

Laura Meek, MS, RDN, LD
University of Central Arkansas
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EDUCATION

University of Central Arkansas, Conway, AR Dietetic Internship	2007
University of Central Arkansas, Conway, AR M.S. in Dietetics	2007
University of Central Arkansas, Conway, AR B.S. in Family and Consumer Sciences- Dietetics	2005
University of Arkansas Community College at Morrilton, Morrilton, AR A.A. General Education	2003

PROFESSIONAL CREDENTIALS

Registered Dietitian Nutritionist, Commission on Dietetics Registration (Licensure #1014680)
Licensed Dietitian/Nutritionist, Arkansas Dietetics Licensing Board (Licensure #1075)

TEACHING EXPERIENCE

University of Central Arkansas Full-Time Faculty Lifecycle Nutrition, Medical Nutrition Therapy 1 & 2, Nutrition Contemporary Issues, Food Science, Foundations of Nutrition	2017-
University of Arkansas Community College at Morrilton Full-Time Faculty Developed syllabus, course structure, and online course and graded all written work. Courses: Nutrition, Food Safety and Sanitation, Diet Therapy, Foodservice Management, Field Experience	2009-2016
University of Arkansas Community College at Morrilton Advisor Advised 60+ students per semester.	2009-2016
University of Arkansas Community College at Morrilton Dietary Management Program Director	2009-2013

Developed course structure, coordinated with preceptors, managed weekly field experience assignments, and administered all grades.

University of Arkansas Community College at Morrilton

Adjunct Instructor

2007-2009

Nutrition course instructor

RELATED EXPERIENCE

H2MD, Conway, AR

Consultant Dietitian

2014– 2016

Assisted with development of weight loss program.

Greenbrier High School Family and Consumer Science, Greenbrier, AR

Advisory Board

Conway County, Morrilton, AR

Grant Funded Wellness Dietitian

2011 – 2012

Provided medical nutrition therapy and weight loss consulting to citizens of Conway County.

Baptist Health, Heber Springs, AR

Clinical Dietitian and Diabetes Management Educator

2008 – 2009

Provided medical nutrition therapy and taught the nutrition component of the diabetes self-management class. Supported Baptist Health of Little Rock in long-term acute care unit.

Advanced Care Hospital, Searcy, AR

Clinical Dietitian

2007-2008

Provided medical nutrition therapy to long-term acute care patients requiring intensive nutrition intervention.

Conway Regional Hospital, Conway, AR

Clinical Dietetic Assistant

2005-2006

Patient education, screening, assessment, menu preparation and modification, billing, record keeping and employee training.

MEMBERSHIPS

Academy of Nutrition and Dietetics

Arkansas Academy of Nutrition and Dietetics

GRADUATE RESEARCH PROJECT COMMITTEES

Holloway, A. (May 2019). Experiences and Perceptions of Ketogenic Dieters (IRB #19-047).

PROFESSIONAL DEVELOPMENT TRAINING

Annual State Meeting	AR Academy of Nutrition and Dietetics	2018
Food and Nutrition Conference and Expo	Academy of Nutrition & Dietetics, D.C.	2018
Ladrdal/NLN Debriefing Workshop	University of Central Arkansas	2018
Annual State Meeting	AR Academy of Nutrition and Dietetics	2017
Food and Nutrition Conference and Expo	Academy of Nutrition & Dietetics, Chicago	2017
Food and Nutrition Conference and Expo	Academy of Nutrition & Dietetics, Nashville	2015

UNIVERSITY-WIDE COMMITTEE

Spring 2018- Present	Residential Task Force
Fall 2017- Fall 2019	Day of Giving

GENERAL SERVICE

Fall 2018	Home Instruction for Parents of Preschoolers, Speaker
Fall 2013-2016	Greenbrier High School FACS Advisory Committee

ACADEMIC ADVISOR TO STUDENT GROUP

Fall 2019-Present	Phi Upsilon Omicron, Advisor
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HONORS AND AWARDS

Mini Connect Grant, September 2019
 HPaW Residential College, Faculty Exemplar, March 2019