# OF Occupational Therapy



CENTRAL ARKANSAS<sup>™</sup>

FIELDWORK MANUAL

#### FIELDWORK CONTACT INFORMATION

#### **Academic Fieldwork Coordinator**

Brittany Saviers, M.S., OTR/L UCA Department of Occupational Therapy 201 Donaghey Ave., DHSC 328 Conway, AR 72035

BBrown@uca.edu Phone: 501-852-0984

Fax: 501-450-5568

#### **Fieldwork Assistant**

Nicolle Boswell, BA UCA Department of Occupational Therapy 201 Donaghey Ave., DHSC Rm. 327 nboswell1@uca.edu

Phone: 501-852-0881 Fax: 501-450-3622

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# PROGRAM MISSION & PHILOSOPHY

#### Mission

The mission of the University of Central Arkansas Occupational Therapy Program in implementing a clinical doctorate in occupational therapy (OTD) is to develop leaders, advocates, researchers, and skilled practitioners competent in providing OT services to individuals and populations who are limited by physical or psychosocial situations that compromise independence and wellness. Graduates are prepared to practice in a variety of service delivery models, and to develop productive interpersonal and therapeutic relationships with clients, families, communities, populations, organizations, and other health and human services professionals.

The program is committed to promoting student awareness and appreciation of different cultural and social value systems. Student sensitivity is cultivated through the improved awareness of self and appreciation of diversity among client populations. The program seeks to instill in students a sense of self-direction, discernment, and a desire to assume active responsibility for leadership, advocacy, clinical research, advanced clinical skills, and education.

In addition to educating competent practitioners, leaders, and advocates, the program strives to have a strong positive influence on the profession throughout the state and region, by assisting in the development of new knowledge in the science of occupation and in conducting and disseminating clinical research that establishes the efficacy of OT services.

# **Philosophy**

Preamble

Occupational therapy (OT) education prepares occupational therapy practitioners to address the occupational needs of individuals, groups, communities, and populations. The education process includes both academic and fieldwork components. The philosophy of occupational therapy education parallels the philosophy of occupational therapy, yet remains distinctly concerned with beliefs about knowledge, learning and teaching.

#### Fundamental Beliefs of Occupational Therapy Education:

Students are viewed as occupational beings, in dynamic transaction with the learning context and the teaching-learning process. The learning context includes the curriculum and pedagogy and conveys a perspective and belief system that includes a view of humans as occupational beings, occupation as a health determinant, and participation as a fundamental right. Education promotes clinical reasoning and the integration of professional values, theories, evidence, ethics and skills. This will prepare practitioners to collaborate with clients to achieve health, well-being, and participation in life through engagement in occupation (AOTA, 2014). Occupational therapy education is the process by which practitioners acquire their professional identity.

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Values within Occupational Therapy Education

Enacting the above beliefs to facilitate the development of a sound reasoning process that is client-centered, occupation-based, theory-driven, while encouraging the use of best evidence and outcomes data to inform the teaching-learning experience may include supporting:

a) active and diverse learning within and beyond the classroom environment, b) a collaborative process that builds on prior knowledge and experience, c) continuous professional judgment, evaluation and self-reflection, and d) lifelong learning.

#### FIELDWORK WITHIN THE CURRICULUM

#### **Curriculum Resources**

The following resources detail how the fieldwork experience, by design, is embedded into the program curriculum.

- Course Sequence (Appendix A)
- The Curriculum Model (Appendix B)
- UCA Department of Occupational Therapy Website

# UCA OCCUPATIONAL THERAPY PROGRAM AUTHORITY & RESPONSIBILITY

The Academic Fieldwork Coordinator (AFWC) is responsible for leading and managing the fieldwork program and ensuring the program is in compliance with the <u>ACOTE fieldwork standards</u> (C standards).

In order to achieve accreditation standards, the AFWC recruits new fieldwork sites and fieldwork educators. Furthermore, assigning students to facilities, confirming placements with site coordinators, and monitoring Level I & II fieldwork students are the responsibility of the AFWC. The AFWC also serves as a resource for students, fieldwork educators, and faculty in regards to planning and processing outcomes for fieldwork experiences.

Fieldwork assignments may be made only at facilities with whom the Occupational Therapy Department has contractual agreements. The fieldwork coordinator must develop and negotiate contracts with sites and maintain clear communication and positive working relationships with the site personnel.

