

**JoAnna Cupp, DHSc, RDN, LD, FAND**  
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## EDUCATION

Doctor of Health Science Concentration: Fundamentals of Education A.T. Still University, Kirksville, Missouri	12/21
Master of Science/Dietetic Internship University of Central Arkansas, Conway, Arkansas	8/06
Bachelor of Science University of Central Arkansas, Conway, Arkansas	5/05

## PROFESSIONAL CERTIFICATIONS

Licensed Dietitian (LD) in Arkansas The Arkansas Dietetics Licensing Board: #2238	6/21-6/23
Licensed Dietitian (LD) in Oklahoma Oklahoma State Board of Medical Licensure and Supervision: #2564	2/21-10/23
Certificate of Training in Adult Weight Management Program American Dietetic Association and its Commission on Dietetic Registration	5/10
Registered Dietitian Nutritionist (RDN) Commission on Dietetic Registration: #993401	9/07-Current

## PROFESSIONAL EXPERIENCE

<b>Director-Didactic Program in Dietetics/Assistant Professor</b> at University of Central Arkansas in Conway, AR. <u>Responsibilities:</u> Maintain program accreditation, manage the program and employees, teach multiple courses; plan lessons and assignments; assess students' progress by grading papers, tests, and additional assignments; serve on and lead committees, advise students; develop syllabi for the courses taught; ensure syllabi met the college and departmental standards and follow the accreditation and curriculum guidelines; stay informed about changes and innovations in the field of dietetics. <u>Hours Worked:</u> Full Time Monday through Friday (75% teaching, 25% administrative).	1/23-Current
<b>Adjunct Instructor</b> at Arkansas State University in Jonesboro, AR <u>Responsibilities:</u> Teaching The Nutrition Care Process online; planning lessons and assignments; assessing students' progress by grading papers, test, and other work; developing syllabi for the course taught; ensuring syllabi meet the college and department standards and following the curriculum guidelines; staying informed about changes and innovations in the field of dietetics. <u>Hours Worked:</u> Part Time/Teaching 3-hour courses online each semester.	1/23-Current
<b>Adjunct Instructor</b> at Liberty University in Lynchburg, VA <u>Responsibilities:</u> Teaching Principles and Theories of Teaching in the Health Professions and Applied Doctoral Research Project I. <u>Hours Worked:</u> Part Time/Teaching 3-hour courses online each semester	1/23-Current
<b>Adjunct Instructor</b> at The University of Kansas <u>Responsibilities:</u> Taught Online International Nutrition and Advanced Nutrition Courses; Planned lessons and assignments; assessed students' progress by grading papers, test, and other work; developed syllabi for the courses taught; ensured syllabi meet the college and department standards and followed the curriculum guidelines; stayed informed about changes and innovations in the field of dietetics. <u>Hours Worked:</u> Part Time/Teaching 3-hour courses online each semester.	8/21-Current
<b>Program Director/Clinical Assistant Professor</b> at Northeastern State University in Muskogee, OK	1/22-1/23

Responsibilities: Maintained program accreditation, manage the program and employees, teach multiple courses; plan lessons and assignments; assess students' progress by grading papers, tests, and additional assignments; serve on and lead committees, advise students; develop syllabi for the courses taught; ensure syllabi met the college and departmental standards and follow the accreditation and curriculum guidelines; stay informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday (75% teaching, 25% administrative).

**Inpatient Dietitian** at Jack C. Montgomery VA Medical Center in Muskogee, OK 8/21-12/21

Responsibilities: Provided nutrition assessments in the electronic medical record and education to veterans; collaborated and communicated with colleagues; stayed current with most recent nutrition-related trends, research, policy, certifications and standards of practice; ensured compliance with all federal, state, and local regulations as well as VA guidelines.

Hours Worked: Full Time-Monday through Friday; GS-11.

**Consultant** at Keith & Associates Distance Dietetic Internship (KADDI) in Tulsa, OK 6/21-12/21

Responsibilities: Developed sample questions for mock CDR Exam and assisted with making student exam study guides

Hours Worked: Part Time.

**Program Director** for the Dietetics/Nutritional Science Program at Arkansas State University (A-State) in Jonesboro, AR 7/19-5/21

Responsibilities: Maintained program accreditation, managed the program and employees, taught multiple courses; planned lessons and assignments; assessed students' progress by grading papers, tests, and additional assignments; assigned students to practicum sites, supervised and coordinated visits with preceptors to ensure student learning; served on and led committees; advised students; developed syllabi for the courses taught; ensured syllabi met the college and department standards and followed the accreditation and curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday (50% teaching, 50% administrative).

