Alicia Sample Landry

The University of Central Arkansas alandry@uca.edu

EDUCATION

Ph.D., Nutrition and Food Systems, August 2011

The University of Southern Mississippi, Hattiesburg, MS

Dissertation: "Latent growth modeling of a nutrition and physical activity intervention"

Advisor: Kathy Yadrick

M.S., Nutrition and Dietetics, February 2006

Louisiana Tech University, Ruston, LA

Thesis: "Nutrition instruction by middle school teachers with and without Family and Consumer

Sciences background" Advisor: Mary W. Murimi

B.S., Nutrition and Dietetics, Minor: Honors Studies, May 2004

University of Central Arkansas, Conway, AR

Thesis: "Children previously diagnosed as failure to thrive and 9 year follow up on cognitive

development"

Advisor: Tina L. Crook

ACADEMIC EXPERIENCE

May 2019 – Present Associate Professor and Dietetic Internship Director

Family and Consumer Sciences

College of Health and Behavioral Sciences The University of Central Arkansas

May 2017 – May 2019 Assistant Professor and Dietetic Internship Director

Family and Consumer Sciences

College of Health and Behavioral Sciences The University of Central Arkansas

August 2015 – May 2017 Assistant Professor

Family and Consumer Sciences

College of Health and Behavioral Sciences

The University of Central Arkansas

May 2011 – August 2015 Assistant Professor

Nutrition and Food Systems

College of Health

The University of Southern Mississippi

May 2013: Nina Bell Suggs Endowed Professor

January 2007 – August 2012 Adjunct Instructor

Nutrition and Dietetics

Department of Allied Health Sciences

Nicholls State University

August 2010 – May 2011 Visiting Instructor

Nutrition and Food Systems

College of Health

The University of Southern Mississippi

August 2009 - August 2010 Graduate Research Assistant, Process Evaluation Coordinator

Nutrition and Food Systems

College of Health

The University of Southern Mississippi

May 2006 – October 2006 External Grant Evaluator, Dubach Health Outreach Program

City of Dubach, LA and Louisiana Tech University

August 2004 – May 2006 Graduate Teaching Assistant and Research Assistant

Food and Nutrition School of Human Ecology Louisiana Tech University

INDUSTRY EXPERIENCE

July 2006 – July 2009 Research Project Coordinator, LA Health, Army H.E.A.L.T.H.

Pennington Biomedical Research Center

Baton Rouge, LA

September 2006 – January 2009 Nutrition Instructor, Two Sizes Smaller

YMCA of the Capital Region

Baton Rouge, LA

June 2005 – June 2006 Clinical Dietitian

Cornerstone Medical Group

Bossier City, LA

PROFESSIONAL CREDENTIALS

Registered Dietitian, Commission on Dietetic Registration (Licensure Number: 960201)

Licensed Dietitian, Arkansas Dietetics Licensing Board (Licensure Number: 1938)

Licensed Dietitian/Nutritionist, Louisiana State Board of Nutrition Examiners (Licensure Number: 1942)

ServSafe Instructor and Examination Proctor, National Restaurant Association (Instructor Number: 8538728)

School Nutrition Certification, Level 3 Certificate, School Nutrition Association

School Nutrition Specialist, School Nutrition Association

Certified Peer Reviewer, Quality Matters

TEACHING RESPONSIBILITIES

The University of Central Arkansas

FACS 6335	Evidence Based Research (Fall 2016 – 2019, Spring 2017 – 2019)
FACS 6350	Statistical Methods in Family and Consumer Sciences (Spring, Summer, Fall 2016 – 2019)
NUTR 1300	Nutrition in the Life Cycle (Fall 2015)
NUTR 2311	Meal Management (May, Summer 2016, 2017)
NUTR 3380	Food Economics (Fall 2015, Spring 2016)
NUTR 4301	Research Methods in FACS (Fall 2016, Spring 2017)
NUTR 4321	Nutrition Services Administration (Fall 2015, 2017, Spring 2016, 2017)
NUTR 4351	Experimental Food Science (Summer, Fall 2016 – 2019, Spring 2017 – 2020)
NUTR 5315	Nutrition Services Practicum I (Summer 2017, 2018, 2019, 2020)
NUTR 5316	Nutrition Services Practicum II (Summer 2017, 2018, 2019)
NUTR 5317	Community Nutrition Practicum (Summer 2018, Fall 2019)
NUTR 5318	Clinical Nutrition Practicum (Summer 2018, 2019, Spring 2019)
NUTR 5321	Nutritional Services Administration (Summer 2018, 2019)
NUTR 5340	Geriatric Nutrition (Summer 2020)
NUTR 6313	Diet Therapy (Summer 2018, 2019, 2020)
NUTR 6346	Global Nutrition (Summer 2021)

NUTR 6347 Nutrition and Public Policy (Summer 2020)

The University of Southern Mississippi

The Oniversity of	
COH 100H	Personal Wellness (Fall 2010, 2011; Spring 2011, 2012)
NFS 362	Nutrition (Spring 2011)
NFS 385	Team taught: Medical Nutrition Therapy I (Spring 2012)
NFS 385L	Team taught: Medical Nutrition Therapy I Laboratory (Spring 2012)
NFS 430	Experimental Foods (Spring 2013, 2014, 2015)
NFS 430L	Experimental Foods Laboratory (Spring 2013, 2014, 2015)
NFS 455	Nutrition and Weight Control (Summer 2011, 2012)
NFS 463	Community Nutrition (Fall 2010, 2011, 2012, 2013, 2014, 2015)
NFS 463L	Community Nutrition Laboratory (Fall 2010, 2011, 2012, 2013, 2014, 2015)
NFS 480	Current Issues in Nutrition and Food Systems (Capstone Course, Spring 2010, 2011, 2012, 2013)
NFS 473	Child Nutrition Program Management (Summer 2011, 2012, 2015)
NFS 492H	Special Problems in Food and Nutrition (Fall 2012; Spring 2013)
NFS 530	Experimental Foods (Spring 2013)
NFS 530L	Experimental Foods Laboratory (Spring 2013)
NFS 563	Community Nutrition (Fall 2011)
NFS 563L	Community Nutrition Laboratory (Fall 2011)
NFS 662	Community Health and Nutrition (Spring 2014, 2015)
NFS 673	Child Nutrition Program Management (Summer 2011, 2012, 2015)
NFS 703	Research Methods in Nutrition and Food Systems: Team (Fall 2011); Individually (Fall 2012,
	2013, 2014, 2015)
NFS 810	Team taught: Public Policy (Spring 2012)

ADJUNCT TEACHING RESPONSIBILITIES

The University of Southern Mississippi

NFS 662 Global Nutrition and Health (Spring 2019, 2020)

Nicholls State University

DIET 200 Basic Nutrition (Spring, Fall, Summer 2007-2012)

DISSERTATION COMMITTEES

Member

Horne, H. (August 2020). Mindfulness activity to improve autobiographical memory specificity among clients with depressed mood.

Lindeman, S. (August 2019). Motivational interviewing as a supplement to incentives for increasing and maintaining physical activity in an undergraduate course.

Haubrick, K. (May 2017). Predictors of success on the Registration Examination for Dietitians.

Mestayer, C. (May 2016). The voice and action of service: Exploring nonprofit volunteerism from a dual perspective.

THESIS COMMITTEES

Chair

Chandler, A. (August 2017). Evaluating the impact of school gardens with Conway Public School students.

Bishop, R. K. (May 2014). Evaluation of a theory-based Farm to School intervention.

Lingsch, K. J. (May 2013). Implementation and evaluation of a Farm to School program in South Mississippi.

Member

Grant, R.D. (August 2018). Relationship between visceral fat and Health Related Quality Of Life in 5th and 6th graders in a rural public school in Arkansas.

King, A. (May 2018). Living architecture: Standard specification of living roofs and walls for environmental and health benefits.

Sherrill, T. (August 2017). Effects of music on eating patterns of patients with Alzheimer's disease.

Baldridge, E. (August 2017). Parental willingness to modify diet or behavior in adolescent children in Central Arkansas.

Flax, C. (May 2016). Associations between diet quality and adiposity measures in US children and adolescents Ages 2 to 18 Years. (Yale University)

Sims, S. (May 2014). Perceptions of Black and Latina women's health in the Lower Mississippi Delta.

Ballard, J. (May 2012). The relationship between parental nutrition knowledge and child weight status.

REQUIRED GRADUATE RESEARCH PROJECT COMMITTEES

Co-Chair

Munroe, D. (May 2019). Increasing diversity in Didactic Programs in Dietetics and in Dietetic Internship programs.

Carroll, A. (May 2019). Fruit and vegetable intake, subjective well-being, and physical self-perception.

Holloway, A. (May 2019). Examining perceptions and experiences of ketogenic dieters.

Howell, J. (May 2019). Body experience and fruit and vegetable consumption.

Frick, S.J. (August 2018). The effects of beetroot supplementation on an aerobic performance in a well-trained CrossFit athlete.

Holstein, H. (August 2018). Effects of tart cherries on mid-distance running.

Schrock, M. (August 2018). Utilizing mentorship to encourage diversity among minority students in dietetics.

Strain, J. (August 2013). Assessing Diffusion of Innovations related to mHealth application use in college students.

Jackson, A. (May 2011). Foodservice workers knowledge and behavior about personal nutrition.

Chair

Bellew, J., Hays, K. & Mayo, J. (2020, April). Comparison of body composition using three different BIA devices in young, college-aged men and women.

Famous, A. & Landry, A. S. (2020, April). Evaluating self-efficacy in a nutrition education intervention with Healthy for Life 20 by 20 material in Head Start program.

Harris, M. & Landry, A. S. (2020, April). Reverse engineering potato salad from a commercial product.

Mannix, M. & Landry, A. S. (2020, April). Effect of Professional Standards on recruitment, retention, and hiring practices in school nutrition programs.

McAllister, M. & Landry, A. S. (2020, April). Current practices related to seat time and time to eat in school nutrition programs.

O'Hare, K. & Landry, A. S. (2020, April). Current trends in the use of technology in school nutrition.

Schell, C. & Landry, A. S. (2020, April). Estimating change in fruit and vegetable intake using reflection spectroscopy in a nutrition education intervention with Healthy for Life® 20 by 20 material in a Head Start program.

