

Stephanie D. Alsbrook, MS, RDN, LD

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EDUCATION

2012

Master of Science

Family and Consumer Science
University of Central Arkansas, Conway, Arkansas

2007

Certificate of Completion, Dietetic Internship

University of Arkansas for Medical Sciences
Central Arkansas Veterans Healthcare System, Little Rock, Arkansas

2005

Bachelor of Science

Family and Consumer Science
University of Central Arkansas, Conway, Arkansas

PROFESSIONAL EXPERIENCE

August 2021 – Present

Clinical Instructor I

University of Central Arkansas

Department of Nutrition and Family Sciences

- Develop student learning objectives for assigned courses and modules
- Implement teaching strategies and learning activities that support learning objectives
- Assess student assignments, projects, tests, and progress
- Identify resources and materials that support learning objectives
- Communicate with students, families, committees, and faculty to achieve student success

September 2019 – July 2021 **School Program Manager / Associate Director**

Arkansas Department of Education, Division of Elementary and Secondary Education

Child Nutrition Unit

- Serve on the Agency's Strategic Planning Workgroup and as the unit's Strategic Planning Process Manager
- Provide leadership to multiple areas of the unit, including supervision of staff: Healthy Schools, Fresh Fruit and Vegetable Program, Training, Digital Learning, Direct Certification Portal, October Eligibles, Charter Schools, and Food Service Management Companies
- Coordinate annual leadership training for 300+ school personnel
- Collaborate with other unit leaders to manage 220-million-dollar annual Child Nutrition budget
- Engage with 18+ internal and external stakeholders to achieve common goals
- Serve on research teams through the University of Central Arkansas, the University of Arkansas, and the University of Arkansas for Medical Sciences

May 2014 to September 2019 **Assistant Director of Healthy Schools and Training**

Arkansas Department of Education, Child Nutrition Unit

- Serve as leader of the Healthy Schools section and the Fresh Fruit and Vegetable Program, including supervision of staff
- Serve as the Unit's Training Coordinator to plan and conduct annual certification training

- Provide training and technical assistance to public schools, communities, and partners
- Collaborate with other unit leaders to manage 200 million dollar annual Child Nutrition budget

2012 to 2014 Fresh Fruit and Vegetable Program Grant Coordinator

Arkansas Department of Education, Child Nutrition Unit

- Coordinate the implementation of United States Department of Agriculture Fresh Fruit and Vegetable Program grants in 125 school districts
- Manage 2.5-million-dollar annual budget

2010 to 2012 Diabetes Self-Management Program Leader

Baptist Health

- Provided leadership to the Diabetes Self-Management Programs in Little Rock, North Little Rock, Stuttgart, and Arkadelphia, including oversight of DSMP certification from the American Diabetes Association
- Conducted inpatient and outpatient assessments and education

2009-2010 Area Specialist, Northeast Arkansas

Arkansas Department of Education, Child Nutrition Unit

- Provided technical support to 40 school districts in Northeast Arkansas as they implemented United States Department of Agriculture School Meals Programs
- Completed Coordinated Review Efforts and School Meals Initiative Menu Analyses

2007-2009 Nutritionist I

Arkansas Children's Hospital

- Responsible for screens, assessments, follow-ups and patient education
- Provided nutrition training and guidance to medical students, residents, dietetic interns, and new staff

2007 Temporary Registered Dietitian (FMLA Coverage)

Saint Vincent Infirmary / Morrisons

2006 Community Educator

BEST Credit Counseling Agency

2006, 2005 4-H Technician, Summer Position

University of Arkansas, Division of Agriculture, Cooperative Extension Service, Little Rock, AR

2004 USAF / 4-H Adventure Camp Counselor

United States Air Force / Arkansas 4-H, Cooperative Extension

2001 to 2003 Field Tech, Dairy Barn Data Collection in Searcy and Van Buren Co.

