



UNIVERSITY OF
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COLLEGE OF HEALTH &
BEHAVIORAL SCIENCES

SIGNs

Significant & Important Good News

August 2024

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*Dean Nancy
Berryman Reese*

Greetings from the UCA College of Health and Behavioral Sciences as we embark upon a new year of improving the lives of people we serve! As I write this, a new group of over 2,100 freshmen is about to embark on a journey of education and discovery here at UCA that will give them opportunities and experiences they can't imagine right now. A significant number of those students will be pursuing majors in CHBS and will have opportunities to impact people everywhere from the local community to Europe, South America, Africa, and beyond. Our students will become researchers, teachers, health care providers, coaches, counselors, and numerous other professionals who will positively impact the world. Seeing them the first day they arrive is exciting; seeing them when they walk across the stage at graduation is gratifying. The stories and examples in this newsletter will give you a small glimpse into the impact CHBS had in spring 2024 and the opportunities we provide our students. Thank you for supporting us in the work we do every day to improve the lives of the people we serve.

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Community Care Clinic Expands Services to Include Mental Health Care

The Community Care Clinic is thrilled to announce the expansion of our services to include comprehensive mental health care. Recognizing the vital connection between physical and mental well-being, we are dedicated to providing whole-person care to our community while offering interprofessional experiential learning opportunities for our students. Our new mental health services will seamlessly integrate with our existing offerings, such as Physical Therapy (PT), Occupational Therapy (OT), Family Practice Nurse Practitioner (FNP) services, and Nutrition Counseling. By incorporating mental health professionals into our team, we aim to support our patients more holistically, ensuring their emotional and psychological needs are met alongside their physical health. By offering these services under one roof, we strive to make access to mental health care more convenient and less stigmatized, encouraging our community members to seek the help they need.

We are also proud to celebrate the achievements of one of our outstanding counseling students, Jessie Bennett, who recently presented at the Arkansas Psychological Association meeting alongside our faculty and administration. Jessie's presentation, titled "Exploring Interprofessional Approaches in Healthcare and Education: Implementation and Impact at the University of Central Arkansas Community Care Clinic," highlights our clinic's commitment to innovative, integrated care. Join us in congratulating Jessie and in celebrating this significant milestone for the Community Care Clinic as we continue to strive for excellence in whole-person care.

Additionally, the Interprofessional Teaching Center, in partnership with the School of Nursing and the Department of Physical Therapy, are providing health screenings at the Conway Ministry Center (CMC). CMC works to provide food for individuals and families experiencing food insecurity. This partnership offers a valuable learning opportunity for our students to understand the impact of adverse social determinants of health while providing much-needed care for an underserved population. Together, we are working towards health equity and making a tangible difference in our community.



CHBS Advisory Board Highlight



Jim Hoyme, PT, MBA

Hello UCA! My life's Why – or purpose - is to help people live better. After graduating from Augustana University in Sioux Falls, SD, I attended physical therapy school at UCA. I also have an MBA with a focus on organizational leadership from Bethel University in St. Paul, Mn. In all aspects of my professional career, I have found having a strong knowledge of the health care delivery system, self-leadership, team leadership, and business management to be critical in delivering high level value in a demanding health care market. Over my 30+ years as an owner of and leader within a large, independent physical therapy practice in the St.

Paul metro area, and 10 years as the leader of a health care management company in the Twin Cities, I strived to not only grow our businesses and deliver value to patients and clients, but to help our team members learn and grow as leaders, team players, and professionals. Now, as an adjunct teacher, business management consultant, and writer, I serve as a mentor/coach to make the inclusion of effective leadership, teamwork, and accountability a part of an organization's core values and culture and inspire leadership growth to be a component of each individual's personal development plan. I am very proud to be a UCA Bear and honored to serve with an impressive team of leaders on the CHBS Advisory Board under the leadership of Dr. Nancy Reese. I embrace our vision for excellence, inclusion, and collaborative care and am excited to be a part of the growth of CHBS, the Interprofessional Teaching Center, and the Community Care Clinic.

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UCA Psychology Capstone Presentations

Congratulations to Psychology students Erin George, Griffin Ziegler, Joslyn Bruenger, and Sarah Bryant for completing their Capstone Project Presentations!