Schluterman, A. (2019, May). Dairy consumption of students in elementary schools participating in the National School Lunch Program: Practices and Perceptions

Henry, W. (2019, May). Beverage availability in elementary schools participating in the National School Lunch Program

Shores, K. (2019, May). Using digital photography to estimate dairy consumption in students

Carroll, K. (2019, May). Frequency of requests for dietary modifications in the school breakfast program and National School Lunch Program.

Howard, P. (2019, May). Key Performance Indicators for use as benchmarking tools for school nutrition programs

Wooten, K. D. (2019, May). Measuring the impact of farm to school: a simulation study

Sweeney, N. (2018, August). Secondary analysis of a worksite wellness pilot study.

Chen, Y. (2018, August). Evaluation of student body composition and social support in Conway Public Schools.

Cordoza, N. (2018, August). An examination of School Breakfast Programs in Arkansas and associations with students' test scores, attendance rates, and discipline referrals.

Kara, L. (2018, August). Best approaches to successful school wellness policies in Arkansas.

Roback, L. (2017, August). Sedentary lifestyle and diabetes control in university students.

Derks, A. (2017, August). College student drinking and disordered eating behaviors.

Guedez, A. (2017, August). Dementia in the elderly and malnutrition outcomes.

Erickson, L. (2017, August). Dietitians' perspectives of a neutropenic diet.

Lawrence, S. (2017, August). Body mass index and park characteristics of Hot Springs County.

Minnich, M. (2017, August). Perspectives of Arkansas farmer's on Farm to School.

Bilderback, R. (2017, August). A study of blood glucose control in diabetic college students.

Van, H. (2017, August). Building a teaching kitchen inside health and fitness centers.

Ewoldt, L. (2015, May). Comparison of school lunch menu quality in two Mississippi school districts.

Thompson, B. (2015, May). Increasing fruit and vegetable consumption in low-income children through

cooking.

Blanchard, E. (2014, May). Physical activity and health outcomes during the maintenance phase of HUB City Steps. Keely, B. (2014, May). The effect of school gardens on children's fruit and vegetable preferences.

Groves, M. (2013, December). Exploratory study of food service managers' level of emotional intelligence, employee satisfaction, and overall employee sustainability.

Nance, T. A. (2013, December). Analysis of the relationships between alcohol consumption and eating patterns in college students.

Woods, M. (2013, December). Child nutrition programs and employee absenteeism.

Woods, S. (2013, December). Qualitative analysis of barriers preventing Farm to School participation in Mississippi public schools.

Chittendon, N. (2013, May). Effects of community gardening in Mississippi Delta Health Alliance gardening participants.

Hilton, C. (2013, May). Nutrition related information needs of Veterans Affairs oncology patients.

Price, T. (2013, May). Utilizing the ASA24 in college students to compare food intake with perceptions of healthy eating and nutrition knowledge.

Danzy, J. (2012, August). HUB City Steps: Correlations between dietary fiber, total cholesterol, and body weight.

Burks, A. (2012, May). The effect of a nutrition intervention promoting multiple behavior changes versus one promoting a single behavior change on blood pressure and weight.

Gaudet, V. (2012, May). The Fresh Fruit and Vegetable Program and children's fruit and vegetable consumption.

Undergraduate Honors Thesis

Reader

Cole, S. (2017, May). The effects of animal assisted therapy on veterans with post-traumatic stress disorder. Ready, E. (2016, December). Cultivating a garden of hope: A community garden providing nutrition education in Guatemala.

Co-Chair

Cheatham, A. (2016, April). Kneading more in the classroom: Curriculum and culinary science in concert.

Chair

Storey, W. (2021, May). Interprofessional teamwork in dietetics and occupational therapy to address pediatric feeding issues.

Smith, T. (2019, May). Diet and gastrointestinal diseases: The issue of communication about diet between patients and care providers.

Stevens, W. B. (2015, May). College drinking, Greek status, and disordered eating behaviors.

Ewoldt, L. P. (2013, May). The relationship between calcium intake and body mass index in African American women in Southern Mississippi.

Undergraduate Research (Eagle SPUR)

Chair

Nickens, L. (2015, May). Increasing fruit and vegetable intake in children by determining preparation preferences.

PROFESSIONAL DEVELOPMENT TRAINING

*selected works included, comprehensive list upon request

Quality Matters Peer Reviewer

Certification Online, QM.org, March 2020

Legislative Action Conference School Nutrition Association, Washington, DC, March 2020

Quality Matters Rubric Certification Online, QM.org, February 2020

Annual National Conference School Nutrition Association, St. Louis, MO, July 2019
National Leadership Conference School Nutrition Association, Sarasota, FL, May 2019

Annual State Meeting AR Academy of Nutrition and Dietetics, Little Rock, AR, April 2019

Legislative Action Conference School Nutrition Association, Washington, DC, March 2019
Annual National Conference School Nutrition Association, Las Vegas, NV, July 2018

Board of Director's Training, ArAND AR Academy of Nutrition and Dietetics, Little Rock, AR, April 2018

National Leadership Conference School Nutrition Association, Baltimore, MD, May 2018

Nutrition and Dietetics Educators

and Preceptor Conference Food and Nutrition Conference

And Expo

Fall Committee Days Annual National Conference

National Leadership Conference

Annual State Meeting Fall Committee Days

National Leadership Conference Annual National Conference

Annual State Meeting PeopleAdmin Training

Responsible Conduct

Of Research Training

Fall Committee Days

NCI Research to Reality (R2R) Multilevel Interventions to Increase

Physical Activity and Create Change in Communities

NCI Implementation Science Research

How engaged are we? Measuring community engagement and partnership

Health Disparities: Implications and Opportunities for Implementation

Science

IRB Review of Community

Based Research

ServSafe Certification

Measurement Error

Webinar Series

Responsible Conduct

Of Research Training

Improve Your

Online Course

Advanced Topics

in Structural Equation

Methods

Academy of Nutrition and Dietetics, St. Louis, MO, April 2018

Academy of Nutrition and Dietetics, Chicago, IL, October 2017 School Nutrition Association, Alexandria, VA, October 2017

School Nutrition Association, Atlanta, GA, July 2017 School Nutrition Association, Baltimore, MD, May 2017

AR Academy of Nutrition and Dietetics, Little Rock, AR, April 2017 School Nutrition Association, National Harbor, MD, October 2016 School Nutrition Association, Minneapolis, MN, May 2016

School Nutrition Association, San Antonio, TX, July 2016

AR Academy of Nutrition and Dietetics, Little Rock, AR, April 2016

Tyra Phillips, University of Central Arkansas, April 2016

Collaborative Institutional Training Initiative (CITI), University of

Miami (online), December 2015

School Nutrition Association, National Harbor, MD, October 2015

National Cancer Institute (online), May 28, 2014

Drs. Bonnie Duran and Nina Wallerstein

National Cancer Institute (online), May 20, 2013

Dr. Gary Bennett

National Cancer Institute Implementation Science (online)

Dr. David Resnick, Office of Research Integrity

The University of Southern Mississippi, August 23, 2012 National Restaurant Association (online), June 26, 2012

National Cancer Institute (online), September-December 2011

Collaborative Institutional Training Initiative (CITI), University of

Miami (online), March 2011

Certified Quality Matters Instructor

University of Baltimore (online), September 2010

Dr. Robert Vandenberg, University of Georgia

Center for the Advancement of Research Methods and Analysis

REFEREED JOURNAL ARTICLES [*indicates project in collaboration with students; AR: Acceptance Rate] **International and National Journals**

Thomson, J.L., Landry, A.S., & Goodman, M.H. (in press). Data Note: Farmers market versus grocery store produce: Results of the Delta Produce Sources Study. Journal of Hunger and Environmental Nutrition.

Thomson, J.L., Landry, A.S., & Goodman, M.H. (in press). Farmers market versus grocery store produce: Results of the Delta Produce Sources Study. Journal of Hunger and Environmental Nutrition.

Thomson, J.L., Goodman, M.H., & Landry, A.S. (2020). Measurement of nutrition environments in grocery stores, convenience stores, and restaurants in the Lower Mississippi Delta. Preventing Chronic Disease, 17:190293. DOI: http://dx.doi.org/10.5888/pcd17.190293external icon

- Thomson, J.L., Hennessy, E., **Landry**, **A.S.**, & Goodman, M. (2020). Patterns of food parenting practices regarding junk food and sugary drinks among parent-child dyads. *Nutrition Journal*, *19*, 91. https://doi.org/10.1186/s12937-020-00610-3
- Landry, A.S., Mohn, R., Gillaspy, A., Madson, M., & Jordan, H. R. (2020). Factorial support and measurement invariance of the College Eating and Drinking Behavior Scale. *International Journal of Mental Health and Addiction*. doi: 10.1007/s11469-020-00359-0
- Haubrick, K., Molaison, E., Mohn, R., Huye, H., & Landry, A. (2020). Confirming deliberate practice in dietetics education. *Journal of Education and Training*, 7, 35-49. doi: https://doi.org/10.5296/jet.v7i1.15985
- Thomson, J., Landry, A. S., Tussing-Humphreys, L., & Goodman, M. (2020). Diet quality of children in the United States by body mass index and sociodemographic characteristics. *Obesity Science & Practice*.
- Towery, P., Schrock, M., Landry, A. S., & Roofe, N. (2019). Professional behavior education in the FCS curriculum. *Journal of Family and Consumer Sciences*, 111(4), 49-54. https://doi.org/10.14307/JFCS111.4.49
- Paramby, T., Rowe, V. T., Roofe, N., **Landry, A. S.,** and Wright, J. (2019) Interprofessional education in the context of feeding and swallowing. *Health, Interprofessional Practice and Education, 3*(4), p.eP1177. DOI: http://doi.org/10.7710/2159-1253.1177
- Thomson, J., Goodman, M. H., & Landry, A. S. (2019). Assessment of town and park characteristics related to physical activity in the Lower Mississippi Delta. *Preventing Chronic Disease*, 16:180410 http://dx.doi.org/10.5888/pcd16.180410
- Thomson, J., Goodman, M. H., & Landry, A. S. (2019). Assessment of neighborhood street characteristics related to physical activity in the Lower Mississippi Delta. *Health Promotion Perspectives*, 9(1), 24-30. doi:10.15171/hpp.2019.03
- Thomson, J., Tussing-Humphreys, L., Goodman, M. H., & Landry, A. S. (2019). Diet quality in a nationally representative sample of American children by sociodemographic characteristics. *The American Journal of Clinical Nutrition*, 109(1), 127-138. https://doi.org/10.1093/ajcn/nqy284
- Tussing-Humphreys, L., Thomson, J., Goodman, M. H., & Landry, A. S. (2019). Enhanced vs standard Parents as Teacher curriculum on factors related to infant feeding among African American women. *Southern Medical Journal*, 112(10), 512-519.
- **Landry**, A. S., Gillaspy, A., & Roofe, N. (2018). Promoting inter-professional collaboration with Motivational Interviewing. *Renal Nutrition Forum*, *37*(4), 14-18.
- Thomson, J., Goodman, M. H., **Landry, A. S**. (2018). Feasibility of online nutrition education in the workplace: Working Toward Healthy Lifestyles. *Journal of Nutrition Education and Behavior*. doi: 10.1016/j.jneb.2018.05.017
- Haubrick, K., Molaison, E. F., **Landry**, **A. S.**, Huye, H., & Mohn, R. (2018). Qualitative methods to define deliberate practice in supervised dietetics education. *NDEP-Line*, *Summer*, 5-15.
- Thomson, J., Tussing-Humphreys, L., Goodman, M. H., & Landry, A. S. (2018). Infant activity and sleep behaviors in a maternal and infant home visiting project among rural, southern, African American women. *Maternal Health, Neonatology and Perinatology*, *4*(10). https://doi.org/10.1186/s40748-018-0078-0
- Thomson, J., Tussing-Humphreys, L., Goodman, M. H., & Landry, A. S. (2018). Infant growth outcomes from birth to 12 months of age: Findings from the Delta Healthy Sprouts randomized comparative impact trial. *Obesity Science and Practice*. https://doi.org/10.1002/osp4.272

