



UNIVERSITY OF
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ARKANSAS™

COLLEGE OF HEALTH &
BEHAVIORAL SCIENCES

SIGNs Significant & Important Good News February 2023



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A message from Dean Reese

Welcome to the Spring 2023 edition of the CHBS SIGNs Newsletter. Even though it's mid-February, spring is in the air here at the University of Central Arkansas. Temperatures are warming, crocuses are up, and the forsythia and early daffodils are blooming on campus. Spring is a time of new growth, and we have wonderful growth and change happening in the College of Health and Behavioral Sciences.

Growth continues to happen in our School of Nursing, as they admitted their largest incoming class to date with 126 students beginning the professional phase of the BSN program this academic year. We are thrilled to be a part of meeting the health care needs of Arkansans through our nursing graduates and the graduates of all our health professions programs in CHBS.

Change is happening in our Interprofessional Teaching Center (ITC) as we welcomed Dr. Chad Lairamore back to UCA in the role of Associate Dean for Interprofessional Education (IPE) and Community Engagement. Dr. Lairamore will provide leadership for IPE activities in the college and will direct operations in the ITC. He has hit the ground running since arriving in October, and services and activities in his areas are expanding daily to meet the needs of our students and members of the community in Central Arkansas.

As you peruse the SIGNs, take note of the outstanding work of Dr. Stephanie Rose, Assistant Professor in the department of Health Sciences, whose tireless efforts resulted in the University of Central Arkansas being the first college in the state to provide Narcan (Naloxone) dispenser boxes (Naloxboxes) to help avoid needless deaths from opioid overdose. Also, make sure and read about the \$2,200,000 grant recently awarded to the UCA School Psychology program, thanks to the amazing efforts of Drs. Heather Martens and Joan Simon. And don't forget to take a look at the photos from our recent renovation of spaces in Doyne Health Sciences Center, giving us two new laboratory spaces for Occupational Therapy, a new classroom, renovated classroom and student and faculty lounge and work spaces, and most importantly, allowed us to move the entire faculty and staff of the Department of Exercise and Sport Science into quieter and more spacious offices.

As always, THANK YOU for your support of the departments and programs in the College of Health and Behavioral Sciences. Your loyalty and generosity of time and funds allows our students to grow and thrive and helps us meet our mission of improving the lives of those we serve.

AR Reese



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Welcome to the ITC with Dr. Lairamore & Teilena Keathley

As the new Associate Dean of Interprofessional Education and Community Engagement for the College of Health and Behavioral Sciences at UCA, I am grateful to return home to Arkansas. My primary goal is to serve CHBS students, faculty, and staff in providing interprofessional experiential learning opportunities that bridge classroom learning with patient care and community outreach.



Dr. Chad Lairamore



Teilena Keathley

It is my sincere pleasure to announce Teilena Keathley as the new manager for the Interprofessional Teaching Center! Teilena brings a wealth of experience and knowledge from her previous positions at UCA's student health program, where she was office team lead, and Greenbrier Children's Clinic. We are thrilled to welcome her into our team here at the ITC.





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The Interprofessional Teaching Center (ITC) at UCA is not only a great resource for student training, but also for faculty, staff, and the public to receive care! The ITC is based on a Wellness model, which takes into account all 8 dimensions of wellness when caring for a client's health and wellbeing. This holistic approach to healthcare provides comprehensive care that goes beyond traditional medical treatments to ensure clients receive maximum benefit from their time with us.

The ITC offers convenient walk-in clinic hours on Monday and Wednesday from 8:30am to 4pm. This means you don't have to wait weeks or months like you would with other primary care providers. Instead, you can be seen quickly by one of the Nurse Practitioners at ITC when it fits your schedule!

Not only does the ITC offer walk-in clinic hours, but also scheduled appointments for Nurse Practitioners, Nutrition Counseling, Occupational Therapy, Physical Therapy, and Speech therapy services. Call 501-470-7457 to schedule an appointment today.

We also have so many exciting opportunities occurring here that help us better serve our community while furthering our students' ability to provide quality healthcare and increase our own knowledge about interprofessional collaboration within health sciences fields.

The ITC is making a difference in the lives of Central Arkansans with its Interprofessional Therapeutic Activity Program (I-TAP) which is led by Dr. Kerry Jordan. This program assists older adults at risk for, or diagnosed with, Alzheimer's Disease and Related Dementias, as well as their caregivers. Through this initiative, students provide wellness education, physical activity, cognitive engagement, and risk assessment to improve quality of life, while providing respite and support for caregivers.

In addition to providing care for those living with dementia, the ITC is committed to preventing opioid overdoses by partnering with Dr. Stephanie Rose in the Health Sciences Department to offer training and doses of Narcan (Naloxone) - a medication approved by the FDA that rapidly reverses an opioid overdose - to UCA students. By allowing students training and access to Narcan they can potentially save someone's life if needed!

