

## **EDUCATION**

Ph.D., Family and Consumer Sciences Education, May 2010

Iowa State University, Ames, IA

*Dissertation:* The impact of nutrition and health education intervention on kindergarten students' nutrition and exercise knowledge. Ann Arbor, MI: Pro Quest UMI 3413711

Major Advisor: Dr. Greg Welk

M. S., Corporate Health Promotion, May 1998

University of Arkansas, Fayetteville, AR

*Thesis:* The relationship between actual and perceived health status in the elderly

Advisor: Dr. Ches Jones

Dietetic Internship, May 1991

The University of Arkansas for Medical Sciences, Little Rock, AR

*Thesis:* Hereditary and environmental influences on childhood obesity, Arkansas Children's Hospital

Advisor: Dr. Beverly McCabe

B.S., Dietetics, May 1990

University of Central Arkansas, Conway, AR

*Thesis:* The effect of various health and lifestyle choices on teenage pregnancy outcomes

Advisory: Dr. Mary Harlan

## **ACADEMIC EXPERIENCE**

*Department of Nutrition & Family Sciences, College of Health & Behavioral Sciences, University of Central Arkansas*

July 2020-present	Professor & Chair
July 2016-June 2020	Associate Professor & Chair
July 2016-July 2017	Associate Professor, Dietetic Internship Director, & Chair
January 2013-July 2016	Assistant Professor & Dietetic Internship Director
May 2010-December 2012	Assistant Professor & Didactic Program in Dietetics Director
January 2002-May 2010	Adjunct Faculty

## **TEACHING RESPONSIBILITIES**

### On-campus courses (N=New, R=Revised)

NUTR 1100 Introduction to Dietetics-N, Fall/Spring 2019-2021

NUTR 1300 Foundations of Nutrition (formerly Nutrition in the Lifecycle), Fall/Spring/Summer 2002-2012

NUTR 3310 Food Science (formerly NUTR 2310), Fall/Spring 2002-2010

NUTR 3370 Lifecycle Nutrition I-R (formerly Advanced Nutrition), Fall/Spring 2002-2010

NUTR 3390 Nutrition & Metabolism-N, Fall/Spring 2002-2015

NUTR 4301 Research in FCS/Nutrition-R, Fall/Spring 2013-2020

NUTR 4325/5325 Medical Nutrition Therapy I, Fall/Spring 2002-2013

NUTR 4374/5374 Medical Nutrition Therapy II, Fall/Spring 2002-2013

NUTR 4355 Nutrition Senior Seminar, Fall/Spring 2010-2014

### Off-campus courses (N=New, R=Revised)

FACS 4335 Body Image and Culture-N, Summer 2019

NUTR 4336 Nutrition for Life-N, Summer 2019

### Online/Hybrid courses (N=New, R=Revised)

FACS 5310 Program Development-N, Summers 2018- 2020

FACS 6310 Advanced Resource Management-N, Summers 2018-2020

FACS 6335 Evidence-Based Research-N, Falls 2013-2015

NUTR 4301 Research in FCS/Nutrition-R, Fall/Spring 2021  
NUTR 5315, Nutrition Services Practicum I, Summers 2013-2016  
NUTR 5316, Nutrition Services Practicum II, Summers 2013-2016  
NUTR 5317 Community Nutrition Practicum, Summers 2013-2017  
NUTR 5318 Clinical Nutrition Practicum, Summers 2013-2018  
NUTR 5321 Nutrition Services Administration, Summers 2013-2017  
NUTR 5324 Nutrition Assessment-N, Falls 2013-2019  
NUTR 6316 Diet Therapy, Summers 2013-2017  
NUTR 6330 Metabolic Nutrition-N, Fall/Spring 2010-2016  
NUTR 6335 Nutrition Counseling-N, Springs 2010-2020  
NUTR 6345 Pediatric Nutrition-N, Falls 2010-2015, 2021

## **INDUSTRY EXPERIENCE**

2005-2006      Research Subject Trainer  
                    Department of Psychology  
                    Hendrix College, Conway, AR

1997-2000      Clinical / Outpatient Dietitian  
                    Nutrition Services Department & Diabetes Center  
                    Saint Francis Health System, Tulsa, OK

1995-Present   Consultant Dietitian  
                    Various Facilities & Private Consulting  
                    Arkansas and Oklahoma

1994-1997      *Clinical Manager*  
                    Nutrition Services Department  
                    Northwest Medical Center, Springdale, AR

1991-1994      *Clinical Dietitian*  
                    Dietary Department  
                    White River Medical Center, Batesville, AR

## **PROFESSIONAL CREDENTIALS**

2018, Certified Nutrition & Wellness Educator, American Association of Family & Consumer Sciences  
1991, Registered Dietitian Nutritionist, Commission on Dietetic Registration (Registration # 726486)  
1991, Licensed Dietitian, Arkansas Dietetics Licensing Board (License # 651)

## **ACCREDITATION DOCUMENTS / SITE VISITS**

Arkansas Department of Higher Education, Existing Academic Program Report for Master of Science in FCS (November) 2019; ADHE Virtual Site Visit, summer 2020  
National Association of Schools of Art and Design; Site Visit, fall 2017  
Arkansas Department of Higher Education, Existing Academic Program Report for Bachelor of Science in FCS (September) 2017; ADHE Site Visit, fall 2017  
Commission on Dietetic Registration, Annual DI Report (November) 2016  
Commission on Dietetic Registration, DI PAR, (November), 2016  
Commission on Dietetic Registration, Annual DI Report, (November) 2015  
Commission on Dietetic Registration, Annual DI Report, (November) 2014  
Commission on Dietetic Registration, Interim DI Report, (July) 2014  
Commission on Dietetic Registration, Annual DPD Report, (November) 2013  
Commission on Dietetic Registration, Annual DPD Report, (November) 2012  
Commission on Dietetic Registration Annual DPD Report, (November) 2011  
Didactic Program in Dietetics Self-Study, (July) 2011; CADE (ACEND) Site Visit, fall 2011  
Commission on Dietetic Registration, Annual DPD Report, (November) 2010

## DISSERTATION COMMITTEES

### *Member*

- Bull, C. (2022). Criminal thinking and college student engagement in illegal behaviors: Influence in career development.
- Skaggs, S. (2022). Episodic future thinking to reduce temporal discounting in criminal offenders.
- Allen, C. (2021). A qualitative study of justice-involved girls' career attitudes and needs.
- Southerland, R. (2019). A qualitative study of clinician experience using the partners for change outcome management system.