- Lemacks, J., Wenzler, P., & Landry, A. S. (2018). Formative research to identify community partnerships and foster relationships for health promotion research. *Public Health*, *159*, 58-62. https://doi.org/10.1016/j.puhe.2018.01.023
- Thomson, J., Tussing-Humphreys, L., Goodman, M. H., & Landry, A. S. (2018). No improvements in postnatal dietary outcomes were observed in a two-arm, randomized, controlled, comparative impact trial among rural, Southern, African American women. *Journal of the Academy of Nutrition and Dietetics*. doi:10.1016/j.jand.2017.11.010
- Roofe, N. & Landry, A. S. (2018). Cultivating the desire to precept dietetic interns: appreciative inquiry approach. *Journal of the Academy of Nutrition and Dietetics*. https://doi.org/10.1016/j.jand.2018.01.007
- Thomson, J., Tussing-Humphreys, L., Goodman, M. H., & Landry, A. S. (2018). Enhanced curriculum intervention did not result in increased postnatal physical activity in rural, Southern, primarily African American women. *American Journal of Health Promotion*, 32(2), 464-472. doi: 10.1177/0890117117736090
- Huye, H. F., Molaison, E. F., Downey, L, Landry, A. S., Crook, L., Connell, C. (2017). Development of a nutrition education program for the Mississippi Communities for Healthy Living nutrition intervention using the Diffusion of Innovations Theory. *Journal of Human Sciences and Extension*.
- Tussing-Humphreys, L., Thomson, J., Hemphill, N. O. N., Goodman, M. H., & Landry, A. S. (2017). Maternal weight in the postpartum: Results from the Delta Healthy Sprouts Trial. *Maternal Health, Neonatology and Perinatology*.
- **Landry, A. S.,** Bishop, R., Connell, C L., & Yadrick, K. (2017). Evaluation of a theory-based Farm to School intervention. *Journal of Child Nutrition and Management, 41*(2).*
- **Landry**, **A. S.** & Logue, B. (2017). Evaluation of benefits and barriers of school gardening to inform school nutrition professionals. *Journal of Child Nutrition and Management*, 41(1).*
- Thomson, J., Tussing-Humphreys, L., Goodman, M. H., **Landry**, A. S. (2017). Low rate of initiation and short duration of breastfeeding in a maternal and infant home visiting project targeting rural, Southern, African American women. *International Breastfeeding Journal*, 12(15). doi: 10.1186/s13006-017-0108-y
- **Landry**, A. S., Madson, M. B., Mohn, R. S., & Nicholson, B. C. (2016). Development and psychometric evaluation of the College Eating and Drinking Behavior Scale in US college students. *International Journal of Mental Health & Addiction*, 15(3), 485-492. doi: 10.1007/s11469-016-9702-2
- **Landry, A. S.,** Thomson, J., Huye, H. F., Yadrick, K., & Connell, C. (2016). Mississippi Communities for Healthy Living: Results of a 6-Month Nutrition Education Comparative Effectiveness Trial. *Health Education and Behavior*. Published ahead of print, doi: 10.1177/1090198116657807
- **Landry, A. S.**, Madson, M. B., Thomson, J. L., Zoellner, J. M., Connell, C. L., & Yadrick, K. (2015). A randomized trial using of motivational interviewing for maintenance of blood pressure improvements in a community-engaged lifestyle intervention: HUB City Steps. *Health Education Research*, 30(6): 910-922. doi: 10.1093/her/cyv058 (18% AR)
- Huye, H. F., Shoemaker, S., **Landry, A.**, & Connell, C. (2015). Minority health perceptions in the Lower Mississippi Delta: A grounded theory study using photovoice methodology. *Online Journal of Rural and Urban Research*, *5*(1). http://jsumurc.org/ojs/(AR not available from journal)
- **Landry**, A. S., Moorer, K., Madson, M. B., & Zeigler-Hill, V. (2015). Protective behavioral strategies and alcohol use outcomes among college women drinkers: Does disordered eating and race moderate this association? *Journal of Drug Education: Substance Abuse Research and Prevention*, 44, 95-112. (AR not available from journal)

- Connell, C.L., Thomson, J.L., Huye, H.F., **Landry, A.S.**, Crook, L.B., & Yadrick, K. (2015). Mississippi Communities for Healthy Living: implementing a nutrition intervention effectiveness study in a rural health disparate region. *Contemporary Clinical Trials*, 42, 196-203. doi:10.1016/j.cct.2015.04.003 Published online before print February 27, 2015, doi: 10.1177/0047237915573525 (26% AR).
- **Landry, A. S.**, Thomson, J. L., Madson, M. B., Zoellner, J. M., Mohn, R., Noble, J., Connell, C., & Yadrick, K. (2015). Psychosocial constructs and postintervention changes in physical activity and dietary outcomes in a lifestyle intervention, Hub City Steps, 2010. *Preventing Chronic Disease, (12).*. doi:http://dx.doi.org/10.5888/pcd12.140525. (50% AR)
- Landry, A. S., Lingsch, K. J., Weiss, C., Connell, C L., & Yadrick, K. (2015). Barriers and possible facilitators to participation in Farm to School Week. *Journal of Child Nutrition & Management*, 39(1).* (54% AR)
- **Landry**, **A. S.**, Chittendon, N., Coker, C., & Weiss, C. (2015). Perceived effects of community gardening in Lower Mississippi Delta gardening participants. *Journal of Extension*, 53(4). https://www.joe.org/joe/2015august/rb3.php (26.6% AR) *
- Lemacks, J., Landry, A. S., Huye, H. F., & Connell, C. L. (2015). Factorial validity of the Delta Healthy Eating Attitudes Scale related to diet quality. *Health Behavior and Policy Review*, *2*(1), 82-91. (10% AR)
- Thomson, J. L., **Landry, A. S.**, Zoellner, J. M., Connell, C., Madson, M. B., Molaison, E. F., & Yadrick, K. (2015). Participant adherence indicators predict changes in blood pressure, anthropometric measures, and self-reported physical activity in a lifestyle intervention: HUB City Steps. *Health Education & Behavior*, 42(1), 84-91. (AR not available from journal)
- Madson, M. B., Mohn, R. S., Schumacher, J. A., & Landry, A. (2015). Measuring client experiences of motivational interviewing during a lifestyle intervention. *Measurement and Evaluation in Counseling and Development*, 48, 140-151. doi: 10.1177/0748175614544687 (11-20% AR)
- Zoellner, J. M., Connell, C. L., Madson, M. B., Thomson, J. L., **Landry, A. S.,** Molaison, E. F., Reed, V. B., & Yadrick, K. (2014). HUB City Steps: A 6-month lifestyle intervention improves blood pressure among a primarily African American community. *Journal of the Academy of Nutrition and Dietetics, 114(4),* 603-612. (28% AR)
- Zoellner, J. M., Landry, A. S., Thomson, J. L., Connell, C. L., Molaison, E. F., & Yadrick, K. (2014). Improvements in blood pressure among undiagnosed hypertensive participants in a community-based lifestyle intervention, Mississippi, 2010. *Preventing Chronic Disease*, 11:130269. doi: http://dx.doi.org/10.5888/pcd11.130269 (50% AR)
- Madson, M. B., Landry, A. S., Molaison, E. F., Schumacher, J. A., & Yadrick, K. (2014). Training MI interventionists across disciplines: A descriptive project. *Motivational Interviewing: Theory, Research, Implementation and Practice*, 1, 20-24. (AR not available from journal)
- Thomson, J. L., **Landry, A. S.**, Zoellner, J. M., Tudor-Locke, C., Webster, M., Connell, C., & Yadrick, K. (2012). Several steps/day indicators predict changes in anthropometric outcomes: HUB City Steps. *BMC Public Health*, *12*, 983. doi:10.1186/1471-2458-12-983 (AR not available from journal)
- Zoellner, J. M., Hill, J. L., Zynda, K., **Sample, A. D.**, & Yadrick, K. (2012). Environmental perceptions and objective walking trail audits inform a community-based participatory research walking intervention. *International Journal of Behavioral Nutrition and Physical Activity, 89.* doi: 10.1186/1479-5868-9-6 (28% AR)
- Anderson-Lewis, C., Cuy-Castellanos, D., Byrd, A., Zynda, K., **Sample, A.**, Reed, V.B., Beard, M., Minor, L., Yadrick, K. (2012). Utilizing mixed methods to measure the perception of community capacity in an academic-community partnership for a walking intervention. *Health Promotion Practice*, *13*, 788-796. doi:10.1177/1524839911404230. PMCID: PMC3329590 (34% AR)

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- Gabriele, J. M., Stewart, T. M., **Sample, A.,** Davis, A. B., Allen, R., Martin, C. K., Newton, R. L., Jr., & Williamson, D. A. (2010). Development of an Internet-based obesity prevention program for children. *Journal of Diabetes Science & Technology*, 4, 723 732. (AR not available from journal)
- Martin, C. K., Thomson, J. L., LeBlanc, M. M., Stewart, T. M., Newton, R. L., Han, H., **Sample, A.,** Champagne, C. M., & Williamson, D. A. (2010). Children in school cafeterias select foods containing more saturated fat and energy than the Institute of Medicine recommendations. *Journal of Nutrition*, 140, 1653 1660. (25% AR)
- Murimi, M. W., **Sample, A. D.**, Hunt, A. E. (2008). Nutrition instruction in seventh grade: A comparison of teachers with and without FCS background. *Journal of Family and Consumer Sciences*, 100, 22 27. (54% AR)
- Murimi, M. W., **Sample, A. D.**, Guthrie, J., & Landry, D. (2007). Nutrition education in Team Nutrition middle schools: Teachers' perceptions of important topics to be taught and teaching curriculum used. *Journal of Child Nutrition & Management, 31*. Retrieved from: http://docs.schoolnutrition.org/newsroom/jcnm/07fall (54% AR)

State and Regional Journals

Grant, R., **Landry**, A. S., Schichtl, R., & Roofe, N. (in press). Relationship between visceral fat and health related quality of life in 5th and 6th graders in a rural public school in Arkansas. *Journal of Arkansas Medical Society*.

