



Campus Resource Guide



Table of Contents

Academic Bridge Connection (ABC) Center
Campus Post Office
Career Services
Center for Writing and Communication
Communication Sciences and Disorders
Counseling Center
Disability Resource Center
Diversity and Community
Financial Aid/ Scholarships
Bear Essential Food Bank
Gender Neutral Bathrooms
International Engagement
Lactation Suites
Library
Math Resource Lab
Minton Commuter College
Nontraditional Student Office
Praxis Support for Teaching Candidates
Student Health Clinic
Student Success Office
Student Wellness & Development
Technology Learning Center
Tutoring Services
Center for Writing and Communication
University College
Unlocking College Academics Now (UCAN)
Veteran Services

Academic Bridge Connection (ABC) Center

Location: Bernard Hall 207

Phone: (501) 450-3135

MONDAY-FRIDAY

8:00 a.m.—4:30 p.m.

Study/Resource Room

- A quiet place for students to study and learn
- Computers are available
- Free printing
- Limited copying services
- Mobile charging stations

Presentations by Faculty, Staff, and Community Leaders

Networking with Professionals



Campus Post Office

Location: Student Center, first floor

Phone: (501) 450-3115

Hours: 8:00 a.m. to 4:00 p.m.

Website: <http://uca.edu/>



The University Campus Post Office is located on the first floor of the Student Center. All students living on campus are assigned a post office box where they receive their mail. The Campus Post Office offers regular postal services including stamps, express mail, international mail, and package service.



Career Services

Location: Bernard Hall 311

Hours: Monday-Friday: 8:00 a.m. to 4:30 p.m.

Closed Saturday and Sunday

Phone: (Phone (501) 450-3134.

Follow us on Facebook, Pinterest, Twitter, Instagram (@ucacareerservices), and OrgSync

The mission of the Career Services Center is to assist students in maximizing their educational experience by providing access to career planning, programs, presentations, and employment opportunities.

Communication Sciences and Disorders

Location: CSD/Speech Language Hearing Center

201 Donaghey Ave.

Phone: (501) 450-3176

(501) 450-5576

Website: <http://uca.edu/slhc>



The University of Central Arkansas Speech and Hearing Clinic provides services for the following disorders: stuttering, articulation, accent modification, language cognition, course preparation, feeding and swallowing, voice and resonance therapy, neurological disorder, social and pragmatic skills, interactive skills and vocalizations. There is fall, spring, and summer availability, but a service fee is required. The schedule differs each semester and payment is for the entire semester. No insurance is accepted.



Counseling Center

Location: Student Health Center, 327

Fall & Spring Hours: Monday through Thursday 8:00 a.m. to 5:30 p.m. | Friday 8:00 a.m. to 4:30 p.m. | Summer Monday through Friday 8a.m. to 4:30 p.m.

Phone: (Phone (501) 450-3138.

After hours emergency assistance is provided through calling UCA Police (501) 450-3111 or 911

The Counseling Center provides personal counseling to help individuals develop coping strategies, resolve conflicts, and handle crisis situations. Couples counseling, group counseling, and consultation are also available. Presentations, workshops, and seminars may be requested. Referrals for outside sources are available. An on-call counselor is available 8:00 a.m. to 5:30 p.m. Monday through Thursday and 8:00 a.m. to 4:30 p.m. on Friday. There are no additional costs for services for registered students, faculty, & staff. Confidentiality is maintained as required by the ethical guidelines of the American Psychological Association and American Counseling Association. Disability Resources

Disability Resource Center

Location: Student Health Center 212
Monday through Friday 8:00 a.m. to 4:30 p.m.

Phone: (501) 450-3613

Website: <http://uca.edu/disability>

Facebook: UCADisabilitySupport



The Disability Resource Center (DRC) offers services to its students with disabilities. Eligibility for these services is determined individually based on documentation of need. Accommodations and services may include but are not limited to: adaptive technology, note-taking assistance, advance registration, alternative media, faculty/staff consultation, counseling/advocacy services, lab/library assistance, exam accommodations, auxiliary aids and services, readers and/or scribes, sign language interpreting, and Adapted KPED (Physical Education). In order to receive services from the DRC, you must provide documentation of your disability from an appropriate professional. More information regarding specific documentation requirements can be found on the website.

Diversity and Community

Location: Bernard Hall 207

Monday through Friday from 8:00 a.m. to 4:30 p.m.

