



BACHELOR OF SCIENCE | NUTRITION SCIENCE | 2023-2024

Name: _____ ID #: _____ Date: _____
Advisor: _____ Date Entered UCA: _____ OT: _____ PT: _____ OTHER: _____
College/University Transferred From: _____ Department: _____

LOWER DIVISION CORE REQUIREMENTS ARE LOCATED ON BACK

NOTES AND INFORMATION:

- No minor required
- Transitional courses (UNIV) do NOT count toward degree hours
- A minimum of 3.0 GPA (including all transfer courses) is required for admission to most post-graduate programs
- Most courses require a prerequisite with a grade of C or better, please refer to the undergraduate bulletin or <https://uca.edu/nfs/programs/>
- Degree requires minimum 120 hours
- At least 40 hours must be upper division (3000-4000) level
- Students receive assistance from faculty advisor, however, it is the student's responsibility to know all requirements and to monitor degree progress
- For Occupational Therapy Program Information, visit: <https://uca.edu/ot/>
- For Physical Therapy Program Information, visit: <https://uca.edu/pt/>

UPPER DIVISION CORE

Student must take one course designated as an Upper Division Core in each of the following categories:

___ Communication (C) ___ Diversity (D) ___ Critical Inquiry (I) ___ Responsible Living (R) ___ Capstone (Z)

NUTRITION/FACS REQUIREMENTS (43-44 HOURS)

- ___ FACS 2341 Lifespan Development
- ___ FACS 3311 Resource Management (C)
- ___ FACS 3372 Personal & Family Finance (I/R)
- ___ FACS 3356 Methods or prior to SP 21
- ___ FACS 3456 (Z)
- ___ NUTR 1100 Intro to Dietetics Profession
- ___ NUTR 1300 Foundations of Nutrition
- ___ NUTR 2311 Meal Management
- ___ NUTR 3310 Food Science
- ___ NUTR 3350 Community Nutrition
- ___ NUTR 3370 Lifecycle Nutrition I
- ___ NUTR 3375 Lifecycle Nutrition II (Spring)
- ___ NUTR 3390 Nutrition & Metabolism
- ___ NUTR 4301 Research in NFS (Z) (Fall)
- ___ NUTR 4315 Sports Nutrition
- ___ NUTR 4395 Nutrition: Contemporary Issues (D)

ADDITIONAL DEGREE REQUIREMENTS (28 HOURS)

- ___ BIOL 2411 Microbiology
- ___ BIOL 3406 Structure & Function of the Human Body I
- ___ BIOL 3407 Structure & Function of the Human Body II
- ___ BIOL ELEC above BIOL 1440, not Botany (OT may choose an elective)
- ___ PHYS 1410 College Physics I (OT may choose an elective)
- ___ PHYS 1420 College Physics II (OT may choose an elective)
- ___ CHEM 2450 Intro Organic & Biochemistry

SUPPORTING REQUIREMENTS (7 HOURS)

- ___ H SC 3123 Medical Terminology
- ___ PSYC 3323 Abnormal Psychology
- ___ PSYC 2330 Statistics OR SOC 2321 OR MATH 2311

ELECTIVES

(as needed to meet 120-hours requirements and/or 40 upper division requirements)

- ___ FACS 4V35 Body Image & Culture (Study Abroad) (D)
- ___ NUTR 4V36 Nutrition for Life (Study Abroad) (D)
- ___ FACS 4316 Women in Poverty (D)

ADVISING CHECKLIST

- ___ LOWER CORE MET
- ___ NUTR/FACS REQUIREMENTS
- ___ SPECIAL DEGREE REQUIREMENTS
- ___ 40 UPPER DIVISION _____ / _____
- ___ MINIMUM 120 HOURS _____ / _____
- ___ UPPER DIVISION CORE MET

University of Central Arkansas
NUTR Lower Division Core
2023-2024

NOTES AND INFORMATION

- Breadth Requirements:
 - **⁺Fine Arts and [◇]Humanities:** Students must take at least one course in the Fine Arts⁺ (FA) and one in the Humanities[◇] (HUM) to fulfill lower-division (LD) requirements.
 - ***Social Science:** All students are required to take six credits of social science. In addition to the SS category, one must be taken in either Diversity in World Cultures or Responsible living category.
 - **First-Year Seminar[^]:** During the first year, one course – from the Critical Inquiry, Diversity, or Responsible Living category – must be a First-Year Seminar (FYS). See the online class schedule to find FYS sections.