**Interim Program Director** for the Dietetics/Nutritional Science Program at A-State in Jonesboro, AR 7/18-6/19

Responsibilities: Maintained program accreditation, managed the program and employees, taught multiple courses; planned lessons and assignments; assessed students' progress by grading papers, tests, and additional assignments; assigned students to practicum sites, supervised and coordinated visits with preceptors to ensure student learning; served on and led committees; advised students; developed syllabi for the courses taught; ensured syllabi met the college and department standards and followed the accreditation and curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday (50% teaching, 50% administrative).

**Assistant Professor** for the Dietetics/Nutritional Science Program at A-State in Jonesboro, AR 7/15-6/18

Responsibilities: Taught multiple courses; planned lessons and assignments; assessed students' progress by grading papers, tests, and additional assignments; assigned students to practicum sites, supervised and coordinated visits with preceptors to ensure student learning; served on committees; advised students; developed syllabi for the courses taught; ensured syllabi met the college and department standards and followed the accreditation and curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Full Time Monday through Friday (100% teaching).

**Adjunct Faculty/Clinical Instructor** for the Dietetics/Nutritional Science Program at A-State in Jonesboro, AR 1/15-5/15

Responsibilities: Taught a basic human nutrition course; planned lessons and assignments; assessed students' progress by grading papers, test, and other work; supervised and coordinated practicum site visits with preceptors to ensure student learning; developed syllabi for the courses taught; ensured syllabi met the college and department standards and followed the accreditation and curriculum guidelines; stayed informed about changes and innovations in the field of dietetics.

Hours Worked: Part Time; Taught a 3-hour face to face course.

**Clinical Dietitian** at Mercy Hospital & Medical Center (MHMC) in Chicago, IL 5/12-6/14

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition-

related trends, research, policy, certifications and standards of practice; conducted support groups; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines.

Hours Worked: Full Time Monday through Friday and occasional weekends.

**Lap Band Dietitian** at the Lap Band Clinic for MHMC in Chicago, IL

10/10-5/12

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition-related trends, research, policy, certifications and standards of practice; conducted monthly support groups; ensured patient satisfaction and quality care; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines.

Hours Worked: Full Time Monday through Friday.

**Clinical/Bariatric Dietitian** at Mobile Infirmiry Medical Center in Mobile, AL

6/08-10/10

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition-related trends, research, policy, certifications and standards of practice; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines.

Hours Worked: Full Time Monday through Friday and occasional weekends.

**Clinical Dietitian** at North Baldwin Infirmiry and Oakwood Nursing Home in Bay Minette, AL

9/07-6/08

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition-related trends, research, policy, certifications and standards of practice; attended scheduled care plan meetings; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines.

Hours Worked: Full Time Monday through Friday.

**Clinical Dietitian** at Infirmiry West Hospital/Long Term Acute Care in Mobile, AL

9/07-10/10

Provided part-time-coverage provided over 4 years.

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; stayed current with most recent nutrition-related trends, research, policy, certifications and standards of practice; ensured patient satisfaction and quality care; ensured compliance with all federal, state, and local regulations as well as Morrison Healthcare guidelines.

Hours Worked: Full Time Monday through Friday.

**PRN Dietitian** at White County Medical Center in Searcy, AR

9/06-3/07

Responsibilities: Provided nutrition assessments in the medical record and education to patients; collaborated and communicated with colleagues; ensured compliance with all federal, state, and local regulations.

Hours Worked: Full Time Monday through Friday.

## CONFERENCES/TRAININGS ATTENDED

Food Nutrition Conference and Expo in Orlando, FL	10/22
ACEND 2022 and FEM Standards Workshop for Program Directors (virtual)	5/22
The Mary Frances Picciano Dietary Supplement Research Practicum (virtual)	5/22
Oklahoma Academy of Nutrition and Dietetics 2022 Spring Convention (virtual)	4/22
Food Nutrition Conference and Expo (virtual)	10/21
Nutrition and Dietetics 2021 Virtual Conference & Exhibition (virtual)	4/21
Food and Nutrition Conference and Expo (virtual)	10/20
Nutrition and Dietetic Educators and Preceptors Meeting in Birmingham, AL	3/20
Nutrition Focused Physical Examination Training in Cleveland, OH	10/19
Fundamental of Leadership in Higher Education Conference in Orlando, FL	9/19
The Mary Frances Picciano Dietary Supplement Research Practicum in Bethesda, MD	5/19
NISOD International Conference on Teaching and Leadership Excellence in Austin, TX	5/19

