

Valerie G. Couture, Ph.D., LPC, NCC
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EDUCATION

- 2016 Ph.D. Counselor Education and Supervision (CACREP Accredited)
University of Arkansas, Fayetteville, AR
- 2006 M.Ed. Counseling and Career Development (CACREP Accredited)
Colorado State University, Fort Collins, CO
- 1997 B.A. Sociology
Indiana University, Bloomington, IN

CERTIFICATIONS AND LICENSURE

- 2017-2022 Certified Rehabilitation Counselor, #00293830
- 2016-present Licensed Professional Counselor- Arkansas, #P1605057
Arkansas Board of Examiners in Counseling, Little Rock, AR
- 2013-present National Certified Counselor (NCC), #334002
National Board for Certified Counselors, Greensboro, NC

PROFESSIONAL EXPERIENCE

- 2022 to present **Associate Professor & School Counseling Program Director**
School Counseling Program - Department of Leadership Studies
University of Central Arkansas
- Direct the master's-level School Counseling program
 - Provide student advising on academic and career matters
 - Direct recruitment and program marketing efforts
 - Develop curriculum changes to adhere to DESE and CAEP guidelines
 - Write program annual report required by COE/CAEP
 - Chair School Counseling Advisory Board
 - Review new student and transfer student applications
 - Teach courses in School Counseling and Leadership Studies
 - Recruit and train adjunct faculty
 - Collaborate with Graduate School for admissions and graduation
 - Conduct service and research activities
- 2018 to 2022 **Assistant Professor & School Counseling Program Director**
School Counseling Program- Department of Leadership Studies
University of Central Arkansas
- 2016 to 2018 **Assistant Professor**
School Counseling Program – Department of Leadership Studies
University of Central Arkansas
- Taught courses in School Counseling and Leadership Studies

- Provided student advising on academic and career matters
- Conducted service and research activities

Spring 2016

Adjunct Instructor

School Counseling Program- Department of Leadership Studies
University of Central Arkansas

- Taught LEAD 6320 Counseling Theory

2014-2016

Graduate Teaching Assistant/Walton Doctoral Academy Fellow

University of Arkansas, Fayetteville, AR

- Taught undergraduate Helping Relationship Skills class every semester
- Co-taught master's-level counseling classes: Counseling and Human Diversity, Basic Counseling Techniques, Internship, and Practicum
- Provided individual and group supervision services to master's Counselor Education students
- Assisted faculty with research activities

2015- 2016

Clinical Rehabilitation Counseling Intern- Disability Resource Center
Northwest Arkansas Community College, Bentonville, AR

- Advised college students with physical and mental health disabilities on the accommodation process.
- Collaborated with faculty to assist in the accommodation process.
- Advised students on how to use assistive technology

2013-2014

Training Coordinator/Counselor

State of Arkansas Workforce Center, Russellville, AR

- Counseled clients who received Unemployment Insurance benefits on job search skills and strategies
- Networked with Arkansas Tech University to provide interviewing and resume building workshops

2006-2012

Senior Career Transition Counselor

Larimer County Workforce Center, Fort Collins, CO

- Counseled people with disabilities who had a variety of diagnoses including: depression, anxiety, deafness, personality disorders, vision, and mobility issues
- Administered a variety of career assessments including: Strong Interest Inventory, ONET Interest Profiler, ONET Work Importance Locator, Career Values Card Sort, Motivational Skills Card Sort
- Facilitated job search workshops to groups of different sizes (2-80) and different ability/education levels
- Facilitated six-week long support groups for laid off workers going through the change process

- Wrote for and awarded a grant from the Colorado Department of Labor and Employment for \$185,000 (2010) to fund retraining activities for Dislocated Workers

2004-2006

Career/Disability Counselor

Colorado Youth WINS (Work Incentive Network of Support)

Larimer County Workforce Center, Fort Collins, CO

- Counseled young adults (ages 14-25) who had disabilities in their transition to employment and/or post-secondary education by teaching self-advocacy, job searching techniques, and career awareness
- Collaborated with employers and agency partners to assist clients in: customized employment, self-employment, and school-to-work transition

