

Making Connections for Life!



2014 Keynote Speaker
Dr. Amy Beard

We hope you are making plans now to attend the 28th Annual **FACS Alumni Luncheon** to be held on **April 10, 2015** at the Brewer-Hegeman Conference Center on the UCA campus!

As you will see in this newsletter, we are committed to successful relationships with our students and faculty. Making connections as students, faculty, and alumni are vital to the continued success of our profession and our program.



McAlister Hall

Volume 6, Issue 1

Fall 2014

Inside this issue:

<i>Mentor Connection</i>	2
	3
<i>Dietetic Internship</i>	4
	5
<i>Registration Form</i>	6
<i>Nomination Form</i>	7
<i>Contact & Scholarships</i>	8

Make an Impact by Mentoring a UCA Student

"WHAT DO YOU WANT TO BE WHEN YOU GROW UP?"

No question strikes fear in the heart of some students (and professionals) quite like this one! For many students that come to UCA, that decision is made without the opportunity to explore the actual jobs associated with a given field of study. In 2013, the UCA Young Alumni Chapter established the Mentor Connection program.



What is the Mentor Connection?

Mentor Connection is a partnership between a UCA alumnus and a current student, enabling relationships that provide a learning experience for students and a leadership opportunity for the alumni. Mentor Connection provides a personal development relationship for everyone involved.

Mentor Connection benefits not only the mentor and mentee, but also provides a unique employee development and recruiting opportunity for organizations that employ the mentors.

Benefits for Mentor:

Mentors are selected on the basis that they possess the skills and knowledge to be mastered by a mentee. The Mentor exemplifies the ideal model expected of the mentee.

- The satisfaction of helping in the development of another person who may carry on his or her own work
- Ideas for feedback about his or her own projects from a junior person who is eager to learn and commit to the project's success
- A network of former students who can collaborate on projects, increasing the mentor's stature and visibility
- Becoming part of an expanded network of colleagues
- A letter of recognition sent to the Mentor's employer highlighting his or her leadership and volunteerism

Benefits for Mentee:

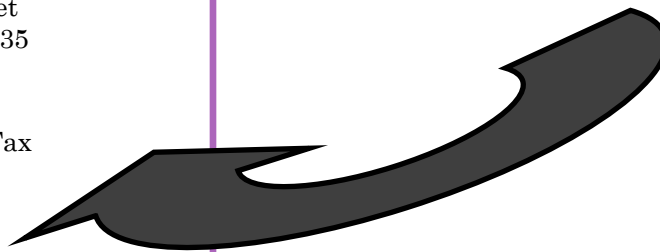
Mentees have the opportunity of exposure to the workplace that can't be received within the classroom. The mentee will be challenged and motivated by the model set by the Mentor.

- Individual recognition and encouragement
- Honest criticism and informal feedback
- Advice on how to balance education, career, and extracurricular activities
- Skills for showcasing one's own work and setting professional priorities
- An understanding of how to build a circle of friends and contacts both within and outside one's institution
- A perspective on long-term career planning

**Division of Advancement
Office of Alumni Services**
Buffalo Alumni Hall
UCA Box 4986
2490 Bruce Street
Conway, AR 72035

(501) 450-3197
(501) 450-5293 Fax
alumni@uca.edu

*How do I sign up or get more information?
Contact the Office of Alumni Services!*



Student Organizations

American Association of Family & Consumer Sciences

2014-2015 Officers

President- Randi Jo Holloway
 1st Vice President- April Worley
 2nd Vice President- Susan Evans
 Secretary- Whitney Treat
 Historian- Ariel Thursby
 Treasurer- Bianca Bingham
 Refreshment Chair- Hannah Dresser



American Society of Interior Designers

2014-2015 Officers

Karissa George (President),
 Kate Donovan (President-Elect),
 Jill Smith (Secretary),
 Shelby Meyer (Treasurer),
 Treva Taylor (Media),
 Dani Hall and Micah Brasfield (Hospitality),
 Tim Brooks (Historian)



Facebook: UCA ASID Student Page

Phi Upsilon Omicron

On November 11, 2014, 33 students were initiated into the Gamma Beta Chapter of Phi Upsilon Omicron. The majors included 19 nutrition, 8 interior design, 4 general family and consumer sciences, 1 family and consumer sciences education, and 1 graduate student.

Founded in 1909, the honor society in family and consumer sciences promotes lifelong learning, leadership building, and ethical and scholastic excellence. The UCA chapter was chartered in 1983 and nurtures leaders to continue the legacy.