The School of Nursing Community Health Task Force has taken the initiative to host a Health and Wellness fair for older adults at Second Baptist Church on April 15th. This is an outstanding opportunity for seniors in our community to receive important screenings, information, and resources all under one roof. At this event attendees will have access to critical screenings such as those related to polypharmacy, blood sugar levels, blood pressure readings, balance and mobility tests, low vision assessments, as well as depression screening. Additionally, they will gain invaluable knowledge from the FDIC Money Smart Program which teaches financial literacy specifically tailored towards senior citizens.

The programs offered by The ITC demonstrate how much value there is in interprofessional collaboration between healthcare providers and trainees dedicated towards improving patient outcomes while simultaneously supporting our community.





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Morgan Drayton

We have a lot of exciting updates on the docket from the Division of Advancement, starting with the ninth annual Day of Giving. Last year, 1,963 donors gave \$758,130, making it one of our most successful Days of Giving in school history. We hope to do even better this year, so mark your calendar for March 9, 2023.

Funds raised during the Day of Giving support many needs, including scholarships, state-of-the-art equipment, research, and experiential learning opportunities that equip students to be leaders in regional and global economies.

Help us make a difference for our students! You can give back directly to the College of Health & Behavioral Sciences or your department. When giving online at uca.edu/dayofgiving, donors can select and give specific funds among student, campus, and community impact categories.

We're also celebrating our top-ranked physical therapy program, which marked its 50th anniversary this past year. Dr. Kevin Garrison, Associate Professor, and Chairperson, and I are working on details for a banquet on April 29th, tentatively set in Buffalo Alumni Hall. We are excited to welcome back Dr. Susan Appling, a 1987 graduate of the PT program who now serves as vice president of the American Physical Therapy Association. Appling will give remarks at the banquet. We hope you'll join us!

For more information on how to get involved with the college by giving your time or your financial resources, please feel free to give me a call. I look forward to connecting with you.

Morgan Drayton, MBA
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Doyme Health Science Renovation



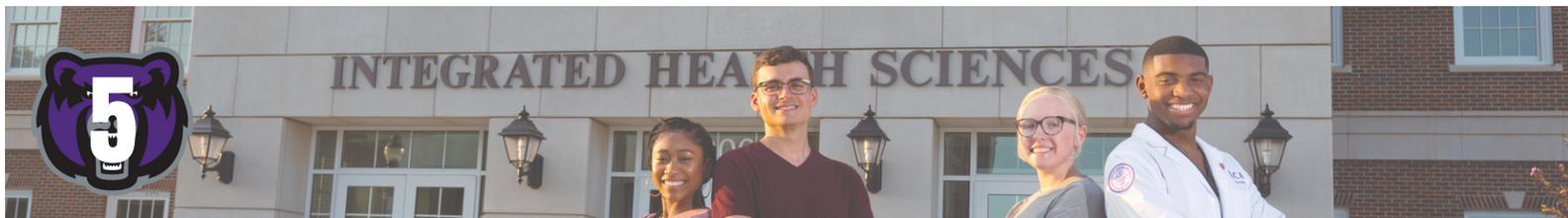
New GA Room (pictured below)



Faculty Lounge Renovation (pictured above and below)



Student Lounge Renovation (pictured right)



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Doyne Health Science Renovation

OT Lab 211/213 (pictured below)



Conference Room 216 (pictured below)



Classroom 232 (pictured above)



Athletic Training Room (pictured above)





Fall 2022 College Reception

(Dr. Art Gillaspay & Dean Nancy Reese
are pictured below.)



Ms. Erin Garrett,
shown to the
right in red,
receiving her
award from
Dean Nancy
Reese.



At the college reception, several members of faculty and staff were recognized for receiving promotions and tenure in May, 2022. From the Exercise Science Department, Drs. Rock Lee and Thomas Lowder received tenure and were promoted to Associate Professor. In the School of Nursing, Dr. Kerry Jordan was awarded tenure and promoted to Associate Professor while Ms. Amanda Beaver and Ms. Erin Garrett were promoted to Clinical Instructor II. Mrs. Shannon Reidmueller from the Psychology & Counseling Department was promoted to Clinical Instructor II as was Dr. Brittany Saviers from the Occupational Therapy Department. Dr. Nina Roofe from Nutrition & Family Science was promoted to Professor and Dr. Anita Segó from Health Sciences was awarded tenure and promoted to Associate Professor.



Morgan Drayton (pictured left), Dean Nancy Reese
(pictured in the middle, and Dr. Seungyeon Lee (pictured
to the right).





2.2 Million Dollar School Psychology Grant



Drs. Heather Martens (pictured top left) and Joan Simon (pictured top right), faculty in the Department of Psychology & Counseling, have been awarded a \$2.2 million grant for the UCA school psychology graduate program. This grant was awarded to them by the U.S. Department of Education under the Mental Health Service Professional Demonstration Grant Program. The main purpose of this award is to support selected school psychology graduate students to strengthen their knowledge and skills in meeting the mental health needs of children and youth in high-need schools as defined by free-and-reduced lunch rates. In partnership with Conway Public Schools, the UCA School Psychology Graduate Program will be able to promote the skills and knowledge of 4 students each year by allowing them to work in high need schools 2 days a week. The participating schools will have a free and reduced lunch rate of at least 60% in order to be considered “high-need.” Overall, the money received from the grant will provide a fellowship to 4 UCA students in each cohort entering the program in the next five years. For each of these students, the grant will cover their tuition and provide a stipend for their work in schools. In return for this funding, students will be expected to become credentialed as a School Psychology Specialist and will work in a high-need school or district for 1 year per year funded through the grant program. UCA psychology students will benefit from this grant by being given the opportunity to achieve a graduate degree that they otherwise might not be able to afford. On a grander scale, this grant will help provide high-need schools and districts with school psychology specialists. Overall, this grant supports the university, Arkansas communities, and the state of education by providing educational opportunities in high-need areas for graduate students to enhance their professional skills and knowledge through practice and experience.