Submitted Manuscripts

Tussing-Humphreys, L., Goodman, M., Landry, A.S., & Thomson, J. Impact of a Maternal and Infant Home Visiting Project on Practices, Knowledge and Beliefs Related to Infant Feeding among Rural, Southern, African American Women. Manuscript submitted for publication to: *Eating Behaviors*.

- **Sample, A. D.** & Jackson, A. School foodservice employees' nutrition knowledge and communication with students. Manuscript submitted for publication to: *Childhood Obesity*. (2-12)*
- **Sample, A. D.** & Thomas, J. Lack of current regulations regarding sodium content in processed foods. Manuscript submitted for publication to: *Journal of the American Dietetic Association*. (6-11)*

Manuscripts in Progress

Chandler, A., **Landry, A. S.,** & Roofe, N. Evaluating the impact of school gardens with Conway Public School students. Planned submission to: *Journal of Nutrition Education and Behavior*.*

- **Landry**, **A. S.** Evaluation of a Farm to School and school garden initiative through the eyes of multiple stakeholders. Planned submission to: *Journal of Extension*.
- **Landry**, **A. S.** & Horney, L. Perceptions of acceptability of the Healthy-Hunger Free Kids Act. Planned submission to: *Journal of Child Nutrition and Management*.*
- **Landry**, **A. S.** & Nickens, L. Measuring plate waste to evaluate fruit and vegetable intake of school children. Planned submission to: *Journal of Hunger and Environmental Nutrition*.*
- **Landry, A. S.** & Nickens, L. Increasing fruit and vegetable intake in children by determining preparation preferences. Planned submission to: *Journal of Child Nutrition Management*.*
- **Landry**, **A. S.** & Ewoldt, L. P. School lunch menu quality of two Mississippi school districts. Planned submission to: *Journal of Child Nutrition Management*.*
- **Landry**, **A. S.**, Connell, C., & Walters, S. Differences in reported nutrient intakes across hypertension subgroups in Mississippi Communities for Healthy Living participants. Planned submission to: *Preventing Chronic Disease*.*

Landry, A. S., Thomson, J., Zoellner, J., Connell, C., & Yadrick, K. Process evaluation and follow-up of a lifestyle intervention to improve blood pressure among a primarily African American community: HUB City Steps. Planned submission to: *Preventive Medicine*.

OTHER PUBLICATIONS

Juried Research Abstracts and Presentations

Professional Audience, National

Carroll, K. & Landry, A. S. (2019). Frequency of requests for dietary modifications in the school breakfast program and National School Lunch Program. Poster Presentation at the *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Philadelphia, PA, October 2019.*

Haubrick, K., Molaison, E., Mohn, R., Huye, H., & Landry, A. (2019). Confirming Deliberate Practice in Dietetics Education. Poster Presentation at the *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Philadelphia, PA, October 2019.

Howell, J., Carroll, K., & Landry, A. S. (2019). Body experience and fruit and vegetable consumption. Poster Presentation at the *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Philadelphia, PA, October 2019.*

Munroe, D., Roofe, N., & Landry, A. S. (2019). Validation of a survey assessing diversity in didactic programs in dietetics and dietetic internship programs. Poster Presentation at the *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Philadelphia, PA, October 2019.*

Howard, P. & Landry, A. S. (2019). Key Performance Indicators for use as benchmarking tools for school nutrition programs. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, St. Louis, MO, July 2019.*

Schluterman, A. & Landry, A. S. (2019). Dairy consumption of students in elementary schools participating in the National School Lunch Program: Practices and perceptions. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, St. Louis, MO, July 2019.*

Shores, K. & Landry, A. S. (2019). Using digital photography to estimate dairy consumption in students. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, St. Louis, MO, July 2019.*

Wooten, K. D. & Landry, A. S. (2019). Measuring the impact of farm to school: a simulation study. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, St. Louis, MO, July 2019.*

Thomson, J., Goodman, M. H., **Landry, A. S.**, & Tussing-Humphreys, L. (2019). Diet quality of children in the United States by race/ethnicity within categories of body mass index. *Current Developments in Nutrition*, *3*, 110. https://doi.org/10.1093/cdn/nzz039.P18-110-19 Poster Presentation at Nutrition 2019, Baltimore, MD, June 2019.

Goodman, M., Thomson, J., & Landry, A. S. (2019). Nutrition environment scores of local food retailers and proximity to study participants' residence in Rural South. *Current Developments in Nutrition*, *3*, 157. https://doi.org/10.1093/cdn/nzz051.P04-157-19 Poster Presentation at Nutrition 2019, Baltimore, MD, June 2019.

Thomson, J., Goodman, M. H., & Landry, A. S. Assessment of neighborhood street characteristics related to physical activity in the Lower Mississippi Delta. Poster Presentation at the *Active Living Research Conference 2019*, Charleston, SC, February 2019.

Thomson, J., Goodman, M. H., & Landry, A. S. Assessment of town and park characteristics related to physical activity in the Lower Mississippi Delta. Poster Presentation at the *Active Living Research Conference 2019*, Charleston, SC, February 2019.

Frick, S. J., Mayo, J. J., Landry, A. S., & Harris, M. The Effects of beetroot supplementation on exercise performance in experienced CrossFit athletes. Poster Presentation at the *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Washington, DC, October 2018.*

- Holstein, H.M., Mayo, J. J., & Landry, A. S. Effects of tart cherry supplementation on mid-distance runners. Poster Presentation at the *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Washington, DC, October 2018.*
- Schrock, M., Roofe, N., & Landry, A. (2018). Encouraging diversity in dietetics. Poster Presentation at the *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Washington, DC, October 2018.*
- Chen, Y. Landry, A. S., & Burgess, S. Evaluation of student body composition and social support in Conway Public Schools. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, Las Vegas, NV, July 2018.*
- Kara, L., **Landry, A. S.**, Roofe, N., & Alsbrook, S. Best approaches to successful school wellness programs. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, Las Vegas, NV, July 2018.*
- Chandler, A., **Landry, A. S.,** Roofe, N., & Mayo, J. J. Evaluating the impact of school gardens with Conway Public School students. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, Las Vegas, NV, July 2018.*
- **Landry**, A. S. & Alsbrook, S. Alternative breakfast, special provisions, and discipline outcomes. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, Las Vegas, NV, July 2018.
- Goodman, M., Thomson, J., **Landry**, **A. S**., Tussing, L. Infant growth trajectories from birth to 12 months of age: findings from delta healthy sprouts comparative impact trial. Poster presentation at *Nutrition and Growth Conference*, Paris, France, March 2018.
- Bilderback, R., Landry, A. S., & Roofe, N. A study of blood glucose control in diabetic college students. Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Chicago, IL, October 2017.*
- Chandler, A. & Landry, A. S. Social support and dietary intake of students aged 8-12 years. Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Chicago, IL, October 2017.*
- Guedez, A., Landry, A. S., & Roofe, N. Dementia in the elderly and malnutrition outcomes. Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Chicago, IL, October 2017.*
- **Landry**, **A. S.**, Roofe, N., & Gillaspy, A. Promoting and evaluating interprofessional collaboration and Motivational Interviewing. Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Chicago, IL, October 2017.
- Roback, L., **Landry, A. S.**, & Roofe, N. Sedentary lifestyle and diabetes control in university students. Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Chicago, IL, October 2017.*
- Van, H. & Landry, A. S. Building a teaching kitchen inside health and fitness centers. Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Chicago, IL, October 2017.*
- **Landry, A. S.,** Horney, L., Alsbrook, S., & Roofe, N. Perceptions regarding the Healthy Hunger Free Kids Act and National School Lunch Program. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, Atlanta, GA, July 2017.*
- **Landry**, **A. S**. & Burgess, S. Parents perceptions regarding the National School Lunch Program. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, Atlanta, GA, July 2017.

