

## Academic Map: Physical Education (K-12)

**Department:** Exercise and Sport Science      **Degree:** BSE<sup>1</sup>  
**Program/Major:** Physical Education (K-12)<sup>2</sup>  
**Track/Emphasis:** \_\_\_\_\_  
**Does this program require a minor? (Yes/No)**      No<sup>3</sup>

**Important program information in the online *Undergraduate Bulletin*:**

**UCA Core Requirements:**      <https://uca.edu/ubulletin/general-policies-information/uca-core/>  
**LD UCA Core Check Sheet:**      <https://uca.edu/academicbulletins/ld-uca-core/>  
**UD UCA Core Course List:**      <https://uca.edu/academicbulletins/ud-uca-core/>  
**Degree Requirements:**      <https://uca.edu/ubulletin/general-policies-information/degree-requirements/>  
**Program Description:**      <https://uca.edu/ubulletin/colleges-departments/ch/exss/>  
**Course Descriptions:**      <https://uca.edu/ubulletin/courses/>

**This degree program requires a total of 120 semester credit hours, including at least 40 upper-division credit hours.**

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](https://uca.edu/academicbulletins/ld-uca-core/) (https://uca.edu/academicbulletins/ld-uca-core/) takes the user to the *Undergraduate Bulletin's* Lower-Division (LD) UCA Core check sheet, where UCA Core options and ACTS course numbers are listed in full; an [acts link](https://uca.edu/academicbulletins/acts/) takes the user to the *Undergraduate Bulletin's* ACTS page (https://uca.edu/academicbulletins/acts/) for additional information and a UCA-ACTS crosswalk.

**Scholarship recipients:** Please be aware of eligibility criteria for your scholarship(s). In particular, pay attention to (1) the enrollment requirements each semester for disbursement of your scholarship(s) and (2) the number of hours and GPA required each semester and/or year for renewal of your scholarship(s). Some Academic Maps may suggest enrollment in fewer hours than required for disbursement of your scholarship(s). In such cases, work with your academic advisor to adjust your schedule to meet requirements most efficiently. Contact the Office of Student Financial Aid at (501) 450-3140 with any questions regarding enrollment/renewal requirements of your scholarship(s). For online information resources, see endnote 4.

### Year 1

**Fall (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	Class Time
WRTG	1310	Introduction to College Writing <sup>5, 6, 7</sup>	3	
MATH	1360	Quantitative Literacy <sup>7 8</sup>	3	
EXSS	1320	Foundations of Wellness <sup>5, 7</sup>	3	
PSYC	1300	Introduction to Psychology (recommended LD UCA Core: First Year Seminar) or Other LD UCA Core <sup>5</sup>	3	
COMM	1300	LD UCA Core (First Year Seminar recommended) <sup>5</sup> or Principles of Communication <sup>5, 7</sup>	3	

**Spring (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH
WRTG ENGL	1320 1320	Academic Writing and Research <sup>7</sup> or Interdisciplinary Writing and Research or Other approved alternative <sup>5</sup>	3
BIOL	1400 1440	Exploring Concepts in Biology or Principles of Biology I <sup>5, 7, 9</sup>	4
COMM	1300	Principles of Communication <sup>5, 7</sup> or LD UCA Core (First Year Seminar if not taken semester 1) <sup>5</sup>	3
EDUC	1300	Education as a Profession <sup>7</sup>	3
PETE	1230	Teaching Conditioning and Beginning Weight Training <sup>2, 7</sup>	2

**Year 2****Fall (Credit hours: 17)**

SUBJ	NUM	TITLE	SCH
PETE	2325	Physical Education Methods in Sports	3
PETE	2250	Teaching Dance and Rhythmical Activities <sup>2, 7</sup>	2
		LD UCA Core	3
PETE	2300	Principles of Kinesiology and Physical Education <sup>2, 7</sup>	3
EXSS	2381	Anatomical Kinesiology <sup>2, 7</sup> (prereq: BIOL 1400/1401/1402/1440)	3
		LD UCA Core	3

**Spring (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH
		LD UCA Core (Lab Science) <sup>5</sup>	4
HLTH	2320	Mental Health <sup>3, 5, 10</sup>	3
PETE	2223	Teaching Outdoor Education/Recreational Games <sup>2, 7</sup> (spring only)	2
		LD UCA Core <sup>5</sup>	3
EXSS	3331	Care and Prevention	3

**Year 3****Fall (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH
EDUC	3322	Diverse Learners in Inclusive Settings- Effective Practices for a Learner-Centered Classroom <sup>11</sup>	3
EXSS	2340	Motor Development and Learning <sup>2</sup>	3
PETE	3330	Physical Education for the Elementary Grades <sup>2, 11</sup> (UD UCA Core: R)	3
EXSS	3382	Biomechanics <sup>2, 12</sup> (prereq: PHYS 1400 or CHEM 1402/1450) (UD UCA Core: I)	3
EXSS	4395	Sport and America Society	3