## THESIS COMMITTEES

### *Member*

- Grant, R. D. (August 2018). Relationship between visceral fat and health-related quality of life in 5<sup>th</sup> and 6<sup>th</sup> graders in a rural public school in Arkansas.
- Wilson, A. (October 2017). The impact of a six-week health promotion program on blood pressure in public school teachers and staff.
- Baldrige, E. (August 2017). Parental willingness to modify diet or behavior in adolescent children in Central Arkansas.
- Chandler, A. (August 2017). Evaluating the impact of school gardens with Conway Public School students.
- Sherrill, T. (August 2017). Effects of music on eating patterns of patients with Alzheimer's disease.
- Estetter, H. (April 2015). A quantitative look into the eye of the beholder: A glimpse into the mind of the female athlete.

## GRADUATE RESEARCH PROJECT COMMITTEES

### *Chair*

- Acre, A., & Garrett, T. (August 2016). Healthy hospital environment research: Impact on patients, families, employees, and students
- Barnes, H., Henry, W., & Berry, C. (August 2016). Impact of community needs assessments on program planning
- Berry, C., Henry, W., Barnes, H., & Hunter, K. (April 2016). Food security project for health improvement programming
- Nolan, H. (October 2016). Effects of service-learning on self-efficacy and multicultural competency on graduate dietetics students career choice
- Simcox, K. (August 2016). Impact of school gardens on academic success
- Strom, D., & Pierceall, S. (August 2016). Arkansas Japanese internment camp experience and impact on nutrient intake
- Blaylock, R. (August 2015). Comparison of professional organizations and benefits for students versus professionals
- Casebier, C., Courtway, A., & Watson, E. (August 2015). The effects of peer mentoring on dietetic internship success
- Chappell, H., & Utrera, D. (August 2015). Students and social media: A comprehensive study of professional usage in a social media-driven workforce
- Green, B., & Hines, M. (August 2015). A review of popular nutrition applications for consumers
- Henson, C., & Sanders, R. (August 2015). Survey results related to fruit intake when developing recipes for weight management
- Fuenmayor, A., & Suha, V. (October 2015). Perceptions of binge eating disorders: Differences between genders
- Howard, A., & Hunter, K. (October 2015). Community needs assessments and impact on student learning outcomes
- Musselman, T. (October 2015). Modification of fruit and vegetable preferences of adolescents increases the likelihood of consumption
- Nixon, L. (October 2015). Dietetic intern interior design teamwork assessment
- Seay, B. (October 2015). Community needs assessments: The lack of nutrition knowledge among parents with obese children
- Wade, M. (October 2015). What effect does the Healthy Hunger-Free Kids Act have on student perceptions and participation in school nutrition?
- Wilson, A. (October 2015). Incorporation of interprofessional teamwork in the Arkansas Cooperative Extension Service
- Cole, T. Service learning in the College of Health and Behavioral Sciences at the University of Central Arkansas

### *Member*

- Bilderback, R. (August 2017). A study of blood glucose control in diabetic college students
- Chandler, A. (August 2017). Social support and dietary intake of students ages 8-12 years
- Derks, A. (August 2017). College student drinking and disordered eating behaviors
- Erickson, L. (August 2017). Dietitians' perspectives of a neutropenic diet
- Guede, A. (August 2017). Dementia in the elderly and malnutrition outcomes
- Lawrence, A. (August 2017). Characteristics of parks and park use in a rural county

Minnich, M. (August 2017). Perspectives of Arkansas farmer's on Farm to School  
 Roback, L. (August 2017). Sedentary lifestyle and diabetes control in university students  
 Van, H. (August 2017). Building a teaching kitchen inside health and fitness centers  
 Horney, L. (August 2016). Staff knowledge and perceptions of new federal regulations from the Healthy Hunger-Free Kids Act and National School Lunch Program  
 Suha, V. (August 2016). Perceptions of binge eating disorder: Differences between the genders

## UNDERGRADUATE HONOR'S RESEARCH COMMITTEES

Cheatham, A. (April 2016). Kneading more in the classroom: Curriculum and culinary science in concert  
 Troutman, T., & Wilson, C. (April 2010). The Aegle Plan: Exercise and nutrition for radiant health  
 Nicholson, K. (April 2009). The good, the bad, and the ugly: NCAA Division I athletes

## PROFESSIONAL DEVELOPMENT (ABBREVIATED)

National Conference of Academic Deans	University of Central Arkansas, 2019-Present
Food & Nutrition Conference & Expo	Academy of Nutrition & Dietetics, 2010-Present
ArAFCS Annual Conference	AR Assoc of Family & Consumer Sciences, 2010-Present
ArAND Annual Meeting & Expo	AR Academy of Nutrition & Dietetics, 1990-Present
Appreciative Inquiry	Dr. Gervase Bushe, 2016
People Admin Training	University of Central Arkansas, 2016
Google Apps	University of Central Arkansas, 2016
Collaborative Institutional Training Initiative	University of Central Arkansas, 2021
Banner Training	University of Central Arkansas, 2015
Digital Measures	University of Central Arkansas, 2015

## PEER-REVIEWED PUBLICATIONS

Schichtl, R., & **Roofe, N.** (2022). College students' perceptions of food insecurity: A qualitative approach. [NDEP-Line Newsletter](#), 660 subscribers nationwide.

Roofe, N. (2021). How to become a family consumer science teacher. Invited by *Zippia: The Career Expert*. [How to Become A Family Consumer Science Teacher: Step by Step Guide And Career Paths \(zippia.com\)](#)

Peregrin, T. (2021). Encouraging ethical behavior of students: An interview with **Dr. Nina Roofe**. *Journal of the Academy of Nutrition & Dietetics*, 121(10), 2087-2089.

