

## Guidance Related to At-home COVID-19 Test Results

1 message

To: student@cub.uca.edu Cc: FS <fs@uca.edu> Tue, Jan 18, 2022 at 12:53 PM

## Dear Students:

As we begin our spring semester and address this phase of the pandemic, we continue to adapt protocol and operations to current testing capabilities and to ensure that best practices are sought and developed. While COVID-19 test results within a structured testing and tracing protocol have been our norm for the last two years, recent developments in testing options have made access to at-home COVID-19 testing kits much more prevalent. This email is intended to provide you with some general guidance on what to do if you test positive for COVID-19 using an at-home test.

If you test positive for COVID-19 using an at-home test, **isolate yourself from others for five days from the onset of symptoms.** Day one is the first full day after your symptoms developed <u>or</u> if you are asymptomatic the day your test was given. Wear a well-fitted mask if you must be around others in your home.

Isolation may end after five days if you are fever-free for 24 hours, and you have no other symptoms. Continue to wear a mask when around others for an additional five days. This isolation guidance is based on <u>current recommendations</u> by the Centers for Disease Control and Prevention (CDC).

If you have any questions about how long to isolate or think quarantining may be necessary due to a close contact, please speak with your primary care physician or seek guidance from the UCA Student Health Clinic. Questions may be emailed to <a href="mailto:covid19@uca.edu">covid19@uca.edu</a>.

Students that test positive for COVID-19 using an at-home test or off-campus testing site should contact their instructors to update them on their status and provide documentation as available.

Thank you,

Houston Davis
President

cc: Faculty and Staff