



# Don't Let the Flu Slow You Down. Get Vaccinated Today.

## Take care of yourself and those you love.

The flu affects millions of people each year and can result in severe illness — even death. A flu vaccine is the best defense to not only protect you, but also help protect the people around you. The Centers for Disease Control and Prevention (CDC) recommends annual flu vaccinations for everyone six months and older.<sup>1</sup>

## Choose a convenient provider.

Annual flu shots are covered under most medical plans when you use a network provider. For quick and easy access to a flu vaccine, you can visit:



**Your network doctor or other health care professional.**



**Any of the retail pharmacies listed on the back.**



**Any of the convenience care clinics listed on the back.**



To find network care, visit your member website or call the number on your health plan ID card.



### What you need to know.

- Most UnitedHealthcare plans cover annual flu shots at 100 percent when you use a contracted network provider.
- Talk to your doctor about which vaccinations may be right for you.
- Show your health plan ID card before getting your shot.
- See other side for a list of national pharmacy chains and convenience care clinics that are contracted to provide flu shots to UnitedHealthcare members.

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## Get your flu shot from any of these network providers.

There may be some instances where a particular location offered by one of the flu shot providers listed below is not participating in the UnitedHealthcare network. Age restrictions or limitations may also apply. Check with your provider for specific age or flu shot requirements.

<b>Retail Pharmacies</b>	Pharmacists associated with these retail pharmacies can administer flu shots. No appointments are necessary.
<b>Albertsons®</b> Including Albertsons Sav-on and Albertsons Osco.	<a href="http://albertsons.com/pharmacy/immunizations/">albertsons.com/pharmacy/immunizations/</a>
<b>CVS®</b>	<a href="http://cvs.com/flu">cvs.com/flu</a>
<b>Harris Teeter®</b>	<a href="http://harristeeter.com/pharmacy-services/#/app/cms">harristeeter.com/pharmacy-services/#/app/cms</a>
<b>H-E-B®</b>	<a href="http://heb.com/pharmacy/services/immunizations.jsp">heb.com/pharmacy/services/immunizations.jsp</a>
<b>Kmart®</b>	<a href="http://pharmacy.kmart.com/newrx-immunization">pharmacy.kmart.com/newrx-immunization</a>
<b>The Kroger Co.®</b> (d/b/a Smith's, Ralph's, Roundy's, Pick 'n Save, Copps Food Center, Metro Market, Mariano's, Fred Meyer, Fry's, QFC, Harris Teeter, King Soopers, City Market, Food 4 Less, Dillons, Baker's, Gerbes, Jay C Food Stores, Owen's, Pay Less, Scotts)	<a href="http://kroger.com/topic/pharmacy/#/vaccinations-made-easy">kroger.com/topic/pharmacy/#/vaccinations-made-easy</a>
<b>Meijer®</b>	<a href="http://meijer.com/content/content.jsp?pageName=immunization_services">meijer.com/content/content.jsp?pageName=immunization_services</a>
<b>New Albertsons®</b> Including Acme Sav-on, Jewel-Osco, Star Market, Shaws Osco and Safeway.	<a href="http://albertsonssavonpharmacies.com/ishp/ishp_adultImmunizations.action">albertsonssavonpharmacies.com/ishp/ishp_adultImmunizations.action</a>
<b>Publix®</b>	<a href="http://publix.com/pharmacy-wellness/pharmacy/preventive-care/vaccinations">publix.com/pharmacy-wellness/pharmacy/preventive-care/vaccinations</a>
<b>Rite Aid®</b>	<a href="http://riteaid.com/pharmacy/services/vaccine-central">riteaid.com/pharmacy/services/vaccine-central</a>
<b>Safeway®</b> Including Carrs, Pak'N Save, Pavilions, Randalls, Tom Thumb and Vons stores.	<a href="http://safeway.com/ShopStores/Immunizations.page">safeway.com/ShopStores/Immunizations.page</a>
<b>Shopko®</b> Including Shopko Express and Shopko Hometown.	<a href="http://shopko-pharmacy.com/flushots.php">shopko-pharmacy.com/flushots.php</a>
<b>United Supermarkets®</b> Including Albertsons Market, Amigos and Market Street.	<a href="http://acmemarkets.com/pharmacy/immunizations/">acmemarkets.com/pharmacy/immunizations/</a>
<b>Walgreens®</b> Including Duane Reade, Jim Myers, Kerr Drug, May's Drug, Parkway Drug and Super D.	<a href="http://walgreens.com/flu">walgreens.com/flu</a>
<b>Walmart® Stores Inc. and Sam's Club®</b>	<a href="http://walmart.com/cp/1228302">walmart.com/cp/1228302</a>
<b>Network Convenience Care Clinics</b>	Convenience care clinics are typically located in retail stores and don't require appointments.
<b>MinuteClinic®</b>	<a href="http://minuteclinic.com/services/vaccination">minuteclinic.com/services/vaccination</a>
<b>The Little Clinic®</b>	<a href="http://thelittleclinic.com">thelittleclinic.com</a>
<b>RediClinic®</b>	<a href="http://rediclinic.com/riteaid">rediclinic.com/riteaid</a>
<b>Walgreens Healthcare Clinic®</b>	<a href="http://walgreens.com/topic/pharmacy/healthcare-clinic.jsp">walgreens.com/topic/pharmacy/healthcare-clinic.jsp</a>

<sup>1</sup> [www.cdc.gov/flu/protect/keyfacts.htm#flu-vaccination](http://www.cdc.gov/flu/protect/keyfacts.htm#flu-vaccination).

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