Health Promotion Lower Division Core updated 6/22

**University of Central Arkansas**

**Department of Health Sciences**

**Bachelor of Science Degree in Health Promotion**

**UCA CORE REQUIREMENTS (38 Hours) FOR STUDENTS BEGINNING AT UCA FALL 2014 AND LATER**

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| **COMMUNICATIONS** **(9 HRS)** | **Course** | **Hours** | **Grade** | **Term** | **Transfer** |
| **Writing Foundation\***: (WRTG 1310) **OR** (HONC 1310) – 3 Hours |  |  |  |  |  |
| **Research and Writing\*:** (WRTG 1320); (ENGL 1320) **OR** (HONC1320) – 3 hours |  |  |  |  |  |
| **Oral Communication:** (COMM 1300); (MGMT 2301) **OR**  (MKTG 2376)– 3 hours |  |  |  |  |  |
| **CRITICAL INQUIRY (20 HRS)** | **Course** | **Hours** | **Grade** | **Term** | **Transfer** |
| **Quantitative:** MATH (1360) ;(1390); (1392); (1395); (1491); (1580) **OR** (1496)– **3 hours** |  |  |  |  |  |
| **Natural Sciences/Physical Science:** CHEM (1400), (1402), (1450); PHYS (1400), (1401), (1405), (1410), (1441); **OR** (GEOG 1400) – **4 hours** |  |  |  |  |  |
| **Natural Sciences/Life Science:** BIOL (1400), (1401),1402), (1410), **OR** (1441) **4 hours** |  |  |  |  |  |
| **Inquiry and Analysis/American History and Government: (**HIST 2301); (HIST 2302); **OR** (PSCI 1330) – **3 hours** |  |  |  |  |  |
| **Inquiry and Analysis/Social Science: (**BUAD 2301); (ECON 2320)*;* (ECON 2321); (GEOG 1305); (HIST 2360); (MGMT 2341); (PSCI 1300); (PSCI 1330); (PSCI 2300); (PSYC 1300) **OR** (SOC 1300) – **3 hours** |  |  |  |  |  |
| **Inquiry and Analysis/Fine Arts or Humanities: FA** (ART 2300); (ART 2325); (ART 2335); (THEA 2300); **HUM**:(AFAM 1330); (ENGL 1350); (ENGL 1355);(ENGL 1373) FYS; (CHIN 2320); (FREN 2320); (GERM 2320); (SPAN 2320); (LALS 2310);(PHIL 1301); (PHIL 1373)FYS; (PHIL 2305); (RELG 1330); (WLAN/LING 2350); **OR** (HONC 1310) – **3 hours** (choose 1) |  |  |  |  |  |
| **DIVERSITY (6 HRS)** | **Course** | **Hours** | **Grade** | **Term** | **Transfer** |
| **Diversity in Creative Works/Fine Arts or Humanities**: **HUM -** (ENGL 2370); (ENGL 2380); (ENGL 2390); (WLAN 2315);  **FA -** (COMM 1305); (FILM 2300); (MUS 2300); (WRTG 1374) FYS; (WRTG 2310) OR (HONC 2320) – **3 hours** (choose 1) |  |  |  |  |  |
| **Diversity in World Cultures/Social Science or Humanities: SS -** (ANTH 1302); (BUAD 2302); (ECON 2310); (GEOG 1300),(GEOG1320); (HBST1377), (HIST 1310), (HIST 1320), (HIST 1375)FYS; (LING 1310); OR **HUM** - (ENGL2305); (ENGL2306); (ENGL2320); (HIST 1399); (HIST 2310);(LALS 2300); (PHIL1330); (PHIL 1375) FYS;(RELG 1320);(USCH 1300); (WLAN 2325); **OR** (HONC 2310) – **3 hours** (choose 1) |  |  |  |  |  |
| **RESPONSIBLE LIVING (3 HRS)** | **Course** | **Hours** | **Grade** | **Term** | **Transfer** |
| **Responsible Living:** (HLTH 1320) or (HLTH 2320 - SS) preferred. Other courses may be substituted with approval of advisor – 3 hours |  |  |  |  |  |
| **First Year Seminar:** (For students with less than 30 hours) Any course designated as FYS |  |  |  |  |  |
| **TOTAL UCA LOWER DIVISION CORE** |  | **38** |  |  |  |

