Hello fellow UCA OT Bear Alumni and friends! I am excited to share this edition of the Bears All Newsletter that highlights the Department of Occupational Therapy’s accomplishments and events from 2016.

Thank you students, faculty, alums, and friends who attended the UCA OT Alumni/AROTA conference *Occupational Therapy: Gaining Altitude*. This conference featured the first annual Marian Ross Lectureship named after the founding chair of our department. Dr. Robin Bowen, the 2016 recipient of the award inspired the attendees with her lecture. Thrilled to make this lectureship an annual event, we are even more excited to tell you that Dr. Ken Ottenbacher is this year’s recipient. Dr. Ottenbacher is the Russell Shearn Moody Distinguished Chair in Neurological Rehabilitation, Professor and Director of the Division of Rehabilitation Sciences, and Director for the Center for Recovery, Physical Activity, and Nutrition at the University of Texas Medical Branch. Among his many notable accomplishments, Dr. Ottenbacher was in the first graduating occupational therapy class at UCA under the leadership of Marian Ross. I couldn’t think of a better recipient for this award as our profession celebrates its centennial birthday! The conference featuring Dr. Ottenbacher is scheduled for October 6, 2017 on the campus of UCA.

The program’s achievements in 2016 hold true to our department’s theme “advancing education and practice.” Two of our UCA family members were named among 100 influential people in occupational therapy by the American Occupational Therapy Association. We congratulate Dr. Letha Mosley, current faculty member and Dr. Ken Ottenbacher, UCA OT alumni for being recognized for their contributions to education, scholarship, and service to occupational therapy.

The opening of the Nabholz Center for Simulation located in Doyne Health Science Center was a highlight of 2016. This center is one component of the College of Health and Behavioral Sciences Institute for Wellness and Restorative Health. It provides opportunities for students to practice skills learned in the classroom and undergo assessment on low to high fidelity simulation bodies. The Institute’s interprofessional clinic afforded opportunities for occupational therapy
students to learn alongside speech language pathology students while working with children who have Autism Spectrum Disorder. Our program looks forward to the addition of more opportunities in the interprofessional clinic.

As you will see in the newsletter, our faculty and students were productive in scholarship resulting in international, national, and local publications, grants, and presentations. Congratulations to Drs. Elizabeth LeQuieu and Veronica Rowe on completion of their terminal degrees.

Faculty and students were engaged in the community providing countless hours of service to many individuals, families, communities, and organizations. I encourage you to check out the newsletter for the examples of the incredible service our faculty and students provided.

The Doctor of Occupational Therapy program was granted Candidacy Status through the Accreditation Council for Occupational Therapy Education (ACOTE) meaning we can admit students into the (entry-level) program beginning this fall. This 3 year program will continue to educate graduates to be generalists, with emphasis on leadership, advocacy, advanced practice, and research. Students will also participate in a doctoral residency program in addition to Level II fieldwork. We look forward to seeing what our students will do for those our profession serves!

Enjoy the Bears All Newsletter!

We invite you to visit our website throughout the year at www.uca.edu/ot.

Once a Bear, Always a Bear!

Elizabeth LeQuieu, PhD, OTR/L received her PhD in Interdisciplinary Leadership.

She represented the Department of Occupational Therapy through participation in the Interdisciplinary Continuing Education Workshops on Simulation Education provided by the National League for Nursing. The workshops included: Foundations of Simulation Pedagogy, Debriefing, and Curriculum Integration.

Dr. LeQuieu and Mrs. Saviers presented a poster describing their longitudinal study of communication during level II fieldwork at the annual AOTA Conference in Chicago and the UCA OT Fall Conference in Conway.

Dr. LeQuieu was invited to join the American Occupational Therapy Association Scholarship of Teaching and Learning (SoTL) Program as a mentor. She is both honored and excited to be mentoring a SoTL inquiry group. Her role will begin in March 2017. She will be joining another UCA OT faculty, Dr. Lorrie George-Paschal who is a member of the SoTL Leadership Team.
Veronica Rowe, PhD, OTR/L gave an invited presentation “Occupational Therapy in Stroke Rehabilitation” and demonstration to physicians and staff at Shenzhen Seventh People's Hospital in the Yantian district in Shenzhen, China on June 20, 2016.

This endeavor was in conjunction with an international neurological rehabilitation team striving to improve rehabilitation efforts in areas of China with limited resources for rehabilitation. In addition, Dr. Rowe gave a webinar through WeChat to over 2,250 therapists, physicians, and other rehabilitation staff in China on October 13, 2016 on Constraint Induced Movement Therapy (CIMT) in Stroke Rehabilitation.

Brittany Saviers, M.S., OTR/L In addition to continuing doctoral studies at Nova Southeastern University, Mrs. Saviers remained actively involved in scholarship by disseminating 3 co-authored peer-reviewed presentations at the AOTA Conference in Chicago, IL and 2 co-authored professional presentations at the UCA OT/AROTA Fall Conference.

The Arkansas Council for Women in Higher Education recently awarded Mrs. Saviers a scholarship recognizing outstanding women in higher education who are in pursuit of an advanced degree.

Mrs. Saviers continued to bridge the classroom and community by spearheading 8 student-led advocacy projects and engagement in numerous community service activities. Continuing her active participation in service, Mrs. Saviers joined the Arkansas Workgroup of Pediatric Health Professions to ensure access and quality of services for children/adults with special needs.