Sustainable Agriculture Research and Education Grant Funded

UofA Division of Ag. Coop. Extension / Arkansas Dairy Cooperatives

LICENSURE/CERTIFICATION

2007 to Present Registered Dietitian Nutritionist

Commission on Dietetic Registration

Chicago, Illinois

2019 HB
 1853: Local Food, Farms, and Jobs
 2019 HB
 1615: Farm to School and Early Childhood Education Program and Coordinator

Central Administration/Legal Rules Drafting Committees

2015 – 2021 Arkansas
 Department of Education, Division of Elementary and Secondary Education,
 Rules
 Governing Nutrition, Physical Activity, and Body Mass Index – ad hoc
 2017 – 2021 Arkansas Department of Education, Division of Elementary and Secondary Education,
 Rules Governing the Certification of Child Nutrition Directors, Managers, and Workers –
 ad hoc

PROFESSIONAL TEAMS, COMMITTEES, AND ADVISORY BOARDS

2021 University of Central Arkansas, Master of Science Dietetic Internship Advisory Board
 2021 – Present Harding University, Dietetic Internship Advisory Board
 2020 – Present Ouachita Baptist University Nutrition and Dietetics Advisory Board
 2020 Bellweather Small Working Group for ADE Strategic Planning
 2018 – 2021 Arkansas Charter Authorizing Panel, Child Nutrition Advisor
 2018 – 2021 Arkansas Heart Foundation, South Conway County School District Wellness Project
 Advisor
 2016 – 2021 Arkansas School Boards Association, Child Nutrition Advisor
 2015 – 2021 Healthy Active Arkansas Team Lead (2015) and Advisor (2015 – Present)
 2017 – 2021 Arkansas Farm to School Network
 2015 – 2021 University of Arkansas Cooperative Extension, Arkansas Foods Project Advisor
 2013 – 2021 Arkansas No Kid Hungry Campaign Stakeholder
 2013 – 2021 Arkansas No Kid Hungry Breakfast Team Member
 2013 – 2021 Arkansas Farm to School Collaborative
 2013 – Present Henderson State Advisory Didactic Program Advisory Board
 2013 – 2021 University of Arkansas Department of Agricultural Economics and Agribusiness Research
 Advisor
 2017 – 2019 Arkansas Department of Education, Strategic Planning, Strategy 1.6 Workgroup
 2018 School Health Services, Centers for Disease Control Grant Planning Committee
 2018 Arkansas Department of Education, Monitoring Conversations Workgroup
 2017 – 2018 Arkansas Department of Education, Family and Community Engagement Internal
 Stakeholder
 2017 – 2018 Arkansas Department of Education, Personal Competencies Workgroup
 2017 – 2018 Arkansas Department of Education, Emergency Preparedness Floor Warden
 2017 Arkansas Children’s Hospital Research Institute – Farm to School Health Impact
 Assessment Advisory Board
 2017 National Governor’s Association: Arkansas Hunger Task Force
 2017 Arkansas No Kid Hungry and University of Central Arkansas – School Breakfast Impact
 Study Advisory Board
 2013 – 2017 Arkansas Department of Education, School Health Services, Core Team

ACADEMIC / TEACHING EXPERIENCE

Dietetic Intern/Undergraduate Student Preceptor

Fall 2021	Clinical Instructor, University of Central Arkansas <ul style="list-style-type: none"> - Introduction to Dietetics - Foundations of Nutrition, 2 sessions - Food Economics - Community Nutrition Practicum
Spring 2021	Preceptor for undergraduate student's Community Nutrition Practicum – 120 Hours
2020 – 2021	Collaborate with dietetic internship director at Harding University to plan the first administrative dietetics rotations with the Child Nutrition Unit
2019 – 2021	Collaborate with dietetic internship director at Ouachita Baptist University to plan and implement the first administrative dietetics rotations with the Child Nutrition Unit
2017 - 2021	Collaborate with dietetic internship director at the University of Central Arkansas to plan and implement administrative dietetics rotations with the Child Nutrition Unit
2015 – 2021	Collaborate with didactic program directors to provide volunteer opportunities to undergraduate students
2013 – 2021	Annual UCA Nutrition Career Fair
2016 - 2021	Assist UCA Dietetic Interns with survey distribution to Arkansas Child Nutrition Directors
2015 and 2016	Preceptor for undergraduate dietetics student; Summer and Winter Break Shadowing Project – 80 hours
2013	Preceptor for UAMS Graduate Student (Clinical Nutrition) 144 hours of Practicum Requirements Project: Research Marketing in Child Nutrition Programs
2008 to 2013	Preceptor for four Dietetic Interns during their Clinical Staffing Rotations
2010 to 2012	Preceptor for 12 UCA and UAMS Dietetic Interns during their Diabetes Rotations
2007 to 2009	Preceptor for 24 UCA and UAMS Dietetic Interns during their rotations at Arkansas Children's Hospital