**NOTE:** UCA <u>does not permit</u> students or family members to independently contact fieldwork sites prior to their formal placement without expressed permission from the fieldwork coordinator.

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Close communication with students and fieldwork sites and educators is vital to the fieldwork program and process. Email is used, along with phone, fax, and mail. To facilitate a collaborative learning experience, the AFWC is available for consultation before, during, and after the students' fieldwork experiences.

#### Confidentiality

Respecting student and patient/client confidentiality is extremely important. The University of Central Arkansas complies with the Family Education Rights to Privacy Act of 1974, the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the Health Information Privacy and Portability Act of 1996. For more information, please consult the UCA **Doctor of Occupational Therapy Student Handbook.** 

NOTE: All patient/client and proprietary information is considered confidential and protected by law, including the 1996 Health Insurance Portability and Accountability Act (HIPAA). Students have an ethical and legal obligation to protect confidential information and to refrain from obtaining information that is not relevant to their fieldwork experience.

Confidentiality applies to all data whether obtained from the patient/client, family, other health care members, charts/records, or other sources. Unauthorized use of confidential information or the violation of confidentiality may result in discipline up to and including dismissal from the occupational therapy program and in civil and criminal liability for the student. Copying or photographing patient/client information is strictly prohibited.

**NOTE:** Any work on assignments or other coursework activity during the fieldwork experience must also strictly adhere to HIPAA regulations and any confidentiality and/or disclosure policies of the fieldwork site, the occupational therapy program, and the University of Central Arkansas.

#### **Fieldwork Advisement**

All faculty members are available to discuss fieldwork sites/experiences in their particular area of expertise. However, ultimate responsibility for Level I & II Fieldwork assignments rests with the Academic Fieldwork Coordinator.

#### **Fieldwork Location and Cost**

It should be understood that the program participants may be required to go out of state for at least one of the Level I and one of the Level II fieldwork experiences. The individual must assume responsibility for all expenses incurred in preparation for and during these experiences. Students should anticipate expenses such as: program tuition, travel, site-specific requirements, and extra local living expenses.

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# **Assignments to Fieldwork Facilities**

Due to the limited number of reserved sites, no completely fair and equitable system exists for participants to request specific assignments. Generally speaking, all persons have family and financial concerns. Such issues cannot be used to dictate a decision about a participant's fieldwork placement. Each student is allowed to submit a list of 5 preferences for their level II fieldwork experiences. While this information is taken into consideration, assignments will be made by the academic fieldwork coordinator.

Once fieldwork assignments are completed, all placements are considered permanent. Assignments for additional/optional fieldwork assignments, once scheduled with the site, are also considered binding.

Unfortunately, there are some unexpected events both in the facility and in the student's life that may cause a cancellation of a scheduled placement. Such circumstances vary widely and must be addressed individually.

#### **Conflicts of Interest**

Students should not be assigned to institutions where previous employment, volunteering, shadowing, or medical history has occurred. Neither should students be placed in a facility where job offers nor financial assistance have been accepted. Additionally, students should not be assigned to sites where a family member would sit in any supervisory capacity over them.

**NOTE:** The responsibility of informing the AFWC, prior to assignments being made, of any potential conflict of interest, falls to the students. A written appeal may be submitted, with consideration of the timing of setting fieldwork placements, to the AFWC, explaining why an exception should be made. Initiation of the appeal process does not guarantee an exception will be granted. Appeal outcomes are subject to the AFWC's best judgement.

# **Timing of Setting Fieldwork Placements**

<u>Level I</u> fieldwork placements may be completed anywhere from 6 weeks to an entire semester prior to the experience.

Level II fieldwork assignments are completed at least 6 months and up to one year in advance. Please notify the AFWC of any potential conflicts of interest or request for accommodations accordingly.

# **Site-Specific Requirements**

Fieldwork sites may require students to provide additional documentation that exceeds the program's requirements. Examples of site-specific requirements may include, but may not be limited to:

- immunization records
- a health status report
- proof of medical insurance
- a criminal background check
- a child or adult maltreatment check
- fingerprinting
- a multi-panel drug screen
- an interview
- confirmation of Selective Service draft registration
- prerequisite reading assignments

It is imperative that students identify and satisfy all site-specific requirements of the fieldwork site prior to their rotations.