Phone: (501) 450-3135

Website: <http://uca.edu/diversitycommunity>

Email: diversity@uca.edu



DIVERSITY & COMMUNITY

This office provides multiple support services to enhance the academic success of students from underrepresented populations and creates an inclusive campus community. Programs include: Academic Bridge Connection, Black Male Achievement Challenge, Hispanic Outreach Initiative, LGBT+ Outreach, Women of Excellence, Minority Mentorship Program, Leadership 101, Awareness Programming, Miss Essence Scholarship Pageant, Academic Achievement Awards, as well as Graduation Celebrations. This office has space for meetings, studying, tutoring, and gathering.

Financial Aid/Scholarships



Location: Harrin Hall 200

Monday through Friday 8:00 a.m. to 4:30 p.m.

Phone: (501) 450-3140

Website: <http://uca.edu/financialaid/>
<http://uca.edu/scholarships>

The Financial Aid Office offers support services regarding scholarship requirements and financial aid requirements. Assistance includes federal aid in addition to institutional foundation, state, and private scholarships. Additional information and resources can be found on the website.



Bear Essential Food Bank

Location: Main Hall 108

Hours: Wednesdays from 11:00 a.m. to 1:00 p.m. (Fall & Spring)

Wednesdays from 11:30 a.m. to 12:30 p.m. (Summer)

If you cannot make it at this time, please contact Brian James at bearesentials@uca.ed to arrange pick up.

Website: uca.edu/foodbank

The Bear Essentials Food Pantry will stock the following items and each pantry request will obtain the following or equivalent: 1 jar peanut butter, 1 jar of jelly, 1 can of pasta sauce, 3 can of vegetables, 1 can of fruit, 2 cans of soup, 1 box of mac and cheese, 2 cans of tuna or chicken, 1 muffin mix, 1 package of rice, 1 package of spaghetti, 1 box of instant oatmeal, 5 packages of ramen noodles, 1 box of instant potatoes. The Bear Essentials Food Pantry will also accept specialty items such as toothpaste, toothbrush, and feminine and male hygiene products.

Gender Neutral Restrooms

- **AETN**: North Entrance on Powell Street in Foundation has one gender-neutral restroom
- **Baridon Hall**: Lobby
- **Bernard Residence Hall**: One in the 1st floor lobby
- **Carmichael Hall**: Lobby
- **Conway Hall**: Lobby
- **Donaghey Hall** – 2nd Floor Lobby
- **Doyle Hall** – Room 153 next to Anatomy Lab and stairs by R.O.T.C. exit
- **Farris Hall**: Lobby
- **HPER Center**: Room 134 for privacy and lockers (South side entrance into the pool, next to the wet/dry classroom)
- **Hughes Hall**: 1st floor lobby
- **Mashburn Hall**: 1st Floor; Northwest Area
- **McCastlain Hall**: Near Fireplace Room
- **New Hall**: Lobby
- **Short/Dennev Hall**: Lobby
- **State (EDGE) Residential College**: One in the lobby
- **Student Center**: Basement
- **Student Health Center**: ALL floors



International Engagement



Location: Carol Adcock International House
360 Farris Road
International Admissions
McCastlain Hall, Suite, 109
Phone: (501) 450-3445
Website: <http://uca.edu/international>
Email: international@uca.edu

The goal of this office is to prepare students, faculty, staff, and community for the global experience of the 21st century. International Engagement creates a supportive, diverse, and collaborative community on campus and in the greater area through cultural and educational programming. International Student and Scholar Services (ISSS), The Intensive English Program (IEP), The Office of Study Abroad, and The UCA Confucius Institute (UCACI) all provide services to students.

Lactation Suites

Old Main Hall 206C

- Accessible when the building is open

Torreyson Library Study Carrel 209

- Check in at the front desk
Open 24 hours/5 days per week according to library hours

Student Health Clinic

- Check in at the front desk
Hours are consistent with those of the Women's Center
Phone: (501) 450-3135

Lewis Science Center 216

- For additional information, please call (501) 450-3135 or send an email to Institutional-Diversity@uca.edu. For guidelines, visit <http://uca.edu/diversity/laction-suites/>.

Brewer Hegeman Conference Center

- Gain access to the right front entrance.
Hours are consistent with those of the Conference Center.



The purpose of Lactation Suites is to provide nursing mothers with multiple, convenient, private, sanitary, and comfortable rooms to express and/or pump breast milk. There is no fee for the use of any Lactation Suite.

Library



Hours: Sunday 2:00 p.m. through Friday at 5:00 p.m., UCA ID required for Entry from Midnight to 7:00 a.m.

Saturdays: 10:00 a.m. to 5:00 p.m.

