREE

THURSDAY, APRIL 30 6 - 8 PM | BHCC MORIAH BRUNER, ISAAC SIMS, CITY OF CONWAY BICYCLE & PED. ADV BOARD

Women's Self-Defense Workshop During the

Women's Self Defense Workshop you will learn basic and effective "real life" self-defense tactics. Topics such as awareness of surroundings, most effective techniques and avoidance will be discussed. This workshop is based on the Street Smart Self Defense System developed by Master Brice Bishop, an 8th degree black belt and owner of National Black Belt Academy in Conway. COST: \$10 ★

Saturday, February 22 10 - 11:30 Am | Bhcc Master Brice Bishop

NEW! RV There Yet? How to Hit the Road in an RV

Whether you're looking for a getaway with the kids for a weekend or for a way to enjoy retirement, hitting the road in an RV might be just the ticket! Don & Laurie Walker "took a break" after a 30-year military career by living full-time in a Holiday Rambler motorhome. Seven years and 90,000 miles later they know all the ins and outs of the RV lifestyle. Learn about types of RVs, how they work, amenities, budget issues, lifestyle choices, pros, cons and all the wonderful places you can go. This class will end with a Q&A session so you can get personalized advice.

FREE

TUESDAY, MARCH 10 6:30 - 8 PM | UCA DOWNTOWN DR. DON & LAURIE WALKER

The Healing Benefits of Massage: Discover the Technique for You

You've heard of Swedish and Deep Tissue massage, but did you know that there are many different techniques that treat various types of body stress and pain? How do you know which type of massage is best for you? Hear local, licensed massage therapists explain the value of the massage methods available. Also, come to receive a brief, personal consultation and experience a taste of therapeutic massage. You owe it to yourself to learn ways to help restore and heal your body.

TUESDAY, APRIL 14 6 - 8 PM | UCA DOWNTOWN VARIOUS INSTRUCTORS

FREE

NEW! Your Future in Focus: A Vision Board Workshop

Got a vision for yourself in 2020? A vision board is a great way to provide visual meaning to your goals and a great tool to help you maintain your focus. A vision board is a collage of images, pictures and affirmations of one's dreams and desires, designed to serve as a source of inspiration and motivation. This board is not only about what you want to accomplish during the year, but also about how you want to feel each day. Dr. Shaneil Ealy will help you identify your true values, set meaningful goals and empower you to create a vision board that will inspire you all year long!

COST: \$20 ★ SATURDAY, JANUARY 25 9 AM - NOON | BHCC DR. SHANEIL EALY

NEW: Cast Away the Clutter! Is

the state of your home or office making you feel overwhelmed, stressed, anxious or frustrated? Is the clutter starting to affect your sunny disposition? Getting organized allows you to find the items you have, streamline your life and reduce stress. Shervl Mulberry-Allen of Fresh Start Conway will teach you the basics to organizing any space in your home or office and help you discover obstacles keeping you from reaching your organizing goals. It's time to start enjoying your home as a comfortable place that suits your life.

FREE TUESDAY, FEBRUARY 25 6:30 - 8 PM | BHCC SHERYL MULBERRY-ALLEN

Conference Services

We're not just passionate about customer service but everything else that goes with helping you pull off a flawless event. Our Conference Services team is dedicated to making your conference, workshop or wedding stress-free. We offer updated technology, a wide variety of venues and full service event planning. Let us handle the details!

Brewer-Hegeman Conference Center 201 Donghey Avenue Conway, AR 72035

uca.edu/conferenceservices 501-852-2699

fb.com/uca.conferenceservices@UCAConferenceServices





"Our Wedding at UCA was such a great experience! Not only was it special to get married at our Alma Mater, but being able to trust the details to a great team relieved a ton of wedding planning stress! The UCA Conference Services Team made sure our day was perfect and everything we imagined!"

Jillian Johnson McNally

"

"UCA is a great location for meetings and events. Whether you need a large lecture hall or a smaller space for team building and training, the UCA Conference Services staff is incredibly helpful and committed to ensuring you and your team have a fantastic experience."

Paul Bradley Conway Market Leader, Edafio







CONFERENCE SERVICES

22

UCADOWNTOWN



1105 W. Oak Street Conway, AR 72032

downtown@uca.edu uca.edu/downtown 501-852-8223 Art Exhibits Curated by UCA Outreach and UCA College of Fine Arts and Communication





Events Hosted by the UCA College of Fine Arts and Communication



Professional Development

workforce education, professional development, networking and lifelong learning classes



CENTRAL ARKANSAS"

UCA DOWNTOWN

fb.com/ucadowntown



Nonprofit organizations are invited to share their volunteer opportunities year-round by becoming community partners.