**NOTE:** Students must allot plenty of time, realizing that some results may not be immediate. Additionally, students are expected to assume all financial responsibility for site-specific requirements and to provide the necessary documentation by the deadline established by the fieldwork site.

#### **Accommodations**

Students requesting accommodations should contact the Disability Resource Center (DRC) which is located in suite 212 of the Student Health Center. When possible, these requests should be made the first semester of the occupational therapy program. It is a facilities' decision whether an accommodation is reasonable and can be met.

#### **Inclement Weather**

While on fieldwork assignment, students will follow the schedule of the fieldwork site, not university policy, announced delays, or closings. Initially, students should learn their assigned facility's inclement weather policy and procedures from their fieldwork educators and obtain any needed contact information.

# **Insurance Coverage**

All University of Central Arkansas occupational therapy students are covered by liability insurance provided by the university. The standard amount is \$2,000,000 per claim and \$5,000,000 aggregate. Student health insurance and additional general liability insurance required by a fieldwork site is the financial responsibility of the student.

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#### **Accidents, Injuries, and Critical Incidents**

Students are required to follow the fieldwork site's safety, infection control, and emergency protocols. Any incident resulting in harm to the patient/client and/or student or other person(s) should be reported immediately to the student's fieldwork educator and the AFWC. Students should be familiar with incident reporting procedures of the fieldwork site and report such events with expediency.

#### INTRODUCTION TO FIELDWORK

# **ACOTE Requirements**

Accreditation (December 2016 Draft 1)

The Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA) accredits educational programs for the occupational therapist. The standards set forth by ACOTE state that:

"Fieldwork education is a crucial part of professional preparation and is best integrated as a component of the curriculum design. The fieldwork experience is designed to promote clinical reasoning and reflective practice, to transmit the values and beliefs that enable ethical practice, and to develop professionalism and competence in career responsibilities." (p. 56)

# LEVEL I FIELDWORK

#### Goal of Level I Rotations

The Level I fieldwork experiences are integral to the program's curriculum design and includes experiences designed to enrich didactic coursework through directed observation and participation in selected aspects of the occupational therapy process. Each rotation requires participation in different type of practice settings, and/or with clients of differing ages and diagnoses. The degree of independence and level of performance expectation will change with each Level I rotation.

"The goal of Level I Fieldwork is to introduce students to the fieldwork experience, to apply knowledge to practice, and to develop an understanding of the needs of clients." (Standards for an Accredited Educational Program for the Occupational Therapist, American Council for Occupational Therapy Accreditation, December 2016, Draft 1, p. 40).

#### **Courses and Descriptions**

OTHY 6102 Level I Fieldwork – Occupational Therapy Practice

Application of professional skills and foundational components of the occupational therapy process with a focus on the social and psychological aspects that influence engagement in occupation within a practice setting. (ACOTE Standard C.1.7.)

OTHY 6112 Level I Fieldwork - Analysis of Human Occupational Performance Application of professional skills and components of the occupational therapy process under the supervision of an occupational therapy practitioner.

OTHY 6103 Level I Fieldwork – Evaluation and Intervention Level I Fieldwork under the supervision of an occupational therapy practitioner that focuses on infusion of occupation throughout the occupational therapy process.

# Supervision

In most cases, Level I oversight is provided by a currently licensed or credentialed occupational therapy practitioner, such as an OT or an OTA. However, professionals from a number of disciplines may supervise students and provide a beneficial learning experience, including but not limited to:

- psychologists
- physician assistants
- teachers
- social workers
- physicians
- speech language pathologists
- nurses
- physical therapists

# **Level I Fieldwork Eligibility**

In order to be eligible for enrollment in Level I fieldwork courses, a participant must have faculty approval. Approval is based on, but not limited to, the following criteria: acceptable performance, as documented on the Attitude/Behavioral Check Sheet, consistent classroom attendance, cumulative GPA of 3.0 or better, and current health and safety records as well as any site-specific requirements.

# LEVEL II FIELDWORK

#### **Goal of Level II Rotations**

Students will complete a minimum of 24 weeks' full-time level II fieldwork being exposed to a variety of clients across the life span and to a variety of settings. The program will ensure that the fieldwork experience is designed to promote clinical reasoning and reflective practice, to transmit the values and beliefs that enable ethical practice, and to develop professionalism and competence in career responsibilities.