Lorrie George-Paschal, PhD, OTR/L, ATP, has continued her research related to two instruments based on the theory of Occupational Adaptation, one to facilitate practice [the Occupational Adaptation Practice Guide (OAPG)] and the second to measure changes in clients’ relative mastery [Relative Mastery Measurement Scale]. Research evaluating the feasibility of the OAPG will be published this year in the British Journal of Occupational Therapy (Boone & George-Paschal, 2017). The new instrument was presented in a peer-reviewed poster session at AOTA in Chicago, IL.

Since 2015, Dr. Paschal has been facilitating a mentoring program with adolescents assigned to the Faulkner County Juvenile Drug Court based on the theory of Occupational Adaptation. She supervises and mentors service-learning and Level I Fieldwork students. A manuscript based on data collected in 2015 will be submitted for publication this summer, “Faulkner County Juvenile Drug Court Mentoring program based on Occupational Adaptation: A circle of benefits”. 
In addition to this research, Dr. Paschal has also continued collaborating with faculty from across the College of Health and Behavioral Sciences (CHBS) to evaluate the efficacy of our Interprofessional Forum. She is currently collaborating with these Leah Lowe and Duston Morris to conduct a research study using an observation method called a Sociogram to measure interactions of students working in small case-based groups.

Together with Amy Hawkins and Lesley Graybeal, she has conducted research and submitted a manuscript related to the evaluation of UCA’s Service-Learning Initiative, “Investigating the overlapping impacts of service learning: Juxtaposing perspective of students, faculty, and community partners.”

Letha J. Mosley, PhD, OTR/L, FAOTA, initiated a collaboration with Dr. Chad Lairamore (PT) and Dr. Michael Gallagher (EXSS) to develop an interprofessional education service learning opportunity for students in the occupational therapy, physical therapy, and exercise and sport science programs. The assignment was incorporated into the OT Holistic Interventions Adult to End of Life course. After working together, the students provided services to 28 facilities, meeting the needs of 245 older adult participants.

Dr. Mosley worked with the American Occupational Therapy Foundation (AOTF) on a national committee to develop the Dr. Lela Llorens Endowment Fund. The goal of the committee was to secure $25,000 in funds. Thanks to the support from across the United States the committee far exceeded that goal and raised over $36,000 dollars. The fund will provide an annual scholarship through the AOTF.

Dr. Mosley worked with three student research groups in 2016, of which proposal from “Practical Application of the Occupational Therapy Practice Framework to Observed Performance on the Four Step Square Test to Determine Falls Efficacy” and “Use of a Driving Simulator for Community Mobility: Effects of Noninvasive Methods to Address Simulator Adaptation Syndrome in Adult Drivers” were accepted and will be presented at the conference in the spring.

In collaboration with the University of Central Arkansas Department of Occupational Therapy & Student Caucus for Diversity in Occupational Therapy, Dr. Mosley helped implement the first Pancreatic Cancer Awareness Campaign. The groups participated in a number of awareness activities as well as fundraisers to help establish a scholarship fund through the UCA Foundation, efforts are still continuing towards establishing the scholarship fund. Activities included Purple Passion: Pancreatic Cancer Awareness Day, Kiss my Pancreas – Zumba Style, Painting with a Purpose – Pancreatic Cancer Awareness and Scholarship Fundraiser, and Purple Passion against Pancreatic Cancer Day.

Tina A. Mankey, Ed.D., OTR/L, supervised programs such as Arkansas Promise UCA Summer Camp, UCA Challenge (Media Monsters), and Camp Compassion. Through these camps, students provided educational sessions to either children with disabilities, 4th-6th grade students, or teenagers with disabilities. Dr. Mankey also
supervised Through Their Lens, a photography show sharing the work of the residents at CHDC.

Dr. Mankey continues to advocate for the involvement of occupational therapy services in transition services within the school system. She works diligently with the AR Transition Services and the American Occupational Therapy Association Transition Task Group to help build capacity in transition services. In addition, Dr. Mankey is a core team member of the Arkansas Intensive Team with the National Technical Assistance Center in Transition (NTACT) who are specifically working to improve transition efforts in Arkansas. Additionally, Dr. Mankey’s work with Lacie Canizares, Caitlin Krehel, and Stephanie Warner is under review for publication in the *Journal of International Special Needs Education*. The article is entitled, *Voices of Transition Planning Teams: Role and Involvement of Occupational Therapy as a Related Service*.

Dr. Mankey continues to provide students with interprofessional education (IPE) opportunities through her work with the Leadership Education in Neurodevelopmental Disabilities (LEND) program. The LEND program was funded for an additional 5 years in 2016 so Dr. Mankey will continue to serve as the OT LEND Faculty. She, along with Dr. Janet Filer from Special Education and Dr. Margaret McGee from Physical Therapy, submitted an article, *Students Learning Together Using a Solution-Focused Approach* to the American Occupational Therapy Association Education SIS Quarterly, to share how the program uses Solution Focused Learning with the interprofessional students in the program. Dr. Filer and Dr. Mankey also presented on the LEND program at the Division of Exceptional Children’s 32nd Annual International Conference on Young Children with Special Needs and Their Families in Louisville, KY. Lastly, Dr. Mankey was a co-presenter at the Interprofessional Education (IPE) Summer Institute: Hands-On Problem-Based Learning in the Differential Diagnosis of Neurodevelopmental Disabilities in Children at the University of Arkansas Medical Sciences in Little Rock, AR. At the 2016 American Occupational Therapy Association annual conference, Dr. Mankey and Mrs. Brittany Saviers presented a 2 hour poster session, *Parents Voices: What OT’s Can Learn*. She also presented a poster session with Monica Beard-Raymond, OTR/L entitled, *Lived Experiences of Families: Outcomes of Participation in an Interprofessional Education Program*.