2003-2004

Student Life Assistant

Aims Community College, Greeley, CO

- Assisted Program Director of Orientation and Student Activities, Student Senate, Student Program Council, Academic Counselors, and Student Life operations

2000-2003

Disability Case Manager

Indiana Family and Social Services Administration, Indianapolis, IN

- Interviewed claimants, family members, medical professionals, employers, and attorneys to gather medical and vocational information to decide on disability for Social Security Disability benefits

1999-2000

Community Corrections Officer

Mesa County Criminal Justice Services, Grand Junction, CO

- Provided security for a residential community corrections center
- Transported corrections clients to work-release employment

1997-1998

AmeriCorps Service Corps Member

AmeriCorps National Civilian Community Corps, Denver, CO

- Worked on community service projects focused on the following areas: improving literacy, maintaining parks and trails, weatherizing low-income housing, and building Habitat for Humanity housing

PUBLICATIONS

Journal Articles – Peer Review

Couture, V. G., Shaw, E. O., and Behrend, B. (2022). We set the climate: Implications for rural school counselors in creating LGBTQIA-affirming schools. *Journal of Counseling Research and Practice*, 7 (2), 1-21.

Nadelson, L, Loyless, S.D., Mills, M., Oyeniyi, O., Albritton, S., **Couture, V.**, Bruick, T., & Rainey Parham, C. (2022). Success for all? The education equity mindset of university faculty members. *International Journal of Teaching and Learning in Higher Education*, 34(1), 60-80.

Couture, V. G. (2021). Enhancing multicultural awareness: Understanding the effect of community immersion assignments in an online counseling skills course. *International Journal of Higher Education*, 10 (5), 201-212.

Nadelson, L. S.¹, **Couture, V. G.**¹, & Oyeniyi, O.¹ (2021). The effect of building closures due to COVID 19 on the perceptions and practices of school counselors. *World Journal of Education*, 11 (6), 1-17.

Nadelson, L. S.¹, Albritton, S.¹, **Couture, V. G.**¹, Green, C.¹, Loyless, S. D.¹, & Shaw, E. O.¹ (2019). Principals' perceptions of education equity: A mindset for practice. *Journal of Education and Learning*, 9 (1), 1-15.

Couture, R., Schwehm, J., & **Couture, V.** (2019). FERPA fear or FERPA flex: Student affairs practitioners' understanding of federal privacy laws on campus. *Journal of Student Affairs*, 28, 39-50.

Couture, V. (2018). Using trans-affirming counseling practices on college Campuses: Recommendations for professional practice. *The Practitioner Scholar: Journal of Counseling and Professional Psychology*, 7, 100-111.

Couture, V. (2017). Counseling transgender college students: Perceptions of college mental health clinicians' preparedness. *College Student Journal*, 51 (4,) 463-472.

Couture, R., Schwehm, J., & **Couture, V.** (2017). Helicopter colleges: A return to in loco parentis? *College Student Journal*, 51 (3), 398-406.

Book Chapters – Editorial Review

Couture, V. G., Bang, & N. M. (In Press). LGBTQ students in higher education. In Huffman, S. P. (Eds). *Opening Pathways for Marginalized Individuals in Higher Education* (pp-pp-pp.). IGI Global.

Bang, N.M., Hu, H. & **Couture, V.G.** (2020). School counselors and technology: Bridging the gap for student success. In Huffman, S.P., Loyless, S.D., Albritton, S. & Green, C. (Eds). *Leveraging technology to improve school safety and student wellbeing* (pp. 167-187). IGI Global.

Harless, A. M., **Couture, V. G.** & Bang N. M. (2020). Writing and presenting research. In Adelson, M. O. (Editor). *Handbook of counseling and counselor education* (pp. 369-387). Routledge Publishers.