Phone: (501) 450-5224

Website: <http://uca.edu/Library>

The library offers 450,000 printed books, 110,000 e-books, access to 137 databases covering all disciplines taught at UCA, a music collection that supports the UCA Music Department, and Interlibrary Loan options. The library has 100 desktop PC's, 55 MAC and PC laptops and headphones available for checkout while in the library. It also offers a high quality scanner, color and black and white printing. Each student receives 100 free print outs with Bear Card per semester. Wireless connection is available throughout the library. Phone charging stations are available. Starbucks is located in the library. There are zoned quiet areas and children's areas. There are also 29 individual study rooms, 24 group study rooms, 2 group study rooms with overhead projector, and 2 gender neutral restrooms.

Math Resource Lab

Minton Commuter College



Location: First floor of the Math and Computer Sciences Building

Monday through Friday from 10:00 a.m. to 8:00 p.m.
Saturday from 10:00 a.m. to 4:00 p.m. Sunday from 2:00 p.m. to 6:00 p.m.

Phone: (501) 450-3147

Website: <https://uca.edu/math/>



“UCA’s Learning Communities bring together students, faculty & staff from all walks of life as a family that cares about one another’s personal & academic growth. We are a community of scholars that encourages an environment of intellectual risk and who engage in academic, professional, & civic endeavors in order to help students persist to graduation. By participating in learning communities we affirm our commitment to a culture of inclusiveness, innovation, and collaboration.”

The Math Resource Lab (MRL) is made up of several mathematics faculty member and all mathematic graduate assistants to offer students tutoring from math subjects ranging from College Algebra to Calculus. The MRL features dry erase walls, 10 desktop computers with internet connection, and two data projectors.

Location: Department of Learning Communities, Old Main Hall, Suite 104

Phone: (501) 450-3125

Website:

<http://uca.edu/residential/commuter/residentialcolleges@uca.edu>

Nontraditional Student Office



“The mission of the NTSO is to encourage and coordinate support, education, and advocacy for the adult learning community. In order to carry out this mission, this organization shall: Offer advocacy for the adult learning community. Offer networking with other non-traditional students and professionals in the field of higher education. Locate scholarship opportunities for nontraditional students.”

Location: Bernard Hall 205

Phone: (501) 852-5201

Website:

<http://uca.edu/career/nontraditional-student/>

Email: NontradSS@uca.edu

Facebook: <https://www.facebook.com/groups/cooperativeedu/>

Praxis Support for Teacher Candidates

Location: Mashburn Hall 100

Phone: (501) 450-3175

Website: <http://uca.edu/education/>

Facebook: facebook.com/pages/UCA-College-of-Education



The College of Education provides an effective way for teacher candidates to prepare for the PRAXIS I Test Series and Core Academic Skills for Educators (CASE). It provides practice questions that resemble those that are on the actual tests, provides explanation for each answer, and provides full length practice tests at any time. Students enrolling in EDUC 1300- Education as a Profession and ECSE 3300 - Project-Based Instruction will automatically have a Northstar Learning account created for them.

Student Health Clinic



Location: Located on the 1st Floor of the Student Health Center

Appointments available Monday through Friday from 8:00 a.m. to 11:30 a.m., 1:00 p.m. to 4:30 p.m.

Phone: (501) 450-3136

Website: <http://uca.edu/studenthealth>

The features of the Student Health Clinic include: Free medical attention for enrolled students for treatment of minor illnesses or injuries. Small fee for vaccines, lab services, sexually-transmitted infection screening, procedures, and immunizations. Women's Health Clinic also available for pelvic exams and PAP smears. All patients must present a valid UCA ID when requesting services and there is a \$20 NO SHOW charge added to one's account when a student does not cancel or reschedule an appointment.

Student Success Office



Location: Old Main Hall 104

Phone: (501) 450-3125

Email: studentsuccess@uca.edu

Website: <https://uca.edu/studentsuccess/>

The Office of Student Success is here to help students become better prepared academically and achieve their educational goals. The Student Success staff and programs will assist you from start to finish with: summer programs that help entering freshmen get started right, individual tutoring and supplemental instruction that will assist you in successfully completing your courses, peer success coaching that can help you navigate UCA and motivate you toward success, workshops and seminars that aid you in completing your degree and reach-

Student Wellness & Development



Location: Student Health Center, 308

Office Hours: 8:00 a.m. to 4:30 p.m.