"The goal of Level II fieldwork is to develop competent, entry-level, generalist occupational therapists. Level II fieldwork must be integral to the program's curriculum design and must include an in-depth experience in delivering occupational therapy services to clients, focusing on the application of purposeful and meaningful occupation and research, administration, and management of occupational therapy services" (Standards for an Accredited Educational Program for the Occupational Therapist, American Council for Occupational Therapy Accreditation, December, 2016, Draft 1, p. 42).

#### **Courses and Descriptions**

OTHY 6V51 Level II Fieldwork - Rotation 1

Integration and application of academically acquired knowledge through an in-depth experience in delivering occupational therapy services in traditional and/or emerging service delivery models. Requires a grade of PR/CR for six continuous hours to receive credit for this course. Prerequisite: Successful completion of previous courses in program sequence and approval of graduate faculty.

#### OTHY 6V71 Level II Fieldwork - Rotation 2

Integration and application of academically acquired knowledge through an in-depth experience in delivering occupational therapy services in traditional and/or emerging service delivery models. Requires a grade of PR/CR for six continuous hours to receive credit for this course. Prerequisite: Approval of graduate faculty, successful completion of a total of six hours of Level II Fieldwork Rotation I (OTHY 6V51).

# **Level II Fieldwork Eligibility**

In order to be eligible for enrollment in Level II fieldwork courses, a student must have: 1) completed all required on-campus coursework to date; 2) a cumulative grade point average in the program of 3.0; 3) approval of the faculty; and 4) current health and safety records including site-specific requirements valid throughout the entire fieldwork. Approval of the faculty is based on, but not limited to, the following criteria: acceptable performance as documented on the **Attitude/Behavioral Check Sheet**, and consistent classroom attendance.

**NOTE:** Level II Fieldwork experiences must be completed no later than 12 months following completion of the academic preparation. Failure to complete Level II fieldwork in this time frame may result in repeating some course work in order to assure that the student's knowledge and skills are current.

#### **Level II Fieldwork Dates**

The Level II fieldwork experiences follow the AOTA suggested dates:

See: <u>http://ww</u>	w.aota.org/Education-Ca	<u>reers/Fieldwork/Supervisor.aspx</u>
January and	through March	
March/April	through June	

# **Level II Supervision**

According to ACOTE Standard c.1.13, "supervision is direct and then decreases to less direct supervision as appropriate for the setting, the severity of the client's condition, and the ability of the student to support progression towards entry-level competence (Standards for an Accredited Educational Program for the Occupational Therapist, American Council for Occupational Therapy Accreditation, December, 2016, Draft 1, p. 43). Further, the student will be supervised by a licensed occupational therapist with a minimum of 1 year full-time (or its equivalent) of practice.

# BENEFITS OF FIELDWORK EDUCATION

In addition to the connection between fieldwork sites and the educational program, fieldwork educators and students have opportunities for developing skills. Students may share current theory, research, and evidence. Educators help students learn the essentials to becoming reflective practitioners.

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# **Professional Development Units**

Many licensing and certification agencies such as the National Board for Certification in Occupational Therapy (NBCOT) recognize fieldwork student supervision as professional development. The number of units granted is determined by the agency. Please see <a href="https://www.nbcot.org">www.nbcot.org</a> for more information.

#### **Library Access**

Library access to UCA's Torreyson Library is available to our current fieldwork educators to support evidence-based practice. For more information go to: Resources to Support Practice: Library Agreement.

# **DISCLAIMER**

While the intent of this manual is to provide the most accurate and detailed information, the content is subject to change without notification. Please consult the manual regularly throughout the course of the program.