Dr. Mankey and Cody Stoops, OTR/L were accepted for poster presentation at the 2017 American Occupational Therapy Association annual conference in Philadelphia. The poster will share how an OT summer program can promote the health and wellness with elementary students.

Dr. Mankey serves as a reviewer for the Journal of Occupational Therapy Education (JOTE) and the American Journal of Occupational Therapy (AJOT). She is also a reviewer for the American Occupational Therapy Association EK Wise Scholarship.

The Department of Occupational Therapy experienced some faculty changes in 2016. We would like to send best wishes to Dr. Cathy Acre who retired from the department after 28 years of service. Dr. Marc Willey accepted another teaching position and we wish him well in his future endeavors.
## Graduate Assistants 2016

<table>
<thead>
<tr>
<th>Annemarie Beck- Dr. Mankey</th>
<th>Jaci Covington- Dr. Rowe</th>
<th>Matthew Lacy- Dr. Stearns</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kerrie Bollinger- Dr. Stearns</td>
<td>Madeline Eckart- Dr. LeQuieu</td>
<td>Lindsey Roe- Dr. Moore</td>
</tr>
<tr>
<td>Savannah Chandler- Dr. Stearns</td>
<td>Mackenzie Hutchison- Dr. Traywick</td>
<td>Jennifer Speaks- Dr. Mosley</td>
</tr>
<tr>
<td>Chelsea Coffelt- Mrs. Saivers</td>
<td>Taylor Johnson- Dr. Stearns</td>
<td>Lauren Tannahill- Dr. Paschal</td>
</tr>
</tbody>
</table>

### Savannah Chandler
**Fun fact about you?**
I was born at the house my mom still lives in in Bentonville.  
**Where are you from?** Bentonville, AR.  
**Where are you currently doing fieldwork?** UAMS acute care  
**Where do you want to work/end up?** Northwest Arkansas possibly working with individuals diagnosed with a spinal cord injury!

### Matthew Lacy
**Fun fact about you?**  
Bluegrass music enthusiast and I really enjoy playing the mandolin.  
**Where are you from?** Heber Springs, AR  
**Where are you currently doing fieldwork?** Sense-Able Kidz Pediatric clinic  
**Where do you want to work/end up?** I would like to stay in Arkansas, but outside of that I am up for anything!

### Chelsea Coffelt
**Fun fact about you?**  
Big penny pincher and always looking for the best deal  
**Where are you from?** Rogers, AR  
**Where are you currently doing fieldwork?** UAMS Psychiatric Research Institute  
**Where do you want to work/end up?** I have no preference at the moment!

### Lindsey Roe
**Fun fact about you?**  
Climbed part of the Great Wall of China  
**Where are you from?** Fayetteville, AR  
**Where are you currently doing fieldwork?** Arkansas Children’s Hospital  
**Where do you want to work/end up?** I am very open minded, there is still so much to see and experience about OT!
Welcome Class of 2018

Kerissa Accetta
Brittany Barré
Melissa Barrios
Alyssa Beaver
CaLynn Blacklock
Emily Burgess
Blakelee Bonham
Rachel Campbell
Ethen Cavanaugh
Deborah Coltharp
April Davis
Tara Dyer
Perri Evans
Olivia Futrell
Madelynn Gates
Morganne Gillespie
Bria Griffin
Sam Griffith
Mallory Halverson
Claire Harness
Lindsay Hobson
Lyndsey Hunt
Brooke Jernigan
Kyle Jones
Brady McCombs
Logan McDaniels
Molly McGehee
Lindsey Mooney
Logan Myers
Hayley Overbay
Libby Palese
Reagan Parsons
Stephanie Pearson
Shannon Perry
Samantha Phillips
Kelsey Pope
Ladd Rodgers
Corrie Rowe
Erin Spence
Kristen Steinsiek
Christie Stone
Brittany Taylor
Robbie Walker
Scarlett Warren
Laiken Wilbanks
Jacinda Witt
Olivia Youngblood

7 | Page
Over 200 occupational therapy practitioners, students, colleagues of occupational therapy and vendors participated in the Occupational Therapy Gaining Altitude Fall Conference!

Little Rock native, Ms. Charlotte Strickland was featured as the conference’s keynote speaker. Ms. Strickland earned a Business degree from the University of Central Arkansas and a Master’s degree in Higher Education from the University of South Carolina. For thirty years Ms. Strickland has worked in higher education coordinating Orientation, Ethics and Leadership academic courses, Greek training, and Leadership training seminars.

The conference included two poster sessions. These were dynamic sessions incorporating the familiar aspects of a traditional poster presentation along with different intervention programming presentations from occupational therapy practitioners. Through the poster presentations, attendees had the opportunity to review research and learn about innovative practice and programming from practitioners, educators, and students.