**Spring (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH
PETE	3363	Adapted Physical Education <sup>2</sup>	3
EXSS	4320	Measurement and Evaluation in Human Performance	3
EXSS	3303	Exercise Physiology <sup>2,13</sup>	3
PETE	3316	Curriculum <sup>2</sup>	3
PETE	4310	Methods and Materials of Secondary Physical Education <sup>2,11</sup>	3

**Year 4****Fall (Credit hours: 16)**

SUBJ	NUM	TITLE	SCH
MSIT	4325	Disciplinary Literacy (UD UCA Core: C)	3
HLTH	4300	Community Health	3
EDUC	4210	Integration of Technology in Teaching/Learning, <sup>11</sup>	2
PETE	4230	Fitness Assessment and Exercise Prescription <sup>14</sup>	2
PETE	4680	Internship <b>Residency I</b> <sup>2, 11, 15</sup>	6

**Spring (Credit hours: 12)**

SUBJ	NUM	TITLE	SCH
PETE	4990	Internship <b>Residency II</b> <sup>2, 11, 16</sup>	9
HLTH	3325	Disease Management	3

**Notes**

<sup>1</sup> A cumulative grade point average of 2.7 or higher on a 4.0 scale is required for admission, retention, and completion of the degree.

<sup>2</sup> A major in Physical Education (K-12) is required. A major grade point average of 2.7 or higher on a 4.0 scale is required for admission, retention, and completion of the degree. The major consists of 45 credit hours. A grade of C or better is required in all major courses.

<sup>3</sup> This Academic Map includes 11 credit hours in required Health Promotion courses. A grade of C or better is required in all Health Promotion (HLTH) courses. While HLTH 2201 First Aid is the only required HLTH pre-admission course, a student's grade point average for admission to the Physical Education Teacher Education (PETE) program will be calculated on all required HLTH courses completed. First aid and CPR certificate is required until graduation. See Health Promotion in the current *Undergraduate Bulletin* for minor.

<sup>4</sup> See online information resources for UCA scholarships at <https://uca.edu/scholarships/> and for state scholarships at <https://scholarships.adhe.edu/scholarships-and-programs/a-z/>.

<sup>5</sup> See appropriate choices, alternatives, or substitutions under "UCA

Core” in the *Undergraduate Bulletin*. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. An approved UCA Core lab science and an approved UCA Core math course should be taken in the first two years if possible. The student will also need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. See entries in this Academic Map for courses within the major that fulfill the UD UCA Core requirements. Courses may be used only once to satisfy the UCA Core.

<sup>6</sup> WRTG 1310 must be taken on initial enrollment unless the requirement was already met or remediation is required.

<sup>7</sup> This course (or an approved alternative) is a required PETE program admission course. Students must earn a C or better.

<sup>8</sup> Students have the option to complete MATH 1360 in the fall or spring of their first year. Students who have already earned credit for another 1000-level MATH courses (e.g., concurrent credit, CLEP, AP, transfer, etc.) may substitute that course for MATH 1360. However, a student who has not previously completed a 1000-level MATH course must enroll in MATH 1360.

<sup>9</sup> BIOL 1440 requires the following prerequisites: High school chemistry or CHEM 1301 (or above) and a composite ACT score of 21 or higher OR BIOL 1400 and CHEM 1301 (or above) with grades of C or higher. Students not meeting the prerequisite requirements must have permission of the Biology Department Chair prior to enrollment.

<sup>10</sup> In addition to PSYC 1300 General Psychology, students must complete an additional Social Science course (designated SS) in either the Diversity in World Cultures or in Responsible Living. HLTH 2320 Mental Health in Responsible Living category fulfills this requirement and is required by the H ED.

<sup>11</sup> Course requires admission to the PETE program.

<sup>12</sup> Prerequisite required (C or better in PHYS 1400 or CHEM 1402 or 1450).

---

<sup>13</sup> Prerequisite required (C or better in EXSS 2381).

<sup>14</sup> Prerequisite required (C or better in EXSS 3303)

<sup>15</sup> Students are required to submit a copy of their registration for PRAXIS II Subject Area Assessment tests in order to receive a grade in PETE 4380

<sup>16</sup> Students are required to take PRAXIS II Subject Area Assessment tests PRIOR to enrolling in PETE 4T90 and PETE 4T91. Students must submit an electronic or hardcopy of the entire score report booklet for each PRAXIS II tests taken regardless of the score earned.