Landry, A.S., Sartain, L., & **Roofe, N.** (Summer, 2019). Involving students in holistic wellness for seniors. *Arkansas Geriatric Education Collaboration Newsletter*. <https://agec.uams.edu/2019/07/23/involving-students-in-holistic-wellness-for-seniors/>

Towery, P., Schrock, M., Landry, A., & **Roofe, N.** (2019). Professional behavior education in the FCS curriculum. *Journal of Family & Consumer Sciences*, 111(4), 49-54. <https://doi.org/10.14307/JFCS111.4.49>

Paramby, T., Rowe, V.T., **Roofe, N.**, Landry, A., & Wright, J. (2019). Interprofessional education in the context of feeding and swallowing. *Journal of Health, Interprofessional Practice & Education*, 3(4), 1177. <https://doi.org/10.7710/2159-1253.1177>

Landry, A., **Roofe, N.**, & Gillasp, A. (2018). Promoting and evaluating interprofessional collaboration with motivational interviewing. *Renal Nutrition Forum*, 37(4), 14-18.

**Roofe, N.** & Landry, A. (2018). Cultivating the desire to mentor in dietetic interns. Submission to the *Journal of the Academy of Nutrition & Dietetics*, 118(10), 1817-1825. Available at: [https://jandonline.org/article/S2212-2672\(18\)30007-8/pdf](https://jandonline.org/article/S2212-2672(18)30007-8/pdf)

Grant, R. D., Landry, A., Schichtl, R., & **Roofe, N.** (2019) Relationship between visceral fat and health-related quality of life in 5<sup>th</sup> and 6<sup>th</sup> graders in a rural public school in Arkansas. *Journal of the Arkansas Medical Society*, 115(11), 254-256. <https://www.arkmed.org/wp-content/uploads/2019/04/Med-Journal-May-2019-Final-2.pdf>

- Paramby, T., Rowe, V.T., **Roofe, N.**, Kubinski, K., & Jones, L. (2017). University of Central Arkansas interprofessional education collaboration. *Arkansas Geriatric Education Collaborative (AGEC)*, 20(1). <http://www.agec.org/2017/01/university-of-central-arkansas-interprofessional-education-collaboration/>
- Roofe, N.**, Lairamore, C., & McCullough, K. (2015). Participation in an interprofessional health fair: Student perceptions of teamwork and the role of faculty. *Health & Interprofessional Practice*, 2(4): eP1085. <http://dx.doi.org/10.7710/2159-1253.1085>. Juried acceptance rate 57%.
- Roofe, N.**, Brinegar, J., & Seymour, G. (2015). Service-learning in higher education: Focus on eating disorder prevention. *Journal of Family & Consumer Sciences*, 107(2), 41-48. Juried acceptance rate 54%.
- Roofe, N.** (2014). Organizing an interprofessional service-learning event. *NDEP-Line*, C:\Users\UCA\Documents\GroupWise\NDEP-Line-Winter 2014.pdf
- Roofe, N.** (2014). The role of service-learning in dietetic internship acceptance. *Enliven Journal of Dietetics Research and Nutrition*, 1(1), 002. <http://www.enlivenarchive.org/dietetics-research-nutrition-002.html>. Juried acceptance rate 55%.
- Roofe, N.** & Bihm, E. (2013). MyPlate, children, and lack formative evaluation: A systematic review. *Journal of Human Science and Extension*, 1(2). <http://www.jhseonline.com/#!current-issue/c2xg>. Juried acceptance rate 56%.
- Roofe, N.** & Ryburn, R. (2013). Family and consumer sciences program recruitment: An interdisciplinary service-learning project. *Journal of Family and Consumer Sciences*, 105(1), 50-54. Juried acceptance rate 54%. [AAFCSarticleProgramrecruitmentRoofeRyburn\\_fall2012.pdf](#)
- Roofe, N.** (2012). Impact of service-learning on undergraduate dietetics education. *Journal of Family and Consumer Science*, 104(4), 28-33. Juried acceptance rate 54%.
- Morris, D. & **Roofe, N.** (2012). *Alive with Mission Me! Youth Multisport Elementary and High School Curriculum Series*, (2<sup>nd</sup> ed). Alive with Mission Me: Chicago, IL.
- Roofe, N.** (2011). Improving families' nutrition knowledge through service-learning. *Journal of Allied Health*, 40(4), 195-199. <http://www.ncbi.nlm.nih.gov/pubmed/22138874>. Juried acceptance rate 62%.
- Roofe, N.** (2011). New tool to help families in the battle against childhood obesity. *NDEP-Line Newsletter*, 660 subscribers nationwide.
- Roofe, N.** (2010) Student-athletes majoring in family and consumer sciences. *Journal of Family and Consumer Science*, 102(1), 34-41. Juried acceptance rate 60%.
- Roofe, N.** (2009). Super kids program evaluation plan. *Kappa Omicron Nu: Health Sciences Working Papers*. <http://www.kon.org/hswp/archive/archives.html>
- Roofe, N.** (2009). The enigmatic profession. *Kappa Omicron Nu: Health Sciences Working Papers*. <http://www.kon.org/hswp/archive/archives.html>
- Roofe, N.** (2009). Freshmen interest groups: Integrating FCS across university courses. *Journal of Family and Consumer Sciences*, 101(1), 57-59. Juried acceptance rate 54%.
- Roofe, N.L.**, Turner, L.W. & Shaw, C.B. (1999). Evaluating popular weight loss programs: Strategies for physical educators and other health professionals. *Arkansas Association for Health, Physical Education, Recreation and Dance Journal*, 34, 20-23.
- Roofe, N.L.** (1999). Weight control: Underweight and overweight. Lecture enrichment in Instructor Manual to accompany *Understanding Nutrition*, 8<sup>th</sup> ed. Belmont, CA: West/Wadsworth Publishing.
- Roofe, N.L.** (1999). Guidelines for evaluating fad diets. *The Weight Control Digest*, 9(13), 854-856.