Phone: (501) 450-3133

Website: <http://uca.edu/wellness>

The goal of this office is to provide students with learning experiences that enhance their holistic wellness and contribute to a healthy, balanced lifestyle. Wellness programming efforts center on various topics such as alcohol/ drug abuse programming, sexual assault prevention, the Wellness Fair, Student Health 101 Magazine (readsh101.com/uca.html), relaxation chair, vision impairment goggles, vision course, BAC cards, and tobacco cessation resources.

Technology Learning Center



There are many services provided including: drop-in computer lab, copy machine, laser printers (b/w & color copies), laminating, spiral binding, poster printing, video camera rentals, video transfers, study tables, school & bulletin board supplies, Instructor reserve items. TLC provides support for Chalk & Wire, Educational Technology Competency Exam, and Northstar Praxis I Practice.

Location: Mashburn, 102

Fall/Spring: Monday-Friday, 7:30 a.m. to 4:30 p.m.

Summer: 8:00 a.m. to 4:30 p.m.

Phone: (501) 450-3400

Website: <http://uca.edu/tlc>

Tutoring Services



Location: Torreyson Library 223

Monday through Thursday 9:00 a.m. to 10:00 p.m.

Saturday 9:00 a.m. to 2:00 p.m.

Sunday 4:00 p.m. to 10:00 p.m.

Phone: (501) 852-0720

Website: <http://uca.edu/success/>

The Tutoring Services mission is to provide academic support to all students at UCA in order to improve student persistence and aid students in attaining their academic goals. This service provides peer tutoring in core areas and high-risk

Center for Writing and Communication

Location: Thompson Hall, 109 | M-F: 8:00–4:30 p.m.

Evening Hours: Thompson Hall, 109 Sun.-Thurs. 6:00 p.m. to 9:00 p.m.

Phone: (501) 450-5123

Website: <http://uca.edu/cwc>

Email: ucawritingcenter@gmail.com



Students may call for an appointment or utilize the online scheduler at uca.mywconline.com for a ½ hour tutoring session. Assistance is available for undergraduate and graduate students. One may obtain help in a variety of manuscript styles (Chicago, MLS, APA, etc.). Tutoring is available through face-to-face interactions, emails, and IM. Other services include: online tip sheets, Praxis I practice, reading assistance, speech assistance, and workshops are available. There is a primary focus on proofreading, editing, brainstorming ideas, writing process, identifying thesis, and organization. Class visits and workshops are available.

University College

Location: Main Hall, 010

Phone: (501) 450-3220

Amy Baldwin

Website: <http://uca.edu/ucollege>



The University College program seeks to prepare students to be lifelong learners with the intellectual and emotional skills that include the adaptability to tackle the great changes they will undoubtedly experience during their adult lives.

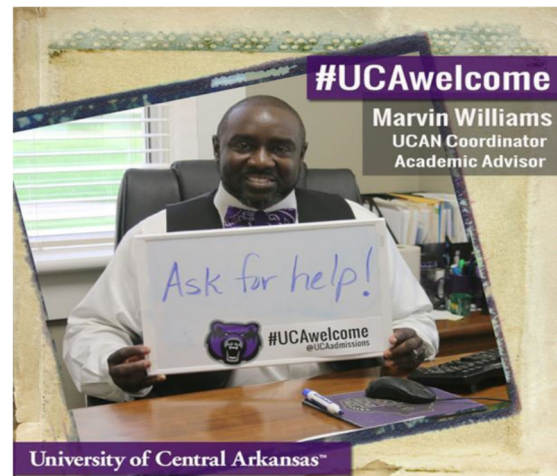
Unlocking College Academics Now (UCAN)

Location: Harrin Hall, 100

Phone: (501) 450-5149

Website: <http://uca.edu/studentsuccess/ucan-unlocking-college-academics-now>

Email: UCAN@uca.edu



This program helps students that are facing a first academic suspension to improve their grade point average and thereby continue their education. It provides students an opportunity to develop critical academic skills and remain in school during their suspension, rather than sitting out a semester. UCAN provides academic success workshops and newsletters.

Veterans Services

Location: Harrin Hall 223 A/B

Old Main 206D—Student Veteran Resource Center

Monday through Friday 8:00 a.m. to 4:30 p.m.

Phone: (501) 852-2999 - Veteran Services

(501) 852-1022—Student Veteran Resource Center

Website: <http://uca.edu/veteranservices>

Education Benefits email: ucastudentvets@gmail.com

General: veteranservices@uca.edu



The University works with the Department of Veterans Affairs as well as other federal and state agencies to provide educational assistance to those who have served our country as well as their families. If you have questions regarding your VA benefits or how we can help you, please contact us.