Erin George (left)
“A Piece of You on My Eye: A
Memoir Conveying
Intersectional Identity”
Advisor: Dr. Melissa Smith



Joslyn Bruenger (right) &
Griffin Ziegler (left)
“Table Top Therapy: Creating
a TTRPG for the Clinical
Treatment of C-PTSD”
Advisor: Kayla Gowin
(middle)



Sarah Bryant (left)
“Mural of Mental Health: A
Visual Study of
Intersectionality in Mental
Health”
Advisor: Kayla Gowin (right)





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Significant & Important Good News

Achievements

Nutrition and Family Sciences

Stephanie Alsbrook, Clinical Instructor of Nutrition and Family Sciences, has been selected as the Secretary-Elect of Arkansas's Academy of Nutrition and Dietetics.

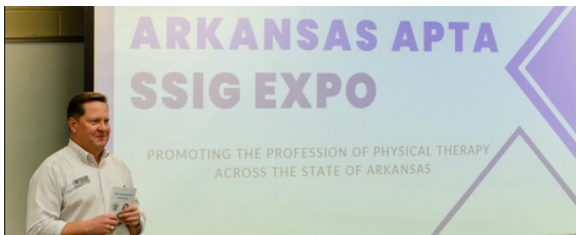
Shiori Enomoto, a current Nutrition & Family Sciences student, has earned a spot in the IDeA Network of Biomedical Research Excellence (INBRE) Summer Professional Research Opportunity at UAMS.

Occupational Therapy

Dr. Brittany Saviers, Academic Fieldwork Coordinator for the Occupational Therapy Department, has been elected Secretary of the American Occupational Therapy Political Action Committee Board of Directors for 2023-2024.

Physical Therapy

The first Arkansas Physical Therapy Association Student SIG Expo was held at UCA in April.



Health Sciences

Dr. Dustin Morris, Associate Professor of Health Sciences, has been selected as the health representative for the Society of Health and Physical Education (SHAPE) Arkansas board.



Dr. Stephanie Rose, Associate Professor & Addiction Studies Program Coordinator pictured top left, and Kim Ashley-Pauley, Director of the Office of Research and Sponsored Programs pictured top right, spoke at the AR Opioid Recovery Partnership to talk about the new Revive AR app.

Dr. Dustin Morris, Associate Professor of Health Sciences, has completed the Mental Health and First Aid Training certification program.



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Achievements

Nursing



UCA Nursing Students were highlighted in the Log Cabin Democrat on Saturday, April 6th for their Teddy Bear Clinic at St. Joseph Schools.

Morgan Ponthieux, Senior BSN Student, has been selected to participate in the Arkansas Center for Nursing, Inc.'s BSN Young Leaders Program for 2024.

Dr. Jessaca Hope, School of Nursing Assistant Professor, has been selected to serve on the American Nurses Credentialing Center (ANCC) Standard Setting panel for the Adult-Gerontology Acute Care Nurse Practitioner certification program.

Becky Gray, Clinical Instructor II, was named 2024 Arkansas Outstanding Nurse Educator.

Communication Sciences & Disorders



Dr. Sunjung Thao, Associate Professor of Communication Sciences and Disorders, has been selected as the Service-Learning Faculty Liason at UCA.



Dr. Brent Gregg, Communication Sciences and Disorders Department Chair, was selected as part of the Inaugural 2024-2025 LEAD cohort.

Dr. Sunjung Thao, Associate Professor of Communication Sciences and Disorders, has been selected to participate in the American Speech Language Hearing Association's 2024 Leadership Development Program.



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Achievements

Psychology & Counseling



Kathryn Armstrong, current Mental Health Counseling doctoral student, has received the first annual Barnett Family Counseling Psychology Scholarship for the 2024-2025 year.



Dr. Art Gillaspie, Psychology & Counseling Department Chair, was appointed to the 2024 American Psychological Association Task Force to Update Psychology Licensure Legislation by the APA's Board of Professional Affairs.

Z'kiah Kuykendall, current Mental Health Counseling graduate student, has been awarded the Chris Nielsen Mental Health Counseling Scholarship for the Fall 2024 Semester.

Dr. Jordan Simmons, UCA Psychology & Counseling Alumn, was named Outstanding Psychology Resident at the University of Oklahoma Health Sciences Center in Oklahoma City.