The highlight of the day was the Marian Ross Lectureship. The inaugural Marian Ross Lectureship was delivered by Dr. Robin Bowen, President of Arkansas Tech University. Dr. Bowen received her Doctor of Education degree with an emphasis in higher education administration from Texas Tech University. She also holds a Master of Education degree in rehabilitation counseling from the University of Arkansas and a Bachelor of Science degree in occupational therapy from the University of Kansas. Dr. Bowen is the first female president of a public, four-year university in Arkansas. This past year she was named one of AY Magazine’s Most Powerful Women and received the Arkansas Traveler certificate from the State of Arkansas. Dr. Bowen is a board member for the Russellville Area Chamber of Commerce, the Arkansas River Valley Alliance for Economic Development and the Arkansas State Chamber of Commerce. Dr. Bowen is passionate about advancing education, at all levels, and enhancing economic development in the great state of Arkansas.

The lectureship was established in honor of its namesake, Mrs. Marian Ross, and her accomplishments for the profession of occupational therapy in the state of Arkansas. Mrs. Ross was not only the founding UCA occupational therapy department chair in 1970, but was also the first African American to serve as a chairperson at UCA. Her extensive contributions include serving as Chief of Occupational Therapy at several facilities in Arkansas and Ohio from 1957 to 1991. She was commended by the both American Occupational Therapy Association and the American Medical Association for her work to establish and maintain accreditation for the UCA OT program. Her strong leadership and commitment resounds throughout the educational framework that is still being used to educate the state’s future practitioners to this day.

This conference was co-sponsored with the Arkansas Occupational Therapy Association (AROTA). The UCA OT program was grateful for the collaboration and thank AROTA for their support and contribution to this event.
LaVona S. Traywick, PhD, joined the occupational therapy department faculty in 2016. Being an alumnus of UCA, she is pleased to be an assistant professor in the OT Department. Prior to coming to UCA, Dr. Traywick worked for the University Of Arkansas Division of Agriculture.

She has been working with senior adults for over 20 years. Her past work has included aging in place with home modifications and universal design, lay volunteer leadership development, and exercise adaptations for adults with disabilities and senior adults.

Currently, Dr. Traywick is engaged in gerontological literacy working to educate youth and young adults on the differences between normal aging and disease.

She is an active member and past-president of the Southern Gerontological Society and currently serves on the board of ICAN.

Dr. Traywick has been married for 16 years to her college sweetheart. They have two children, both boys who are 12 and 8. She comes from a large family as she is the second of 4 children and has 9 nieces and nephews, 1 deceased, and 5 great nieces and nephews.

In her free time, Dr. Traywick enjoys reading, sewing, crocheting, wood working, oil painting, ringing handbells, playing the piano and violin, and riding her bike; you will even see her riding her bicycle to work.

Education
1998 University of Central Arkansas, Conway, AR
Bachelor of Science in Health Science
2000 University of Arkansas at Little Rock, Little Rock, AR
Graduate Certificate in Applied Gerontology
2000 University of Arkansas at Little Rock, Little Rock, AR
Masters of Arts in Gerontology
2006 University of Kentucky, Lexington, KY
Graduate Certificate in Medical Behavioral Sciences
2006 University of Kentucky, Lexington, KY
Doctorate—Gerontology

Research Interest
Gerontological Literacy, Lay-Volunteer Impact on Community Health, Exercise Retention post Intervention
Tracey Zeiner, OTR/L and Nibs her canine companion joined the occupational therapy department faculty during the fall.

Nibs is a 5 year old Labrador/Golden Retriever crossbreed that was bred, raised, and trained to be a service dog by Canine Companions for Independence. She was born in California and moved to Florida at 8 weeks to be raised by a volunteer puppy raiser. At approximately 15 months of age, Nibs moved to the advanced training center in Orlando, Florida for 6-9 months of continued training.

There she learned to perform over 40 commands, including opening doors, retrieving dropped items, and “visiting” clients by placing her head on their laps. During the 2-week participant training, Nibs was matched with Tracey Zeiner, OTR/L. Mrs. Zeiner graduated with Nibs on Valentine’s Day 2014, and Nibs made her new home in Arkansas where she has worked with adults with developmental disabilities.

Nibs has given therapy a whole new dimension. She has helped motivate her clients to exercise, provided activities related to cognition, motor control, sensory processing, and more. The great part about her is she makes therapy fun and exciting.

Students not only in the occupational therapy department but campus wide have gotten the opportunity to interact with Nibs.

Did you know pets can:

• Decrease blood pressure?
• Lessen stress & anxiety?
• Decrease feelings of loneliness?
• Improve socialization?
• Decrease heart rate?
• Improve heart health?
• Improve attention?
• Improve oxygen saturation?
• Improve physical activity by motivating you to be active?
• Decrease pain?
• Improve quality of life?

Nibs loves treats, especially carrots, and is excited to become a part of the UCA Occupational Therapy Program!

Tracey Zeiner, OTR/L graduated from UCA in 1991 with a BS in occupational therapy. She has worked in a variety of settings with the majority of her experience being in geriatrics. She received her certification as an Aging-in-Place Specialist in 2009 and continues to enjoy working with clients in their home environment. For the past five years, her focus has been on adults with intellectual/developmental disabilities. It was during this time that she became interested in animal assisted therapy and received training as a facility dog handler through Canine Companions for Independence (CCI). She brings to UCA her CCI Facility Dog Nibs to enhance the educational experience of the occupational therapy students. She is pursuing research in this area as well.