Child Nutrition Webinars, ZOOM Sessions, and Digital Learning Modules

2017 – 2021	Nutrition Digital Learning Facilitator	Monthly Child
2020	Child Nutrition Conference Facilitator and Presenter	Virtual
2020	Town Hall with Arkansas Health Department (COVID-19) Facilitator	Virtual
2019 - 2020	Charter School Training	Annual New
2015	Fruit and Vegetable Program – Training Modules for Grant Recipients	Fresh
2014	Fruit and Vegetable Program – Training Modules for Grant Recipients	Fresh
2013-2016	ZOOM Webinar: FFVP Funding Opportunity	

Child Nutrition Training Coordinator

2021	Nutrition Procurement Series with Team Digital	Child
2019	Manager Certification Training	

2019
 Manager Recertification Training
 2019
 Director Certification Training
 2019 UCA
 Online Child Nutrition Administrator Training
 2018 Spring
 Pilot Project: Online Manager Part 1 Training and 2-day In-Person Review
 2018 Fall
 Pilot Project: Online Manager Part 1 Training and 2-day In-Person Review
 2018
 Manager Certification Training
 2018
 Director Certification Training
 2018 UCA
 Online Pilot: Child Nutrition Administrator Training

Child Nutrition Workshops and Training

2021 Virtual Child Nutrition Conference, *Professional Development and Training*, 400 participants

2020 New Charter Orientation, *Into to Child Nutrition*, 50 Participants
 Virtual Directors' Conference, *Training and Resources*, 324 Participants

2019 Director Certification Training, *Leadership and Business Administration*, 23 Participants
 Director Certification Training, *Key Performance Indicators*, 23 Participants
 Director Certification Training, *Equipment and Kitchen Efficiency*, 23 Participants
 Annual Child Nutrition Conference, *Training and Certification*, 360 Participants
 New Director Training, *Wellness and Smart Snacks*, 75 Participants

2018 Director Certification Training, *Leadership for Directors*, 22 Participants
 Administrative Review Training, *Wellness and Smart Snacks*, 100 Participants
 Annual Directors' Conference, *Building Your Elevator Speech*, 400 Participants
 Food Service Management Company Training, *RFP Processes*, 15 Participants
 Arkansas Team Up for School Nutrition Success, Facilitator, 100 Participants

2017 Administrative Review Training, *Wellness and Smart Snacks*, 100 Participants
 Child Nutrition Director Certification Training, *Marketing*, 20 Participants
 Child Nutrition Manager Recertification, *Wellness and Smart Snacks*, 240 Participants
 Arkansas Team Up for School Nutrition Success, Facilitator, 100 Participants

2016 Arkansas Child Nutrition Directors Conference, Facilitator or Team Up and Special Projects Panels and *Smart Snacks in Arkansas Schools* Presenter, 400 Participants

Arkansas Team Up for School Nutrition Success, Facilitator, 50 Participants

2015 Arkansas Child Nutrition Managers Training, *Nutrition for Managers*, 65 Participants
 Arkansas Child Nutrition Managers Recertification Training, 200 Participants

- *Smart Snacks in Schools and Understanding Wellness Committees* (Breakouts)
 - *Best Practices of Successful Child Nutrition Programs* (Assembly)
- Arkansas Child Nutrition Directors Training, *Marketing for Directors*, 30 Participants
 Arkansas Child Nutrition Directors Conference, *Team Up Panel Facilitator, Smart Snacks in Schools Presenter*, 400 participants
 New Director Orientation Part II, *Special Dietary Needs in Schools*, 75 Participants

2014
 Arkansas Child Nutrition Directors Training, *Marketing for Directors*, 30 Participants
 Arkansas Child Nutrition Directors Conference, *USDA Whole Grain-Rich Requirements and Tools*, 375 Participants
 New Director Orientation Part II, *Special Dietary Needs in Schools*, 75 Participants