- Goodman, M., Thomson, J., **Landry**, A. S., Tussing, L. Delta Healthy Sprouts: Participants' diet and food environment at baseline. Poster presentation at *Experimental Biology* 2017, Chicago, IL.
- Thomson, J., Goodman, M., **Landry**, **A. S.**, Tussing, L. Delta Healthy Sprouts: Participants' postnatal diet quality and food habits. Poster presentation at *Experimental Biology* 2017, Chicago, IL.
- **Landry, A. S.** Determining fruit and vegetable preparation preferences of students to inform school lunch menu development. *Journal of Child Nutrition & Management*, https://schoolnutrition.org/jcnm. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, San Antonio, TX, July 2016. (100% contribution)
- Suha, V. Roofe, N., & Landry, A. S. Perceptions of binge eating disorder: Differences between the genders. Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Boston, MA, October 2016.*
- Chatham, C., Huye, H., & Landry, A. S. Impact of packaging on children's food choices. Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Boston, MA, October 2016.*
- Connell, C. L., Nesselrodt, M., & Landry, A. S. Are Healthy Eating Index scores maintained six month post-intervention? *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Nashville, TN, October 2015.*
- **Landry, A. S.** & Nickens, L. M. Measuring plate waste to evaluate fruit and vegetable intake of school children. *Journal of Child Nutrition & Management, 39* (2), https://schoolnutrition.org/jcnm/fall2015/. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, Salt Lake City, UT, July 2015.*
- Ewoldt, L. P. & Landry, A. S. Comparison of menu quality across two school districts. *Journal of Child Nutrition & Management, 39* (2), https://schoolnutrition.org/jcnm/fall2015/. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, Salt Lake City, UT, July 2015.*
- Woods, S. & Landry, A. S. Qualitative study of factors influencing Farm to School participation in Mississippi. Journal of Child Nutrition & Management, 38(2). Retrieved from: https://schoolnutrition.org/jcnm. Poster Presentation at the School Nutrition Association Annual Nutrition Conference, Boston MA, July 2014.*
- Sims, S., Huye, H., Landry, A. S., & Connell, C. Minority health perceptions in the Lower Mississippi Delta: A grounded theory study using PhotoVoice methodology. Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Atlanta GA, October 2014.*
- Bishop, R. K. & Landry, A. S. Evaluation of a multi-component, theory-based Farm to School intervention. *Journal of Nutrition Education and Behavior*, 46(4), S130. doi: 10.1016/j.jneb.2014.04.091 Poster Presentation at the annual *Society for Nutrition Education and Behavior conference*, Milwaukee WI, July 2014.*
- Huye, H., Landry, A. S., Resavy, M., Crook, L. B., & Connell, C. Assessment of program implementation for the Mississippi Communities for Healthy Living (MCHL) nutrition intervention. Poster Presentation at *International Society for Behavioral Nutrition and Physical Activity*, May 2014.
- **Landry, A. S.**, Walters, S., Molaison, E., Huye, H., Crook, L. B., & Connell, C. Differences in fat and sodium intake across hypertension subgroups in the Mississippi Communities for Healthy Living (MCHL) nutrition intervention. Poster Presentation at *International Society for Behavioral Nutrition and Physical Activity*, May 2014.
- **Landry, A. S.**, Lemacks, J. L., Walker-O'Neal, C. Validity and reliability of a Theory of Planned Behavior instrument for weight loss intention and stage of change. Poster Presentation at *International Society for Behavioral Nutrition and Physical Activity*, May 2014.

- Alakaam, A. A., Townsend, D. W., Lemacks, J. L., & Landry, A. S. The relationship between socio-demographic characteristics of south Mississippi adults to reported fruit and vegetable intake and physical activity. Poster presentation at *Experimental Biology* 2014, San Diego, CA.*
- Townsend, D. W., Wenzler, P. M., Lemacks, J. L., & Landry, A. S. Church leader's perspectives on coalition development to improve nutrition and physical activity in rural communities. Poster presentation at *Experimental Biology* 2014, San Diego, CA.*
- Townsend, D. W., Lemacks, J. L., **Landry, A. S.** Body image related to weight loss stage of change for diet and physical activity. Poster presentation at *Experimental Biology* 2014, San Diego, CA.*
- **Landry, A. S.**, Moorer, K., & Madson, M. B. Protective Behavioral Strategy use and alcohol outcomes among college women drinkers: The moderating role of eating attitudes. Counseling Psychology Conference. Poster Presentation at the *2014 Counseling Psychology Conference*, Atlanta GA, March 2014.*
- Danzy, J., **Landry, A. S.,** & Yadrick, K. (2013). HUB City Steps: Correlations between dietary fiber, total cholesterol, and body weight. *Journal of the American Dietetic Association, 113(9)*, A46. doi.org/10.1016/j.jand.2013.06.154 Poster Presentation at the annual *Academy of Nutrition and Dietetics Food and Nutrition Conference and Exhibition*, Houston TX, October 2013.*
- Connell, C. L., **Landry, A. S.,** Huye, H., Crook, L., & Yadrick, K. Effectiveness of the Mississippi Communities for Healthy Living (MCHL) nutrition intervention. (2013). *Journal of Nutrition Education and Behavior*, 45(4), S51. doi:10.1016/j.jneb.2013.04.137 Poster Presentation at the annual *Society for Nutrition Education and Behavior conference*, Portland OR, August 2013.
- **Landry, A. S.,** Connell, C. L., Huye, H., Crook, L., & Yadrick, K. Psychosocial changes in the Mississippi Communities for Healthy Living (MCHL) nutrition intervention. (2013). *Journal of Nutrition Education and Behavior*, 45(4), S50. doi:10.1016/j.jneb.2013.04.135 Poster Presentation at the annual *Society for Nutrition Education and Behavior conference*, Portland OR, August 2013.
- Lingsch, K. J., **Landry, A. S.,** & Rayburn, M. Mississippi's First Annual Farm to School Week: Evaluation of school participation. *Journal of Child Nutrition & Management, 37(2)*. Retrieved from: http://www.schoolnutrition.org/Content.aspx?id=19449. Poster Presentation at the *School Nutrition Association Annual Nutrition Conference*, Kansas City KS, July 2013.*
- Connell, C., **Landry**, A., Mohn, R., Molaison, E., & Yadrick, K. Relationship between self-rated health and 10-year coronary heart disease risk among African Americans participating in a life-style intervention: HUB City Steps. Poster Presentation at *Experimental Biology*, Boston MA. April 2013.
- Thomson, J. L., **Landry, A. S.**, Zoellner, J. M., Connell, C., Molaison, E., & Yadrick, K. Adherence indicators predict changes in health outcomes: HUB City Steps. Poster Presentation at *Experimental Biology*, Boston MA. April 2013.
- Huye, H., Connell, C, & **Sample, A**. Validity and reliability of the Delta Healthy Eating Attitudes Scale. *Journal of Nutrition Education and Behavior*, 44, S75. doi.org/10.1016/j.jneb.2012.03.176 Poster presentation at the annual Society of Nutrition Education and Behavior 2012 conference, Washington, D.C.
- Thomson, J. L., **Sample, A. D.**, Zoellner, J. M., Tudor-Locke, C., Webster, M., Connell, C., & Yadrick, K. Steps/day ability to predict anthropometric changes is not affected by its plausibility. Poster presentation at *Experimental Biology* 2012, San Diego, CA.
- **Sample, A. D.,** Noble, J. J., Connell, C. L., Mohn, R. S., & Madson, M. B. Processes of Change constructs predict walking behavior in participants of a community based participatory research (CBPR) walking intervention. *Annals of Behavioral Medicine*, 43, 21. Poster presentation at Society of Behavioral Medicine Annual Conference 2012, New Orleans, LA.

- **Sample, A. D.**, Noble, J. J., Connell, C. L., & Madson, M. B. Psychosocial changes in participants of a community based participatory research (CBPR) walking intervention. *Annals of Behavioral Medicine*, 43, 21. Poster presentation at Society of Behavioral Medicine Annual Conference 2012, New Orleans, LA.
- Boleware, B. L., Knecht, L. A., Hudson, G. M., Tullos, C. J., Buras, E. R., Krzeminiski, D. E., Goetz, J. T., **Sample, A. D.**, & Webster, M. J. Effects of 16wk Fucoxanthin and Pucinic Acid supplementation II: Metabolism. *Medicine & Science in Sports & Exercise*, 44, 5S, 312. Poster presentation at American College of Sports Medicine Annual Conference 2012 San Francisco, CA.*
- Buras, E. R., Hudson, G. M., Knecht, L. A., Boleware, B. L., Tullos, C. J., **Sample, A. D.**, & Webster, M. J. Effects of 16wk Fucoxanthin and Pucinic Acid supplementation IV: Markers of liver and kidney function. *Medicine & Science in Sports & Exercise*, 44, 5S, 313. Poster presentation at American College of Sports Medicine Annual Conference 2012 San Francisco, CA.*
- Hudson, G. M., Knecht, L. A., Tullos, C. J., Buras, E. R., Boleware, B. L., Goetz, J. T., Krzeminiski, D. E., **Sample, A. D.**, & Webster, M. J. Effects of 16wk Fucoxanthin and Pucinic Acid supplementation I: Body composition and hemodynamic changes. *Medicine & Science in Sports & Exercise*, 44, 5S, 312. Poster presentation at American College of Sports Medicine Annual Conference 2012 San Francisco, CA.*
- Tullos, C. J., Knecht, L. A., Hudson, G. M., Boleware, B. M., Buras, E. R., **Sample, A. D.**, & Webster, M. J. Effects of 16wk Fucoxanthin and Pucinic Acid supplementation III: Serum lipids changes. *Medicine & Science in Sports & Exercise, 44*, 5S, 313. Poster presentation at American College of Sports Medicine Annual Conference 2012 San Francisco, CA.*
- Kensinger, K. M., Molaison, E. F., **Sample, A. D.** (2011). Estimation of energy expenditure in obese populations: a comparison of the equations. *Journal of the American Dietetic Association, 111 (9)*, A28. doi:10.1016/j.jada.2011.06.102 Poster Presentation at the American Dietetic Association Food and Nutrition Conference and Exhibition, San Diego, CA.*
- Sample, A. D., Connell, C. L., Zoellner, J., Madson, M. B., Webster, M. J., & Yadrick, K. (2011). Relationships of psychosocial variables with walking behavior and body mass index changes among participants of a community based participatory research walking intervention. *Journal of the American Dietetic Association*, 111 (9), A84. doi:10.1016/j.jada.2011.06.308 Poster Presentation at the American Dietetic Association Food and Nutrition Conference and Exhibition, San Diego, CA.

Juried Research Abstracts and Presentations, Professional Audience, National, Submitted

Goodman, M., Thomson, J., & Landry, A. S. Assessment of neighborhood street segment characteristics related to physical activity in the Lower Mississippi Delta. Abstract submission to *Active Living Conference* 2019.

Thomson, J., Goodman, M., & Landry, A. S. Assessment of town and park characteristics related to physical activity in the Lower Mississippi Delta. Abstract submission to *Active Living Conference* 2019.