In addition to her practice, she has been an active fieldwork educator for 20 years. Enjoying the enthusiasm and energy that comes from students is one reason she decided to pursue academia as a career. Mrs. Zeiner will earn her doctorate degree from Quinnipiac University in May, 2017.
Each year the Cynthia B. Cole Outstanding Fieldwork Educator Award is given to a practitioner who has demonstrated outstanding performance as an occupational therapist and fieldwork educator. Nominees for 2016 included practitioners, David Bise, Stephanie Huskey-Smith, Adam Wilkerson, and James Saviers. The award was presented to Adam Wilkerson. Adam received his Master of Science in Occupational Therapy from the University of Central Arkansas in 2011.

He has practiced for 5 years in pediatrics and has received specializations in autism and sensory integration. For 3 years Adam has served as a Fieldwork Educator and says he became a Fieldwork Educator because he “had great therapists influence (him) while (he) attended school and wanted to return the favor and see people grow. Teaching is a great tool to keep your skill set sharp.”

Adam’s advice to Level II students and new graduates is to “spend time reading and researching... to gain as much knowledge as possible to apply after graduation. When you graduate it is solely your responsibility to teach yourself and grow your skills. Above all, choosing a work environment where you are passionate can, and will, help you to impact clients and families daily.” He also discussed his goals as a fieldwork educator by saying, “I strive to push the student to feel as if they are ready to independently carry a caseload and work in the field of pediatric occupational therapy.”

For new Fieldwork Educators or occupational therapists thinking about becoming a Fieldwork Educator, Adam “suggests getting to know each student and being able to teach them at his or her own pace. Provide them with challenges to help them build their skills and confidence. (He) enjoys the challenge in teaching people in whatever way works best for them. (He) wants the student to feel challenged and learn what it means to become adaptable and work in any scenario as an occupational therapist.”