2013 New
 Meal Patterns Workshop, *Whole Grain Equivalents*, 300 Participants
 Arkansas Child Nutrition Managers II Training, *Marketing*, 100 Participants
 Arkansas Child Nutrition Directors Training, *Marketing*, 25 Participants
 New Director Orientation Part II, *Special Dietary Needs in Schools*, 75 Participants
 Fresh Fruit and Vegetable Program – Training for Grant Recipients, 111 Participants

Managers Recertification Training, *Whole Grain Equivalents Sessions*, 300 Participants
 Child Nutrition Marketing Strategies Workshop, 1-day program, 100 Participants
 Child Nutrition Directors Conference, *Marketing Strategies that Work*, 350 Participants

2010
 White County Central Child Nutrition Staff Training, “Communicating Effectively”
 Bald Knob School District Child Nutrition Staff Training, “Back-to-School Orientation” New
 Director Orientation Part II, *Special Dietary Needs in Schools*, 75 Participants

2009
 Distance Education, *Special Dietary Needs in Schools* Team
 Nutrition Training Grant, *Whole Grain Workshops* (5 two-day workshops)

Medical Nutrition Therapy Patient Education Classes

2010 to 2012
 Diabetes Self-Management Group Classes (2-4 monthly)

- Taught Self-care Sessions (2 hours)
- Taught Nutrition Sessions (2 hours)
- Conducted Pre / Post Test Evaluations
- Edited and updated educational materials, slides, handouts

2010 to 2012 Cardiac
 Rehabilitation Nutrition Group Classes (monthly)

- Created standardized curriculum
- Taught sessions on label reading, sodium, and fat (30 min)

2010 to 2012 Bariatric
 Surgery Nutrition Group Classes

- Gastric Bypass Post Surgery Diet (1 hour, twice weekly)
- Lap-Band Post Surgery Diet (1 hour, twice weekly)
- Sleeve Post Surgery Diet (1 hour, once weekly)

PUBLICATIONS

Publications for Arkansas Department of Education, Child Nutrition Unit

Published between 2009-2020

- Co-author of the *Wellness is Worth It!* workbook for school wellness committees
- Marketing and Problem-Solving Guide for Child Nutrition Programs
- *The New Meal Deal, Marketing Toolkit for Child Nutrition Programs*, including 40-page Marketing curriculum and compiled resources for distribution to 1800 recipients
- Child Nutrition Newsletters
 - Volume VIII / No. 6 – Summer 2015
 - Volume VIII / No. 5 – March 2015
 - Volume VIII / No. 4 –December 2014
 - Volume VIII / Special Edition – Summer 2014
 - Volume VIII / No. 2 – January 2014
 - Volume VIII / No. 1 – October 2013
 - Volume VII / Special Edition – August 2013

Publications for Baptist Health, Health Management Center

Published between 2010-2012

- 10-week Adolescent Weight Loss Summer Program Nutrition Curriculum and Instructors Manual
- “Diabetes: The Basics” In-patient Handout
- Carb-counting and Menu Planning Chart
- Cardiac Rehab Diet Education Manual

SPEAKING ENGAGEMENTS

2020	University of Central Arkansas Virtual Nutrition Fair, <i>Careers in Child Nutrition</i>	
2019	Cities Combating Hunger Summit, <i>Summer Meals Panel</i>	
2018	McKinney-Vento State Conference, <i>Direct Certification with Child Nutrition</i>	
2017	Arkansas Departments of Education and Health, <i>Wellness Orientation for New Staff</i>	
2017	Arkansas Children’s Hospital Clinical Nutrition Staff Training, <i>Child Nutrition 101</i>	
2017	Arkansas Board of Education Meeting	
	Report: Team Up for School Nutrition Success - Growth and Outcomes	
2017	Coordinated School Health Meeting – <i>Child Nutrition Opportunities for Collaboration</i>	
2017	East Arkansas Enterprise Annual Meeting – <i>Farm to School Opportunities in Arkansas</i>	
2016	Coordinated School Health Coordinators’ Meeting - <i>Smart Snacks in Arkansas Schools</i>	
2016	Healthy Active Arkansas Orientation, <i>Strategic Plan for Nutrition Standards in Schools</i>	
2015	Arkansas Health Department Grand Rounds, <i>The State of Child Nutrition in Arkansas</i>	
2015	Annual Arkansas Community Health Promotion Specialists and Nurse Specialists Training, <i>Smart Snacks in Schools</i>	
2015	Arkansas School Health Conference, <i>Smart Snacks in Schools</i>	
2015	Arkansas OUR Educational Co-op Wellness Workshop, <i>Smart Snacks in Schools</i>	NW
2012	Health Grace Steuri Women’s Health Forums, <i>Reduce Your Risk for Heart Disease with Food</i> , Co-presented with Cardiologist Dr. Douglas Holloway	Baptist