Please visit <http://uca.edu/core> for more information

Effective Communication (9 Hours)

Writing Foundation (3 hrs)

____ WRTG 1310 OR HONC 1310

Research & Writing (3 hrs)

____ WRTG 1320 OR ENGL 1320 OR HONC 1320
(WRTG 1310 & 1320 must be taken upon initial enrollment unless previously taken. Minimum grade of C required.)

Oral Communication (3 hrs)

____ COMM 1300 OR MGMT 2301 OR MKTG 2376

Critical Inquiry (20 Hours)

Quantitative (3 hrs)

____ MATH 1390

Physical Science (4 hrs)

____ CHEM 1402

Life Science (4 hrs)

____ BIOL 1440

American History and Government (3 hrs)

____ HIST 2301 OR HIST 2302 OR PSCI 1330 (if used here, cannot use for SS*)

Social Science* (3 hrs)

____ BUAD 2301 OR ECON 2320 OR ECON 2321 OR GEOG 1305 OR HIST 2360 OR MGMT 2341 OR PRLS 2305 OR PSCI 1300 OR PSCI 1330 OR PSCI 2300 OR PSYC 1300 OR SOC 1300

Fine Arts/Humanities (3 hrs)

____ ART 2300⁺ OR AFAM/HIST 1330[◇] OR ART 2325⁺/2335⁺/2336⁺ OR ENGL 1350[◇] OR ENGL 1355[◇] OR ENGL 1373^{◇^} OR CHIN/FREN/GERM/SPAN 2320[◇] OR LALS 2310[◇] OR PHIL 1301[◇] OR PHIL 1373^{◇^} OR PHIL 2305[◇] OR RELG 1330[◇] OR THEA 2300⁺ OR LING 2350[◇] OR WRID 2325[◇] OR HONC 1310[◇]

Diversity (6 hours)

Creative Works (3 hrs)

____ COMM 1305⁺ OR CRWR 2310⁺ OR ENGL 2370[◇] OR ENGL 2380[◇] OR ENGL 2390[◇] OR FILM 2300⁺ OR MUS 1340⁺ OR MUS 2300⁺ OR WLAN 2315[◇] OR WRID 1374^{^+} OR WRTG 1374^{^+} OR HONC 2320⁺

World Cultures (3 hrs)

____ ANTH 1302* OR BUAD 2302* OR COMM 2308* OR ECON 2310* OR ENGL 2305[◇]/2306[◇] OR GEOG 1300* OR GEOG 1320* OR HBST 1377 OR HIST 1310*/1320*/1375*[^] OR HIST 1399[◇]/2310[◇] OR LALS 2300[◇] OR LING 1310* OR PHIL 1330[◇] OR PHIL 1375^{◇^} OR RELG 1320[◇] OR WLAN 2325[◇] OR HONC 2310[◇]

Responsible Living (3 Hours)

____ FACS 2341 OR FACS 2351 OR NUTR 1300 OR ACAD 1300 OR BUAD 2303* OR COMM 1306 OR ECON 1310* OR EDUC 2330* OR ENGL 1345[◇] OR EXSS 1320 OR FINA 2330* OR HLTH 1320 OR HLTH 2320* OR HIST 1376^{◇^} OR INSU 1300 OR MCOM 1300 OR PHIL 2325[◇] OR PHIL 2360[◇] OR PSCI 2315* OR SOC 2325* OR USCH 1300^{◇^} OR HONC 1320* OR HONC 2310[◇]

LOWER DIVISION CORE (38 Hours)

Student must have 38 hours INCLUDING one from each of the following to fulfill the LDC.

____ Fine Art⁺
____ Social Science*3 Hrs
____ Social Science*3 Hrs
____ Humanities[◇]
____ First Year Seminar[^] (FYS)_____