Arkansas Academy of Nutrition and Dietetics Meeting in Little Rock, AR	4/19
Food Nutrition Conference and Expo, ACEND Program Director Workshop in Washington, D.C.	10/18
Food and Nutrition Conference and Expo in Chicago, IL	10/17
Arkansas Academy of Nutrition and Dietetics Meeting in Little Rock, AR	4/17
Food and Nutrition Conference and Expo in Boston, MA	10/16
Arkansas Academy of Nutrition and Dietetics Meeting in Little Rock, AR	4/16
Food and Nutrition Conference and Expo in Nashville, TN	10/15
Lap-Band Total Care Regional Workshop, Chicago, IL	10/11
Alabama Dietetic Association Annual Meeting in Mobile, AL	3/09

## JOURNAL PUBLICATIONS

- Green, L.L., Cupp, J.A., West, E., Drake, S., Axsom, K., Catapang, L., Duranso, N., Parker, D., Smith, P. R., Thomas, K., & Williams, L. (2022). Evaluating strength gains using blood flow restriction and myofascial release. *Annals of Physiotherapy & Occupational Therapy*, 5(1), 1-7. <https://doi.org/10.23880/aphot-16000225>
- Cupp, J.L. & Matthews, E. (2021). Dietary supplement use, knowledge, and perceptions among students enrolled in coordinated programs in dietetics. *Journal of the Academy of Nutrition and Dietetics*, 121(10), A138.
- Green, L.L., Cupp, J.L., Cole, E., Craig, D., Crawford, K., Hogan, S., Holstead, J., Lovell, H., & Sarna, M. (2020). Investigating strength effects at the shoulder using blood flow restriction. *Annals of Physiotherapy & Occupational Therapy*, 3(3), 1-6. <https://doi.org/10.23880/aphot-16000175>

## PRESENTATIONS

- Dietary Supplement Use, Knowledge, and Perceptions among Students Enrolled in Coordinated Programs in Dietetics*  
 Learned Forum: Food & Nutrition Conference & Expo 2021, Virtual Event; October 18, 2021
- Comparing the Benefits of LLLT and Dietary Supplementation for Muscle Recover Post Fatiguing Exercise*  
 Learned Forum: Create@State 2019, Arkansas State University Centennial Hall; April 16, 2019
- The Effects of Using Blood Flow Restriction Exercise for Proximal Strength at the Shoulder*  
 Learned Forum: Create@State 2019, Arkansas State University Centennial Hall; April 16, 2019
- Engage Students and Ensure Learning in the Classroom*  
 Learned Forum: Roundtable Discussion, National Institute for Staff and Organization Development (NISOD) 2019, International Conference of Teaching and Leadership Excellence, Austin, Texas; May 25-28, 2019
- Preceptor Training and Assessment*  
 Learned Forum: Learn@State 2019, Arkansas State University Fowler Center; March 13, 2019
- Drake, S. M., Cupp, J. L., Tate, L., Parker, B., & Bednar, A. (2016, October). *Achieving American Geriatric Society Competencies in the Care of Older Adults Using an Interprofessional / Multidisciplinary, Service-learning Model*.  
 Learned Forum: Educational Leadership Conference. Phoenix, AZ: American Physical Therapy

## GRANTS

- Assessment Faculty Mini Grant*, Assessment Office at Arkansas State University  
 Involvement: Conducted a Preceptor Recognition and training on March 14, 2018  
 Presented at Learn@State on March 13, 2019  
 Date Awarded: December 3, 2018; Amount of funding: \$1000

## **OTHER ACHIEVEMENTS**

Drake, S. M., Cupp, J. L., McKinney, B., K., & Hailey, L. (2021). *Healthy ager program transforms during the pandemic*. UAMS Arkansas Geriatric Education Collaborative. <https://agec.uams.edu/healthyager/>

*Teaching Tips on Addressing Stress and Burnout* published in the Nutrition Educators of Health Professionals Spring 2020 Newsletter (page 13), Spring 2020, Volume 76, Issue 3.