Kathryn Armstrong, current Mental Health Counseling doctoral student, was awarded the Dr. Willie Hardin Scholarship for the 2024-2025 academic year through the UCA Foundation.

Dr. Darshon Reed, Associate Dean of the College of Health and Behavioral Sciences, was appointed to the APA Committee on Associate and Baccalaureate Education starting in 2025.

Dr. Dava Brock, Community Counseling Alum, has been named Dean of Arts and Humanities at ASU Beebe starting in July 2024.

Dr. Anna Park, Assistant Professor of Psychology, was featured on Conway Corp Channel 5 in a segment on the psychology of gaming.



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Grants

Congratulations to the UCA Communication Sciences and Disorders Program for receiving the 2024 Parkinson Voice Project's SPEAK OUT Clinical Education Grant for a third year.

Abby Lewis, EXSS Graduate Student, received a \$1,000 Student Research Grant from the American College of Sports Medicine for her thesis research on the effect of the Ketogenic diet with resistance training on muscular power and strength in resistance-trained women.



Kim Eskola, Interim Department Chair and Senior Clinical Instructor of Exercise and Sports Science, and Dr. Mike Gallagher, Program Director and Associate Professor of Exercise and Sports Science, received a UCA Faculty Foundation Grant of \$3,000 for the Fitness Coaching program.

Dr. Yeseul Nam (left), Assistant Professor of Psychology, and Dr. Seungyeon Lee (right), Associate Professor of Psychology, have been awarded a University Research Center grant for a project entitled "Examining Psychometric Properties of the Markers of Adulthood (MoA) in Korean Translation"



Dr. Vincent Medina, Assistant Professor of Experimental Psychology, has been awarded a \$300 Faculty Development Grant for his proposal titled "Self-Driven R Training Advancing Statistical Pedagogy."



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Presentations

School of Nursing

Congratulations to Ms. Megan Moix, Clinical Instructor I of the School of Nursing, who was invited to present her Doctor of Nursing Practice project entitled “Postpartum Depression: Improving Outcomes with an Enhanced Screening Protocol” at the Eleanor Mann School of Nursing 2nd Annual Nursing science Day in Fayetteville, AR on March 7th, 2024.

Occupational Therapy

Congratulations to Dr. Lorrie Paschal, Professor and Research Coordinator, Dr. Brandy Pate, Clinical Instructor I, Dr. Kelly Hartwick, Clinical Instructor I, and colleagues on their recent acceptance to present at the AOTA Education Summit in November.

Congratulations to Dr. Brittany Saviers, Academic Fieldwork Coordinator, and her colleague Mr. George Shirima, President of the Tanzania Occupational Therapy Association, who presented a poster session at the 2024 AOTA Conference in March.

Congratulations to Dr. Brittany Saviers, Academic Fieldwork Coordinator, and her colleagues for their presentation “Connecting worlds and perspectives: A content analysis of COIL design and implementation” These authors are part of the UCA Globalization and Internationalization Research Group.

Congratulations to Chris Ryan, ppOTD, OTR/L, Delaney Willibey, OTD, OTR/L, and Kenzi Morris, OTD, OTR/R who presented a poster session at the AOTA conference.

Exercise and Sports Science

Congratulations to Dr. Han Soo Kim, Assistant Professor and Director of Sport Management Program, on his presentation entitled “Unveiling the Links Between Team Sports Participation and Substance Use in American Adolescents” at the ACJS conference in Chicago Illinois on March 19th-23rd.

Congratulations to Dr. Han Soo Kim, Assistant Professor and Director of Sport Management Program, on his presentation entitled “Unlocking the Cultural Intelligence of Fans Attending Theme Night Events in Sports” at the NASSM conference in Minneapolis, Minnesota, on May 29th-June 1st.

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Presentations

Physical Therapy

Physical Therapy faculty Dr. Leah Lowe, Associate Professor, Dr. Charlotte Yates, Professor, and Dr. Mieke Corbitt, Clinical Instructor I, will be presenting an educational session entitled “Strategies for Integration of Health Informatics Instruction in Doctor of Physical Therapy Education” at CSM in Houston, Texas in February 2025.