2012
Cardinal Health, Employee Health Lunch-and-Learn Guest Speaker, "Diabetes Nutrition"
and "What's in the Dietitian's Lunchbox?"

2012 City of Little Rock, Employee Health Education Series
Nutrition Presenter, 2 sessions, "Top 10 Weight Loss Questions"

2012 Baptist Health – Stuttgart, Doctors Staff Meeting
Guest Speaker, "Benefits of Diabetes Education and Cardiac Rehab"

2011 Baptist Health Medical Center-Stuttgart, *Living with Diabetes*, Guest Speaker, "Eating
Healthy for Diabetes"

2011 Church Women United, Central AR, Guest Speaker "Winning the War against Diabetes"
2011 St. John
Missionary Baptist Church, Little Rock

Baptist Health Community Wellness Center, Guest Speaker, "What Everyone Should
Know about Diabetes"

2010 Sherwood Senior Center, Thanksgiving Meal Guest Speaker, "Nutrition and Diabetes"

2010 Baptist Health North Little Rock – Rehab
Heath Education Session, Guest Speaker, "Eating for Good Health"

2010 Baptist Health North Little Rock – Rehab
Health Education Session, Guest Speaker, "Understanding Sodium in Your Diet"

2010 Baptist Health North Little Rock – Rehab
Health Education Session, Guest Speaker, "Understanding Fat in Your Diet"

2010 Retired Air Force Monthly Meeting Guest Speaker, "Common Food Myths"

TELEVISION APPEARANCES

2010 to 2012 KATV – Channel 7, Little Rock

- Common Food Myths
- Choosing Healthy Summer Drinks
- Identifying Whole Grain Products
- Back-to-School Nutrition
- Breakfasts-on-the-Go
- Heart Healthy Eating
- Eating Out and Eating Healthy
- American Heart Association, my response to new study "Daily doses of a new probiotic reduces 'bad' and total cholesterol"
- The New Plate Method, my response
- Healthy Foods for Exercise

THV – Channel 11, Little Rock

- Gluten Free Diet
- Grocery Store Tour with Dawn Scott
- THV Employee Fitness Challenge

GRANTS

FY 2021 \$2,933,510 USDA Grant Award for Arkansas FFVP
 FY 2020 \$2,799,258 USDA Grant Award for Arkansas FFVP
 2019 \$2,481,598 USDA Grant Award for Arkansas FFVP
 2018 \$2,526,844 USDA Grant Award for Arkansas FFVP
 2017 \$2,673,041 USDA Grant Award for Arkansas FFVP

2016 \$2,567,324 USDA Grant Award for Arkansas FFVP
 2015 \$2,535,731 USDA Grant Award for Arkansas FFVP
 2014 \$2,411,047 USDA Grant Award for Arkansas FFVP
 2012 \$20,000 Scott Landers Grant for Baptist Health Adolescent Summer Program
 2011 \$1,200 DSMP Start-Up Grant from Arkansas County Partners in Health
 2004 \$750.00 Arkansas 4-H Innovative Program Grant