# **ADDITIONAL RESOURCES**

- Appendix A: Course Sequence
- Appendix B: The Curriculum Model
- Appendix F: Attitude & Behavioral Check Sheet

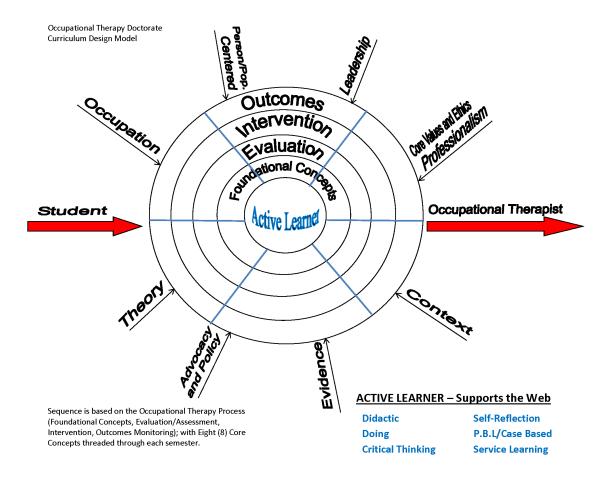
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# **Appendix A: Course Sequence**

	Course Credits	Total Credit Hours
Fall I		17
OTHY 6323 Professional Foundations of Occupational Therapy	3	
OTHY 6324 Art & Science of Occupation	3	
OTHY 6110 Doctoral Seminar I (Service Learning – lab with occupation		
course)	1	
OTHY 6403 Applied Human Anatomy	4	
OTHY 6303 Human Movement and Performance OTHY 6317 Research	3	
JTH1 0317 Research	3	
Spring I		15
OTHY 6404 Occupational Therapy Assessments	4	
OTHY 6326 Conditions Influencing Occupational Performance	3	
OTHY 6120 Doctoral Seminar II (Problem & Solution Based Learning)	T	
OTHY 6355 Applied Neuroscience	3	
OTHY 6307 Theories in Occupational Therapy	3	
OTHY 6102 Level I Fieldwork - Occupational Therapy Process	1	
Summer I		12
OTHY 6112 Level I FW Analysis of Human Occupational Performance	1	12
OTHY 6321 Administration & Management	3	
OTHY 6438 Evaluation and Intervention Planning	4	
OTHY 6190 Formative Competency	1	
OTHY 7317 Applied Research I	3	
Fall II		15
OTHY 6510 Holistic Interventions – Birth to Young Adult	5	15
OTHY 6511 Holistic Interventions – Adult to End of Life	5	
OTHY 7318 Applied Research II	3	
OTHY 6103 Level I Fieldwork – Evaluation & Intervention	1	
OTHY 6104 Level II Fieldwork Seminar	1	
Spring II		7
OTHY 6V51* Level II Fieldwork – Rotation I	6	
OTHY 6V71** Level II Fieldwork – Rotation II	1	
Summer II		11
OTHY 6V71** Level II Fieldwork – Rotation II (continues – usually through 3rd week in	_	
OTHY 6309 Population and Community Based Programming	5	
OTHY 7319 Applied Research III	3	
	,	
Fall III	1040	12
OTHY 7311 Leadership & Communication in Healthcare	3	
OTHY 6310 Occupational Therapist as an Educator OTHY 7320 Contemporary Issues and Advocacy in Occupational Therapy	3	
OTHY 7310 Doctoral Seminar III – Planning & Development	3	
51111 7510 Boctoral Schima III Training & Bevelopment	,	
Spring III		15
OTHY 7330 Occupational Therapy Practice for Children, Youth and		
Families		
4 wk block with 8 hrs lec/8 hrs lab per week) DTHY 7340 Occupational Therapy in Rehabilitation and Disability	3	
4 wk block with 8 hrs lec/8 hrs lab per week)	3	
OTHY 7360 Advanced Occupational Therapy Practice in Mental Health		
4 wk block with 8 hrs lec/8 hrs lab per week) OTHY 7220 Doctoral Seminar IV — Transition to Practice	3	
OTHY 7V50*** Doctoral Residency	2 4	
Jiii , , 50 Bottoful Residency	-	
Summer III		8
OTHY 7V50** Doctoral Residency (3 <sup>rd</sup> week in April through 1 <sup>st</sup> week in		
August) *A combination of OTHY 6151, 6251, 6351, 6451, 6551, or 6651 for a total of 6 hrs.	8	
	200 7/1	
**A combination of OTHY 6171, 6271, 6371, 6471 or 6571 for a total of 6 hrs. Courses must be con	npleted over the	
spring (typically 6171) and summer terms (typically a combination of 6271 and 6371).  ***A combination of OTHY 7150, 7250, 7350, 7450, 7550, 7650, 7750, or 7850 for a total of 12 hrs		

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# **Appendix B: The Curriculum Model**



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