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Interprofessional Therapeutic Activity Program (I-TAP)



The Blue and You Foundation recently awarded Drs. Melissa Allen, PT, PhD (pictured to the right) and Kerry Jordan RN, PhD (pictured to the left) a \$51,801 grant to fund the Interprofessional Therapeutic Activity Program (I-TAP) from January 1 st , 2023 – December 15, 2023.

I-TAP strives to implement programs to provide wellness education, physical activity, cognitive engagement, caregiver support and risk assessment to individuals with Alzheimer's Disease and Related Dementias (ADRD) and their caregivers. Interprofessional teams of health professions students provide programs with supervision of licensed faculty mentors.

The four programs that comprise I-TAP include: Student Led Therapeutic Activity Program (S-TAP), Student Led Dementia Caregiver Coaching Program, Resilient Care: Caregiver Support Group, and Student-Led Wellness Screening Clinic (S-WSC). During S-TAP people with ADRD in the community attend weekly three- and one-half-hour sessions during twelve weeks each semester. These sessions include physical and cognitive activity, social engagement, and health promotion. The Student Led Dementia Caregiver Coaching Program is an elective class open to all students in the College of Health and Behavioral Sciences (CHBS). Students engage in seven weeks of dementia and coaching training and seven weeks of one on one caregiver coaching using an evidence-based program. Resilient Care: Caregiver Support Group is a bi-monthly program, led by graduate students, to provide further support for dementia caregivers. This program provides some training and also group support for participants with the goal of relieving caregiver burden. Finally, the S-WSC is a new program to I-TAP with anticipated pilot in Spring 2023. S-WSC will provide free screening of general health, physical function, fall risk, cognitive function, nutritional status, and mental health to community-dwelling older adults. With appropriate supervisions from faculty, screening assessments will be conducted by students from CHBS programs at a single location event, to allow participants to access all the screening at one time. Participants identified as "at risk" will be directed to appropriate community and healthcare-based resources. Education on preventative care, including home-based strategies and community preventative resources, will be provided.

Anyone interested in I-TAP programming can contact Kerry Jordan @ kjordan@uca.edu or 501-51402459





Dr. Stephanie Rose

In August, 2022, The Arkansas Department of Human Services' (DHS) Division of Aging, Adult, and Behavioral Health Services (DAABHS) partnered with the University of Central Arkansas' Addiction Studies Program to announce UCA has become the first college in Arkansas to participate in the Arkansas Collegiate Network's Collegiate Naloxbox Bystander Rescue Program. The announcement was made during a press conference.

This program increases access to naloxone (or Narcan), an opioid overdose reversal medication, on college campuses. It allows bystander rescuers on college campuses to save the lives of victims of opioid overdose by strategically placing innovative smart cabinets called Naloxboxes in settings most in need of quickly accessible, public use naloxone. The boxes are placed in all residential halls and will be placed at the Student Center. "We have installed 26 Naloxboxes and expect 4 more," according to Stephanie Rose, Assistant Professor and Program Director of Addiction Studies.

The wall-mounted Naloxboxes will be placed in areas on campus where a student may experience an overdose (e.g., dorm, sorority/fraternity houses, etc.) and in high-traffic student areas (e.g., student centers), where other life-saving equipment like AED Defibrillators and Fire Extinguishers are placed. Each Naloxbox can accommodate up to two doses of Naloxone, and is equipped with a mask for rescue breathing, gloves, and information on how to obtain personal Naloxone and how to access addiction treatment.

The boxes are important because Narcan allows someone to breath during an opioid overdose. The most common side-effect is a wet nose (as these are nasal sprays), making Narcan safe to give even if one is not sure that an opioid overdose has occurred. Dr. Rose has worked since 2018 to bring Narcan to overcoming stigma and achieving success after years of consistent effort.



She noted the program will give quicker access to naloxone which can be critical in the event of an opioid overdose.

“First responders often have access to naloxone, but we know seconds matter in cases of opioid overdoses,” she said. “With the addition of the Naloxboxes on the University of Central Arkansas campus, we are empowering students, faculty and staff to save lives by increasing knowledge, as well as access, to naloxone.” Easy access is important because although students have a degree of protection due to the Joshua-Ashley Pauley Act, students may be less likely to contact emergency personnel; thus Naloxboxes provide a safe, readily available alternative.