Physical Therapy faculty Dr. Misty Booth, Director of Clinical Education and Director of Pediatric Residency Program, Dr. David Taylor, Professor, DPT Program Coordinator, Dr. Mieke Corbitt, Clinical Instructor I, Dr. Maritza Dominguez, Assistant Professor, and Dr. Margaret McGee, Associate Professor, along with Christopher Rigsby, DPT, will be presenting a poster presentation “Impact of Low-Dose Integrated Clinical Experiences on DPT Student Self-Efficacy” at the Educational Leadership Conference in Oakland, California in October 2024.

Physical Therapy faculty Dr. Misty Booth, Director of Clinical Education and Director of Pediatric Residency Program, and Dr. Brian Odom, Assistant Professor and Assistant Director of Clinical Education, will be presenting a poster presentation “Enhancing Connections: Impact of Small Group Sessions During DPT Student First Full-Time Clinical Experiences” at the Educational Leadership Conference in Oakland, California in October 2024.

Dr. Melissa Allen, Assistant Professor and DPT Core Faculty, along with Physical Therapy faculty colleagues Dr. Michael Furtado (University of North Texas), Dr. Elissa Bradford-Held (St. Louis University), and Dr. Sue Perry (Chatham University) are participating in a panel presentation entitled “Assimilation of ANPT Essential Competencies for Neurologic Entry-Level Education: Early Experiences of Faculty ” at the APTA Combined Sections Meeting in Houston, Texas in February 2025.



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Presentations

Psychology & Counseling

Congratulations to the 28 students and 7 faculty members who presented at the Southwestern Psychological Association Convention in San Antonio, Texas. A special congratulations as well to Dr. Seungyeon Lee, Associate Professor and SWPA President!

Health Sciences



Congratulations to Dr. Duston Morris, Professor and Health Coaching Internship Advisor, on his upcoming presentation at the 2024 Little Rock Yoga Festival entitled “Busting Barriers to Achieve Your Wellness Goals”

Congratulations to Dr. Duston Morris, Professor and Health Coaching Internship Advisor, and Kassidy Webster, Health Sciences Graduate Student, on their upcoming presentation “Creating Health Bodies Through FUNctional Movement Training” at the Curricula Concepts Summer Conference, Active Minds-Active Bodies: Inspiring Physical Activity in Early Childhood.

Interprofessional

Christina Christie, Visiting Assistant Professor, Kayla Gowin, Visiting Clinical Instructor and Field Placement Coordinator, Chad Lairamore, Associate Dean of Interprofessional Education and Communication, and Jessie Bennet, Psychology and Counseling Student, presented a panel discussion titled: “Exploring Interprofessional Approaches in Healthcare and Education: Implementation and impact at the University of Central Arkansas Community Care Clinic” at the Arkansas Psychological Association Meeting in Little Rock on April 26, 2024.

Congratulations to Communication Sciences and Disorders faculty Mrs. Jennifer Simpson, Clinical Instructor I, and Mrs. Lauren Rogers, Clinical Instructor I, along with UCA Community Care Clinic Occupational Therapist Nancy Ellis on their presentation entitled “Thanks for Being a Friend! When OTs and SLPs Work Together for Client Success” at the Round-tables for Engaging an Alliance for Collaborative Healthcare conference on April 19, 2024.

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Congratulations to Millie Goins, Assistant Director of Student Wellness and Programs, Dr. Stephaine Rose, Associate Professor and Addiction Studies Program Coordinator, and Dr. Veneta Fricks, Associate Dean of Students, on their invitation to present their prevention events and plans to increase collegiate prevention, treatment, and recovery services at the 2024 MidSOUTH Conference “Grow Through What You Go Through”

Physical Therapy

Congratulations to Dr. David Taylor, Professor of Physical Therapy and DPT Coordinator, and his collaborators on their abstract entitled “The Functional Movement Screen as a Predictor of In-Season Injuries in National Adolescent Female Volleyball Players” that has been accepted for presentation at the American Congress of Rehabilitation Medicine (ACRM) 101st Annual Fall Conference.

Congratulations to PT faculty Dr. Brian Odom, Assistant Professor and Assistant Director of Clinical Education, Dr. Leah Lowe, Associate Professor, and Dr. Charlotte Yates, Professor, for their presentation at the APTA in Boston, MA, entitled “Moving Beyond the Wound Model to Patient Care” for the co-sponsored Clinical Electrophysiology and Wound Management Section and Educational Section.

