**Free Apps for PE Teachers**

[**Fitness Class**](http://itunes.apple.com/us/app/fitnessclass/id348715624?mt=8)\* (free) - Fitness class allows you to stream workout videos over WiFi or 3G with over 230 routines to choose from. With a projector it can be used to lead a class through a variety of different group exercises. You can use your own music, or use the music included. Exercise classes range from 10-90 minutes long.

[**HK Now**](http://itunes.apple.com/us/app/human-kinetics-now/id405570036?mt=8)**\* (Human Kinetics Now) (Free) - Human Kinetics will help you to stay current and up to date with any and all trends and news in the world of sport, fitness, physical education and exercise science.**

[**Yoga Free for iPad**](http://itunes.apple.com/us/app/yoga-free-for-ipad/id391991796?mt=8)**(free) – This app includes 200 different yoga poses with pictures and descriptions on how to perform each movement. The app allows you to select poses of your choice, and create your own routine depending on how much time you have to dedicate to yoga on any given day.**

# PE Activities - Superior PE Games Database for Teachers

## By Mel Hamada

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**PE Games - Free**

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