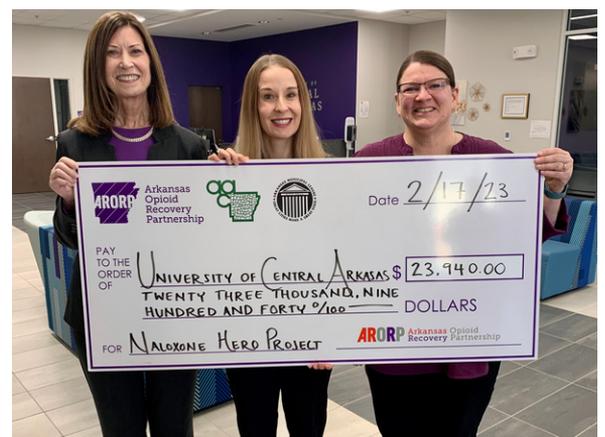
Dr. Rose was also informed by the Arkansas Opioid Response Network that her request for proposal to be a ‘Community Hero’ was approved. This will allow Dr. Rose and the UCA Addiction Studies Program to provide two doses of Naloxone to every participant who attends a training on how to effectively use Naloxone. The first phase will involve 500, double doses of Naloxone to be given out to students, faculty and staff who are interested in keeping a rescue dose on their person. The goal is to continue to increase the doses of Naloxone in community-members’ hands with a specific focus on students in various colleges and universities.

The UCA Addiction Studies Program is proud to announce that over 200 students, faculty and staff from various programs have been trained on how to use Naloxone and will be receiving doses that can save a life anywhere!



From left to right above: Stella Radke, (Addiction Studies intern), Nancy Reese (Dean), Tisha Jenkins (Addiction Studies Clinical Faculty), Dr. Stephanie Rose (Asst. Professor, Program Director Addiction Studies), Tenesha Barnes (Deputy Director, AR Opioid Recovery Partnership), Kasey Jordan (Addiction Studies Intern), Denise Demers (Dept. Chair, HS), back left Kirk Lane (Director of AR Opioid Recovery Partnership), back middle Kimberly Ashely-Pauley (UCA IRB), and back right Tom Fisher (State Drug Director).

From left to right below: Dean Nancy Reese, Dr. Stephanie Rose (Asst. Professor, Program Director Addiction Studies), and Dr. Denise Demers (Dept. Chair of Health Sciences).



Welcome to Jacob Christie the Health Promotion and Wellness (HPaW) Academic Director



Jacob Christie

IHPaW at Baridon Hall is the residential college associated with the CHBS. Short for Health Promotion and Wellness, HPaW serves as a unique learning community for students, allowing them to more closely work together toward their futures in the health professions and behavioral sciences.

HPaW Events



The food collected from the drive (left) was donated to the Bear Essentials Food Pantry (right).



"According to the Arkansas Food Bank, '1 in 5 Arkansans experiences food-insecurity, which means they struggle to find sufficient access to nutritious food. 25% of Arkansas children are facing hunger, and in some rural areas, it's even higher. Statistics like these are what ranks Arkansas second in the nation for food-insecurity.' UCA students are not isolated from these statistics. HPaW, CHBS & HRL worked together to alleviate need on-campus by supporting the Bear Essentials Food Pantry. Each CHBS department was encouraged to collect shelf-stable items for UCA's Bear Essentials Food Pantry."





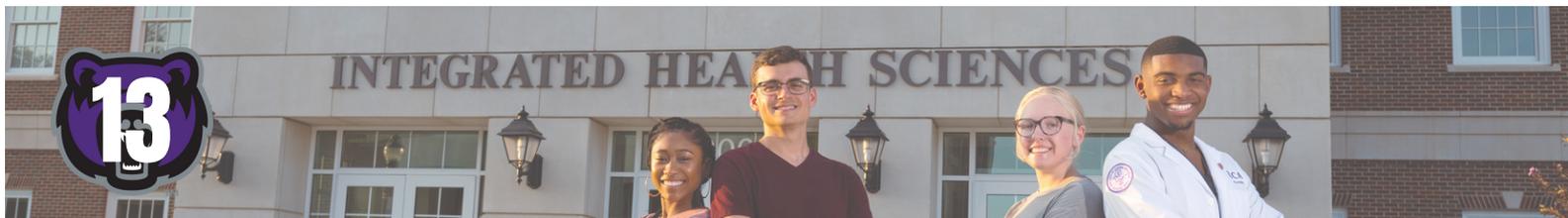
HPaW Events

HPaW student (below) holding a pan of cornbread batter.



HPaw students (above) making cornbread.

"Community is enhanced when people share good food, and emotional well-being is strengthened when people gather together in thanksgiving. Not everyone is as fortunate. We in HPaW are thankful for what we have, and have shared our bounty by cooking regional corn breads to be delivered to the homeless and shut-ins around Conway. Mr. Marvin Williams supervised the preparation and distribution. CHBS department connections were Nutrition & Family Sciences and Exercise & Sport Science. Dr. Alisha Landry and Ms. Kim Eskola were asked to present on healthy eating and exercise as a lifestyle, and we reflected on how not everyone has this privilege. Dr. Stone discussed how food is tied to history & culture. We tasted the regional cornbread in this portion of the event."