*Tips on Role Play with Reflection and Debriefing Exercises* published in the Nutrition Educators of Health Professionals Fall 2019 Newsletter (page10), Fall 2019, Volume 76, Issue 1.

*How to Achieve Work and Home Life Balance* published in the Network Health Digest Magazine, Issue 147; July 29, 2019

*Teaching Outside the Text* published in the Nutrition Educators and Health Professionals Fall 2018 Newsletter, Academy of Nutrition and Dietetics (page 9), Fall 2018, Volume 74, Issue 3.

Book Reviewer: *Nutrition and Diagnosis Related Care* (Section 2); August 27, 2018

## **UNIVERSITY OF CENTRAL ARKANSAS COMMITTEES**

Interprofessional Education Committee 1/23-Current

## **NORTHEASTERN STATE UNIVERSITY COMMITTEES**

Healthy Campus Committee 7/22-12/22

## **EASTERN OKLAHOMA VA HEALTH CARE SYSTEM COMMITTEES**

Nutrition Committee 8/21-12/22

## **A-STATE DIETETICS DEPARTMENT COMMITTEES**

Dietetics Advisory Board Member 7/15-5/21

Chair: 7/18-5/21

Nutritional Science Program Admissions Committee Member 7/15-5/21

Chair: 7/18-5/21

Nutritional Science Program Curriculum Committee Member 7/15-5/21

Chair: 7/18-5/21

Nutritional Science Program Orientation Committee Member 7/15-5/21

Chair: 7/18-5/21

Nutritional Science Program Progression and Remediation Committee Member 7/15-5/21

Chair: 7/18-5/21

## **A-STATE UNIVERSITY COMMITTEES**

Undergraduate Admissions Appeals Member 7/20-5/21

Red Wolf Wellness Committee Member 7/18-5/21

## **A-STATE COLLEGE OF NURSING AND HEALTH PROFESSION COMMITTEES**

Student and Alumni Affairs Member 7/18-5/21

Grievance Committee Member 7/18-5/21

Clinical Relations Committee Member	7/16-6/20
Constitution and Bylaws Committee Member	7/16-6/20
Ad Hoc College of Interprofessional Education Committee Member	7/16-5/21

## **ORGANIZATIONS**

Member of the National Association for Nutritional Professionals	2022-Current
Member of the American Society for Nutrition	2020-Current
Member of the Oklahoma Academy of Nutrition and Dietetics	2021-2022
Member of the Northeast Arkansas District Dietetic Association	2016-2021
Treasurer	2016-2019
Member of Arkansas Academy of Nutrition and Dietetics	2014-Current
Consumer Protection Coordinator	2022-2025
Northeast Arkansas District Representative	2020-2021
Nominating Committee Chair	2019-2020
Nominating Committee Member	2018-2020
Member of Academy of Nutrition and Dietetics	2007-Current
Nutrition and Dietetics Educators and Preceptors Dietetics Practice Group	2022-Current
Nutrition Educators of Health Professionals Dietetics Practice Group	2022-Current
Dietitians in Medical Nutrition Therapy Dietetic Practice Group	2021-Current
Nutrition Informatics Dietetic Practice Group	2021-Current
Council on Research Implementation Subcommittee Member	2020-2023
Chair	2022-2023
Foundation Scholarship Review Committee Member	2020-Current
Diabetes Care and Education Dietetics Practice Group	2019-2021
Nutrition and Dietetics Educators and Preceptors Dietetics Practice Group	2015-2021
Nutrition Educators of Health Professionals Dietetics Practice Group	2017-2021

## **PROFESSIONAL SERVICE**

Met with United States Congressman Rick Crawford to discuss the Treat & Reduce Obesity Act and the Expanding Access to Diabetes Self-Management Training Act for the Arkansas Academy of Nutrition and Dietetics, Jonesboro, AR; September 6, 2019	
Participated in a Panel Discussion: Nutrition and Disaster Preparedness at the Northeast Arkansas District Academy of Nutrition and Dietetics Fall Meeting; St. Bernard's Health & Wellness Center, Jonesboro, AR; September 25, 2018	

## **VOLUNTEER EXPERIENCES**

The Healthy Living Collaborative	2022
Cherokee County Community Health Coalition	2022
Community Health and Education Foundation	2019-2021
Heart and Sole 5K, Half Marathon Committee Member	
Mistle Toe Madness Committee Member	
Red Dress Gala Committee Member	
KLEK FM Radio presenter: Healthy Eating and Weight Loss Nutrition	2018
ASU Regional Farmer's Market Annual Fundraiser	2015
Farm to Table Banquet; 8 hours	