**Health Promotion Required/Elective Courses - 53 Hours AY - 22/23**

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| **I. HEALTH PROMOTION REQUIRED CORE (27 hours)** | **Hours** | **Grade** | **Term** | **Transfer** |
| **HLTH 3300** Methods and Materials for Health Promotion **(UD UCA Core: C)** |  |  |  |  |
| **HLTH 3301** Health Promotion Profession **(UD UCA Core: R)** |  |  |  |  |
| **HLTH 3320** Epidemiological Research **(UD UCA Core: I)** |  |  |  |  |
| **HLTH 4300** Community Health Problem |  |  |  |  |
| **HLTH 4320** Health Communication and Advocacy |  |  |  |  |
| **HLTH 4331** Program Planning and Evaluation |  |  |  |  |
| **HLTH 4370** Administration of Health Programs **(UD UCA Core: C)** |  |  |  |  |
| **HLTH 4600** Health Promotion Internship **(UD UCA Core: Z)** |  |  |  |  |
|  | | | | | |  |
| **II. REQUIRED CONTENT COURSES (6 hours)** |  |  |  |  |
| **HLTH 1320** Essentials of Lifetime Health and Wellness **(LD UCA Core: R)** |  |  |  |  |
| **HLTH 3325** Disease Management for Health Promotion |  |  |  |  |

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| **III. HEALTH PROMOTION ELECTIVE COURSES (9 hours)**  **Students must select at least one course designated UD UCA Core: Diversity.** | **Hours** | **Grade** | **Term** | **Transfer** | |
| **HLTH 2201** First Aid |  |  |  |  | |
| **HLTH 2320** Mental Health **(LD UCA Core: R)** |  |  |  |  | |
| **HLTH 3123** Medical Terminology |  |  |  |  | |
| **HLTH 3305** Human Sexuality **(UD UCA Core: D)** |  |  |  |  | |
| **HLTH 3310**  Fundamentals of Occupational Health |  |  |  |  | |
| **HLTH 3315** Theory and Practice of Prevention |  |  |  |  | |
| **HLTH 4301** Health Promotion in the Medical Care Setting |  |  |  |  | |
| **HLTH 4302** Health Promotion in the Worksite |  |  |  |  | |
| **HLTH 4303** Environmental Health Problems |  |  |  |  | |
| **HLTH 4310** Health Concerns of the Aging Population |  |  |  |  | |
| **HLTH 4312** Drug Education |  |  |  |  | |
| **HLTH 4343** Health Strategies in Multicultural Population **(UD UCA Core: D)** |  |  |  |  | |
| **HLTH 4395** Health Concerns: Women **(UD UCA Core: D)** |  |  |  |  | |
| **HLTH 4396** Health Concerns: Men **(US UCA Core: D)** |  |  |  |  | |
| **HLTH 4398** Health Coaching I (1st half of semester) |  |  |  |  | |
| **HLTH 4399** Health Coaching II (2nd half of semester) |  |  |  |  | |
| **IV. RELATED REQUIRED COURSES (11 hour)** | | **Hours** | **Grade** | **Term** | **Transfer** |
| **BIOL 2405** Human Anatomy and Physiology | |  |  |  |  |
| **BIOL 2411** Microbiology in Human Affairs | |  |  |  |  |
| **STATISTICS:** (PSYC 2330); (MATH 2311); (PSCI 2312); (CISA 2330) **OR** (SOC 2321) | |  |  |  |  |
| **TOTAL HEALTH PROMOTION HOURS** | | **53** |  |  |  |

The remaining credits in the degree plan will be met with elective courses approved by the major advisor.

In order to satisfy the UD Core requirements, students must take upper division courses designated: Communication (C), Critical Inquiry (I), Diversity (D), and Responsible Living (R), as well as the Capstone (Z).