Juried Research Abstracts, Professional Audience, State

Munroe, D., Roofe, N. & Landry, A. S. (May 2019). Increasing diversity in Didactic Programs in Dietetics and in Dietetic Internship programs. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2019.*

Carroll, A., Carroll, K., & Landry, A. S. (May 2019). Fruit and vegetable intake, subjective well-being, and physical self-perception. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2019.*

Holloway, A., Mayo, J. J., & Landry, A. S. (May 2019). Examining perceptions and experiences of ketogenic dieters. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2019.*

- Howell, J., Carroll, K., & Landry, A. S. (May 2019). Body experience and fruit and vegetable consumption. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2019.*
- Schluterman, A. & Landry, A. S. (May 2019). Dairy consumption of students in elementary schools participating in the National School Lunch Program: Practices and perceptions. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2019.*
- Henry, W. & Landry, A. S. (May 2019). Beverage availability in elementary schools participating in the National School Lunch Program. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2019.*
- Shores, K. & Landry, A. S. (May 2019). Using digital photography to estimate dairy consumption in students. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2019.*
- Carroll, K. & Landry, A. S. (May 2019). Frequency of requests for dietary modifications in the school breakfast program and National School Lunch Program. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2019.*
- Howard, P. & Landry, A. S. (May 2019). Key Performance Indicators for use as benchmarking tools for school nutrition programs. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2019.*
- Wooten, K. D. & Landry, A. S. (May 2019). Measuring the impact of farm to school: a simulation study. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2019.*
- **Landry**, A. S., Roofe, N., & Gillaspy, A. Promoting and evaluating interprofessional collaboration and Motivational Interviewing. Poster Presentation at *UCA IPE Conference*, Conway, AR, 2018.
- Atkinson-Sweeney, N., **Landry, A. S.**, Gillis, L., & Schichtl, R. Weight loss and the Grit component: A 12 –week worksite wellness pilot study. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2018.*
- Chen, Y., Landry, A. S., & Burgess, S. Home availability and preference of fruits and vegetables, and family support influences in school-aged children. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2018.*
- Cordoza, N., **Landry, A. S.**, & Alsbrook, S. An examination of the relationship between school breakfast programs, standardized test scores, and discipline referrals in Arkansas school districts. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2018.*
- Frick, S. J., Mayo, J. J., **Landry, A. S.**, & Harris, M. The effects of beetroot supplementation on exercise performance in high-intenstiy interval training athletes. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2018.*
- Grant, R. D., Landry, A. S., Schichtl, R., & Roofe, N. Relationship between visceral fat and health related quality of life in 5th and 6th graders in a rural public school in Arkansas. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2018.*
- Kara, L., Landry, A. S., Roofe, N., & Alsbrook, S. Indicators for successful school wellness policies in Arkansas. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2018.*

- Schrock, M., Roofe, N., & Landry, A. S. Utilizing mentorship to encourage diversity among minority students in dietetics. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2018.*
- Bilderback, R., Landry, A. S., & Roofe, N. A study of blood glucose control in diabetic college students. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2017.*
- Chandler, A. & Landry, A. S. Social support and dietary intake of students aged 8-12 years. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2017.*
- Derks, A., Landry, A. S., Gillaspy, A., & Madson, M. College student drinking and disordered eating behaviors. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2017.*
- Erickson, L., Landry, A. S., & Roofe, N. Dietitians' perspectives of a neutropenic diet. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2017.*
- Guedez, A., **Landry**, **A. S.**, & Roofe, N. Dementia in the elderly and malnutrition outcomes. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2017.*
- Lawrence, S. & Landry, A. S. Body mass index and park characteristics of Hot Springs County. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2017.*
- Minnich, M., Landry, A. S., & Roofe, N. Perspectives of Arkansas farmer's on Farm to School. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2017.*
- Roback, L., Landry, A. S., & Roofe, N. Sedentary lifestyle and diabetes control in university students. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2017.*
- Van, H. & Landry, A. S. Building a teaching kitchen inside health and fitness centers. Poster Presentation at the *Arkansas Academy of Nutrition and Dietetics Annual Meeting and Exhibits*, Little Rock, AR, April 2017.*
- Boleware, B. L., Knecht, L. A., Hudson, G. M., Tullos, C. J., Buras, E. R., Krzeminiski, D. E., Goetz, J. T., **Sample, A. D.**, & Webster, M. J. Effects of 16wk Xanthigen supplementation II: Metabolism. Poster presentation at 2012 Southeastern Chapter of the American College of Sports Medicine Annual Conference, Jacksonville FL.*
- Buras, E. R., Hudson, G. M., Knecht, L. A., Boleware, B. L., Tullos, C. J., **Sample, A. D.**, & Webster, M. J. Effects of 16wk Xanthigen supplementation IV: Serum markers of liver and kidney function. Poster presentation at 2012 Southeastern Chapter of the American College of Sports Medicine Annual Conference, Jacksonville FL.*
- Hudson, G. M., Knecht, L. A., Tullos, C. J., Buras, E. R., Boleware, B. L., Goetz, J. L., Krzeminiski, D. E., **Sample, A. D.**, & Webster, M. J. Effects of 16wk Xanthigen supplementation I: Body composition and hemodynamic changes. Poster presentation at 2012 Southeastern Chapter of the American College of Sports Medicine Annual Conference, Jacksonville FL.*
- Tullos, C. J., Knecht, L. A., Hudson, G. M., Boleware, B. M., Buras, E. R., **Sample, A. D.**, & Webster, M. J. Effects of 16wk Xanthigen supplementation III: Serum lipids changes. Poster presentation at 2012 Southeastern Chapter of the American College of Sports Medicine Annual Conference, Jacksonville FL.*

Non-Juried Research Article

Landry, A. S., Roofe, N., Guedez, A., & Sherrill, T. (2017). Student research on Alzheimer's Disease and dementia. *AGEC Quarterly Newsletter*.

Landry, **A. S.** (2016). The importance of nutrition assistance in older adulthood. *AGEC Quarterly Newsletter*. Retrieved from: http://www.agec.org/category/agec/

Sample, **A.D.** (2012). Influence of psychosocial and physiologic factors and socioeconomic status on systolic blood pressure in an African American population. *Synergy*, 2, 95-110.

ORAL PRESENTATIONS

Professional Audience, International (Invited)

Landry, A. S. & Burgess, S. Let's make training great again. Oral presentation to the *School Nutrition Association Annual Nutrition Conference*, Las Vegas, NV, July 2018.

Landry, A. S. Walking poster session. Oral Presentation at the *School Nutrition Association Annual Nutrition Conference*, Las Vegas, NV, July 2018.

Thomson, J., Tussing-Humphreys, L., Goodman, M. H., & Landry, A. S. Infant growth trajectories from birth to 12 months of age: findings from delta healthy sprouts comparative impact trial. Oral Presentation at *International Conference on Nutrition & Growth*, Paris, France, March 2018.

Landry, A. S. Working with academia for school nutrition success. Oral Presentation at the *School Nutrition Association Annual Nutrition Conference*, Atlanta, GA, July 2017.

Nickens, L. M. & Landry, A. S. Increasing fruit and vegetable intake in children by determining preparation preferences. Oral Presentation at the *National Conference for Undergraduate Research*, Asheville, NC, April 2016.*

Landry, A. S. & Nickens, L. M. Measuring plate waste to evaluate fruit and vegetable intake of school children. *Journal of Child Nutrition & Management.* Retrieved from: www.JCNM.org. Oral Presentation at the *School Nutrition Association Annual Nutrition Conference*, Salt Lake City, UT, July 2015.*

Landry, A. S., Thomson, J. L., Zoellner, J. M., Connell, C., Madson, M. B., & Yadrick, K. African American community members sustain favorable blood pressure outcomes through 12-month telephone motivational interviewing (MI) maintenance. *Experimental Biology*, Boston MA. April 2013.

Professional Audience, State (Invited)

Landry, A. S. (August 2019). Research updates in Child Nutrition. Oral Presentation at the Arkansas State Child Nutrition Director's Conference, Conway, AR

Landry, A. S. (April 2019). Research potential for Family and Consumer Sciences professionals. Oral Presentation at the Arkansas Association of Family and Consumer Sciences Conference, Conway, AR

Landry, A. S. (August 2018). Research potential for School Nutrition professionals. Oral Presentation at the Arkansas State Child Nutrition Director's Conference, Little Rock, AR

Landry, A. S. (April 2016). Statistics crash course for dietetic students. Arkansas Academy of Nutrition and Dietetics, Little Rock, AR

Landry, A. S. (April 2015). Mississippi Food Policy Council and food access in Mississippi. Hunger Free Jackson, Jackson, MS

Landry, A. S. (April 2015). Current research in Mississippi Farm to School. Mississippi Farm to School Network, Webinar

Landry, **A. S.** (January 2015). Regional Farm to School Network. Mississippi Food Policy Council's Farm to Institution Conference, Raymond, MS

Landry, A. S. (December 2013). What's new in Mississippi F2S. Mississippi Food Policy Council's Farm to Institution Conference, Jackson, MS

Sample, A. D. (August 2008). Food service technicians guide to healthy eating. Louisiana School Nutrition Association Annual Conference. New Orleans, LA

Sample, A. D. (April 15, 2004). The long term effects of failure to thrive on body composition. Arkansas Dietetic Association, Little Rock, AR

Lay Audience, Academic Subject

Thomson, J.L., Hennessy, E., **Landry**, **A.S**., & Goodman, M. (2020). Media response to: Patterns of food parenting practices regarding junk food and sugary drinks among parent-child dyads. *Contemporary Pediatrics - Cleveland Clinic, Fairview Hospital—Medical Intensive Care Unit*.

Landry, **A.S.** (March 2017). Food justice, access, and policy related to Farm to School. Guest lecture, University of Dayton, Dayton, Ohio.

Landry, A.S. (April 2015). Farm to School research updates. Mississippi Farm to School Network

Nickens, L. & Landry, A. S. (April 2015). Do Mississippi children waste more fruits and vegetables? A plate waste comparison in rural Mississippi schools. The University of Southern Mississippi's Undergraduate Student Research Symposium*

Nickens, L. & Landry, A. S. (April 2015). Increasing fruit and vegetable intake in children by determining preparation preferences. The University of Southern Mississippi's Undergraduate Student Research Symposium*

Ewoldt, L. P. & Landry, A. S. (March 2015). Menu quality. The University of Southern Mississippi's Graduate Student Research Symposium*

Landry, A. S. (August 2014). Homelessness and hypertension. Christian Services.