## **HONORS AND AWARDS**

Fellow of the Academy of Nutrition and Dietetics	2022
Academy of Nutrition and Dietetics 2020-2021 Leadership Institute Cohort	2020
Outstanding Dietetic Educator of the Year Award	2018

Arkansas Academy of Nutrition and Dietetics  
You Made a Difference Award, A-State  
Certificate of Recognition for Morrison Chartwells Dietetic Internship  
Five Years of Dedicated Service to Compass Group

2017  
2013  
2011

## **TEACHING**

### **SPRING 2023**

NUTR 3350 Community Nutrition (online)  
NUTR 4335 Nutrition Senior Seminar  
HSCI 720 Principles and Theories of Teaching in the Health Professions (online)  
HSCI 888 Applied Doctoral Research Project (online)  
HSCI 521 Advanced Nutrition and Metabolism (online)  
NS 3263 The Nutrition Care Process (online)

### **FALL 2022**

NUTR 3111 Introduction to Nutritional Sciences (face to face & virtual)  
NUTR 4592 Health Careers Professionalism (face to face & virtual)  
NUTR 4583 Medical Nutrition Therapy II (face to face & virtual)  
NUTR 3401 Honors Research I (online)  
MPH 5301 Essentials for Leadership (online)  
MPH 5322 Current Issues Public Health (online)

### **SUMMER 2022**

NUTR 1653 Basic Human Nutrition (online)  
NUTR 3653 Food and Culture (online)

### **SPRING 2022**

HSCI 521 Advanced Nutrition (online)  
NUTR 3763 Medical Nutrition Therapy I (online)  
NUTR 4243 Life Cycle Nutrition (online)  
NUTR 4352 Advanced Nutrition (online)

### **Fall 2021**

DN 841 International Nutrition (online)

### **SPRING 2021**

NS 4563 Special Topics (online)  
NS 3253 Nutrition Assessment

### **FALL 2020**

NS 4553 Nutrition Counseling  
NS 3123 Nutritional Biochemistry

### **SUMMER 2020**

NSP 4656 Practicum V-Clinical

### **SPRING 2020**

NS 4563 Special Topics (online)  
NS 3253 Nutrition Assessment

### **FALL 2019**

NS 4553 Nutrition Counseling  
NS 3123 Nutritional Biochemistry

### **SUMMER 2019**

NSP 3326 Practicum II

### **SPRING 2019**

NS 3253 Nutrition Assessment  
NS 3243 Quantity Foods

**FALL 2018**

NS 4553 Nutrition Counseling  
NS 3123 Nutritional Biochemistry

**SUMMER 2018**

NSP 3326 Practicum II  
NS 2203 Basic Human Nutrition (online)

**SPRING 2018**

NSP 3123 Practicum I-School Foodservice  
NS 3253 Nutrition Assessment  
NS 3243 Quantity Foods  
NS 3223 Nutrition through the Life Cycle II

**FALL 2017**

NSP 4433 Practicum III-Community  
NS 4553 Nutrition Counseling  
NS 3123 Nutritional Biochemistry  
NS 3113 Nutrition through the Life Cycle I

**SUMMER 2017**

NSP 3326 Practicum II  
NS 2203 Basic Human Nutrition (online)

**SPRING 2017**

NSP 3123 Practicum I-School Foodservice  
NS 3253 Nutrition Assessment  
NS 3243 Quantity Foods  
NS 2203 Basic Human Nutrition

**FALL 2016**

NSP 4433 Practicum III-Community  
NS 4553 Nutrition Counseling  
NS 3123 Nutritional Biochemistry  
NS 2203 Basic Human Nutrition (online)

**SUMMER 2016**

NSP 3326 Practicum II  
NS 2203 Basic Human Nutrition (online)

**SPRING 2016**

NSP 3123 Practicum I-School Foodservice  
NS 3253 Nutrition Assessment  
NS 3243 Quantity Foods  
NS 2203 Basic Human Nutrition

**FALL 2015**

NSP 4433 Practicum III-Community  
NS 4553 Nutrition Counseling  
NS 3123 Nutritional Biochemistry  
NS 3153 Food & Society

**SPRING 2015**

NS 2203 Basic Human Nutrition