SERVICE

2020 Arkansas 4-H Hall of Fame Judge
 2020 Ouachita Baptist University Dietetic Internship Collaborator: assisted with internship eligibility application, self-study process, site visit, and affiliation agreements
 2017 UCA FACS Iron Chef Judge
 2016 4-H Hall of Fame – announced 2016 nominees and inductee
 2014 – Present University of Arkansas Division of Agriculture Cooperative Extension Service - partner
 2014 – Present Arkansas Coalition for Obesity Prevention
 2014 - Present Arkansas No Kid Hungry Campaign – advisor and partner
 2014 - Present Arkansas Coordinated School Health Group – advisor and partner
 2014 - 2015 Arkansas Hunger Relief Alliance – AR Meals for Achievement grant reviewer and advisor
 2014 AR Department of Education Joint Use Agreement Grants - reviewer
 2009 - Present Henderson State University Dietetics Advisory Committee Member
 2012 - Present Advisor to the Arkansas Child Health Advisory Committee
 2013 Advisor to the Arkansas Farm to School Grant Selection Committee
 2013, 2016 Arkansas 4-H Governor’s Award Judge
 2012 CardioID Casting Judge
 2012 City of North Little Rock Fit to Live Initiative, Community Seminar, Discussion Panel Member for Viewing of *The Weight of the Nation*
 2012 Arkansas Child Nutrition Unit Director’s Conference, Guest Speaker
Understanding Diabetes in the School System
 2011 to 2012 City of North Little Rock Fit 2 Live Initiative, Healthy Options Subcommittee Member
 2011 to 2012 Arkansas Diabetes Council Advisor
 2012 Foundation for the Mid-South, conference representative for City of North Little Rock

PROFESSIONAL DEVELOPMENT

2021 University of Central Arkansas, New Faculty Orientation
 2021 University of Central Arkansas, New Faculty Teaching Academy
 2021 University of Central Arkansas, Center for Teaching Excellence, Instructional Design Consultation
 2021 eCornell Webinar “Shaping the Future of Learning and Leadership: Lessons Learned from a Pandemic”
 2021 Child Nutrition Procurement Series (5 Sessions) with Barry Sakin
 2013 – 2020 Arkansas Child Nutrition Unit Annual Director’s Conference
 2020 LinkedIn Learning: Telling Stories with Data
 2020 USDA
 Southwest Regional Finance and Grant Award Training

2020	Arkansas State Procurement Training	
2020	Arkansas Academy of Nutrition and Dietetics Virtual Conference	
2019	Arkansas School Nutrition Association Annual Conference	USDA
2019	Southwest Regional State Director's Meeting	USDA
2019	Federal Procurement Training	
2019	Institute of Child Nutrition, Train-the-Trainer Workshop	Clinton
2019	School of Public Service Food Security Convening Workshop Part I	Clinton
2018	School of Public Service Food Security Convening Workshop Part II	
2018	University of Central Arkansas, Dietetic Internship Preceptor Symposium	USDA
2018	Procurement for Child Nutrition Programs Training	USDA
2018	State Agency Meeting	
2017	Arkansas School Nutrition Association Annual Conference	
2017	National Governor's Association Learning Lab - Strategies to Reduce Childhood Hunger	
2017	Cornell University Smarter Lunchrooms Movement Training	
2017	Arkansas Child Health Advisory Committee Retreat and Strategic Planning Meeting	
2017	Healthy Active Arkansas Summit	
2016	Farm to School Food Safety Training, UAEX and Arkansas Children's Hospital	
2010 -2016, 2008	Arkansas Department of Education, Strategic Planning Retreat	
2015	Arkansas Academy of Nutrition and Dietetics Annual Meeting	USDA
2015	State Agency Meeting	USDA
2015	State Agency Team Up Training	
2014	USDA SWR: Team Up for School Nutrition Success	USDA
2013	Produce Safety University	USDA
2012	New Administrative Review Training, San Francisco, CA	Ritz
2012	Carlton Leadership Center Training at Baptist Health	Fit 2
2012	Live Partner Appreciation Luncheon	
2012	Health, Nurse Education "Crucial Conversations"	Baptist

2011		ArDA
Reimbursement Symposium		
2010		
Arkansas Child Nutrition Managers Part II Training		
2009		
Arkansas Child Nutrition Managers Part I Training		
2009		
Arkansas Child Nutrition Directors Training		
2009 - 2010		Arkansas Child
Nutrition Directors Conference		
2009		
National Food Service Management Institute		
	<i>First Choice Procurement Seminar</i>	
2009		
Arkansas School Nutrition Association Annual Meeting		