Congratulations to Dr. Melissa Allen, Assistant Professor of Physical Therapy, and Ryan Ozanich, 2024 Physical Therapy Student, and their co-authors on their poster presentation at the APTA in Boston, MA, entitled “Engaging DPT Students in Dementia Care: A Pilot Model for Community Based Interprofessional Engagement”

Congratulations to Dr. Josh Landers, UCA Physical Therapy and PhD alum, and Dr. Melissa Allen, Assistant Professor of Physical Therapy, and their co-authors on their poster presentation at the APTA in Boston, MA, entitled “Deep Vein Thrombosis Responding to Blood Flow Restriction of the Uninvolved Extremities: A Case Report”

Communication Sciences and Disorders

Congratulations to Dr. Sunjung Kim Thao, Associate Professor, and Dr. Lesley Graybeal, Experiential and Community-Engaged Learning, and Mikelle Porter and Madeline Sims, students from the CSD program, on the acceptance of their presentation proposal on service learning at the annual Conference of Gulf-South Summit.



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Publications

Communication Sciences & Disorders

Congratulations to Ashley Tarpley, CSD Graduate Student, and Dr. Towino Paramby, Associate Professor, on their recent publication in the Clinical Archives of Communication Disorders entitled, "Reinventing Speech-Language Pathologists' Approach to Psychosocial Barriers and Dysphagia Management."

Exercise & Sport Science



Congratulations to Dr. Han Soo Kim, Assistant Professor and Director of Sport Management Program, on the recent publication of his manuscript entitled "The Role of Perceived Service Fairness in Viewership of the English Premier League" in the International Journal of Sport Management and Marketing.

Heath Science

Congratulations to Dr. Duston Morris, Professor and Health Coaching Internship Advisor, on his recent publication entitled "Creating Athletes For Life" in the SHAPE-Arkansas Journal

School of Nursing

Congratulations to Dr. Jessaca Hope, Assistant Professor for the School of Nursing, on the acceptance of her manuscript entitled "Delivering Serious News in Simulation " in the journal Nurse Educator.



Congratulations to Dr. Jessaca Hope, Assistant Professor for the School of Nursing, Dr. Pam LaBorde (UAMS), and Dr. Faye Hughes (UAMS), on the acceptance of their manuscript for publication entitled "Identifying and Addressing Mental Health Disciplines in Older Adults", which is being published in Advances in Family Practice Nursing.

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Publications

Physical Therapy

Congratulations to Dr. Leah Lowe, Associate Professor, and Charlotte Yates, Professor and DPT Core Faculty, along with the UCA Physical Therapy alumna Dr. Meredith Flowers on their recently published work on experiential learning in pediatric DPT education, entitled “The effects of pediatric experiential learning during a 1-week intensive” published in Journal of Physical Therapy Education.



Dr. Brian Odom, Assistant Professor and Assistant Director of Clinical Education, recently published a book chapter in the Text and Atlas of WOUND DIAGNOSIS and TREATMENT 3rd edition entitled “Pediatric Wounds”.

Nutrition and Family Sciences



Kimberley Sartain, Assistant Professor of Nutrition and Family Sciences, was invited to write a feature article in the Journal of Graduate Research on the psychosocial aspects of academic life

Psychology & Counseling

Dr. Seungyeon Lee, Associate Professor of Psychology, and the APA Committee on Associate and Baccalaureate Education (CABE) published a peer-reviewed article in Scholarship of Teaching and Learning in Psychology entitled, “.Fostering equity in two-year college psychology education: Using the APA Guidelines 3.0 as a path for student success.”

Awards

Psychology & Counseling

Jacob Christie was awarded the HPaW Residential College Faculty Associate of the Year.

Jacob Christie received the “Unsung Hero” award from the Student Government Association.

The Health Science Club won the Residential Student Organization award for UCA’s Wellapalooza.



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Communication Sciences & Disorders

Exercise & Sport Science

Health Sciences

Military Sciences

Nutrition & Family Sciences

Occupational Therapy

Physical Therapy

Psychology & Counseling

School of Nursing