Achievements



The University Research Council approved funding for **Dr. Han Soo Kim's** (Assistant Professor of Exercise and Sport Science, pictured left) 2023 summer stipend proposal.

Dr. Rachel Schichtl, Assistant Professor and DPD Director of Nutrition and Family Sciences, has been named to an Academy of Nutrition and Dietetics research project aimed at evaluating access to Halal foods and food and nutrition security among Muslim college students in the United States. Funding for this project was received from the Academy of Nutrition and Dietetics Foundation through a grant from the IFANCA (Islamic Food and Nutrition Council of America). To support this work, a Halal Food and Nutrition Security Research Advisory group convened.

Dr. Misty Booth, Senior Clinical Instructor in the Department of Physical Therapy, participated on a cross-organizational workgroup in the development of the web-based Physical Therapy Clinical Education Glossary.

Drs. Paschal (bottom left) and **Pitonyak**, (bottom right) co-directed the American Occupational Therapy Association Institute. They screened and matched 32 mentees with 11 mentors from across the nation.



In recognition of her significant contributions, **Ms. Lynne Hollaway** has been offered the opportunity to join The Occupational Therapy Leaders and Legacies Society (OTLLS). The OTLLS, with membership comprising over 100 respected leaders from the occupational therapy profession, has a mission to support, promote, sustain, and enrich the profession of occupational therapy. Please join me in congratulating her on this selection.

UCA alumnus, **Matthew Page** '08 (B.S.E Physical Education), was named the 2022 Boys Soccer Coach of the Year by the Arkansas High School Activities Association.



Dr. Chad Lairamore, Associate Dean of Interprofessional Education and Community Engagement in the College of Health and Behavioral Sciences, (pictured left) was elected as Vice President for the Physical Therapy Academy in the National Academies of Practice.

Dr. Misty Booth, Senior Clinical Instructor in the Department of Physical Therapy, was elected President of the Central Academic Coordinators of Clinical Education in March of 2022. This organization is a regional consortium for clinical education faculty in DPT and PT Assistant programs in Arkansas, Missouri, Oklahoma, and Kansas.



Achievements

Psychology and Counseling faculty members **Drs. Seungyeon Lee, Yeseul Nam, Deanna Rumble, and Shawn R. Charlton** participated in the CETAL's Trauma-Informed Behavior Management & Executive Skills Training workshop.

The Be Well Flu Clinic here at UCA was a massive success, with nine students from the BSN program truly being the stars of the show. **Megan McMoran, Lauren Sights, Kaela Hudge, Anh Pham, Dylan Wasson, Jalyssia Walker, Nina Kramer, Ashlyn Grandy, and Landrie Waner** all stayed the entire day assisting with 227 flu vaccines that were administered. They were efficient, asked excellent questions when they were unsure, and provided safe care for all faculty and staff.

The University Research Council approved full funding for **Dr. Christina Jeffrey's** research titled "Exploring Faculty Experiences of Multicultural Education in Prior Undergraduate and Graduate Training." Dr. Christina Jeffrey (right) is an associate professor of Psychology & Counseling.



Dr. Marc Sestir, Associate Professor of Psychology, along with colleagues at Hendrix college, Drs. Lindsay Kennedy and Jennifer Peszka, purchased Outcrop Publishing, LLC from Dr. Chris Spatz. Outcrop Publishing primarily publishes "Exploring Statistics: Tales of Distributions" which is a long-running Statistics textbook.



Congratulations to the Department of Psychology and Counseling for winning the Fall 2022 CHBS HPaW Food Drive. See the department name shining brightly on the golden plaque displayed in the Baridon Hall lobby!

Ms. Rebekah Luong, Clinical Instructor in the Department of Nutrition and Family Sciences, passed her Certified Family and Consumer Sciences certification exam.

Kathryn Armstrong, Psychology & Counseling doctoral student, was the first recipient of the Robert L. Williams Scholarship which is sponsored by the Arkansas Association of Black Psychology Professionals (AABPP). The scholarship was established in memory and honor of Dr. Robert L. Williams, a psychologist, graduate of Philander Smith College and trailblazer in the field of Psychology.

The University Research Council approved partial funding for **Dr. Price-Blackshear's** (Assistant Professor in the Department of Psychology & Counseling) research titled "The Effects of Self- and Racial- Affirmation on Self- and Race-Relevant Outcomes Among African Americans."

University of Central Arkansas has been named one of today's best schools for online higher education in healthcare by EduMed.org. UCA's online nursing programs have earned top honors for their overall quality, affordability, and commitment to student success.



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Achievements

Drs. Seungyeon Lee, Associate Professor in the Department of Psychology & Counseling at UCA, and **Tori Kearns** at East Georgia State College have been appointed co-chairs of the Committee on Associate and Baccalaureate Education (CABE), American Psychological Association (APA) for 2023.

Dr. Seungyeon Lee, Associate Professor in the Department of Psychology Counseling, was invited to be one of the guest speakers in the first episodes of the Psych Sessions podcast series on mentoring.

Mx. **Jaimee Jensen's** HPaW music appreciation class (Music for Health and Well-Being) worked with community musician **Chris Gray** (pictured below) on Tuesday, 13 September, 2022.