Flax, C., **Landry, A. S.**, & Connell, C. (April 2014). Evaluating the seasonality of dietary intake in participants of the Mississippi Communities for Healthy Living nutrition intervention. The University of Southern Mississippi's Undergraduate Student Research Symposium*

Alakaam, A. A., Townsend, D. W., Lemacks, J. L., & Landry, A. S. (March 2014). The relationship between sociodemographic characteristics of south Mississippi adults to reported fruit and vegetable intake and physical activity. The University of Southern Mississippi's Graduate Student Research Symposium*

Bishop, R. K. & Landry, A. S. (March 2014). Evaluation of a multi-component, theory-based Farm to School intervention. The University of Southern Mississippi's Graduate Student Research Symposium*

Price, T. & Landry, A. S. (March 2014). Utilizing the ASA24 in College Students to Compare Food Intake with Perceptions of Healthy Eating and Nutrition Knowledge. The University of Southern Mississippi's Graduate Student Research Symposium*

Townsend, D. W., Lemacks, J. L., **Landry, A. S.** (March 2014). Body image related to weight loss stage of change for diet and physical activity. The University of Southern Mississippi's Graduate Student Research Symposium*

Townsend, D. W., Wenzler, P. M., Lemacks, J. L., & Landry, A. S. (March 2014). Church leader's perspectives on coalition development to improve nutrition and physical activity in rural communities. The University of Southern Mississippi's Graduate Student Research Symposium*

Woods, S. & Landry, A. S. (March 2014). Qualitative Study of Factors Influencing Farm to School Participation in Mississippi. The University of Southern Mississippi's Graduate Student Research Symposium*

Landry, A. S. (November 11 and 15, 2013). Nutrition and the Athlete. Invited presentation to Human Performance and Recreation Doctoral Seminar, The University of Southern Mississippi

- Lingsch, K. J. & Landry, A. S. (March 2013). Mississippi's First Annual Farm to School Week: Evaluation of school participation. The University of Southern Mississippi's Graduate Student Research Symposium*
- Amos, L., L., Lemacks, J. L., & Landry, A. S. (March 2013). Combining TTM and TPB to determine motivating factors for weight loss patients. The University of Southern Mississippi's Graduate Student Research Symposium*
- Landry, A. S. (November 8, 2012). Obesity and Health at Every Size. Invited Presentation at Health Psychology Class, The University of Southern Mississippi
- Landry, A. S. (October 25, 2012). Annual Nutrition Update. Invited Presentation to Dixie Darlings, The University of Southern Mississippi
- **Sample, A. D.** (March 18, 2011). Factors That Influence Time Spent Walking in a Low Income Population. Graduate Research Symposium, The University of Southern Mississippi
- **Sample, A. D.** (April 27, 2006). Nutrition Instruction by Middle School Teachers with and without Family and Consumer Sciences Background. Applied and Natural Sciences Research Symposium, Louisiana Tech University
- **Sample, A. D.** (April 9, 2004). The Long Term Effects of Failure to Thrive on Cognitive Development. University Research Symposium, University of Central Arkansas

Poster Session Presentations, Juried (abstract not published in conference program)

- **Landry, A. S.**, Madson, M. B., Mohn, R. S., Schumacher, J. S., & Yadrick, K. Motivational enhancement as a mediator of physical activity amotivation. Poster/oral presentation submitted to 2014 National Institute on Minority Health and Health Disparities (NIMHD) Grantees' Conference (formerly known as the International Symposium on Minority Health and Health Disparities), National Harbor, MD.
- **Landry, A. S.**, Thomson, J. L., Zoellner, J. M., Connell, C. L., Madson, M. B., Molaison, E. F., & Yadrick, K. Clinical and dietary outcome changes differ among adherence groups in a community based participatory research (CBPR) lifestyle intervention. Poster presentation at 2012 Science of Eliminating Health Disparities Summit, National Harbor, MD.
- Jackson, A. W. & Sample, A. D. School foodservice employee's nutrition knowledge, communication, and recipe modification. Poster presentation at 2012 School Nutrition Association Annual Conference, Denver CO.*
- Anderson-Lewis, C., Cuy-Castellanos, D., Byrd, A., Zynda, K., **Sample, A.**, Reed, V., Beard, M., & Minor, L. Utilizing mixed methods to measure the perception of community capacity in an academic-community partnership for a walking intervention. Poster presentation at American Academy of Health Behavior, 11th Annual Scientific Meeting, The Art and Science of Community-Based Participatory Research (CBPR): Methods, Measures, and Evidence for Health Behavior Change 2011, Hilton Head, SC.

Poster Session Presentations, Non-Juried

- **Landry**, A. S., Madson, M. B., Mohn, R. S., Schumacher, J. S., & Yadrick, K. Motivational enhancement as a mediator of physical activity amotivation. Poster presentation at The University of Southern Mississippi's University Research Awards Day, November 2014.
- Connell, C. L., **Landry, A. S.,** Huye, H., Crook, L., & Yadrick, K. Effectiveness of the Mississippi Communities for Healthy Living (MCHL) nutrition intervention. Poster presentation at The University of Southern Mississippi's University Research Awards Day, November 2013.
- Landry, A. S., Thomson, J. L., Zoellner, J. M., Connell, C., Madson, M. B., & Yadrick, K. African American community members sustain favorable blood pressure outcomes through 12-month telephone motivational interviewing (MI) maintenance. Poster presentation at The University of Southern Mississippi's University Research Awards Day, November 2013.

Reed, V., Minor, L., Beard, M., Molaison, E., **Sample, A.**, & Yadrick, K. H.U.B. City Steps: Stepping into a new beginning with proper nutrition. Poster presentation at 11th Annual Conference on Eliminating Health Disparities 2011, Jackson State University, Jackson MS.

GRANTS AND CONTRACTS AWARDED, EXTERNAL

Landry, A. S. & Roofe, N. L. (2020). Delta Dental. Using Interprofessional Care to Impact Oral Health in Head Start Families. (\$30,000)

Landry, A. S. (Ongoing). Delta Human Nutrition Research Program, Equipment Contract - AD-107 USDA, (\$16,000).

Landry, A. S. & Roofe, N. L. (2020). School Nutrition Foundation Evaluation Contract. (\$75,000)

Landry, A. S. (2019). Healthy for Life. AAFCS, Aramark, AHA (\$2500).

Landry, A. S. (2019). School Nutrition Foundation/National Dairy Council (\$5000).

Landry, A. S. (2018). Women's Giving Circle (\$1000).

Landry, A. S. (2018). National Dairy Council Mini-Grant (\$200).

Landry, A. S. (Ongoing). Delta Human Nutrition Research Program, Equipment Contract, (\$26,090).

Sample, A. D. (2012). NIH Loan Repayment Program.

PROPOSALS

Proposals Submitted

- Principal Investigator. Educate, Experience, Empower. Leading Women to Better Health with Family and Consumer Sciences. UCA Women's Giving Circle. Status: Funded
- Co-Investigator. Enriching Lives and Engaging Women through Nutrition. (2016). UCA Women's Giving Circle. Status: Not funded
- Co-Principal Investigator. Nutrition & Design for Healthy Living. (2016). Blue & You. Status: Not funded
- Co-Investigator. Mississippi Communities for Healthy Living: Early Childcare. (2015). United States Department of Agriculture. Connell, C. L., **Landry, A. S.**, Huye, H. F., Dufrene, B., & Yadrick, K. Status: Not funded (40% contribution)
- Co-Principal Investigator. Mississippi Communities for Healthy Living: Early Childcare. (2015). **Landry, A. S.**, Huye, H. F., Connell, C. L., & Dufrene, B. Robert Wood Johnson Foundation *Concept Paper*. (\$75, 000). Status: Not funded (60% contribution)
- Principal Investigator. Mississippi Farm to School Initiative to Reduce Childhood Obesity. (2014). United States Department of Agriculture. **Landry, A. S.** (\$350,000) Status: Not funded (100% contribution)
- Co-Principal Investigator. Academic Research Enhancement Award, R-15: Virtual Reality Intervention for Health Behavior Change. (2014). National Institutes of Health. **Landry, A. S.** & Murray, M. (\$439,476). Status: Not funded (50% contribution)
- Principal Investigator. NIH Loan Repayment Program, Renewal. (2013). Landry, A. S. Status: Not funded (100% contribution)
- Co-Principal Investigator. Feasibility of Using Community Champions in the Adaptation of Mississippi Communities for Healthy Living Nutrition Education Intervention. (2013). Allen Foundation. Huye, H. F. & Landry, A. S. (\$116,267) Status: Not funded (50% contribution)
- Principal Investigator. Mississippi Farm to School Initiative to Reduce Childhood Obesity. (2013). **Landry, A. S.** Robert Wood Johnson Foundation. (\$132,000) Status: Not funded (100% contribution)
- Principal Investigator. Development of a Virtual Reality Environment to Address Adolescents' Diet and Physical Activity. (2013). **Landry**, **A. S.** Academy of Nutrition and Dietetics Foundation. (\$34,597). Status: Not funded (75% contribution)
- Co-Principal Investigator. Collaboration to Reduce Obesity and Chronic Disease in the Rural South. (2013).
 National Institutes of Health, PA-12-179. Landry, A. S. & Lemacks, J. (\$399,550). Status: Not funded (50% contribution)
- Co-Principal Investigator. Fairchild Funds for Religious and Ethical Programming. (2013). Fairchild Foundation. **Landry, A. S. &** Lemacks, J. (\$5,150). Status: Not funded (50% contribution)
- Co-Principal Investigator. Academic Research Enhancement Award, R-15: Virtual Reality Intervention for Health Behavior Change. (2013). National Institutes of Health. **Landry, A. S. &** Murray, M. (\$436,449). Status: Not funded (50% contribution)
- Co-investigator. Disseminating an Effective Hypertension Intervention via Community Health Centers. (2012). National Institutes of Health, MD13-001. Yadrick, M. K. (\$1,149,210). Status: Not funded (40% contribution)

- Co-investigator. Motivational interviewing provider communities to enhance adherence. (2012). National Institutes of Health. Madson, M., **Sample, A. D.**, & Schumacher, J. (\$1,072,384). Status: Not funded (30% contribution)
- Co-investigator. Analyzing healthy weight mechanisms in African American preschoolers in Mississippi. (2011). National Institutes of Health, PA-11-329. Harbaugh, B., **Sample, A. D.,** Webster, M. (\$396,541). Status: Not funded (35% contribution)

Current Research Support

Delta Dental Foundation of Arkansas 11/20-Present

Role: Principal Investigator

LEAD to Succeed, School Nutrition Foundation 07/20-Present

Role: Principal Investigator

Arkansas Geriatric Education Collaborative, UCA, CHBS 07/15-Present

Role: Investigator

Completed Research Support

The University of Southern Mississippi 08/11-08/15

Start-Up Funds

Role: Principal Investigator

R24MD002787 Yadrick (PI) 05/08-01/15

"A Community Partnership to Reduce Blood Pressure among African American Adults"

The goals of this CBPR project were to develop and assess community capacity to promote physical activity and healthy food choices, to test treatment effects of a 6-month CBPR walking intervention on systolic blood pressure among all walking participants, and to test the treatment effects of a sustained motivational enhancement via telephone on SBP.