Other Professional- Editorial Review

Couture, V., Bang, N. M., & Harless A., (2018) Successful career counseling interventions used with students in poverty: A preliminary report. *NCDA Career Convergence*.

Couture, V. (2016). Multiple minority identities: Applications for practice, research, and training. [Review of the book *Multiple minority identities: Applications for practice, research, and teaching*, by R. Nettle & R. Balter, (Eds.)]. *Journal of Rehabilitation*. 82(1), 58-60.

Technical Reports- Peer Review

Couture, V. G. and Wake, D. (2021) University of Central Arkansas School Counseling Program Annual Report 2019-2020. <https://uca.edu/education/caep-additional/>

Couture, V. G. and Wake, D. (2020) University of Central Arkansas School Counseling Program Annual Report 2018-2019. <https://uca.edu/education/caep-additional/>

Couture, V. G. and Wake, D. (2019) University of Central Arkansas School Counseling Program Annual Report 2017-2018. <https://uca.edu/education/caep-additional/>

Manuscripts in Development (Literature Review/ Data Collection/Data Analysis)

Oyenyi, O., Bang, N. M., Behrend, B., & **Couture, V. G.** (Data Collection) School counseling best practices with immigrant students.

Harless, A, Bang, N. M., & **Couture, V. G.** (Writing). Career counseling interventions that school counselors use with students in poverty.

Couture, V. G., Shaw, E., Oyenyi, O., Green, C., & Albritton, S. (Data Analysis). Re-envisioning K-12 school leadership: Perceptions and practices of principals, school counselors and school librarians.

GRANTS AND AWARDS

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|------|---|
| 2022 | Graduate Recruitment Grant to Increase School Counseling Student Enrollment, \$1000, PI Funded, January 2022.
Graduate College- University of Central Arkansas- Digital Marketing & Professional Development Seminars |
| 2021 | Institutional Diversity and Inclusion Grant Award for National Career Development Association Global Conference, \$250, PI Funded, April 2021.
Institutional Diversity and Inclusion- University of Central Arkansas – Career Counselor as Advocate: Assisting Transgender Clients Overcome Employment Barriers. |
| 2021 | Graduate Recruitment Grant to Increase School Counseling Student Enrollment, \$2000, PI Funded, January 2021. |

- Graduate College- University of Central Arkansas- Digital Marketing
- 2020 Faculty Development Grant for American Association for Colleges of Teacher Education Annual Conference, \$1500, PI Funded, March 2020.
Center for Teaching Excellence- University of Central Arkansas – Improving Online Andragogy in School Counseling courses
- 2019 Roger Herring Research Award
Arkansas Counseling Association (ArCA)
- 2019 Graduate Recruitment Grant to Increase School Counseling Student Enrollment, \$1500, PI Funded.
Graduate College- University of Central Arkansas
- 2018 Faculty Research Grant for American Counseling Association Annual Conference, \$500, PI Funded, Jan. 2018.
College of Education- University of Central Arkansas - Service Learning in an Online Counseling Program
- 2017 Distinctive Growth in Online Teaching: Award Recipient, April 2017
Center for Teaching Excellence- University of Central Arkansas
- 2016 Outstanding Chi Sigma Iota Member
Counselor Education and Supervision Department - University of Arkansas
- 2014-2016 Walton Doctoral Academy Fellowship, \$12,000 annually
Graduate School - University of Arkansas
- 2014-2016 Graduate Assistantship Stipend, \$17,800 annually
Graduate School- University of Arkansas
- 2014-2016 Doctoral Presentation Travel Grant, \$1000 annually
Counselor Education and Supervision Department- University of Arkansas
- 2010 On-the-Job Training Grant, \$129,682
Managed OJT grant from Colorado Department of Labor and Employment.
Grant used to fund On-the-Job Training opportunities to long-term unemployed.
- 2008 Retraining Grant, \$185,000
Co-wrote and awarded grant from Colorado Department of Labor and Employment. Grant funded retraining activities for Dislocated Workers.

