



DECEMBER NEWSLETTER 2025



This month's Unsung Hero is..... Logan Wile!



**Associate Director of Campus
Recreation & Wellness**

Logan Wile, Associate Director of Campus Recreation and Wellness, has worked at UCA for 12 years. He loves being able to interact with students through Intramural Sports, fostering relationships and giving students the opportunity to continue competing in sports after high school. Outside of work, he's a big sports fan who will watch just about anything. He also enjoys going to sporting events and taking vacations with Maria. UCA has been a central part of his life since he was a student, it's where he met Maria, and it's the place where he has built his entire career. He is extremely grateful for UCA and couldn't imagine being anywhere else; UCA is home.

"I know not all that may be coming, but be it what it will, I'll go to it laughing."

-Herman Melville

Campus Events

- Dec. 2: [Crafty Hour](#)
- Dec. 3: [Winter Feast](#)
- Dec. 9: [Poverty Simulation](#)
- Dec. 10: [Dolly Parton's Smokey Mountain Christmas Carol](#)
- Dec. 14: [Kevin Nealon LIVE](#)

As 2026 is quickly approaching, it's important for us to self-reflect & set professional goals to keep us accountable & focused. A few great examples include:

- Improve communication & collaboration skills
- Enhance emotional intelligence
- Expand your professional network
- Prioritize continuous learning
- Become a mentee/mentor

[This article expands on these goals and more! Visit now for more information!](#)

HOLIDAY BREAK:

- 12/22/25- Last Day Campus Open
- 12/23/25-1/1/26 Campus Closed
- 1/2/2026- First day campus Open

As we approach the holiday season, keep in mind the following:

- Set realistic expectations
- Take care of your physical health
- Practice self-care
- Try and volunteer/give back!
- Manage stress with mindfulness!
- Stay connected with nature!

Listen to this episode of [The Verywell Mind Podcast for information regarding staying mentally strong during holidays!](#)

UCA HR has a Facebook Page! [Visit now to see campus updates and current job openings!](#)



UNIVERSITY OF
**CENTRAL
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HUMAN RESOURCES
EMPLOYEE ENGAGEMENT
AND ENRICHMENT