Learn more at uca.edu/servicelearning

THE BLG EVENT

The Big Event is a time when University of Central Arkansas students, staff and faculty members along with the Conway community can unite in a campus-wide effort for one BIG day to impact our community. The Big Event impacts numerous community members in the city of Conway and surrounding areas. We offer services such as: campus clean-up, yard work, small renovations, house cleaning, etc. at no cost to the community members.

Job Requests are open to UCA faculty & staff, the Conway community and the Conway community nonprofits!

Requests will be open through February 6th, 2020. A member of the Big Event Committee will contact you a few weeks prior to March 14th to confirm the details of your submission and verify the appropriateness of the request for the Big Event. Please feel free to email ucabigevent@gmail.com with any questions you may have!

Visit UCA.edu/go/bigevent to learn more and request a group of volunteers!

Nomen's Leadership Network

UCA Women's Leadership Network is a network created for women, by women, to support women who are seasoned or aspirant leaders in the home, at work or in the community. The purpose of the network is to provide opportunities for women to connect from various backgrounds in Conway and surrounding areas.

January 21

WLN Book Club - Year of Yes by Shonda Rhimes 6 -8 PM | UCA Downtown

January 29

Networking Luncheon - Financial Planning 11:30 AM - 1 PM | Hole in the Wall Café

February 13 Seasons of Life & Leadership Event 6 - 8 PM | BHCC

March 18 Networking Luncheon - Social Media & Lead Generation 11:30 AM - 1 PM | Hole in the Wall Café

March 31 WLN Book Club - Dare to Lead by Brené Brown 6 -8 PM | UCA Downtown

April 23 Women's Business Showcase 6 - 8 PM | BHCC

Stevate - Supower - Suprace

Join us for monthly events. Find us on social media!

uca.edu/outreach/women
 facebook.com/groups/ucawomen
 @ucaoutreach
 501-450-5261





WORKFORCE development

Human Resources Professional Master the skills

you need to gain an entry-level position in human resources and prepare to take the Professional in Human Resources (PHR) certification exam. COST: \$1795

OPEN ENROLLMENT | 3-6 MONTHS ANNA SMITH ONLINE CLASS

CPC Certified Medical Administrative Assistant with Medical Billing and Coding (VOUCHER INCLUDED)

The Certified Professional Coder (CPC) Certified Medical Administrative Assistant (CMAA) with Medical Billing and Coding knowledge is broadened as a coder. Become an expert in all aspects of billing, medical coding and administration. This threepart course prepares you for reviewing and assigning accurate medical codes for diagnoses, procedures and services performed by gualified healthcare providers in the office or facility setting (e.g., inpatient hospital). This course is ideal for those that have little to no experience within the sector. Voucher included for CPC and CMAA certification exams.

COST: \$3195 OPEN ENROLLMENT | 7-12 MONTHS NANCY SMITH, LATISHA COTTINGHAM ONLINE CLASS

Certified Inpatient Coder (VOUCHER INCLUDED)

Demand for medical coders will grow 13% by 2026, so there's no better time to advance your career. This online medical coding course will train you to become a Certified Inpatient Coder. The AAPC Certified Inpatient Coder (CIC[™]) credential proves that you are an expert in inpatient medical records review. Earning CIC[™] certification requires previous work experience, so most professionals prepare for the exam while working full-time. With this course's flexible online format, you can prepare for the CIC[™] exam on your own schedule. COST: \$2495

OPEN ENROLLMENT | 3-6 MONTHS KATHRYN WILLIAMSON ONLINE CLASS

Certified Six Sigma Green Belt (EXAM COST

INCLUDED) This well-rounded course will teach you the concepts for both Lean and Six Sigma and prepares you for Six Sigma Green Belt certification by mastering the contents of the American Society of Quality (ASQ) exam.

COST: \$1895 OPEN ENROLLMENT | 3-6 MONTHS TONY SWAIM ONLINE CLASS

Hotel Management with Executive Housekeeper

The hospitality industry provides a variety of jobs and opportunities to advance worldwide. Learning the skills needed to manage any venue or accommodation house and supervise housekeeping staff will position you for success within this growing field. This course bundle will train you in the complementary disciplines of hotel management and executive housekeeping.

COST: \$1595 OPEN ENROLLMENT | 6-12 MONTHS THEA ROBERTS, MARTA PERRONE ONLINE CLASS



Training for your career could be free! To browse classes and to register, visit **uca.edu/outreach/workforce** or call 501-450-3429

Certified Protection

Officer Looking for a career where you are always in demand? Certified Protection Officers (CPOs) enjoy ample employment opportunities and long-term job security. In this course, you will master the skills needed to obtain certification as a protection officer and gain employment in this popular field.