PEER REVIEWED PRESENTATIONS

INTERNATIONAL

Harless, A., Bang, N. M., & **Couture, V. G.** (2022). School counselors supporting the career development of students in poverty: A qualitative investigation. Presentation at the NCDA Global Career Development Conference. (Virtual)

Couture, V. (June 2021). *Career counselor as advocate: Assisting transgender clients overcome employment barriers*. Presentation at the NCDA Global Career Development Conference (Virtual).

Hu, H., Bang, N., & **Couture, V.** (November 2020). *Technology progression in school counseling and counselor education: To meet diverse needs*. Presented at the Association for Educational Communications and Technology International Annual Conference (Virtual).

NATIONAL

Oyenyi, O., Bang, N. M., Behrend, B., & **Couture, V. G.** (2022). School counseling with immigrant students: Preliminary findings of best practices. Presentation at the Evidence-Based School Counseling Conference. (Virtual)

Couture, V. (Oct. 2021). *Success strategies for faculty in small counseling programs housed in interdisciplinary departments*. Presentation for the Association of Counselor Education and Supervision Annual Conference, Atlanta, GA.

Couture, V., Bang, N. M., & Oyenyi, O. (Oct. 2021). *Teaching online courses: Exploring the use of tools to increase classroom collaboration*. Presentation for the Association of Counselor Education and Supervision Annual Conference, Atlanta, GA.

Nadelson, L., Albritton, S., **Couture, V.**, Green, C., Shaw, E., & Loyless, S. (March 2020). *Principals' perceptions of education equity: A mindset for practice*. Presentation at the American Association for Colleges of Teacher Education Annual Conference, Atlanta, GA.

Bang, N., **Couture, V.**, & Harless, A. (October 2019). *The mid-tenure review in counselor education: Guidelines and strategies*. Presentation at the Association of Counselor Education and Supervision Annual Conference, Seattle, WA.

Gallavan, N., Booher, L., Buchanan, M., **Couture, V.** (February 2019). *Rising professors of teacher education: Qualifications, questions, quirks, and quests*. Roundtable presentation at the Association of Teacher Educators Annual Conference, Atlanta, GA.

Couture, V., Bang, N., & Harless, A. (June 2018). *Successful career counseling interventions used with students in poverty: A preliminary report*. Presentation at the NCDA Global Career Development Conference, Phoenix. AR.

Couture, V. (April 2018). *Stepping away from the screen: Service learning in an online counseling program*. Poster presentation at the American Counseling Association Annual Conference, Atlanta, GA.

Couture, V., Kilpatrick, B., & Brace, C. (March 2017). *Psychosocial and vocational implications for transgender clients with chronic illness and disease*. Presentation at the American Counseling Association Annual Conference, San Francisco, CA.

Couture, R., Schwehm, J. & **Couture, V.** (March 2017). *False consensus and FERPA*. Presentation at the Student Affairs Administrators in Higher Education (NASPA) National Conference, San Antonio, TX.

Couture, V. (October 2015). *Diversity at a distance: Challenges of teaching online diversity classes*. Roundtable presentation at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Couture, R., Schwehm, J. & **Couture, V.,** (March 2015). *Helicopter colleges: The revolving nature of institutions' relationships with parents*. Presentation at the Student Affairs Administrators in Higher Education (NASPA) National Conference, New Orleans, LA.

REGIONAL

Couture, R., & **Couture, V.** (November 2022). *The allure of the STEM path*. Paper presentation at the Mid-South Educational Research Association Annual Conference, Little Rock, AR.

Nadelson, L., Albritton, S., Bruick, T., **Couture, V.,** Green, Loyless, S., Mills, M., & Oyenyi, O. (October 2020). *The education equity mindset of post-secondary faculty members*. Paper presentation at the Mid-South Educational Research Association Annual Conference. (Virtual).

Oyenyi, O. & **Couture, V.** (October 2020). *A comparison of first-year undergraduate and graduate international students' adjustment to college*. Paper presentation at the Mid-South Educational Research Association Annual Conference. (Virtual).