Student Dietetic Association

The Student Dietetic Association has participated in several community service projects this fall including EcoFest 2014, the Soaring Wings Half Marathon, and the Bear Essentials Food Drive. Additionally, SDA sponsored Sydney Sutterfield in the Miss UCA Pageant.

Facebook: UCA Student Dietetic Association Page

Dietetic Internship

The class of 2014 attended a reception in their honor on August 8, celebrating the completion of the dietetic internship.

Outstanding Preceptor and Intern Awards were presented. President Tom Courtway, Provost Steve Runge, Dean Jimmy Ishee, and Department Chair Mary Harlan all provided congratulatory remarks to this outstanding class.



Back row L-R: Robin Gipson, Lyndsay Myers, Amanda Gentry, Erick McCarthy

From row L-R: Ashley Cornett, Miranda Lytle, Caroline Fridell, Aubree Fry, Tejaswini Mirji, Angela Bradshaw

Award Winners



Lyndsay Myers, 2014 Outstanding UCA Dietetic Intern winner.



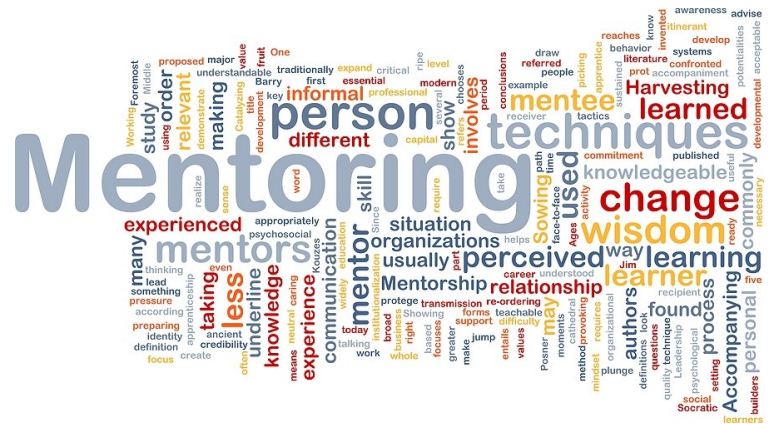
Dr. Rosemary Rodibaugh, 2014 Outstanding Community Preceptor Award recipient.



Sara Long, 2014 Outstanding Foodservice Preceptor Award winner.



Lydia Sartain, 2014 Outstanding Clinical Preceptor award recipient.



Registration Form

**ALUMNI/STUDENT RECOGNITION LUNCHEON
DEPARTMENT OF FAMILY AND CONSUMER SCIENCES
UNIVERSITY OF CENTRAL ARKANSAS
FRIDAY, APRIL 10, 2015**

**REGISTRATION 11:30 A.M., LUNCHEON 12:00 NOON
BREWER-HEGEMAN CONFERENCE CENTER**

As our alumni, you are a very important part of the Department of Family and Consumer Sciences at the University of Central Arkansas. Thank you for your continued support and encouragement. Plans are under-way for the ***TWENTY-EIGHTH ANNUAL ALUMNI/STUDENT RECOGNITION RECEPTION/ LUNCHEON*** to honor our alumni and students.

Highlights include: Recognition of Alumni/Students
Address by Special Guest Speaker
Scholarship Announcements
Re-acquaintance with Former Students

Please join us and make your reservation to attend this special occasion!

Please detach and return your registration form by March 1, 2015.

Check the appropriate box, detach and return to the address listed below.

- ☐ Yes, I (alumnus) will be able to attend the luncheon. (Enclosed is my \$20.00 luncheon reservation)
☐ Yes, I (student) will be able to attend the luncheon (Enclosed is my \$17.00 luncheon reservation)
☐ Yes, I plan to bring a guest. (\$20.00 enclosed for each additional person)
☐ No, I will be unable to attend, however, please include my name on future mailings.

(Please make checks payable to Family & Consumer Sciences Alumni Association.)

Upon receipt of your reservation, additional information will be mailed:

Name: _____
Address: _____
Email: _____
Year of Graduation: _____ Degree: _____

Please return to:
Dr. Mary Harlan
Department of Family and Consumer Sciences
McAlister Hall 100
University of Central Arkansas
Conway, AR 72035

Telephone inquiries: 501-450-5950

Nomination Form

DISTINGUISHED ALUMNI - YOUNG ACHIEVER NOMINATION FORM

Department of Family and Consumer Sciences

University of Central Arkansas

The Alumni Committee requests your assistance in the nomination process for naming distinguished alumni in Family and Consumer Sciences (Home Economics) at the University of Central Arkansas. The committee has established criteria to recognize individuals that have made outstanding achievements representing the profession. The committee plans to recognize individuals in **TWO** categories: **YOUNG ACHIEVER** (less than 15 years in the profession) and **DISTINGUISHED ALUMNI** (more than 15 years in the profession). Please assist the committee by nominating one (or more) deserving alumni and returning your nomination form by **March 1, 2015**.

