

Provided are various readings that address the identity development of college students, and the adjustments that the entire family must make as students begin their college careers:

I'll Miss You Too: A Parent and Student Guide to Opening Doors and Staying Connected during the College Years, by Margo E. Bane Woodacre, and Steffany Bane. Sourcebooks Inc., 2005.

Getting Ready for College: Everything You Need to Know before You Go from Bike Locks to Laundry Baskets, Financial Aid to Health Care, by Polly Berent. Random House, 2003.

Letting Go: A Parent's Guide to Understanding the College Years (fourth edition), by Karen Levin Coburn and Madge Lawrence Treeger. Harper Perennial, 2003.

Your on Your Own (But I'm Here if You Need Me): Mentoring your Child During the College Years, by Marjorie Savage. Fireside Press, 2003.

An Educated Choice: Advice for Parents of College Bound Students, by Frank A. Brock. Baker Books, 2002.

Empty Nest, Full Heart (2nd Edition), by Andrea Van Steenhouse. Simpler Life Press, 2002.

Empty Nest Parenting: Adjusting Your Stewardship as Your Children Leave Home, by Richard M. Eyre. Bookcraft, 2002.

Let the Journey Begin: A Parent's Monthly Guide to the College Experience, by Jaqueline Kiernan MacKay and Wanda Johnson Ingram. Houghton Mifflin, 2002.

The Launching Years: Strategies for Parenting from Senior to College Life, by Laura Kastner and Jennifer Fugett Wyatt. Three Rivers Press, 2002.

She's Leaving Home: Letting Go as My Daughter Goes to College, by Connie Jones. Andrews McMeel, 2002.

When Kids Go to College: A Parent's Guide to Changing Relationships, by Barbara M. Newman and Philip R. Newman. Ohio State University Press, 2002.

A Parent's Guide to Sex, Drugs, and Flunking Out: Answers to the Questions Your College Student Doesn't Want You to Ask, by Joel Epstein. Hazelden, 2001.

Bringing Home the Laundry: Effective Parenting for College and Beyond, by Janis Brody. Taylor Trade Publishing, 2001.

Doors Open From Both Sides: The Off-to-College Guide From Two Points of View: Parents and Students, by Margo E. Bane Woodacre, and Steffany Bane. American Literary Press, Inc., 2001.

133 Ways to Avoid Going Cuckoo When the Kids Fly the Nest: A Parent's Guide for Surviving the Empty Nest Syndrome, by Lauren Schaffer and Sandy Fleischl Wasserman, Three Rivers Press, 2001.

Don't Tell Me What to Do, Just Send Money: the Essential Parenting Guide to the College Years, by Helen E. Johnson and Christine Schelhas-Miller. St. Martin's Press, 2000.

Helping Your First-Year College Student Succeed: A Guide for Parents, by Richard H. Mullendore and Cathie Hatch. National Orientation Directors Association, National Resource Center for the First-Year Experience & Students in Transition, 2000.

When Your Kid Goes to College: A Parent's Survival Guide, by Carol Barkin. Avon Publishing, 1999.

Almost Grown: Launching Your Child From High School to College, second edition, by Patricia Pasick. W.W. Norton & Co., 1998.

The Truth About College: 50 Lessons for Parents Before They Start Writing Checks, by Will Keim, & Will S. Keim. Chalice Press 1997.

In Addition to Tuition: The Parents' Survival Guide to Freshman Year of College, by Marian Edelman Borden, Mary Anne Burlinson, & Elsie R. Kearns. Checkmark Books, 1996.

The Empty Nest: When Children Leave Home, by Shelley Bovey. Pandora Press, 1995.

When Your Kids Go To College, by Lucantoni N. Salvi & Michael J. Hunt. Paulist Press, 1995.

Once My Child, Now My Friend, by Elinor Lenz, 1985.

A Guide for Families of Commuter Students, by Cathie Hatch, Tracy Skipper. National Orientation Directors Association, National Resource Center for the First-Year Experience & Students in Transition