Couture, V. (October 2018). *Voices of rural school counselors: A study of creating safe zones for LGBTQ students*. Presentation at the Southern Association for Counselor Education and Supervision, Atlanta, GA.

Bang, N., **Couture, V.,** & Harless, A. (October 2018). *Counseling interventions to support the career development of students in poverty*. Roundtable presentation at the Southern Association for Counselor Education and Supervision, Atlanta, GA.

Couture, V. (November 2017). *The use of experiential education in online counselor education to increase skill development and multicultural counseling competency*. Paper presentation at the Mid-South Education Research Association Annual Conference, Starksville, MS.

Couture, V., Bang, N., & Harless, A. (November 2017). *Understanding career counseling interventions that school counselors use with students in poverty*. Paper presentation at the Mid-South Education Research Association Annual Conference, Starksville, MS.

Couture, V., Higgins, K., & Meyers, A., (October 2016). *Group supervision: The six thinking hats technique*. Presentation at the Southern Association for Counselor Education and Supervision, New Orleans, LA.

STATE

Oyeniya, O & **Couture V.** (June 2021). *The effect of building closures: How school counselors adapted with the COVID-19 pandemic*. Presentation for the Arkansas Association of School Counselors/Arkansas Department of Education Annual Conference, Hot Springs, AR.

Oyeniya, O. & **Couture, V.** (June 2021). *Supporting immigrant and refugee children: Roles of school counselors*. Presentation for the Arkansas Association of School Counselors/Arkansas Department of Education Annual Conference, Hot Springs, AR.

Oyeniya, O. & **Couture, V.** (January 2021). *Social justice and advocacy competencies: The role of counselors*. Arkansas Counseling Association Annual Conference (Virtual).

Couture, V. & Oyeniya, O. (July 2020). *Supporting LGBTQ students: Understanding the school counselor's role*. Presentation at the Virtual Arkansas Association of School Counselors/Arkansas Department of Education Annual Conference.

Oyeniya, O. & **Couture, V.** (July 2020). *Substance abuse in adolescence: The roles of school counselors*. Presentation at the Virtual Arkansas Association of School Counselors/Arkansas Department of Education Annual Conference.

Couture, V. & Harless, A. (November 2019). *Counseling in schools: Solution-focused counseling techniques refresher course*. Presentation at the Arkansas Counseling Association Annual Conference, Hot Springs, AR.

Oyeniya, O. & **Couture, V.** (November 2019). *Advocating for child abuse and neglect victims: A call for counselor practitioners and educators*. Presentation at the Arkansas Counseling Association Annual Conference, Hot Springs, AR.

Couture, V. (April 2018). *Using motivational interviewing techniques with resistant students*. Presentation at the Arkansas Association of Colleges for Teacher Education Annual Conference in Conway, AR.

Couture, V., Shaw, E., & Huffman, S. (April 2018). *Increasing vocational awareness using educational media: Recommendations for best practice*. Presentation at the Arkansas Association of Instructional Media Annual Conference in Little Rock, AR.

Harless, A. & **Couture, V.** (February 2017). *Oh the tangled webs we weave: Ethical dilemmas in counselor education and supervision*. Presentation at the Arkansas Association for Counselor Education and Association Mid-Winter Conference, Conway, AR.

Couture, V. & Houin, S. (November 2015). *LGBT+: A discussion of identity, gender, and sexual orientation*. Presentation at the Arkansas Counseling Association Annual Conference, Hot Springs, AR.

Couture, V., Houin, S., Thomas, C., & Suarez, A. (November 2015). *Multicultural and social justice competencies: 2015 update*. Presentation at the Arkansas Counseling Association Annual Conference, Hot Springs, AR.

Couture, V., Higgins, K., & Meyers, A., (November 2015). *Group supervision*. Presentation at the Arkansas Counseling Association Annual Conference, Hot Springs, AR.

Couture, R. & **Couture, V.** (October 2015). *Theories of academic advising*. Presentation at the Partners for Student Success Conference, Hot Springs, AR.