## SUBMISSIONS

- Roofe, N.**, Sartain, K., Jackson, J., & Landry, A. (2022). Increasing mentoring opportunities for women of color in family and consumer sciences professions. Submitted to the *Journal of Family & Consumer Sciences*, May, 2022.
- Roofe, N. (2022). Going farther through connections. *Journal of Family & Consumer Sciences*. Invited Point of View article. Submitted 4/26/2022.
- Byrd, S., Steward, S., Ravola, M., Collier, B., & **Roofe, N.** (2021). *Sustainability of Home Economics Profession through Leadership Development Programs Steps and Processes*. Submitted for oral presentation at the International Home Economics Association Conference 2022 World Congress.
- Stewart, B. L., Byrd, S., **Roofe, N.**, Russell, M., Ravola, M., Brooks, L., & Coots, E. (2021). A decade of the AAFCS leadership academy: Preparing leaders for AAFCS and the profession. Submitted to the *Journal of Family & Consumer Sciences*, July 2021.
- Stewart, B. L., **Roofe, N.**, Holden, J., Russell, M., Ravola, M., Brooks, L., & Coots, E. (2021). Outcomes of the AAFCS leadership academy to enhance professional leadership qualifications. Submitted to the *Journal of Family & Consumer Sciences*, July 2021.
- Stewart, B., Byrd, S., Coots, E., Holden, J., & **Roofe, N.** (2021). *Leadership Development within Family and Consumer Sciences*. Educational session accepted for presentation at the International Home Economics Association Conference, Atlanta, GA, August 2020—Accepted but postponed to 2024 due to COVID.

## PEER-REVIEWED ORAL PAPERS PRESENTED

- Stewart, B., Buck, S., Byrd, S., Charles, M., Miles, J., & **Roofe, N.** (2021). Mentoring 101: Unleashing your superpower! Presented at the American Association of Family & Consumer Sciences Annual Conference, June 2022.
- Freeman, C., Kinley, T., Namwamba, G., Oates, V., **Roofe, N.**, & Zoumenou, V. (2021). *Networking with the Council for Administrators for Family and Consumer Sciences (CAFCS)*. Presented at the American Association of Family & Consumer Sciences Virtual Conference, June 2021.
- Stewart, B., Byrd, S., & Roofe, N. (2021). *Leadership Development via the AAFCS Leadership Academy*. Presented at the American Association of Family & Consumer Sciences Virtual Conference, June 2021.
- Schrock, M., **Roofe, N.**, & **Landry, A.** (2018). *Encouraging Diversity in Dietetics*. Presented at the Food & Nutrition Conference & Expo, Washington, D.C., October 2018.
- Lieblong, M., Luong, R., & **Roofe, N.** (2018). *Preparing Students to Face the FACS: A Research Study turned Speaker Series, Arkansas Family & Consumer Science Program leads Speaker Series Initiative*. Presented at the American Association of Family & Consumer Sciences Annual Meeting, Atlanta, GA. (40% acceptance rate).
- Roofe, N.** (2016, April). *Nutrition Focused Physical Exam Techniques*. Presented at the Arkansas Academy of Nutrition and Dietetics, Little Rock, AR (invited).
- Roofe, N.** (2015, June). *Flipping Your Classroom to Enhance Student Learning*. Presented at the American Association of Family and Consumer Sciences Conference, Jacksonville, FL (72% acceptance rate)
- Roofe, N.** & Ryburn, R. (2014, June). *Connecting with the Community*. Presented at the American Association of Family and Consumer Sciences Conference, St. Louis, MO (75% acceptance rate)
- Roofe, N.** & Bennett, P. (2013, June). *Developing Sustainable Families in a Challenging Economy*. Presented at the American Association of Family and Consumer Sciences Conference, Houston, TX. (82% acceptance rate)
- Reddig, A., Thomas, A., Bihm, E., **Roofe, N.**, & Shock, M. (2013, April). *What Children Don't Know and Misconstrue About MyPlate: Data from Formative Evaluation*. Presented at the Southwestern Psychological Association Conference, Fort Worth, TX

- Roofe, N.** (2012, June). *Designing Community Collaborations to Improve Preschooler's Nutrition and Health Behaviors*. Presented at the American Association of Family and Consumer Sciences Conference, Indianapolis, IN. (79% acceptance rate)
- Roofe, N.** (2012, April). *Using Service Learning to Impact Pediatric Obesity & Dietetics Education in Arkansas*. Presented at the Arkansas Dietetics Association Annual Meeting and Exhibition, Little Rock, AR. (invited)
- Roofe, N.** (2011, July). *Strategies to Sustain Family and Community Involvement in School Health Programs*. Presented at the Health Education Summer Academy, University of Central Arkansas, Conway, AR. (invited)
- Roofe, N.** (2011, June). *Using Service Learning to Impact Communities*. Research to Practice Rounds Presentation at the American Association of Family and Consumer Sciences Annual Conference, Phoenix, AZ in June 2011. (91% acceptance rate)
- Reifeiss, C., **Roofe, N.**, & Head, D. (2011, March). *Central Region Healthy Weight Coalition Presentation*. Presented at the 2011 Sustainability Conference: CDC's Arkansas Assessment Initiative, Little Rock, AR. (invited)
- Roofe, N.** (2011, March). *Using Service Learning to Impact Pediatric Obesity*. Presented at the Northwest Arkansas District Dietetic Association Spring Seminar, Rogers, AR. (invited)
- Roofe, N.** (2010, May). *The Impact of Nutrition and Health Education Intervention on Kindergarten Students' Nutrition and Exercise Knowledge* (Doctoral dissertation defense). Iowa State University, Ames, IA.
- Roofe, N.** (2010, May). *The challenges and rewards of parenting a preemie*. Presented at the Arkansas Public Health Association Annual Conference, Hot Springs, AR. (invited)
- Roofe, N.** (2010, January). *Early intervention: The key to overcoming developmental delays of prematurity*. Presented at the Annual Conference of the Southern Early Childhood Association, Little Rock, AR. (invited)
- Trost, B., Larson, M., **Roofe, N.**, & Wilson, D. (2008, June). *A centennial DVD project: Interviews with AAFCS leads on past, present, and future FCS issues*. Presented at the American Association of Family and Consumer Sciences Annual Conference, Milwaukee, WI. (36 % acceptance rate)