Dr. Brittany Saviers, Department of Occupational Therapy, **Dr. Angela Webster**, Chief Diversity Officer UCA, and **Dr. Phillip Bailey**, Associate Vice President for Global Learning and Engagement, conducted a site visit to Arusha, Tanzania, to explore future international clinical opportunities for occupational therapy students.



Dr. Angela Webster learning how to make a bead bracelet at Shanga.



Drs. Saviers, Webster, and Bailey at the Step by Step Learning Center with founder Margaret Kenyi.





Awards

Brandon Alford, an alum of the Physical Education Teacher education program at UCA in 2016, was nominated for the **Society of Health and Physical Educators of Arkansas (ShapeAR) Elementary Teacher of the Year Award**.

Janet Fletcher MSN, RN, Clinical Instructor I in the Nursing Department (pictured below) was selected as a **Great 100 Nurse of Arkansas 2022**. This award recognizes her concern for humanity, her significant contribution to the profession of nursing, and mentoring of others.



Dr. Leah Lowe, Associate Professor of Physical Therapy, was awarded the "**Excellence framework in academic physical therapy research**" by the American Council of Academic Physical Therapy Education Research Committee.

Dr. Thomas Lowder, Associate Professor of Exercise Science, was nominated for the **2023 Shumaker-Wright Undergraduate Mentorship Award**. The University Honors Council created the award in recognition of the importance of supporting undergraduate research, scholarship and creative activity. Supporting student participation in mentored research is an important component of the university's mission.



Counseling Psychology doctoral student, Kathryn Armstrong, received the **Arkansas Minority Healthcare Workforce Diversity Scholarship** for Fall 2022! This award is offered by the Arkansas Minority Health Commission to college students of a minority race who plan to pursue careers in the field of health. The goal of the scholarship is to help increase diversity in the state's healthcare workforce, which could have positive effects on both the health of minority populations and the quality of care in Arkansas.

Dr. Elizabeth Cleveland, Assistant Professor in the Communication Sciences and Disorders Department, was the recipient of the 2022 **Arkansas Speech-Language-Hearing Association Research Award**.

Kathryn Armstrong, Psychology & Counseling doctoral student, was awarded the **Silver Award for Sentio University's 2022 Therapist Throwdown Competition** sponsored by Psychotherapy.net and the Very Bad Therap Podcast.

Sean Engle, a clinical instructor in the Department of Exercise and Sport Science, was nominated for the **ShapeAR Higher Education Teacher of the Year Award**.





Grants

Dr. Christina Jeffrey, Assistant Professor in the Psychology & Counseling Department, was awarded a University Research Council grant for a research project entitled: "Exploring Faculty Experiences of Multicultural Education in Prior Undergraduate and Graduate Training."



Dr. Lara Davis, Assistant Professor in the Physical Therapy Department, (pictured left) was awarded a UCA Faculty Enhancement Grant to attend "Anatomy Connected 2023."

Dr. Deanna Rumble, Assistant Professor in the Psychology & Counseling Department, (pictured right) was awarded a Faculty Development Grant to attend and present SoTL work at the Southeastern Teaching of Psychology Conference in 2023



Senior nursing student Jan Paneda and her mentor Dr. Pamela Ashcraft were awarded a Student Undergraduate Research Fellowship (SURF) grant by the Arkansas Department of Higher Education. The grant is titled "Using the Health Belief Model to Explain Perceptions of the COVID-19 Pandemic Among the College Student Population."



Drs. Kathryn Carroll (pictured top left), Assistant Professor in the Department of Nutrition and Family Sciences, & Rachel Schichtl (pictured top right), Assistant Professor and DPD Director of Nutrition and Family Sciences, were awarded a \$2250 Graduate Recruitment Grant from the UCA Graduate School.

Drs. Alicia Landry, Associate Professor in the Department of Nutrition and Family Sciences, and Nina Roofoe, Professor and Department Chair for the Department of Nutrition and Family Sciences, received a \$1000 grant from the UCA Graduate School for Graduate Recruitment.

Miguel Whitmore, an exercise science undergraduate student, received a Student Undergraduate Research Fellowship (SURF) Grant for \$4,000 from the Arkansas Department of Higher Education. This grant will be used to study patients with postural orthostatic tachycardia syndrome (POTS) and is titled "Nitrous oxide regulation of blood pressure in patients with hypermobile Ehlers-Danlos syndrome (hEDS) and postural orthostatic tachycardia syndrome (POTS)."

Dr. Mollie Price-Blackshear, Assistant Professor in the Department of Psychology & Counseling, was awarded a Grants-In-Aid award from the Society for the Psychological Study of Social Issues. The grant is for a project titled "Racial-Affirmation and Self-Affirmation among African Americans: Effects on Self- and Race-Relevant Outcomes."





Presentations

Dr. Darshon Reed, Associate Dean and Associate Professor of Psychology, **and Kalista Pettus**, recent UCA Psychology graduate, have been accepted to present at the 2023 International Convention of Psychological Science in Brussels, Belgium.