Couture, V. (November 2014). *Noncompliance: Why don't THEY follow the rules?* Presentation at the Arkansas Counseling Association Annual Conference, Hot Springs, AR.

Couture, V. (November 2014). *Survey on the effect of gender on the supervisory working alliance between doctoral supervisors and master supervisees*. Poster presentation at the Arkansas Counseling Association Annual Conference, Hot Springs, AR.

Couture, V. & Menning, C. (October 2004). *Tips and tools for working with students with learning disabilities*. Presentation at the Annual Colorado Service Conference, Estes Park, CO.

LOCAL

Couture, V. & Shaw, E. (June 2021). *From teacher to school counselor or school librarian: Building a roadmap*. Professional Development presentation at the University of Central Arkansas College of Education Professional Development Days.

Couture, V. (April 2018). *Stepping away from the screen: Service learning in an online counseling program*. Poster presentation at the University of Central Arkansas College of Education Research Day.

Couture, V. (March 2013). *Creating work/life balance*. Roundtable discussion at Arkansas Tech University International Women's Week, Russellville, AR.

INVITED PROFESSIONAL PRESENTATIONS

Summer 2017 Guest Presenter, Topic: Solution-Focused Counseling
Conway School District Professional Development, Conway, AR

Spring 2016	Guest Lecturer in Medical Aspects of Disabilities, Topic: Cancer and Disabilities, Rehabilitation Counseling Program, University of Arkansas
Spring 2016	Guest Lecturer in Medical Aspects of Disabilities, Topic: Intake Interview, Rehabilitation Counseling Program, University of Arkansas
Fall 2015	Guest Presenter, Topic: Bully Prevention in Schools St. John's Elementary School, Russellville, AR
Spring 2015	Guest Presenter, Topic: Group Supervision Ozark Guidance Professional Development Seminar, Springdale, AR
Spring 2015	Guest Lecturer, Counseling Practicum, Topic: Procedures to obtain Arkansas Licensure, Counselor Education and Supervision Department, University of Arkansas
Fall 2014	Guest Lecturer, The Helping Relationship, Topic: Inequality for All: SES and Clients, Counselor Education and Supervision Department, University of Arkansas
Fall 2014	Guest Lecturer, The Helping Relationship, Topic: Counseling with Clients Struggling with Poverty, Counselor Education and Supervision Department, University of Arkansas

EDITORIAL REVIEW EXPERIENCE

2021	Association for Counselor Education and Supervision, Proposal Reviewer
November 2020	Journal of Asian Pacific Counseling- Ad Hoc Journal Reviewer
April 2020-present	The Journal of Counselor Preparation and Supervision, Editorial Board
2020	Southern Association Counselor Education Conference, Proposal Reviewer
2019	Leveraging Technology to Improve School Safety, Book Reviewer
2018-present	Administrative Issues Journal, Journal Reviewer
2017	Mid-South Education Research Association, Proposal Reviewer
2017	Association for Counselor Education and Supervision, Proposal Reviewer
2016	NASPA, Proposal Reviewer
2016	Higher Education Diversity Summit, Proposal Reviewer
2015	Association for Counselor Education and Supervision, Proposal Reviewer

TEACHING AND STUDENT SUPERVISION EXPERIENCE

University of Central Arkansas

SCCN 6365 Educational Assessment and Measurement

The purpose of this course is to introduce basic measurement concepts and assessment instruments related to the field of counseling. The course introduces the technical concepts of assessment used in the development and interpretation of tests and psychological tests.

Semesters taught: Fall 2021, Spring 2020, Fall 2020

SCCN 6324 Lifespan Human Development

The purpose of this course is to provide fundamental knowledge about life-span development from infancy to adulthood. Students learn the complexities of working with students, parents, teachers, administrators, and other professionals concerning student development issues involving physical, intellectual, and emotional development and other aspects of development, such as gender roles and sexuality, personality, family dynamics, and psychopathology.