## PEER-REVIEWED POSTER SESSIONS

- Stewart, B., Byrd, S., & **Roofe, N.** (2021). Professional leadership outcomes of the AAFCS Leadership Academy. Poster Presentation at the annual *American Association of Family & Consumer Sciences Virtual Conference*, June 2021.
- Jackson, J., Roofe, N., & Landry, A. (2021). The impact of mentoring in women of color in family and consumer sciences. Poster Presentation at the *Arkansas Academy of Nutrition & Dietetics Annual Meeting & Expo*, April 2021.
- Roofe, N. (2021). Impact of interprofessional service-learning strategies on knowledge retention. Poster Presentation at the annual *Gulf-South Summit on Service-Learning and Civic-Engagement through Higher Education*, virtual, March 2021.
- Munroe, D., **Roofe, N.**, & Landry, A. (2019). Validation of a survey assessing diversity in didactic programs in dietetics and dietetic internship programs. Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Philadelphia, PA, October 2019.
- Towino, P., Rowe, V., & **Roofe, N.** (2017). Evaluating interprofessional education on swallowing and feeding. Poster Presentation at the annual *American Speech-Language-Hearing Association Convention*, Los Angeles, CA, November 9, 2017.
- Bilderback, R., Landry, A., & **Roofe, N.** (2017). A study of blood glucose control and stress in college students with diabetes. Poster Presentation at the annual *Academy of Nutrition & Dietetics Food & Nutrition Conference & Exposition*, Chicago, IL, October 2017.

- Chandler, A., Landry, A., & Rooffe, N. (2017). Social support and dietary intake of students aged 8-12 years. Poster Presentation at the annual *Academy of Nutrition & Dietetics Food & Nutrition Conference & Exposition*, Chicago, IL, October 2017.
- Guedez, A., Landry, A., & **Rooffe, N.** (2017). Antioxidant vitamin consumption during meals in elderly patients with dementia and its correlation with the Recommended Dietary Allowance (RDA). Poster Presentation at the annual *Academy of Nutrition & Dietetics Food & Nutrition Conference & Exposition*, Chicago, IL, October 2017.
- Landry, A. S., **Rooffe, N.**, & Gillasp, A. (2017). Promoting and evaluating interprofessional collaboration with Motivational Interviewing. Poster Presentation at the annual *Academy of Nutrition & Dietetics Food & Nutrition Conference & Exposition*, Chicago, IL, October 2017.
- Landry, A. S., **Rooffe, N.**, & Gillasp, A. (2017). Promoting and evaluating interprofessional collaboration with Motivational Interviewing. Poster presentation at *Arkansas Academy of Nutrition and Dietetics State Meeting*, Little Rock, AR, April 2017.
- Roback, L., Landry, A., & **Rooffe, N.** (2017). Sedentary activity in college students with diabetes. Poster presentation at *Arkansas Academy of Nutrition and Dietetics State Meeting*, Little Rock, AR, April 2017.
- Erickson, L., Landry, A., & **Rooffe, N.** (2017). Registered dietitian nutritionists' perspectives of neutropenic diet use. Poster presentation at *Arkansas Academy of Nutrition and Dietetics State Meeting*, Little Rock, AR, April 2017.
- Fuenmayor, A., & **Rooffe, N.** (2017). Binge eating disorder in college students: Impact of socio-environmental causes. Poster presentation at *Arkansas Academy of Nutrition and Dietetics State Meeting*, Little Rock, AR, April 2017.
- Lawrence, S., Landry, A., & **Rooffe, N.** (2017). Characteristics of parks and park use in a rural county. Poster presentation at *Arkansas Academy of Nutrition and Dietetics State Meeting*, Little Rock, AR, April 2017.
- Minnich, M., Landry, A., & **Rooffe, N.** (2017). Utilizing photovoice to elicit perspectives of Arkansas farmers in farm-to-school programs. Poster presentation at *Arkansas Academy of Nutrition and Dietetics State Meeting*, Little Rock, AR, April 2017.
- Landry, A., Horney, L., Alsbrook, S., & **Rooffe, N.** (2017). Perceptions regarding the Healthy Hunger-Free Kids Act and National School Lunch Program. Poster Presentation at the *School Nutrition Association Annual Conference*, Atlanta, GA, July 2017.
- Suha, V., **Rooffe, N.**, & Landry, A. (2016). Perceptions of binge eating disorder: Differences between the genders. Poster Presentation at the annual *Academy of Nutrition and Dietetics Conferences & Exposition*, Boston, MA, October 2016.
- Cheatham, A., & **Rooffe, N.** (2016). Kneading more in the classroom: Curriculum and culinary science in concert. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting*, Little Rock, AR, April 2016.
- Rooffe, N.** (2016). Dietetic intern interior design teamwork assessment. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting*, Little Rock, AR, April 2016.
- Rooffe, N.** (2015). Impact of an interprofessional skin and wound care education module. Poster Presentation at the *Clinical Symposium on Advances in Skin & Wound Management*, New Orleans, LA in September 2015.
- Rooffe, N.** (2013). Dietetic internship director's survey: Characteristics of successful applicants. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exposition*, Little Rock, AR, in April 2013.
- Rooffe, N.** (2011). Service-learning: Community impact. Poster Presentation at the *American Association of Family and Consumer Sciences Annual Conference*, Phoenix, AZ, June 2011.



- Roofe, N.** (2011, March). Nutrition education: A university and elementary school collaboration. Poster Presentation at the *Arkansas Association of Family and Consumer Sciences Annual Conference*, Conway, AR, March 2011.
- Roofe, N. & Redwine, A.** (2010, February and April). Service-learning: Everybody wins! Poster Presentation the *Arkansas Dietetic Association Annual Meeting and Exhibition*, Little Rock, AR, April 2010.
- Roofe, N.** (2009). Student-athletes majoring in family and consumer sciences. Poster Presentation at the *American Association of Family and Consumer Sciences Annual Conference*, Knoxville, TN, June 2009.
- Roofe, N.** (2008, March). AAFCS centennial celebration: Moving toward the future with a view to the past. Poster session presented at the *Arkansas Association of Family and Consumer Sciences Annual Conference*, Conway, AR, March 2008.
- Roofe, N.** (2008). Issues and trends in professional practice. Poster session presented at the *Arkansas Dietetic Association Annual Meeting and Exhibition*, Little Rock, AR, April 2008.

