Lacrosse websites

Power point and lacrosse drills:

<http://teachers.net/lessonplans/posts/1163.html>

<https://www.youtube.com/watch?v=I-DjeAyEVKI>

Here are more materials for you and a note from Branden ! (The Hendrix presenter):

“In addition, I added this link from US Lacrosse that is discussing the best way to start a “soft lacrosse” curriculum at school (soft lacrosse is those sticks and balls we used today).  US Lacrosse tries to make it easy as possible and will help supply schools with equipment.

<http://www.uslacrosse.org/resources/physical-education-curriculum.aspx>

<http://www.uslacrosse.org/multimedia-center/blog/postid/603/7-must-know-lacrosse-rules-for-the-physical-education-environment.aspx>

If anyone is really serious about adding lacrosse to their curriculum, definitely try and go through US Lacrosse; they’re incredibly helpful and will be thrilled to hear school in Arkansas are ready to grow the game out here.”