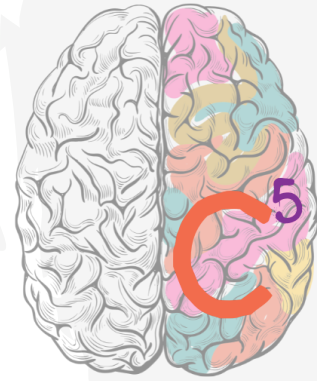


# LIFE SKILLS

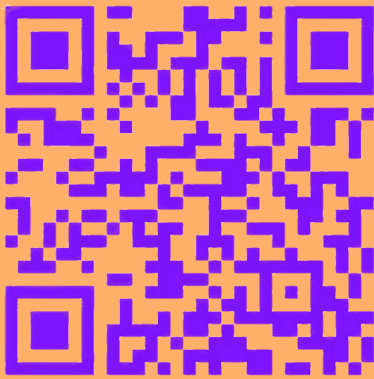
Education classes to inspire self-care & community support to tweens & teens with disabilities.

- How to do laundry
- How to sew a button
- How to create a grocery list



**CONNOR & CALEB CONNECTING  
COMMUNITIES IN CABOT**

To receive email updates about C5 events sign-up below.



<https://forms.gle/T8tEEstexkCp1iYB9>

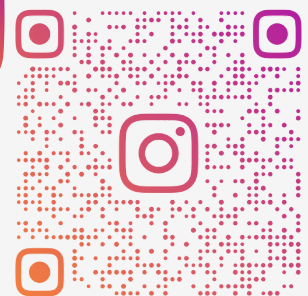
## YOUNG ADULT SOCIAL GROUP- YASG

Activities to encourage tweens & teens with disabilities to socialize with one another and within their community.

- Movie Meet-Ups
- Dances
- Tabletop Gaming

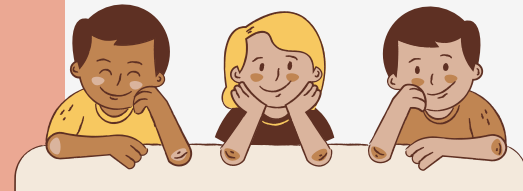


FIND US ON INSTAGRAM



C5PROGRAMMING

community  
connections



EMAIL:

**C5PROGRAMS2023@GMAIL.COM**

## FAMILY EVENTS

Family fun events for the whole family who live with, support, nurture, and grow tweens & teens with disabilities.

- Fall Event
- Back to School
- Christmas in the Tropics