AWARDS

2021	Airplane Award, Department of Nutrition and Family Sciences, UCA
2016	USDA Certificate of Appreciation in recognition of Commitment to Food and Nutrition Service and the Team Up Initiative
2012, 2011	UAMS/CAVHS Dietetic Internship Influential Preceptor Award
2007	UAMS/CAVHS Dietetic Internship Faculty Gold Key Recipient
2007	Arkansas Dietetic Association Outstanding Dietetics Student
2004	Arkansas 4-H Hall of Fame Inductee
2003	Arkansas 4-H Governor’s Award Recipient
2001	UCA I.D.E.A.L. Leadership Team Inaugural Member

QUALIFICATIONS AND SKILLS

- Highly organized, motivated, and energetic approach to strategic planning and goals
- Team building, communication, and leadership skills
 - Served on the Department of Education Strategic Planning Workgroup
 - Served as the Child Nutrition Unit Process Manager for the agency’s strategic planning process
 - Career Ladder – researched, designed, and presented Baptist Health Career Ladder for Health Management Center Dietitians to Leadership and Human Resources. The Career Ladder was adopted into policy and resulted in significant raises for all RDs.
 - Recognition Luncheon - organized for Baptist Health North Little Rock Cardiac Rehab after receiving recognition for Highest Patient Satisfaction Score at BEST Award Ceremony
 - Recognition Luncheon and Team Building Session - organized for Health Management Center to celebrate department growth and team success
 - Marketing
 - Developed Marketing and Engagement Guides for Child Nutrition Directors and Superintendents
 - Distributed posters, flyers, and pamphlets to regional doctor’s offices to promote Health Management Center Programs (25 visits)
 - Planned and displayed Health Management Center booth at health fairs
 - Camp Robinson Employee Health Fair (2010)
 - Baptist Health National Diabetes Month Booth (2010)
 - Park Plaza Mall Back-to-School Health Fair (2012)
- Staff management skills:

- o Supervised 4 Child Nutrition staff and six program areas
- o Coordinated approximately 30 instructors annually for the Manager Certification Program
- o Coordinated approximately 14 instructors annual for the Director Certification Program
- o Supervised 12 Diabetes Self-Management Program staff and assisted in the management of 12 Cardiac Rehab staff in the Health Management Center
- Program planning, design, implementation, and evaluation skills
 - o Due to COVID-19, redesigned six weeks of Child Nutrition training to be conducted in a digital format
 - o Restructured the Manager Part 2 Training to reduce number of in-person days (to decrease time away from home, expenses to district, and travel time) and increase exposure to computer skills by adding two required online modules and a technology course for managers.
 - o Prior to 2020 and the COVID Pandemic, planned the restructuring of Director Certification Training to move away from two consecutive weeks in the summer to a series of training completed in one year instead of three: 1 week in-person Director Training, 3-day in-person Key Performance Indicator Workshop in the fall to include KPI Virtual Project with goal setting and statement of activities, and 3-day Procurement Workshop in the spring
 - o Online Child Nutrition Training Pilots – planned and conducted four pilots to determine effectiveness of online training modules for administrators, directors, and managers
 - o Team Up for School Nutrition Success in Arkansas – training for lead mentors, mentors; facilitator for mentees
 - o Baptist Health-Stuttgart – completed initial certification requirements through the American Diabetes Association and developed the data-tracking procedures and spreadsheets for Diabetes Self-Management Program
 - o Fitness Center – met with Baptist Health – North Little Rock Leadership to plan and implement a Nutrition Education Session for employees who were members of the Fitness Center. Partnered with Exercise Physiologists to provide nutrition education in conjunction with exercise training.
 - o Healthy Living Consults – designed and implemented cash-only business for pre-diabetes and gluten-free diet education to meet patient needs and increase revenue for Health Management Center
 - o Cardio-ID – designed consumer nutrition education session and performed biometric screenings for approximately 50 participants
 - o Partnered with Team Nutrition Training Grant Coordinator to plan and implement five Arkansas Child Nutrition Team Nutrition Training Grant Community Seminars, featuring Zonya Foco
- Computer skills: Google Drive, Microsoft Word, Excel, Publisher, PowerPoint
- Experience with diabetes, cardiac disease, renal disease, congenital heart disease, obesity, childhood and adolescent obesity, neurological disorders, tube feedings, total peripheral nutrition, gluten intolerance, and pediatric nutrition

REFERENCE LIST

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AUTHENTICATION

The information contained in this document is accurate and complete to the best of my knowledge.

Stephanie Alsbrook

November 17, 2021