**Change Your Mindset for Success**

The following activity takes common statements that students may make and asks that you rewrite them to become statements of success.

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| **Statement for Fixed Mindset** | **Statement for Growth Mindset** |
| Ex. This is a worthless task. | Ex. *By doing this assignment I can practice discipline and focus.* |
| My teacher doesn’t like me. |  |
| This is too hard. |  |
| I don’t have time for to complete this task. |  |
| I hate to read/speak in front of others/do things that I didn’t think of. |  |
| I don’t need to complete my work on time. |  |
| I don’t need any help on my work. |  |
| I don’t need help with setting goals. |  |
| I don’t like my teacher. |  |
| I don’t see the need for doing this task. |  |
| When will I ever use this skill? |  |
| I don’t learn well from him/her. |  |
| I’m just not good at \_\_\_\_\_\_\_ (fill in the blank). |  |
| This is too hard. |  |
| Other: |  |
| Other: |  |
| Other: |  |