## **FUNDRAISING**

TBD, 2021: \$20,000  
 Research Lab, 2020: \$20,000  
 Mary Ann's Room, 2019: \$60,000  
 FACS Alumni Luncheon 2019: \$1000 Taggart Architects, \$500 Innerplan, \$500 K12 Culinary Connection, \$500 WER Architecture white  
 FACS Hiegel Facilities Improvement 2018, \$10,000  
 FACS Alumni Luncheon 2018: \$1000 Baptist Health Conway, \$1000 WER Architecture, \$2000 Tipton Equipment Restaurant Supply  
 FACS Hiegel Multi-Media Curriculum Lab 2017: \$55,000  
 FACS Alumni Luncheon 2017: \$1000 WER Architecture

## **GRANTS (EXTERNAL AWARDED)**

- Stelting, M., & **Roofe, N.** (2022). Blue & You Foundation for a Healthier Arkansas Mini Grant for UCA Bear Essentials Food Pantry. \$2000 grant submitted February 2022. Awarded \$2000.
- Spatz, D., & **Roofe, N.** (2021). Healthy Flavors Arkansas LLC. \$17,600 of \$99,996 total grant submitted January 2021. Awarded \$99,996.
- Landry, A. & **Roofe, N.** (2021). Delta Dental of Arkansas. \$30,000 submitted fall 2020. Awarded \$30,000.
- Landry, A. & **Roofe, N.** (2020). School Nutrition Foundation Grant. \$75,000 submitted summer of 2020. Awarded \$75,000.
- Roofe, N.** (2019). Healthy for Life 20 By 20 Grant. \$2500.00 submitted September 2019. Awarded \$2500.00.
- Roofe, N.** (2015). Kids Eat Right Foundation Grant. \$200.00 submitted April 2015. Awarded \$200.00
- Roofe, N.** (2014). Produce for Better Health Foundation Grant. \$3200.00 submitted September 2014. Awarded \$3200.00.
- Bihm, E., **Roofe, N.**, & Shock, M. (2012). *Nutrition Magic: Preschoolers and the USDA MyPlate*. Blue & You Grant. Awarded \$1000.00

## **GRANTS (EXTERNAL NON-AWARDED)**

- Bihm, E., **Roofe, N.**, & Landry, A. (2018). *The Magic of MyPlate: A Touring Multimedia Extravaganza*. Blue & You. Requesting \$97,347 for community engagement.
- Roofe, N.**, & Schichtl, R. (January, 2018). *Dietitians in the Delta*. Academy of Nutrition and Dietetics. Requested \$9329.85 for recruitment and financial support of diverse students from Arkansas delta and not funded.
- Roofe, N.**, Landry, A., & Whitehead. (2016). Blue & You Grant. \$149,761.00. Submission in July 2016. Not funded.

**Roofe, N.,** Gallagher, M., Morris, D., & Goodman, P. (2015). *Just Do 2! Maximizing Children's Health through Family Lifestyle Behaviors*. Wal-Mart Foundation State Giving Funds. \$225,682 submitted April 15, 2015. Not funded.

Bihm, E., **Roofe, N.,** & Shock, M. (2013). Blue and You Grant. \$149,613.00 submitted July 2013. Not funded.

### **GRANTS (INTERNAL AWARDED)**

**Landry, A., & Roofe, N.** (2021). *Graduate Recruitment Grant*. UCA Graduate School Competitive Grant. Awarded \$1000.00.

**Roofe, N.** (2018-2019). *Teaching Excellence Book Club*. UCA Faculty Development Competitive Grant, Center for Teaching Excellence. Awarded \$750.00.

**Roofe, N.** (2018-2019). *Interprofessional Service Learning Project*. UCA Service Learning Funds, UCA Outreach & Community Engagement. Awarded: \$241.15.

**Roofe, N.** (2015). *Community Needs Assessments*. UCA Research & Grant Development Funds, Sponsored Programs. Awarded: \$5000.00

Morris, D. & **Roofe, N.** (2012). *Utilizing Multisport Curriculum as a Determinant of Healthy Lifestyle Characteristics*. UCA Research Council. Awarded \$5000.00

Bihm, E., Shock, M., & **Roofe, N.** (2011). *A Children's Informal-Education Collaborative (CIEC) and the Hocus Pocus Cornucopia*. UCA Foundation Grant. Awarded \$2900.00.

**Roofe, N.,** Bihm, E., Shock, M. (2011). *Hocus Pocus Cornucopia*. UCA Sponsored Programs Matching Funds. Awarded: \$1000.00.

### **GRANTS (UNDER REVIEW/IN PROCESS)**

NA

### **COLLABORATIVE PROJECTS**

Towery, P., & **Roofe, N.** (2016-2018). *Development of Professional Behaviors*.

Seymour, G., **Roofe, N.,** & Brinegar, J. (2015). *Japanese Internment Camp Project*.

Seymour, G., **Roofe, N.,** & Brinegar, J. (2012). *Eating Disorder Awareness*.

Bihm, E., Shock, M.M., & **Roofe, N.** (2011). *Using Magic in Nutrition Education for Children*.

Morris, D. & **Roofe, N.** (2011). *Alive with MissionMe!*

Seymour, G., Head, D., Reifeiss, C., **Roofe, N.,** & Shock, M. (2011). *Alternative ROOTS Tour & Residency Program*, CORE Performance Company. Awarded \$10,000.00.

### **PUBLIC SPEAKING ACTIVITIES**

**Roofe, N.** (2022, February). *A dietitian's guide to thyroid disorders*. Dietitian Central On-Demand Webinar.

**Roofe, N.** (2022, January). *Polypharmacy in the elderly and the role of the dietitian*. Dietitian Central On-Demand Webinar.

**Roofe, N.** (2021, October). *Nutritional considerations for wound healing in critical care patients*. Dietitian Central On-Demand Webinar.

Lacey, K. & **Roofe, N.** (2021). *A fork in the road: Responsible approaches to ethical dilemmas*. Academy of Nutrition & Dietetics Ethics Committee Webinar.

