



**BACHELOR OF SCIENCE | NUTRITION SCIENCE | 2022-2023**

Name: \_\_\_\_\_ ID #: \_\_\_\_\_ Date: \_\_\_\_\_  
Advisor: \_\_\_\_\_ Date Entered UCA: \_\_\_\_\_ OT: \_\_\_\_\_ PT: \_\_\_\_\_ OTHER: \_\_\_\_\_  
College/University Transferred From: \_\_\_\_\_ Department: \_\_\_\_\_

LOWER DIVISION CORE REQUIREMENTS ARE LOCATED ON BACK

**NOTES AND INFORMATION:**

- No minor required
- Transitional courses (UNIV) do NOT count toward degree hours
- A minimum of 3.0 GPA (including all transfer courses) is required for admission to most post-graduate programs
- Most courses require a prerequisite with a grade of C or better, please refer to the undergraduate bulletin or <https://uca.edu/nfs/programs/>
- Degree requires minimum 120 hours
- At least 40 hours must be upper division (3000-4000) level
- Students receive assistance from faculty advisor, however, it is the student's responsibility to know all requirements and to monitor degree progress
- For Occupational Therapy Program Information, visit: <https://uca.edu/ot/>
- For Physical Therapy Program Information, visit: <https://uca.edu/pt/>

**UPPER DIVISION CORE**

Student must take one course designated as an Upper Division Core in each of the following categories:

\_\_\_ Communication (C) \_\_\_ Diversity (D) \_\_\_ Critical Inquiry (I) \_\_\_ Responsible Living (R) \_\_\_ Capstone (Z)

**NUTRITION/FACS REQUIREMENTS (43-44 HOURS)**

- \_\_\_ FACS 2341 Lifespan Development
- \_\_\_ FACS 3311 Resource Management (C)
- \_\_\_ FACS 3372 Personal & Family Finance (I/R)
- \_\_\_ FACS 3356 Methods or prior to SP 21
- \_\_\_ FACS 3456 (Z)
- \_\_\_ NUTR 1100 Intro to Dietetics Profession
- \_\_\_ NUTR 1300 Foundations of Nutrition
- \_\_\_ NUTR 2311 Meal Management
- \_\_\_ NUTR 3310 Food Science
- \_\_\_ NUTR 3350 Community Nutrition
- \_\_\_ NUTR 3370 Lifecycle Nutrition I
- \_\_\_ NUTR 3375 Lifecycle Nutrition II
- \_\_\_ NUTR 3390 Nutrition & Metabolism
- \_\_\_ NUTR 4301 Research in NFS (Fall) (Z)
- \_\_\_ NUTR 4315 Sports Nutrition
- \_\_\_ NUTR 4395 Nutrition: Contemporary Issues (D)

**ADDITIONAL DEGREE REQUIREMENTS (28 HOURS)**

- \_\_\_ BIOL 2411 Microbiology
- \_\_\_ BIOL 3406 Structure & Function of the Human Body I
- \_\_\_ BIOL 3407 Structure & Function of the Human Body II
- \_\_\_ BIOL ELEC above BIOL 1440, not Botany (OT may choose an elective)
- \_\_\_ PHYS 1410 College Physics I (OT may choose an elective)
- \_\_\_ PHYS 1420 College Physics II (OT may choose an elective)
- \_\_\_ CHEM 2450 Intro Organic & Biochemistry

**SUPPORTING REQUIREMENTS (7 HOURS)**

- \_\_\_ H SC 3123 Medical Terminology
- \_\_\_ PSYC 4320 Abnormal Psychology
- \_\_\_ PSYC 2330 Statistics OR SOC 2321 OR MATH 2311

**ELECTIVES**

(as needed to meet 120-hours requirements and/or 40 upper division requirements)

- \_\_\_ FACS 4V35 Body Image & Culture (Study Abroad) (D)
- \_\_\_ NUTR 4V36 Nutrition for Life (Study Abroad) (D)
- \_\_\_ FACS 4316 Women in Poverty (D)

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\_\_\_\_\_  
\_\_\_\_\_

**ADVISING CHECKLIST**

- \_\_\_ LOWER CORE MET
- \_\_\_ NUTR/FACS REQUIREMENTS
- \_\_\_ SPECIAL DEGREE REQUIREMENTS
- \_\_\_ 40 UPPER DIVISION \_\_\_\_\_ / \_\_\_\_\_
- \_\_\_ MINIMUM 120 HOURS \_\_\_\_\_ / \_\_\_\_\_
- \_\_\_ UPPER DIVISION CORE MET

University of Central Arkansas  
NUTR Lower Division Core  
2022-2023

NOTES AND INFORMATION

- Breadth Requirements:
  - **<sup>+</sup>Fine Arts and <sup>◇</sup>Humanities:** Students must take at least one course in the Fine Arts<sup>+</sup> (FA) and one in the Humanities<sup>◇</sup> (HUM) to fulfill lower-division (LD) requirements.
  - **\*Social Science:** All students are required to take six credits of social science. In addition to the SS category, one must be taken in either Diversity in World Cultures or Responsible living category.
  - **First-Year Seminar<sup>^</sup>:** During the first year, one course – from the Critical Inquiry, Diversity, or Responsible Living category – must be a First-Year Seminar (FYS). See the online class schedule to find FYS sections.