Dr. Lori Mize, Clinical Instructor in the Department of Physical Therapy, has been invited to be the keynote speaker at the upcoming 34th Annual Seoul Physical Therapy Conference in March of 2023.

Dr. Leigh Snead, Assistant Professor in the School of Nursing, has been accepted to present a poster presentation titled "Increasing New Graduate Nurse 'Intent to Stay' with a Nurse Residency Program" at the 2023 annual Southern Nursing Research Society conference.

Dr. Duston Morris, Associate Professor in the Health Sciences Department, has been accepted to present his work entitled "Using multisport curriculum to introduce lifetime activities and health through physical education and recreation programs" at the upcoming Fall 2023 Arkansas SHAPE Conference at Arkansas State University.

Dr. Christina Jeffrey, Assistant Professor in the Psychology & Counseling Department, was accepted to present a dynamic analysis of white cultural behavior patterns in response to social progress during COVID-19 at the 42nd annual conference for APA Division 39: Society for Psychoanalysis and Psychoanalytic Psychology in New York, NY.

On 1/19/2023, **Dr. Christina Jeffrey**, Assistant Professor in the Psychology & Counseling Department, served as an invited member of a graduate panel discussion in the School of Education and Human Development at Texas A&M University titled "How to Effectively Mentor Graduate Students for Successful Roles in Academia", presented alongside Dr. Charles Ridley, Dr. Christine Stanley, and Dr. Julie Harlin.

Jessica Hope, Clinical Instructor I in the School of Nursing, has been accepted by Sigma to present an in-person poster presentation at the 47th Biennial Conference. She will be presenting her abstract, "Interventions for decreasing central line-associated bloodstream infection in adult intensive care."

Dr. Brittany Saviers, Clinical Instructor II in the Department of Occupational Therapy, **and Dr. Deborah Gangluff**, Assistant Professor in the Department of Occupational Therapy, along with their colleagues, have been accepted to present their work titled "Internationalization in an occupational therapy curriculum: An overview of a United States - Costa Rica collaboration" at the American Occupational Therapy Association annual conference in April 2023.

Dr. Lora Mize, Clinical Instructor in the Department of Physical Therapy, and her student research team have been accepted to present their poster, "Paintings, Perspectives, and Physical Therapy: How Art Analysis Training Enhances Student Observation and Communication" at the Combined Sections Meeting of the American Physical Therapy Association. It will be presented in February 2023 in San Diego, California.

Dr. Lora Mize, Department of Physical Therapy, was invited to provide a keynote address at an online seminar in Oslo, Norway. The address is titled, "Bowel Considerations for Optimal Care of Urinary Incontinence."



Presentations

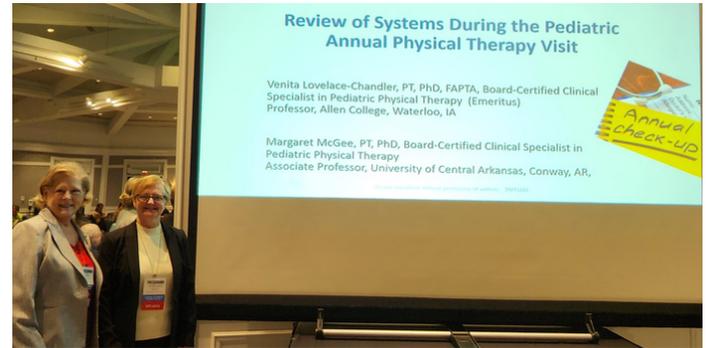
Anna Marroquin, a graduate student in the Dietetics & Nutrition Therapy program, presented two research posters on behalf of Nutrition & Family Sciences Associate Professor Dr. Alicia Landry, her fellow graduate students, and colleagues at the Food & Nutrition Conference & Expo in Orlando, Florida. The posters were titled "An evaluation of the suitability of food provided through the Arkansas Foodbank Backpack Program" and "An evaluation of the Arkansas Foodbank Backpack Program: A mixed methods study."

Dr. Taine Duncan, Chair of Philosophy & Religion, was a panelist at the Food & Nutrition Conference & Expo in Orlando, Florida, along with Mary Russell and Denise Lazar for a session titled "Civility & Ethics: How Do They Align?"

The session was moderated by **Dr. Nina Roofe**, Chair of Nutrition & Family Sciences and Chair of the Academy of Nutrition & Dietetics Ethics Committee.

Drs. Charlotte Yates (Professor) and Leah Lowe (Associate Professor) from the Department of Physical Therapy presented "Experiential Learning in Pediatric DPT Education: Implementation Issues and Innovation" at the Educational Leadership Conference in Milwaukee, Wisconsin. The presentation included their published work and innovations in pediatric education at UCA.

Occupational Therapy students **Jessica Branson, Colton Crews, Landon Reed, Laramie Hall, and Everett Matthers** along with their mentors **Dr. Lorrie Paschal, and Dr. Jaque Rainey**, were accepted to present their poster titled "Predictive Validity Evaluation of the Nine Hole Peg Test for Older Adults" at the American Occupational Therapy Association Inspire Conference.