Thank you Adam and all our fieldwork educators for all you do!
<table>
<thead>
<tr>
<th>Academy at Riverdale</th>
<th>Delta Regional Medical Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allied Therapy</td>
<td>Easter Seals Arkansas CRC</td>
</tr>
<tr>
<td>Arkansas Children's Hospital</td>
<td>Easter Seals Arkansas Outpatient</td>
</tr>
<tr>
<td>Arkansas Lymphedema and Therapy Providers</td>
<td>Easter Seals East Texas (Temple Memorial Rehab)</td>
</tr>
<tr>
<td>Arkansas Specialty Orthopedics</td>
<td>Francis Allen School</td>
</tr>
<tr>
<td>Ascent Children's Health Services - Jonesboro</td>
<td>Friendship Community Care - Benton Adult Development</td>
</tr>
<tr>
<td>Ascent Children's Health Services - NLR</td>
<td>Friendship Pediatric Services - Bryant</td>
</tr>
<tr>
<td>Baltimore City Public Schools</td>
<td>Friendship Pediatric Services - Russellville</td>
</tr>
<tr>
<td>Baptist Health Medical Center - LR</td>
<td>Good Samaritan Mountain Home (McFall Therapy, Inc.)</td>
</tr>
<tr>
<td>Baptist Health Medical Center - Psychosocial</td>
<td>Gregory Kistler Treatment</td>
</tr>
<tr>
<td>Baptist Health Rehab Institute</td>
<td>Hands-On Therapy</td>
</tr>
<tr>
<td>Baptist Health Therapy Center - Arkadelphia</td>
<td>HealthSouth Rehab Hospital - Fayetteville</td>
</tr>
<tr>
<td>Baptist Health Therapy Center - Cabot</td>
<td>HealthSouth Rehab Hospital - Jonesboro</td>
</tr>
<tr>
<td>Baptist Memorial Hospital - Desoto</td>
<td>HealthSouth Rehab Hospital - Texarkana</td>
</tr>
<tr>
<td>Batesville Therapy Clinic</td>
<td>Helping Hand Children's Center</td>
</tr>
<tr>
<td>Baylor Institute for Rehab</td>
<td>Hutto Therapy Services</td>
</tr>
<tr>
<td>Baylor Medical Center</td>
<td>Incite Rehab - Greenbrier Nursing &amp; Rehab</td>
</tr>
<tr>
<td>Baylor University Medical Center</td>
<td>Incite Rehab - Heritage Living Center</td>
</tr>
<tr>
<td>Bentonville Public Schools</td>
<td>Incite Rehab - Jamestown Nursing &amp; Rehabilitation</td>
</tr>
<tr>
<td>Bentonville Public Schools</td>
<td>Incite Rehab - Russellville Nursing &amp; Rehabilitation</td>
</tr>
<tr>
<td>Central Arkansas Veteran's Health Care System</td>
<td>Incite Rehab - Shiloh Health &amp; Rehabilitation</td>
</tr>
<tr>
<td>Children's Hospital of New Orleans</td>
<td>In-Sync Pediatric Therapy Center</td>
</tr>
<tr>
<td>Children's Therapy T.E.A.M.</td>
<td>Jarvis Pediatric Therapy</td>
</tr>
<tr>
<td>Christus St. Michael Rehab Hospital</td>
<td>Jones Physical Therapy &amp; Sports Medicine</td>
</tr>
<tr>
<td>Christus Trinity Mother Frances Healthcare System</td>
<td>Kadlec Regional Medical Center</td>
</tr>
<tr>
<td>CME, Inc. - Johnson, Jocelyn</td>
<td>Kids First - Little Rock</td>
</tr>
<tr>
<td>Conway Regional Rehab Hospital</td>
<td>Kids First - Searcy</td>
</tr>
<tr>
<td>Conway Regional Therapy Fitness Center - Salem</td>
<td>Kids First - Morrilton</td>
</tr>
<tr>
<td>Cox Health - Call</td>
<td>KidSource Therapy Services</td>
</tr>
<tr>
<td>Cross Therapy Services</td>
<td>Kidz Kan</td>
</tr>
<tr>
<td></td>
<td>Lakeside School District</td>
</tr>
<tr>
<td></td>
<td>Lonoke Exceptional Development Center</td>
</tr>
<tr>
<td></td>
<td>McMaster Physical Therapy</td>
</tr>
<tr>
<td></td>
<td>Memorial Hermann - Houston, TX</td>
</tr>
<tr>
<td></td>
<td>Mercy Hospital - Rogers</td>
</tr>
<tr>
<td></td>
<td>Mercy Hospital - Springfield</td>
</tr>
<tr>
<td></td>
<td>Miracle Kids Success Academy</td>
</tr>
<tr>
<td></td>
<td>Neurorestorative Timber Ridge</td>
</tr>
<tr>
<td></td>
<td>NHC Hillview- Tennessee</td>
</tr>
<tr>
<td></td>
<td>On Site Therapies</td>
</tr>
<tr>
<td></td>
<td>OrthoArkansas</td>
</tr>
<tr>
<td></td>
<td>Ozark Health Medical Center</td>
</tr>
<tr>
<td></td>
<td>Pathfinder Academy</td>
</tr>
<tr>
<td></td>
<td>Pathfinder Pickens Workshop</td>
</tr>
<tr>
<td></td>
<td>Pathfinder Preschool</td>
</tr>
<tr>
<td></td>
<td>Pediatrics Plus Therapy Services - Conway</td>
</tr>
<tr>
<td></td>
<td>Pediatrics Plus Therapy Services - Little Rock</td>
</tr>
<tr>
<td></td>
<td>Pediatrics Plus Therapy Services - North Little Rock</td>
</tr>
<tr>
<td></td>
<td>Saline Memorial Hospital</td>
</tr>
<tr>
<td></td>
<td>St. Mary's Rehab</td>
</tr>
<tr>
<td></td>
<td>St. Vincent - Morrilton</td>
</tr>
<tr>
<td></td>
<td>St. Vincent Rehab Hospital - Sherwood</td>
</tr>
<tr>
<td></td>
<td>Sunshine School &amp; Development Center</td>
</tr>
<tr>
<td></td>
<td>Therapy 4 Kids</td>
</tr>
<tr>
<td></td>
<td>Therapy Providers of Arkansas-St. Bernard's OP</td>
</tr>
<tr>
<td></td>
<td>Therapy W. O.R.K.S</td>
</tr>
<tr>
<td></td>
<td>UAMS - Psychiatric Research Institute</td>
</tr>
<tr>
<td></td>
<td>UAMS Medical Center</td>
</tr>
<tr>
<td></td>
<td>Vilonia School District</td>
</tr>
<tr>
<td></td>
<td>Washington Regional Medical Center</td>
</tr>
<tr>
<td></td>
<td>West Florida Hospital</td>
</tr>
<tr>
<td></td>
<td>Wood-Lawn Heights (RehabCare)</td>
</tr>
</tbody>
</table>
In the Fall of 2016, students from the class of 2018 developed research proposals to be presented and receive feedback at the Research Symposium sponsored by the College of Health and Behavioral Sciences in preparation for data collection scheduled to begin this summer. The event will take place on April 25, 2017 in the Student Center from 1:30-3:00. This summer all students will take part in an oral dissemination to present their findings. Students were mentored by course instructors Drs. Paschal, Mankey, and Traywick.

### Research Projects

- **Roles of Occupational Therapists in the School-Based Setting** by researchers Logan Myers, Erin Spence, Brooke Jernigan, and Blakelee Bonham
- **Family-Centered Practice in Early Intervention: Parent and Occupational Therapy Practitioner Perceptions** by researchers Jacinda Witt, Melissa Barrios, Deborah Coltharp, and Mallory Halverson
- **Veterans Transitions into Civilian Life** by researchers Robbie Walker, April Davis, Hayley Overbay, and Olivia Youngblood
- **Predictive Validity of the Purdue Pegboard Test for Functional Fine Motor Skills in Older Adults** by researchers Kristen Steinsiek, Molly McGehee, and Alyssa Beaver
- **Home Activities with Older Adults** by researchers Madelynn Gates, Morganne Gillespie, Samantha Phillips, and Perri Evans
- **Parents’ Opinions, Experiences and Satisfaction with Complementary and Alternative Medicine (CAM) for Children with Autism** by researchers Brady McCombs, Rachel Campbell, Lyndsey Hunt, and Kelsey Pope
- **A Comparison of Time Use by Adolescents Inside and Outside the Juvenile Justice System** by researchers Scarlett Warren, Brittany Taylor, Stephanie Pearson, and Sam Griffith
- **Effects of Animal-Assisted Therapy on Children with Autism** by researchers Lindsay Hobson, Ethen Cavanaugh, Christie Stone, and Bria Griffin
- **Mirror Therapy for Stroke Rehabilitation: Protocol Exploration** by researchers Libby Palese, Laiken Wilbanks, Emily Burgess, and Shannon Perry
- **Use of Complementary and Alternative Medicine in Occupational Therapists in the United States** by researchers Logan McDaniels, Reagan Parsons, Lindsey Mooney, and Lee Rodgers
- **A Review of Leisure Satisfaction and Barriers to Participation in Leisure Activity by Community Dwelling Older Adults** by researchers Tara Dyer, Claire Harness, Kyle Jones, and Olivia Futrell
- **Knowledge and Utilization of an On-board iPhone Accessibility Features for Visual Impairments Among Older Adults** by researchers Corrie Rowe, Kerissa Accetta, CaLynn Blacklock, and Brittany Barré
Lindsay Hobson, OTS, is broadening her knowledge outside the classroom by participating in independent research. Before entering occupational therapy school Lindsay conducted an independent research study with one of her previous psychology professors, Dr. Sobel.