**Roofe, N.** (2021, August). *A dietitian's guide to chronic inflammation*. Dietitian Central On-Demand Webinar.

**Roofe, R.,** & White, A. (2021, July). *Nutrition considerations for wound healing in critical care patients*. Presented to Doctor of Physical Therapy Students. Invited by the DPT Program of the University of Central Arkansas.

**Roofe, N.** (2021, July). *Nutrition strategies for children with an autism spectrum disorder*. Presented to clients of Integrity Pathways, Muskogee, OK. Invited by the Occupational Therapy program of Northeastern State University.

- Roofe, N.** (2021, May). *Pulmonary hypertension: What does the evidence suggest?* Dietitian Central On-Demand Webinar.
- Roofe, N.** (2020, September). *Future requirements for RDNs: Myths and realities about future requirements for registered dietitians.* Webinar presented to the Louisiana Academy of Nutrition and Dietetics Annual Conference via Zoom.
- Roofe, N. & Davis, L.** (2018, August). *Assignment and rubric design.* Presented at the UCA CTE Mini-Conference: College Teaching by Design, Conway, AR.
- Roofe, N.** (2018, July). *Strategic Planning.* Presented to the Arkansas Academy of Nutrition and Dietetics Board of Director Orientation, Little Rock, AR.
- Roofe, N.** (2017, July). *Appreciative Inquiry for FACS Strategic Planning.* Presented to the Department of Family & Consumer Sciences Strategic Planning Retreat, Conway, AR.
- Roofe, N.** (2017, June). *Appreciative Inquiry for Strategic Planning.* Presented to the Arkansas Academy of Nutrition and Dietetics Board of Director Orientation, Little Rock, AR.
- Roofe, N.** (2017, April). *Appreciative Inquiry: Defining our Future.* Presented to the Arkansas Academy of Nutrition and Dietetics Annual Meeting, Little Rock, AR.
- Roofe, N.** (2016, April). *Putting NFPE to work for you: Detection of early malnutrition.* Presented to the Arkansas Academy of Nutrition and Dietetics Annual Meeting, Little Rock, AR.
- Roofe, N.** (2015, June). *Strategic planning for optimal health of Arkansans.* Presented to the Academy of Nutrition and Dietetics Board of Director Orientation, Little Rock, AR.
- Roofe, N.** (2014, September). *Hire Me, Please!* Presented to the Arkansas Association of Family and Consumer Science Student Leadership Conference, Arkadelphia, AR.
- Roofe, N.** (2014, September). *Making the “Dreaded” Classes Fun: Maximizing Student Learning.* Presented as part of the University of Central Arkansas Instructional Development Center lecture series: Focus on Learning: Eat, Engage, Energize, Conway, AR.
- Roofe, N.** (2013, May). *Interprofessional Education.* Presented to the Arkansas Public Health Association Annual Conference, Hot Springs, AR.
- Roofe, N. & Hehl, T.** (2011, August). *Leading Through Improv!* Presented to Arkansas Dietetic Association Board of Directors at Arkansas Heart Hospital, Little Rock, AR.
- Roofe, N. & Hehl, T.** (2011, August). *Strategic Influencing.* Presented to Arkansas Dietetic Association Board of Directors at Arkansas Heart Hospital, Little Rock, AR.
- Reifeiss, C. & **Roofe, N.** (2011). *Faulkner County Healthy Weight Coalition.* Interview on “Common Ground” television program, Conway, AR.
- Roofe, N.** (2010, August). *Communication Skills for Student Athletes.* Presented to freshmen student-athletes at the University of Central Arkansas, Conway, AR.
- Roofe, N.** (2010, May). *Family Nutrition and Physical Activity Screening Tool.* Presented to Faulkner County Healthy Weight Coalition, Conway, AR.
- Roofe, N.** (2009, July). *What does a dietitian do?* Career day presentation for third and fourth graders at Florence Mattison International Elementary School, Conway, AR.
- Roofe, N.** (2009, October). *What does a dietitian do?* Career orientation presentation for eighth-graders at Bob Courtway Middle School, Conway, AR.

- Roofe, N.** (2009, October). *What is the ADA?* Presented to the Central Arkansas District Dietetic Association, Little Rock, AR. (invited).
- Roofe, N.** (2008—2010). *How to succeed in college.* Presented each fall term for incoming freshmen at the University of Central Arkansas, Conway, AR.
- Roofe, N.** (2005—2008). *Parenting a preemie.* Presented each spring and fall term to Lifespan Development classes at the University of Central Arkansas, Conway, AR.
- Roofe, N.** (2004—2008). *Registered dietitians: The food and nutrition expert.* Presented each spring term to the Overview of Health Professions classes at the University of Central Arkansas, Conway, AR.
- Roofe, N.** (2004—2008). *Professional conduct.* Presented each spring and fall term to Resource Management classes at the University of Central Arkansas, Conway, AR.
- Roofe, N.** (2004—2008). *Nutrition support: Calculating IV, TF, and TPN regimens.* Presented each spring semester to Nutrition Assessment classes at the University of Central Arkansas, Conway, AR.

## **SERVICE & PROFESSIONAL AFFILIATIONS**

### *National*

#### **Academy of Nutrition and Dietetics**

- Ethics Committee, 2020-2023 (3-year term)
- 2020 CDR Advanced Practice Residency Award Review Committee
- House of Delegates (HOD) AR Representative, 2015-2018 (3-year term)
- Mentoring Program (11 mentees nationwide), 2014-present
- Fellow of the Academy of Nutrition & Dietetics, 2013
- Member of Nutrition & Dietetics Educators & Preceptors (NDEP), 2010-present

#### **Accreditation Council for Education in Nutrition and Dietetics (ACEND)**

- Board member, 2019-present
  - Chair, Program Accreditation Committee, 2021-2022, 2022-2023
  - Chair, Policy & Procedure Committee, 2019-2020, 2020-2021
- Site Reviewer, 2014-present

#### **Advisory Board**

- Keith & Associates, Distance Dietetic Internship, Tulsa, OK, 2016-2019

#### **American Association of Family & Consumer Sciences**

- AAFCS Conference, educational session proposal reviewer, 2019-present
- Mentor for AAFCS Leadership Academy participants, 2019-present
- AAFCS Conference, research poster abstracts reviewer, 2017-present