Semesters taught: Summer 2021, Fall 2020

LEAD 6321 Research Methods

The course is designed to teach principles of scientific inquiry, methods and techniques of research, research tools and techniques, research proposals, and the interpretation and critique of research in professional literature

Semesters taught: Summer 2020, Spring 2020, Summer 2018

SCCN 6380 School Counseling Intervention Strategies

School Counseling Intervention Strategies provides knowledge and skills in addressing the needs of K-12 students in a comprehensive guidance program. Stressors such as drug education, child abuse, chemical/drug abuse, divorce and multicultural issues and the influences of poverty are included in this course.

Semesters taught: Spring 2022 Summer 2021, Spring 2021, Summer 2020, Spring 2020, Fall 2019, Summer 2019

LEAD 6330 Individual and Group Counseling Skills

The course will address the core assumption and underlying beliefs that impact the counseling roles that are central to the K-20 education setting. This course focuses on the *helping* role of individual and group counseling. Specific goals are to develop knowledge and skills that are necessary for student service practitioners.

Semesters taught: Spring 2022, Summer 2021, Spring 2021, Summer 2020, Summer 2019, Spring 2019, Fall 2018, Summer 2018 (2 sections), Spring 2018 (2 sections) , Fall 2017 (2 sections), Summer 2017 (2 sections), Spring 2017 (2 sections), Fall 2016

LEAD 6320 Counseling Theory in K-20 Education Settings

This course provides an overview of the major theoretical approaches to psychotherapy, including a critical evaluation of each theory. This course introduces students to the theoretical framework and practices basic to student services in the K-12 education setting.

Semesters taught: Fall 2021, Summer 2021, Fall 2020, Summer 2020, Fall 2019, Summer 2019, Spring 2019, Fall 2018, Summer 2018, Spring 2018, Fall 2017, Summer 2017, Spring 2017, Fall 2016, Spring 2016

SCCN 6360 School Counselor as Consultant

This course emphasizes the role of counselor as consultant in public schools. The course gives specific attention to working with teachers as advocates. Additional information is shared regarding working with the community resources available to school counselors. Semester taught: Spring 2021.

University of Arkansas

CNED 3053 The Helping Relationship

An examination of school and community resources available to help students in distress. Development of an understanding of the helping relationship, including problem recognition and referral to appropriate resources. Particularly appropriate for students working as paraprofessional helpers, such as Residence Hall staff, Orientation Counselors, or Study Skills Leaders.

Semesters Taught: Spring 2015, Fall 2015, Spring 2016, Summer 2016

CNED 5513 Counseling and Human Diversity

Teaching Assistant for Dr. Kristin Higgins

This graduate level course reviews social and cultural foundations of counseling. Students learn how diversity issues effect the counseling relationship and outcomes.

Semester co-taught: Summer 2015

CNED 5333 Basic Counseling Techniques

Teaching Assistant for Dr. Roy Farley

This graduate level course reviews basic individual counseling skills and techniques. Students practice building rapport, active listening skills, and helpful responses in role-playing activities.

Semester co-taught: Spring 2015

CNED 574V Clinical Mental Health Counseling Internship

Teaching Assistant for Dr. Kristin Higgins

Graduate students are placed in community sites in counseling roles. The class meets once a week for required group supervision to discuss challenges and successes at the Internship sites.

Semester co-taught: Spring 2015

CNED 5343 Counseling Practicum

Teaching Assistant for Dr. Higgins

Graduate students are placed in community sites in counseling roles. The class meets once a week for required group supervision to discuss challenges and successes at the Practicum sites.

Semester co-taught: Spring 2015

CNED 6711 Advanced Practicum/CNED 674V Advanced Internship

Provided individual supervision and group supervision for master level internship and practicum students in mental health and school counseling. Worked with students on counseling techniques.

Semesters Supervised: Spring 2015-Spring 2016

CNED 6033 Advanced Group Theory and Methods

Facilitated 10-week personal growth group. The 12 members were pursuing master degrees in school, mental health, and rehabilitation counseling.