They were one of five researchers from 9 states accepted to orally present in the undergraduate research competition conference in Dallas, TX. It was a regional competition hosted by the Southwestern Psychological Association. Lindsay placed 2nd in the competition and received the 2015-16 Spring Undergraduate Research Grant from the Psi Chi Grants Committee and Board of Directors of $1,500 as well as the SWPA Regional Travel Grant. The organization only funds about 8 proposals across the whole country, making this a tremendous achievement.

Lindsay mentioned, a lot of hard work goes in to research, but she couldn’t have done it without her mentor Dr. Sobel. She expresses her gratitude for him taking her under his wing and thanks him for expanding her love for research.

Research is much needed in the field of occupational therapy and Lindsay sees that. Being evidence based and client centered are two motivations for her when moving forward with her occupational therapy career.

When asked where she would like to go from here Lindsay stated, “I am about to start another independent research project for the Leadership Education in Neurodevelopment Disabilities (LEND) program. It is something I hope to continue to do as a practitioner.”
**Student Organizations**

**STUDENT OCCUPATIONAL THERAPY ASSOCIATION**

**Community Involvement**
- Backpack Awareness Day
- Tacos4Life Mobile Pack
- AOTA Conference

SOTA Officers 2016: Jaci Covington, Chandler McGuire, Lindsey Roe, Cindy George, Chelsea Coffelt, Melissa Mortimore, and Emily Ratcliff

SOTA members: participating in Tacos4Life Mobile Pack for Community outreach

**Pi THETA EPSILON**

**Community Involvement**
- Ronald McDonald Drive
- St. Catherine’s Challenge
- Occupation of the Month

PTE Officers 2016: Hanna Qedan, Savannah Chandler, Taylor Lichty, and Alyssa Bradley

PTE members participating in the “occupation of the month” by hiking.

**STUDENT CAUCUS FOR DIVERSITY IN OCCUPATIONAL THERAPY**

**Community Involvement**
- Fall Prevention Booth
- Kiss my Pancreas Zumba
- Pancreatic Cancer Month

SCDOT Officers 2016: Jennifer Speaks, Taylor Johnson, Annemarie Beck, Elana Hillbrand, Lindsey Butler, and Karina Mashburn

SCDOT members and faculty participate in “Kiss my Pancreas Zumba” to raise awareness for pancreatic cancer
The occupational therapy department offers a multitude of programs to promote community engagement. Throughout 2016 as part of service learning, fieldwork, or volunteer work students and faculty were active in the community.

**SERVICE LEARNING**
A unique form of community engagement that challenges our students to push the borders of the classroom across the entire community.

Students gain new experiences and grow when out in the community. One student mentioned “I learned the importance of letting the kids see all of my quirks so that they could be comfortable being themselves - they just taught me not to take life so seriously and find reasons to laugh and smile all day.”

**NEIGHBORHOOD BLOCK PARTY**
On Saturday August 27, 2016 twenty energetic OT students joined Mrs. Saviers at the Arkansas Down Syndrome Association’s annual Neighborhood Block Party at Camp Aldersgate. The students ensured the fun of approximately 200 kids, adults, families, and community members as they engaged them in a variety of games, selfies, face painting, and merry-go-round rides. The department is very proud of how these students represented OT and UCA through service!

**BACKPACK AWARENESS DAY**
Students visited Conway Junior High for national Backpack Awareness Day. They shared helpful tips and knowledge with students on how to take preventive measures against back injury. The picture above was featured in the November 7, 2016 American Occupational Therapy Association OT Practice! The Occupational Therapy Department applauds our students for being active in the community.

**HEALTH FAIR AND FIESTA**
Through partnership with the Office of Diversity and others who organized the UCA Amigo Cup Health Fair and Fiesta, a team of occupational therapy students were able to advocate stress-management strategies to the many visitors. Olivia Youngblood, Hannah King, Tara Dyer, Sarah McDougall, Annemarie Beck, and Lindsey Roe promoted activities such as adult coloring, regular exercise, spending time outdoors, and engaging in self-relaxation techniques (such as tai chi or yoga) in order to lower anxiety levels and chances of developing chronic conditions. The OT students came prepared with color-your-own postcards and information about the OT program at UCA for unfamiliar visitors. “Stress affects people of all demographics: the goal of our involvement with this health fair was to promote leading a healthy, balanced lifestyle in order to combat stress through everyday activities.” (Lindsey Roe). A few of the OT students had backgrounds studying Spanish and were able to engage directly with the Latino population present. The experience was meaningful and enjoyable for all who attended and volunteered!

