



BACHELOR OF SCIENCE | COMMUNITY NUTRITION | 2021-2022

Name: _____ ID #: _____ Date: _____

Advisor: _____ Date Entered UCA: _____

College/University Transferred From: _____ Department: _____

LOWER DIVISION CORE REQUIREMENTS ARE LOCATED ON BACK

NOTES AND INFORMATION:

- No minor required
- Transitional courses (UNIV) do NOT count toward degree hours
- Most courses require a prerequisite with a grade of C or better, please refer to the undergraduate bulletin or <https://uca.edu/nfs/programs/>
- Degree requires minimum 120 hours
- At least 40 hours must be upper division (3000-4000) level
- Students receive assistance from faculty advisor, however, it is the student’s responsibility to know all requirements and to monitor degree progress

UPPER DIVISION CORE

Student must take one course designated as an Upper Division Core in each of the following categories:

____ Communication (C) ____ Diversity (D) ____ Critical Inquiry (I) ____ Responsible Living (R) ____ Capstone (Z)

Courses may be taken in the major OR an approved elective

NUTRITION/FACS REQUIREMENTS (58-59 HOURS)

- ____ FACS 2341 Lifespan Development
- ____ FACS 2351 Family Relations
- ____ FACS 3311 Resource Management (C)
- ____ FACS 3318 Parenting Issues
- ____ FACS 3372 Personal & Family Finance (I/R)
- ____ FACS 3356 Methods or prior to SP 21
- ____ FACS 3456
- ____ NUTR 1100 Intro to Dietetics Profession
- ____ NUTR 1300 Foundations of Nutrition
- ____ NUTR 2311 Meal Management
- ____ NUTR 3310 Food Science
- ____ NUTR 3350 Community Nutrition
- ____ NUTR 3370 Lifecycle Nutrition I
- ____ NUTR 3371 Nutrition Counseling
- ____ NUTR 3375 Lifecycle Nutrition II
- ____ NUTR 3380 Food Economics (Fall)
- ____ NUTR 4301 Research in NFS (Fall)
- ____ NUTR 4315 Sports Nutrition
- ____ NUTR 4321 Nutrition Services Administration (Spring)
- ____ NUTR 4339 Community Nutrition Practicum (Z) (Spring)
- ____ NUTR 4395 Nutrition: Contemporary Issues (D)

SPECIAL DEGREE REQUIREMENTS (11 HOURS)

- ____ BIOL 2405 Human Anatomy & Physiology
- ____ BIOL 2411 Microbiology
- ____ PSYC 2330 Statistics **OR** SOC 2321 **OR** MATH 2311

ELECTIVES

(as needed to meet 120-hours requirements and/or 40 upper division requirements)

- ____ FACS 4V35 Body Image & Culture (Study Abroad) (D)
- ____ NUTR 4V36 Nutrition for Life (Study Abroad) (D)
- ____ FACS 4316 Women in Poverty (D)

ADVISING CHECKLIST

- ____ LOWER CORE MET
- ____ NUTR/FACS REQUIREMENTS
- ____ SPECIAL DEGREE REQUIREMENTS
- ____ 40 UPPER DIVISION _____ / _____
- ____ MINIMUM 120 HOURS _____ / _____
- ____ UPPER DIVISION CORE MET

University of Central Arkansas
NUTR Lower Division Core
2021-2022

NOTES AND INFORMATION

- Breadth Requirements:
 - **⁺Fine Arts and [◇]Humanities:** Students must take at least one course in the Fine Arts⁺ (FA) and one in the Humanities[◇] (HUM) to fulfill lower-division (LD) requirements.
 - ***Social Science:** All students are required to take six credits of social science. In addition to the SS category, one must be taken in either Diversity in World Cultures or Responsible living category.
 - **First-Year Seminar[^]:** During the first year, one course – from the Critical Inquiry, Diversity, or Responsible Living category – must be a First-Year Seminar (FYS). See the online class schedule to find FYS sections.

Please visit <http://uca.edu/core> for more information

Effective Communication (9 Hours)

Writing Foundation (3 hrs)

___ WRTG 1310 OR HONC 1310

Research & Writing (3 hrs)

___ WRTG 1320 OR ENGL 1320 OR HONC 1320
(WRTG 1310 & 1320 must be taken upon initial enrollment unless previously taken. Minimum grade of C required.)

Oral Communication (3 hrs)

___ COMM 1300 OR MGMT 2301 OR MKTG 2376

Critical Inquiry (20 Hours)

Quantitative (3 hrs)

___ MATH 1390

Physical Science (4 hrs)

___ CHEM 1402

Life Science (4 hrs)

___ BIOL 1400 OR BIOL 1401/1402/1410/1440

American History and Government (3 hrs)

___ HIST 2301 OR HIST 2302 OR PSCI 1330 (if used here, cannot use for SS*)

Social Science* (3 hrs)

___ PSYC 1300 OR SOC 1300 OR BUAD 2301 OR ECON 2320 OR ECON 2321 OR GEOG 1305 OR HIST 2360 OR MGMT 2341 OR PSCI 1300 OR PSCI 1330 OR PSCI 2300

Fine Arts/Humanities (3 hrs)

___ AFAM/HIST 1330[◇] OR ART 2300⁺ OR ART 2325⁺/2335⁺/2336⁺ OR ENGL 1350[◇] OR ENGL 1355[◇] OR ENGL 1373[◇] OR CHIN/FREN/GERM/SPAN 2320[◇] OR LALS 2310[◇] OR PHIL 1301[◇] OR PHIL 1373^{◇^} OR PHIL 2305[◇] OR RELG 1330[◇] OR THEA 2300⁺ OR LING 2350[◇] OR HONC 1310[◇]

Diversity (6 hours)

Creative Works (3 hrs)

___ COMM 1305⁺ OR CRWR 2310⁺ OR ENGL 2370[◇] OR ENGL 2380[◇] OR ENGL 2390[◇] OR FILM 2300⁺ OR MUS 1340⁺ OR MUS 2300⁺ OR WLAN 2315[◇] OR WRTG 1374[^] OR HONC 2320⁺

World Cultures (3 hrs)

___ ANTH 1302* OR BUAD 2302* OR ECON 2310* OR ENGL 2305[◇]/2306[◇] OR ENGL 2320[◇] OR GEOG 1300* OR GEOG 1320* OR HBST 1377 OR HIST 1310*/1320*/1375*[^] OR HIST 1399[◇]/2310[◇] OR LALS 2300[◇] OR LING 1310* OR PHIL 1330[◇] OR PHIL 1375[◇] OR RELG 1320[◇] OR WLAN 2325[◇] OR HONC 2310[◇]

Responsible Living (3 Hours)

___ FACS 2341 OR FACS 2351 OR NUTR 1300 OR ACAD 1300 OR BUAD 2303* OR COMM 1306 OR ECON 1310* OR EDUC 2330* OR ENGL 1345[◇] OR EXSS 1320 OR FINA 2330* OR HLTH 1320 OR HLTH 2320* OR HIST 1376^{◇^} OR INSU 1300 OR MCOM 1300 OR PHIL 2325[◇] OR PHIL 2360[◇] OR PSCI 2315* OR SOC 2325* OR USCH 1300^{◇^} OR WRTG 2325 OR HONC 1320* OR HONC 2310[◇]

LOWER DIVISION CORE (38 Hours)

Student must have 38 hours INCLUDING one from each of the following to fulfill the LDC.

___ Fine Art⁺
___ Social Science*3 Hrs
___ Social Science*3 Hrs
___ Humanities[◇]
___ First Year Seminar[^] (FYS)_____