#### **Council of Administrators in Family & Consumer Sciences**

- President, 2022-2023
- Vice-President / President-Elect, 2021-2022
- Vice-President-Elect, 2019-2020
- Vice-President, 2020-2021

#### **Editorial Board Positions**

- Invited topic editor for *Frontiers Journal*, 2019-2020
- Reviewer for *Journal of Nutrition Education & Behavior*, 2018-present
- Reviewer for *Health & Interprofessional Practice Journal*, 2017-present
- Reviewer for *Insights in Nutrition and Dietetics*, 2016-present
- Reviewer for *Family & Consumer Sciences Research Journal*, 2015-present

#### **Textbook Reviewer**

- *Family & Consumer Sciences Research Journal*, 2015—present
- *Delmar's Manual of Laboratory and Diagnostic Tests*, (2<sup>nd</sup> ed.). Wadsworth Cengage Learning(2010)
- *Nutrition and Diet Therapy*, (7<sup>th</sup> ed.). Wadsworth Cengage Learning(2009)

## **Professional Memberships**

### *National*

- Council of Administrators in Family & Consumer Sciences, 2016-present
- International Federation of Home Economics (IFHE), 2019-present
- Nutrition & Dietetics Educators & Preceptors (NDEP), 2010-present
- Kappa Omicron Nu, 2009-present
- American Association of Family and Consumer Sciences, 2006-present
- Academy of Nutrition and Dietetics, 1991-present
- Phi Upsilon Omicron, 1988-present

### *State/Local*

#### **Arkansas Association of Family & Consumer Sciences (ArAFCS)**

- Certification & Professional Development Chair, 2020-present
- Credentialing Coordinator, 2018-2020
- Counselor, 2015-2016
- President, 2014-2015
- Chair of Nutrition, Health, and Food Management Subject Matter Section, 2010-present

#### **Arkansas Academy of Nutrition and Dietetics (ArAND)**

- Strategic Planning Coordinator, 2014-present
- President, 2013-2014
- President-Elect, 2012-2013
- Nominating Committee, 2010-2011
- State Professional Recruitment Coordinator, 2009-2010
- E-Communiqué Management Team, 2008-2009

#### **Conway Public Schools**

- Parent-Teacher Organization, 2017-2018
- FACS Advisory Council, 2016
- Band Boosters, 2011-2018

## **Professional Memberships**

- Oklahoma Dietetic Association, member, 1997-2000
- Arkansas Academy of Nutrition and Dietetics (formerly Arkansas Dietetic Association), member, 1991-present

## **Other**

- Faulkner County Health Initiative, 2010-2015
- Health and Wellness Committee, Florence Mattison Elementary School, 2005-2010
- Food and Nutrition Columnist, *Log Cabin Democrat*, 2005-2006

### *University*

- Minority Faculty Mentoring Initiative, 2021-2022
  - Mentor: Dr. Sunjung Thao, Communications Sciences & Disorders, 2021-2022
- McAlister Hall Building Administrator, 2021-present
- Strategic Planning Committee, Department Chair Rep, 2020-2021
- Graduate Recruitment Grants Review Committee, Fall 2020
- Center for Teaching Excellence, Chairs & Directors Treat Planning Team, 2020
- Center for Teaching Excellence, Online Course Rubric Workgroup, 2019-2020
- Graduate Council, 2018-2021
- Graduate Council Policy & Student Appeals Committee, 2018-2021
- “Assessment & Rubric Design” August 15, 2018 (invited co-presenter for CTE Mini-Conference: College Teaching by Design)
- Center for Teaching Excellence, Peer Teaching Consultant, 2017-2019
- Online Course Evaluations Software Review Committee, 2017 (summer)
- Graduate Council Committee, 2013-2014

- “Making the ‘Dreaded’ Classes Fun: Maximizing Student Learning,” September 25, 2014 (invited speaker for IDC Focus on Learning: Eat, Engage, Energize program)
- Athletic Academic Appeals Committee, Ad Hoc, 2013-present
- “Improving Online Course Evaluation Response Rates,” November 15, 2011 (invited panel presenter for IDC)
- “Teaching Student-Athletes” February 8, 2011 (invited panel presenter for IDC)
- UCA Bear Facts Day, FACS Department Representative, 2011-present
- Athletic Advisory Committee, 2008-2012
- Child Study Center Advisory Board, 2007-present
- Workplace Violence Institute, 2007

#### *College of Health & Behavioral Sciences*

- Robert McLaughlin Graduate Scholarship Committee, 2014
- Interprofessional Education Committee, 2012-2014
- CHBS Dean Search Committee, 2012-2013
- Assessment Committee FACS Liaison, 2012-2013
- Outstanding Student Committee, 2012

#### *Department of Nutrition & Family Sciences*

- Mentoring new faculty members, 2010-present
- Dietetic Intern Association Faculty Advisor, 2013-2017
- Building Emergency Team, McAlister Hall, 2012-present
- Senior Reception Coordinator, 2012
- Graduate Assistant Coordinator, 2011-2015
- Student Dietetic Association Faculty Advisor, 2010-2012
- Curriculum Committee, 2010-present
- Alumni Newsletter and Student Newsletter Editor, 2009-2014
- Scholarship Committee, 2008-2014

### **HONORS & AWARDS**

- UCA Center for Teaching Excellence, Excellence in Online Teaching, 2017
- Fellow of the Academy of Nutrition and Dietetics, 2013
- Outstanding Dietetics Educator Award, American Academy of Nutrition and Dietetics, Area 3, 2013
- UCA Instructional Development Center, Certificate in On-Ground Teaching, 2013
- Outstanding Dietetics Educator Award, Arkansas Academy of Nutrition and Dietetics, 2013
- Professional of the Year Award, Arkansas Association of Family and Consumer Sciences, 2011
- Arkansas Council for Women in Higher Education Scholarship, 2010
- Graduate Student Poster Submission Winner, American Association of Family and Consumer Sciences, Colleges and Universities Research Group, 2009
- Arkansas Association of Family and Consumer Sciences Doctoral Student Scholarship, 2009
- Catharine Maurice Carroll Scholarship, Iowa State University, 2007 and 2008
- Who’s Who Among the Nation’s Teachers, 2003-2004 and 2004-2005