**UCA OCCUPATIONAL THERAPY AND ArkSTART**
The talented Mr. Brad Stiltner, Ms. Sarah Storts, and Mr. Caleb Reeder performed alongside occupational therapy faculty and students Dr. Jennifer Moore, Ms. Lindsey Roe, and Mrs. Chelsea Coffelt at the ArkSTART Conference 2016 “To Infinity and Beyond: Taking
Strengths to New Heights” on May 11 in Little Rock, Arkansas. Their rendition of “King of Peanut Butter” brought the audience to laughter as they told the story of a king who loved to eat peanut butter so much that his mouth got stuck closed. The queen, a dentist, construction workers, and Cupid all tried without success to open the king’s mouth, but it wasn’t until the court jester told a joke did the king release a laugh. With his mouth finally open, he immediately said to the dismay of those who tried to help, “I want more peanut butter!”

**ACTS IN THE ROCK**
A special thanks goes to some outstanding students for participating in ACTS in the Rock this spring. This wonderful semester ended with a sold out event for the Arkansas Enterprises for the Developmentally Disabled. Under the direction of Lindsey Roe, Chelsea Coffelt, Mac Gaskin, and Lindsey Butler – participants from ACTS in the Rock performed “Shhhh.....Election 2016”. The performers told the story of a cadet in the Secret Service who couldn’t quite follow all of the regulations needed to protect the presidential candidates. A special thanks also goes to the fieldwork students who worked with the performers during the school year! Mrs. Saviers and Dr. Moore are extremely grateful for these students who volunteered their time!

**FAULKNER COUNTY JUVENILE DRUG COURT**
“The mission of these interventions is to provide court-involved youth increased caring intervention to prevent future court involvement and to encourage positive appropriate behaviors that will further help those young people contribute to society on into adulthood.”

Occupational therapy students participating are given mentees who have been assigned to Drug Court.

Students have the opportunity to bond and create friendships with the juveniles as they participate in multiple activities and crafts that are fun and enjoyable!

“I learned that being a mentor for an adolescent can not only make a difference in impacting their life and future but can also impact your own by having such a rewarding experience.”

**UCA CHALLENGE**
Cody Stoops, Emily Nehus, Rebecca Gottsponer, Alex Lee, and Lydia Cody, graduate occupational therapy students, along with Dr. Tina Mankey, participated in a week long summer camp, UCA Challenge. The camp was sponsored by the College of Education. Over 50 elementary students participated. Mr. Stoops and other students led hands-on lessons for the session, *Media Monsters*, where students discovered the importance of understanding media and how it affects our lifestyle choices. The students were exposed to how media can influence healthy choices and the importance of making healthy choices on one’s health. During camp, students planned and produced their own creative commercials on healthy choices and/or physical activity. To conclude, the students had a viewing party, along with homemade popcorn and drinks.

**LOTS OF SOCKS!**
The Department of Occupational Therapy wore LOTS OF SOCKS on Thursday, March 19, to raise awareness of World Down Syndrome Day. LOTS OF SOCKS is an international campaign presented by Down Syndrome International to increase advocacy and education regarding the rights, inclusion and well-being of people with Down syndrome. To celebrate and show their support for this event, faculty, staff and students donned over 50 pairs of crazy socks!
Intramurals

Intramural Frisbee Champions
Intramural Soccer Champions
Intramural Basketball Champions
Intramural Volleyball Runner-up
Intramural Flag Football
Intramural Battleship
Dr. James

Karen James, Ph.D., OTR/L, CAPS, holds a Bachelor of Science and a Master of Science in Occupational Therapy from the University of Central Arkansas and is a Charter Member of the Occupational Therapy Chapter of the UCA Alumni Association.

Dr. James earned a Doctor of Philosophy in Occupational Therapy from Nova Southeastern University in December 2016. Her doctoral dissertation was entitled “The Effect of Lighting on Performance of Tasks Requiring Near Vision in Older Adults.”

She has practiced occupational therapy for more than 25 years and chose to pursue a PhD in order to enhance her ability to contribute to the knowledge base of the profession through research and broaden herself as an educator and leader in the profession.

As a Certified Aging in Place Specialist, she is particularly interested in environmental modifications, such as optimal lighting, which will enhance the occupational performance of older adults in their homes.

Dr. James is the founding program director of the Baptist Health College Little Rock-School of Occupational Therapy Assistant, a position she has held since 2004. The program has graduated over 150 students and consistently has retention, board passage and graduate placement rates above the 90th percentile.

She enjoys sharing her passion for occupational therapy with her students, and is grateful for the opportunity to contribute to the future of the profession through educating and mentoring future practitioners and leaders.

Join Now
With the approaching 50th anniversary of the UCA OT program, the alumni chapter invites you to help us commemorate this momentous occasion. The alumni chapter is proud of the graduates from the UCA program and would encourage all to assist with the building of the group. Our challenge for each of you is to join our OT Alumni Chapter and invite one person to join the alumni association also. With your support, we can grow the Marian Ross Scholarship Fund. Spouses, friends, and family are also welcome to join our chapter; when signing up, indicate “OT Chapter” in the comments box as “OT” is not an option in the Chapters section of the membership form. Please visit UCA Alumni Website at http://uca.edu/alumni/membership/ for more information.

If you are interested in actively participating in the alumni charter chapter as an officer or as a member, please contact the UCA Department of Occupational Therapy at otinfo@uca.edu.