Please visit <http://uca.edu/core> for more information

**Effective Communication (9 Hours)**

**Writing Foundation (3 hrs)**

\_\_\_ WRTG 1310 OR HONC 1310

**Research & Writing (3 hrs)**

\_\_\_ WRTG 1320 OR ENGL 1320 OR HONC 1320  
(WRTG 1310 & 1320 must be taken upon initial enrollment unless previously taken. Minimum grade of C required.)

**Oral Communication (3 hrs)**

\_\_\_ COMM 1300 OR MGMT 2301 OR MKTG 2376

**Critical Inquiry (20 Hours)**

**Quantitative (3 hrs)**

\_\_\_ MATH 1390

**Physical Science (4 hrs)**

\_\_\_ CHEM 1402

**Life Science (4 hrs)**

\_\_\_ BIOL 1440

**American History and Government (3 hrs)**

\_\_\_ HIST 2301 OR HIST 2302 OR PSCI 1330 (if used here, cannot use for SS\*)

**Social Science\* (3 hrs)**

\_\_\_ BUAD 2301 OR ECON 2320 OR ECON 2321 OR GEOG 1305 OR HIST 2360 OR MGMT 2341 OR PSCI 1300 OR PSCI 1330 OR PSCI 2300 OR PSYC 1300 OR SOC 1300

**Fine Arts/Humanities (3 hrs)**

\_\_\_ AFAM/HIST 1330<sup>◇</sup> OR ART 2300<sup>+</sup> OR ART 2325<sup>+</sup>/2335<sup>+</sup>/2336<sup>+</sup> OR ENGL 1350<sup>◇</sup> OR ENGL 1355<sup>◇</sup> OR ENGL 1373<sup>◇^</sup> OR CHIN/FREN/GERM/SPAN 2320<sup>◇</sup> OR LALS 2310<sup>◇</sup> OR PHIL 1301<sup>◇</sup> OR PHIL 1373<sup>◇^</sup> OR PHIL 2305<sup>◇</sup> OR RELG 1330<sup>◇</sup> OR THEA 2300<sup>+</sup> OR LING 2350<sup>◇</sup> OR HONC 1310<sup>◇</sup>

**Diversity (6 hours)**

**Creative Works (3 hrs)**

\_\_\_ COMM 1305<sup>+</sup> OR CRWR 2310<sup>+</sup> OR ENGL 2370<sup>◇</sup> OR ENGL 2380<sup>◇</sup> OR ENGL 2390<sup>◇</sup> OR FILM 2300<sup>+</sup> OR MUS 1340<sup>+</sup> OR MUS 2300<sup>+</sup> OR WLAN 2315<sup>◇</sup> OR WRTG 1374<sup>^</sup> OR HONC 2320<sup>+</sup>

**World Cultures (3 hrs)**

\_\_\_ ANTH 1302\* OR BUAD 2302\* OR ECON 2310\* OR ENGL 2305<sup>◇</sup>/2306<sup>◇</sup> OR ENGL 2320<sup>◇</sup> OR GEOG 1300\* OR GEOG 1320\* OR HBST 1377 OR HIST 1310\*/1320\*/1375\*<sup>^</sup> OR HIST 1399<sup>◇</sup>/2310<sup>◇</sup> OR LALS 2300<sup>◇</sup> OR LING 1310\* OR PHIL 1330<sup>◇</sup> OR PHIL 1375<sup>◇^</sup> OR RELG 1320<sup>◇</sup> OR WLAN 2325<sup>◇</sup> OR HONC 2310<sup>◇</sup>

**Responsible Living (3 Hours)**

\_\_\_ FACS 2341 OR FACS 2351 OR NUTR 1300 OR ACAD 1300 OR BUAD 2303\* OR COMM 1306 OR ECON 1310\* OR EDUC 2330\* OR ENGL 1345<sup>◇</sup> OR EXSS 1320 OR FINA 2330\* OR HLTH 1320 OR HLTH 2320\* OR HIST 1376<sup>◇^</sup> OR INSU 1300 OR MCOM 1300 OR PHIL 2325<sup>◇</sup> OR PHIL 2360<sup>◇</sup> OR PSCI 2315\* OR SOC 2325\* OR USCH 1300<sup>◇^</sup> OR WRTG 2325 OR HONC 1320\* OR HONC 2310<sup>◇</sup>

**LOWER DIVISION CORE (38 Hours)**

Student must have 38 hours INCLUDING one from each of the following to fulfill the LDC.

\_\_\_ Fine Art<sup>+</sup>  
\_\_\_ Social Science\*3 Hrs  
\_\_\_ Social Science\*3 Hrs  
\_\_\_ Humanities<sup>◇</sup>  
\_\_\_ First Year Seminar<sup>^</sup> (FYS)\_\_\_\_\_