COST: \$850 OPEN ENROLLMENT | 3-6 MONTHS DARLENE LAWERENCE ONLINE CLASS

SAT/ACT Prep Series

Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleaes throughout the U.S. require applicants to take the SAT or ACT as part of their evaluation package. This series will prepare you for both tests. This series will prepare you to excel in all sections of the undergraduate college entrance exams and provide you with the means to achieve your best potential score! COST: \$174

JESSIE STELLINI, BEJAMIN N. GIALLORETO ONLINE CLASS





Creating Wordpress Websites Series Learn how

to create attractive, sophisticated blogs and websites- without any coding! WordPress is the world's most popular website publisher, powering more than 25% of all sites on the internet. Wordpress is an easy-to-use solution that will help you put your site on the Web in far less time than by coding, and at a much lower cost than hiring a professional.

COST: \$115 RICHARD MANSFIELD ONLINE CLASS

Introduction to Python 3 Programming Learn how

Python has slithered its way to the top of the programming languages. Python was designed to provide a way to develop code that's easy to create and understand. While Python contains the same basic structures as other languages, it also offers unique functionality that makes your life as a programmer easier. Don't delay, sign up today! COST: \$115 MIKE ORSEGA ONLINE CLASS **SQL Series** Learn the basic structure of relational databases and how to read and write simple and complex SQL statements and advanced data manipulation techniques. By the end of this course, you'll have a solid working knowledge of SQL. You will feel confident in your ability to write SQL queries to create tables; retrieve data from single or multiple tables; delete, insert and update data in a database and gather significant statistics from data stored in a database.

COST: \$174 DR. CECELIA ALLISON ONLINE CLASS



C# Programming Series

Learn the fundamentals of computer programming with C#, the in-demand and incredibly useful programming language that incorporates the best features of visual Basic, C++ and Java. This class will teach you how to program the right way: by using a state-of-the-art language to build impressive applications on your schedule and on your very own computer.

COST: \$174 MIKE ORSEGA ONLINE CLASS



Oracle SQL and PL/SQL + Python Developer + Java Programmer This

online course is the perfect starting point for those wanting to learn SQL, PL/SQL, Java and Python programming. Conquer Oracle programming in this combined online training that teaches everything from the basics to advanced practices. COST: \$2595 OPEN ENROLLMENT | 12 MONTHS NAT DUNN

ONLINE CLASS

GRE Pre - Part 1 (Verbal and

Analytical) If you're planning to apply to graduate school, you'll likely have to take the GRE. This course is here to help! Part 1 takes you through all the guestion types on the verbal reasoning and analytical writing sections, including reading comprehension, text completion, sentence equivalence guestions, and both essay tasks. You'll also gain pointers on time management, anxiety relief, scoring, and general standardized test-taking. Be prepared to excel on exam day to achieve your best potential score! COST: \$100

LAURA DAVIS

Introduction to Microsoft Excel 2016

Become proficient in using Microsoft Excel 2016 (now available through Office 365) and discover how to create worksheets, workbooks, charts and graphs quickly and efficiently. COST: \$129 CHAD WAMBOLT ONLINE CLASS

Grant Writing Suite Get

three courses in one bundle! A to Z Grant Writing, Advanced Grant Proposal Writing and Becoming a Grant Writing Consultant. Learn how to research and write winning proposals that get funded, become proficient in the proposal format used by the vast majority of public foundations and learn to become a grant writing consultant.

COST: \$261 DR. BEVERLY A. BROWNING, LINDA VALLEJO ONLINE CLASS



GMAT This prep class will provide you with test-taking techniques and methods for improving your score and saving time on all GMAT question types. You'll review the more familiar questions and learn how to approach question types that may be new to you, like critical reasoning and data sufficiency. COST: \$100

BENJAMIN N. GIALLORETO ONLINE CLASS

GRE Pre – Part 2

(Quanitative) Part 2 features a math review and techniques for tackling the quantitative comparison, data interpretation, and standard math questions that make up the quantitative reasoning sections, as well as how to tackle the GRE's unique question formats. You'll find pointers on time management, anxiety relief, scoring and general standardized test-taking, too. Be prepared to excel on exam day!

COST: \$100 LAURA DAVIS ONLINE CLASS

COMMUNITY WRITING CENTER

The UCA Community Writing Center offers one-on-one support in person and by email for community members seeking services such as resume review, cover letter writing, and other professional writing tasks. The Community Writing Center is located in the UCA Center for Writing and Communication in Thompson Hall. For more information and current Community Writing Center hours, visit uca.edu/outreach/writing.

ARKANSAS coding academy

Enrolling year round!



The Arkansas Coding Academy strives to provide talented individuals with the skills and mentorship they need to succeed in IT and IT-related jobs in Arkansas. With full-time and part-time tracks, students have the opportunity to complete their skills-based training in a fraction of the time.