Please provide as much information concerning your nominee as possible.

Name of Nominee: _____ Category: (Check One)
Address: _____ Young Achiever: _____
_____ Distinguished Alumni: _____
Telephone: (Work) _____
(Home) _____
E-mail _____

Please enclose a copy of the nominee's resume -OR- complete the following information -OR- PROVIDE US WITH A PHONE NUMBER TO CONTACT THE INDIVIDUAL TO OBTAIN ADDITIONAL INFORMATION.

I. Professional Work Experience:

II. Professional Memberships and Offices held:

III. Professional Activities: (presentations, publications, etc.)

IV. Community Service Activities:

V. Summarize a few key points why you feel this individual should be selected.

PLEASE RETURN BY MARCH 1, 2015 TO:

Dr. Mary Harlan

Dept. of Family and Consumer Sciences

Nominated by: _____

McAlister Hall Room 100 Telephone: (Work) _____

University of Central Arkansas (Home): _____

Conway, Arkansas 72035 E-mail: _____

Telephone: 501-450-5950

Fax: 501-450-5958

E-mail: maryh@uca.edu

Contact Information: UCA Department of Family and Consumer Sciences McAlister Hall

Full-time Faculty:

- Dr. Mary Harlan, Chairperson: 501-450-5950; maryh@uca.edu
- Dr. Ann Bryan, Interior Design; 450-5957; abryan@uca.edu
- Dr. Mary Ann Campbell; General FACS; 501-852-0041; marc@uca.edu
- K. C. Poole, Interior Design; 501-450-5956; kpoole@uca.edu
- Dr. Nina Roofe, Nutrition; 501-450-5954; nroofe@uca.edu
- Dr. Rynee Ryburn, Teacher Education; 501-450-3101; rryburn@uca.edu
- Rachel Schichtl, Nutrition; 501-450-5955; rschichtl@uca.edu
- Dr. Melissa Shock, Nutrition; 501-450-5953; melissas@uca.edu
- Jennifer Whitehead, Interior Design; 501-450-5952; jenwhite@uca.edu



McAlister Hall

Family and Consumer Sciences Scholarship Contribution

Your name: _____
Address: _____
Phone: _____ Email: _____

Please apply my contribution to the following FACS Scholarship Fund (please check one):

- ☐ Adams-Lindsay-Webb Endowed Scholarship Fund
- ☐ Georg Andersen Interior Design Scholarship Fund
- ☐ Cecily Coffelt-Bullard Endowed Scholarship Fund
- ☐ Grace Dupree Endowed Scholarship Fund
- ☐ Martha Stone Harding Endowed Scholarship Fund
- ☐ Dr. Mary Harlan Scholarship Fund
- ☐ Mary Ann and Andrew Hiegel Endowed Scholarship Fund
- ☐ Dr. Roy C. and Dollie Randleman Holl Endowed Scholarship Fund
- ☐ National Wall-Covering Scholarship Fund
- ☐ Emily Oates Scholarship Fund
- ☐ Dr. Nina Roofe Nutrition Scholarship Fund
- ☐ Nina Russ Endowed Scholarship Fund
- ☐ Connie Westbrook Scholarship Fund
- ☐ Other (wherever the need is greatest)

My gift qualifies me for membership in (please check one):

- ☐ Coffee Club (\$125-\$249)
- ☐ Dean's Club (\$250-\$499)
- ☐ University Club (\$500-\$999)
- ☐ President's Club (\$1000 or more)
- ☐ Other amount (\$ _____)

Credit Card type: _____
Credit Card number: _____
Expiration Date: _____
Amount: \$ _____
Name on card: _____

***Please complete and return this page with your
credit card information or your check made pay-
able to the UCA Foundation, Inc. Your tax de-
ductible contributions will be greatly appreciat-
ed!***

*Have you changed jobs and have a new business
card? We would love to share with our students
what our alumni are doing! Please send one in
with your registration or bring it to the luncheon!*

Rebekah Lindsey
FACS Alumni Newsletter Editor
FACS Dept, MAC 100
201 North Donaghey Avenue
Conway, AR 72035

Phone: 501-450-5950
Fax: 501-450-5958
E-mail: rlindsey@uca.edu
Editor: Ms. Rebekah Lindsey
Assistant Editor: Dr. Nina Roofe