ROLE: Co-Investigator, 2011-2013; Process Evaluation Coordinator/Database Manager, 2009-2011 (45% contribution)

58-6251-3-001 Yadrick (PI) 09/13-08/14

"Delta Obesity Prevention Research Unit"

The goal of this project was to evaluate food patterns of Mississippi Delta residents, to adapt those patterns to better meet the recommendations of the Dietary Guidelines for Americans (DGA), and to test the effectiveness of an intervention DGA in reducing weight gain, improving eating patterns, and improving biological risk factors for obesity-related chronic disease.

ROLE: Co-Investigator and Database Manager (40% contribution)

58-6251-8-043 Yadrick (PI) 09/08-09/13

"Delta Obesity Prevention Research Unit"

The goal of this project was to evaluate food patterns of Mississippi Delta residents, to adapt those patterns to better meet the recommendations of the Dietary Guidelines for Americans (DGA), and to test the effectiveness of an intervention DGA in reducing weight gain, improving eating patterns, and improving biological risk factors for obesity-related chronic disease.

ROLE: Co-Investigator and Database Manager

R01 HD048483 Williamson (PI) 2005-2009

"LA Health: A prospective study of primary and secondary obesity prevention in children and adolescents" The goal of the LA Health project was to test the efficacy of an environmental approach (primary and secondary interventions) for modifying healthy eating in elementary and middle school children in poor, rural areas of Louisiana.

Role: Project Coordinator

SERVICE

Professional Service

Reviewer for Peer-Reviewed Scientific Publications

2016 – Present	American Journal of Preventive Medicine
2015 – Present	Journal of Child Nutrition and Management
2013 – Present	Preventing Chronic Disease
2012 - Present	Journal of Family and Community Health
2012 - Present	Journal of Nutrition Education and Behavior
2010 - Present	Health Promotion International

Abstract Reviewer for Professional Conferences

2016 - 2020	School Nutrition Association, Annual Conference Abstract Reviewer
2012 2013	Society of Behavioral Medicine, Annual Conference Abstract Reviewer

Miscellaneous

Chair, Nutrition and Research Committee, School Nutrition Association
Instructor, Child Nutrition Unit, Arkansas Department of Education
Grant writer, School Nutrition Association, Workforce Development Grant
Graduate Program Reviewer, Master of Science Dietetic Internship, Sam Houston State University
Leader, UCA Center for Teaching Excellence, Fall Book Group
Data analyst, Blue Cross Blue Shield Employee Wellness Student Project
Question Writer, School Nutrition Specialist Credentialing Exam, School Nutrition
Association
Research Partner, United States Department of Agriculture, Agricultural Research
Service, Small Farms Research Center, Employee Wellness Initiative
Webmaster, Arkansas Academy of Nutrition and Dietetics
Nutrition Research Consultant, United States Department of Agriculture, Agricultural
Research Service, Delta Healthy Sprouts
Chair, College Section Research Committee, School Nutrition Association
Hunger and Environmental Nutrition Practice Group, Research Committee
Farm to School Grant Reviewer, United States Department of Agriculture
Jones and Bartlett Publishers, Textbook Reviewer
Academy of Nutrition and Dietetics, module development for Nutrition Research Toolkit
Mississippi Department of Education, Office of Healthy Schools, Pool of Service
Providers

University Service

University-wide Committee Fall 2019 – Present University Honors Council

Fall 2019 – Present	University Honors Council
Spring 2018 – 2020	University Wellness Coordinator
Fall 2017 – Present	Employee Benefits Advisory Committee, Member
Spring 2016 – Present	Health and Wellness Promotion Committee, Chair
Spring 2017	University Wellness Coordinator Search Committee, Member
Fall 2015 – Spring 2016	University Wellness Coordinator Search Committee, Member
2013 - 2015	Faculty Affiliate, Center for Undergraduate Research
2010 - 2011	Graduate Student Senate, Representative, Nutrition and Food Systems

College-wide Committee, appointive

Fall 2018 – Present	College of Health and Behavioral Sciences College Curriculum Committee, Chair
Fall 2015 - Fall 2018	College of Health and Behavioral Sciences College Curriculum Committee,
	Representative, Family and Consumer Sciences
Fall 2011 - 2015	College Curriculum Committee, Representative, Nutrition and Food Systems

Unit Committee, appointive

Fall 2019	School of Nursing, Promotion and Tenure Committee
Fall 2017 – Present	Department of Family and Consumer Sciences, Leadership Team
Fall 2017	Assistant Professor of Nutrition Search Committee: Department of Family and Consumer

Sciences, Chair

Fall 2017 Clinical Instructor of Family and Consumer Sciences: Department of Family and

Consumer Sciences, Chair

Spring 2017 Assistant Professor of Nutrition Search Committee: Department of Family and Consumer

Sciences, Chair

Fall 2016 – Present Graduate Assistant Coordinator and Graduate Program Director

Summer 2016 – 2017 Food Lab Coordinator

Summer 2016 Administrative Specialist II Search Committee: Department of Family and Consumer

Sciences, Chair

Fall 2015 – Present Family and Consumer Sciences Department Curriculum Committee, Chair

Fall 2015 - Spring 2016 Chair Search Committee: Department of Family and Consumer Sciences, Member

Spring 2014 – 2015 Ad Hoc Course Fee Committee

Fall 2011 – 2015 University Libraries Liaison, Nutrition and Food Systems
Fall 2012 – Fall 2013 Ad Hoc Graduate Admissions Review Committee

Ad Hoc Tenure and Promotion Committee

Spring 2011 – 2015 Child Nutrition Program Management Certificate Advisory Board

Fall 2010 – Fall 2012 Ad Hoc Annual Nutrition Seminar Planning Committee

Spring 2010 Faculty Search Committee: Department of Nutrition and Food Systems

General Service

Summer 2018, 2019 Cub Fit Camp, Speaker
Summer 2016 - 2018 College Bound Camp, Speaker
Fall 2016 - 2018 Welcome Week Volunteer

2016 – 2019 Brake for Bears Fall 2015, 2016 Bear Facts Day

Fall 2015 – 2019 Dietetic Internship Open House, Speaker

Academic Advisor to Student Group

Summer 2017 – Present Dietetic Intern Association, Advisor Spring 2016 Phi Upsilon Omnicron Honor Society Philosophy Dietetic Intern Association, Co-Advisor Dietetic Intern Association, Co-Advisor

Fall 2011 – 2015 Student Academy of Nutrition and Dietetics Association, Co-Advisor

PROFESSIONAL MEMBERSHIPS

National Associations

2013 – 2016 International Society for Behavioral Nutrition and Physical Activity 2013 – 2020 Hunger and Environmental Nutrition Dietetic Practice Group

2013 – 2016 Society for Nutrition Education and Behavior (Member Number: 372027)

2012 - PresentSchool Nutrition Association (Member Number: 11648)2011 - 2014Society of Behavioral Medicine (Member Number: 11648)

2010 - PresentDietetic Educators of Practitioners Practice Group2010 - PresentSchool Nutrition Services Dietetic Practice Group

2003 – Present Academy of Nutrition and Dietetics (Member Number: 00960201)

State Associations

2020 – 2021Arkansas Academy of Nutrition and Dietetics, Past-President2019 – 2020Arkansas Academy of Nutrition and Dietetics, President2018 – 2019Arkansas Academy of Nutrition and Dietetics, President-Elect

2015 - PresentArkansas Academy of Nutrition and Dietetics2011 - 2015Mississippi State School Nutrition Association2011 - 2015Mississippi Academy of Nutrition and Dietetics

2004 – 2011 Louisiana Dietetic Association 2003 – 2004 Arkansas Dietetic Association

Local Associations

2011 – 2015 South Central District Dietetic Association

2004 - 2011	Baton Rouge Area Dietetic A	ssociation

Community Service

Community Service	
2016	Speaker, Alzheimer's Arkansas HOPE Conference
2015 – Present	Mississippi Farm to School Network Advisory Board
2014 - 2015	Hunger-Free Jackson Advisory Board
2014 - 2015	Board of Directors, Mississippi Food Policy Council, Secretary
2014 - 2015	Member of Farm to Cafeteria Planning Committee, Mississippi Food Policy Council
2014	Christian Services Back to School Rally, Hattiesburg, MS
2013, 2014	Stone County Schools Farm to School Week, Wiggins, MS
2013	Stone County Schools Health Fair, Wiggins, MS
2013	Forrest County Schools Health Fair, Brooklyn, MS
2013 - 2015	Co-Chair of Food Access Subcommittee, Mississippi Food Policy Council
2012 - 2013	Member of Food Access Subcommittee, Mississippi Food Policy Council
2012 - 2015	Member, Mississippi Health Advocacy Program
2011 - 2013	Nutrition Consultant, Xanthigen Nutrition Supplement Research
2010 - 2015	Advisory Board Member and Nutrition Consultant, PACE Head Start,
	Hattiesburg, MS
2009 - 2010	Dietetic Intern Preceptor for Louisiana Tech University
2009 - 2010	Dietetic Intern Preceptor for Nicholls State University
2006	Consultant, Head Start Advisory Council, Webster Parish, LA

HONORS AND AWARDS

Distinguished Young Alumni, Family and Consumer Sciences, April 2019

Outstanding Dietetics Educator of the Year Award, South Central Region, March 2018

Today's Dietitian of the Day, April 2015

Nina Bell Suggs Endowed Professorship, May 2013

College of Health, Outstanding Faculty Service, May 2013

College of Health, Emerging Scholar, April 2012

College of Health, Graduate Student Research Symposium, Top Paper Winner, March 2011

College of Health Faculty Member of the Month, February 2011

Outstanding Doctoral Student in Nutrition and Food Systems, February 2010

Graduate Assistantship, The University of Southern Mississippi, 2009 – 2010