Students can apply for a loan through the Arkansas Student Loan Authority and eligible students can receive funding through a partnership with the Arkansas Department of Workforce Services.





"Having been unfulfilled in my last career option, I found coding as a more exciting calling, but I had no idea how to get started without spending the time and money for a 4 year degree. Thankfully I was told about the coding academy. After a short time in class, I realized this was truly my calling. I have many great things to say about the academy, but most importantly is how intentional and diligent the teachers are. It was an intense process with a lot of learning, but if you have the desire to become a developer, I have no better program to offer to you."

Bill Hasik

Summer 2019 Graduate



1835 S Donaghey Ave. Conway, AR 72034

arkansascodingacademy.com arcoding@uca.edu 501-450-5276



UCA OUTREACH Policies & Discounts

PAYMENT: Payment must be made at least five (5) business days prior to the first class. If payment is not received by the deadline, registration is subject to cancellation.

MATERIAL FEES: All course material fees will be paid separately to the instructor on the first day of class. Discounts do not apply.

REFUNDS: Refunds will be given if requested at least two (2) working days before the first class. After that time, no refunds will be issued.

COMMUNITY EDUCATION CLASSES - 50% DISCOUNT: UCA faculty, staff, students, retired faculty and staff and paid UCA Alumni Association members can receive 50% off regular registration for Community Education classes, designated throughout the booklet with the purple star ***** icon. A current UCA ID is required and status will be verified. UCA members may bring one guest at the discounted rate; however, members are required to register their guest and attend class in order for the guest to receive the discount. If the UCA member drops the class, the guest discount will revert to the full registration fee. Discounts cannot be applied to textbooks or materials. Discounts are for classes designated as Community Education only.

University of Central Arkansas Alumni Association membership is open to alumni and friends of UCA. To join, visit **uca.edu/alumni** or call 501-450-3197.



Many of our classes, such as Culinary for Kids (page 6), take place at UCA Downtown.

CLASS LOCATIONS

BHCC	Brewer-Hegeman	
	Conference Center, UCA	
UCA DOWNTOWN	UCA Downtown	
	1105 W. Oak Street, Conway	
COB	College of Business, UCA	
FARRIS	Farris Center, UCA	
OLD MAIN	Old Main, UCA	
STANLEY RUSS	Stanley Russ Hall, UCA	
IRBY	Irby Hall, UCA	

CLASS TYPES

ARKANSAS CODING ACADEMY COMMUNITY EDUCATION CULINARY ONLINE CLASS PROFESSIONAL DEVELOPMENT

PARKING

Parking on campus is available at no charge to students enrolled in UCA Outreach classes. Parking passes are issued after registration is confirmed.

ACCESSIBILITY

UCA Outreach is committed to providing an accessible and welcoming environment for everyone in our community. To request assistance or accommodations for a class or workshop, please contact us at **outreach@uca.edu** or 501-450-3118 before registering.

REGISTERING FOR CLASSES IS EASY!

- 1 ONLINE uca.edu/outreach
- BY PHONE 501-450-3118
- BY MAIL Outreach & Community Engagement
 Brewer-Hegeman Conference Center, Suite 102
 201 Donaghey Avenue
 Conway, AR 72035

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MAIL-IN REGISTRATION FORM
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First Name_	st NameLast Name						
Guardian/Pa	ayer'sName(if different)					
Guest's Nan	ne						
Address							
City		State	Zip C	ode			
Email			Phone	e ()		
UCA ID #		UCA Student 🔲	UCA Faculty/Staff	UCA Retire	e 🔲 UCA Alumni Assoc. Member		
Would you	like to receiv	e our monthly ema	il newsletter?	Tes	No		
Would you	like to receiv	ve updates about y	our classes via	text me	ssage? 🛛 Yes 🗖 No		
Class Name	;				Registration Fee		
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Payment Ty	pe: 🛛 Check is	enclosed. (Make checks pay	vable to UCA.)	Total:	\$		
	Pay by ph	one. VISA MasterCard	DLICOVER AMERICAN				
The following infor	mation is voluntary.	Demographics you provide will	remain confidential and	will only be us	ed for reporting purposes.		
Age	Gender	Ethnicity	Level of	Education_			

OUTREACH AND COMMUNITY OUTREACH ENGAGEMENT

Where can you find full-service event coordination, valuable business classes, culinary classes for kids and an array of fun lifelong learning classes? UCA Outreach offers all these educational experiences and much more!

The Division of Outreach and Community Engagement at the University of Central Arkansas is your one stop shop for continuing education, customized and non-traditional training and event planning services.

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 Oucaoutreach | • Oucaoutreachofficial uca.edu/outreach



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