Semester Facilitated: Spring 2015

PROFESSIONAL SERVICE AND LEADERSHIP

University of Central Arkansas

University Service

2021- present	Faculty Athletic Mentor-Women's Soccer
2020-2021	Faculty Senate, COE Senator
2020-2021	Faculty Affairs 1 Subcommittee, Member
2020-Summer	Instructional Models Working Group, Member
2017- 2020	University Public Service Award Committee, Member

College of Education

2022-present	COE Tenure & Promotion Committee, Member
2019-2020	Impacting Tomorrow Summit, Volunteer
2018-present	Graduate Program Coordinator's Committee, Member
2018-2020	Graduate Program Director's Working Group, Member
2017-present	Mashburn Center for Learning, Advisory Team Member
2017-2018	Research Committee, Member
2017-2018	Arch Ford Teacher Mentor Program, Content Specialist

Leadership Studies Department

2022-present	Department Tenure & Promotion Committee, Member
2021-present	Alana St. Cyr, CSPA Thesis Committee, Member
2021-2022	Retreat Planning Committee, Member
2021-present	Graduate Faculty Application Review Committee, Chair
2020-2021	Graduate Faculty Application Review Committee, Member
2020-2021	Daniel Orellano, Doctoral Dissertation Committee, Member
2018-2021	Curriculum Review Committee, Member

School Counseling Program

May 2018-present	School Counseling Program Coordinator
2018- 2020	School Counseling Search Committee, Chair
November 2018	Program Representative at ArCA Annual Conference
July 2017	Program Representative at ArSCA Annual Conference
2016-present	Transfer Student Review Committee, Chair
2016-present	New Student Review Committee, Chair
2016-present	School Counseling Curriculum Review Committee, Chair

Professional Counselor Education Leadership and Service:

2021-present	ACES Career Counseling and Counselor Educator Advocacy Subgroup, Co-chair
January 2020	AERA Educational Change SIG Twitter, Invited Scholar
2018-present	Arkansas School Counselor Association, Research Board Member
2018-present	Arkansas Association of Counselor Education and Supervision, Secretary
2017-2018	Counselors for Social Justice, Awards Committee, Chair
2016	American Counseling Association Conference, Conference Volunteer
2015-2017	Counselors for Social Justice, Awards Committee, Member

University of Arkansas:

2015-2016	Chi Sigma Iota- Rho Alpha Beta, Chapter President
2014	National Depression Screening Day, Screener

Community:

2017- present Russellville School District, School Volunteer
2012-2019 St. John's Elementary School, School Volunteer
2016-2017 St. John's Parent/Teacher Organization, Vice President
2015-2016 Girl Scouts Leadership Program, Troop #6885 Leader
2015-2016 Northwest Arkansas Center for Sexual Assault, Advocate
Spring 2015 Arkansas River Valley Soccer Association, Youth Coach
2014- 2016 Students for Gender Equality, Member
Spring 2014 Arkansas River Valley Tennis Association, Youth Coach
2011-2012 Larimer County Natural Areas, Trail Volunteer
2007-2010 Able Women Mentorship Program, Coordinator
2007-2009 United Way Pathways Past Poverty Taskforce, Committee Member

PROFESSIONAL AFFILIATIONS

National Organizations

2006-present American Counseling Association, Member
2017-present American School Counseling Association, Member
2014-present Student Affairs Administrators in Higher Education, Member
2016-present Mid-South Educational Research Association, Member, Volunteer
2014-2016 Chi Sigma Iota- Rho Alpha Beta chapter (CSI), President
2005-2006 Chi Sigma Iota- defunct Colorado State University chapter (CSI)
2005-2008 National Career Development Association, Member

ACA Divisions

2014-present Association of Counselor Education and Supervision, Member
2014-present Counselors for Social Justice, Member, (Awards Chair 2018)

State Organizations

2017-present Arkansas Association of Counselor Education and Supervision, Secretary
2017-present Arkansas School Counselor Association, Board Member
2012-present Arkansas Counseling Association, Member