Dr. Margaret McGee, Associate Professor in the Department of Physical Therapy, and **Dr. Venita Lovelace-Chandler**, former UCA PT faculty member and department chair, presented an educational section titled "Review of Systems During the Annual Pediatric Physical Therapy Visit" at the APTA Pediatrics Annual Conference 2022.

Dr. Christina Jeffrey, Assistant Professor in the Department of Psychology & Counseling, and **Graduate Dean Dr. Angela Barlow** discussed the Neurodiverse Graduate Student Experience in the podcast series titled "Grad Chats with Dr. B."





Publications

Drs. Rachel Schichtl, Kathryn Carroll, and Kimberley Sartain, faculty members in the Department of Nutrition and Family Sciences, have a forthcoming publication in the *International Journal of Home Economics* titled "Insecurity Empathy: The Role of Service-Learning".

Dr. Kimberley Sartain, Assistant Professor of Nutrition and Family Sciences, published an article in the *Journal of Family & Consumer Science Education* titled "Making it count: Incorporating mathematics into a family and consumer science service-learning project".



Dr. Nina Roofe, Chair of the Department of Nutrition and Family Sciences, contributed to 9 articles this past year as part of her work as Chair of the Academy of Nutrition & Dietetics Ethics Committee. The articles include those such as "Current topics in health care law" along with "Guidance for professional use of social media in nutrition and dietetics practice."

Dr. Sunjung Thao, Associate Professor of Communication Sciences and Disorders, her student (Amber Gleghorn), and collaborators in Florida (Drs. Tibi and Lombardino) published an article titled "Multimoal learning: How task types affect learning of students with reading difficulties."

Counseling psychology graduate student **Logan Snyder** published an article titled "Breaking Free of the Picky Eating Trap" on the Arkansas Families First website.



Dr. Seungyeon Lee's, Associate Professor in the Psychology & Counseling Department, research on psychology of women was published as a book chapter in *A Pioneer Korean Women Psychologist in America: Dr. Tong-He Koh*.

Dr. Chris Ryan, Department of Occupational Therapy, and his colleagues published an article titled "Finding the right fit: What contributes to the successful use of speech generating devises?" in *Assistive Technology*.

Dr. Towino Paramby, Associate Professor of Communication Sciences and Disorders, and his colleagues had a manuscript titled "A Randomized Controlled Trial of the Effects of Flow Phonation Voice Treatment for Primary Muscle Tension Dysphonia" accepted in the *Journal of Communication Disorders*.

Dr. Nina Roofe, Department of Nutrition and Family Sciences, and her colleagues got accepted for publication in the *Journal of Family & Consumer Sciences* for their work titled "A decade of the AAFCS leadership academy: Preparing leaders for AAFCS and the profession."

Drs. Sadie Nadelson, School of Nursing, and **Louis Nadelson**, College of Education, had a manuscript accepted titled "Promoting High-Impact Practices in Online nursing Education post-COVID-19 Pandemic" for publication in the *Journal of Modern Nursing Practice and Research*.





Publications

Dr. **Christina Jeffrey**, Department of Psychology & Counseling, and doctoral student **Logan Snyder's** manuscript, "Atypical jobs in psychology: Interview of Dr. Donna Rasin-Waters" was accepted for publication in *Psychological Services*.

Retired physical therapy faculty member **Dr. Steve Forbush** along with **Dr. Bill Bandy** and two DPT graduates, **Mollie Renfro** and **Gabrielle L. Back-Kremers**, published an article in the *International Journal of Sports Physical Therapy* titled "Survey of Knowledge, Use, and Diagnostic Applicability of Special Tests for Rotator Cuff Involvement in Clinical Practice."

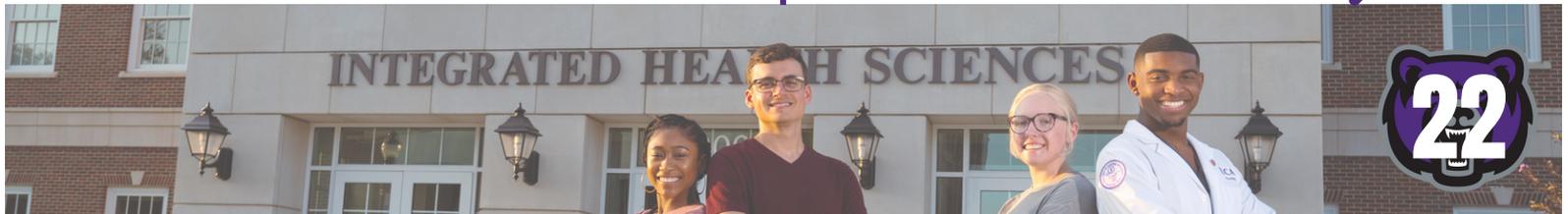


Dr. Dustin Morris, Associate Professor of Health Sciences Department, (pictured above) published his book *Bri's Triathlon Adventure* which is a dynamic five-party story that explores how triathlon promotes healthy social, physical, and emotional well-being among children.

Dr. Anna Park an assistant professor in the Psychology & Counseling Department, retired psychology professor **Dr. Bill Lammers**, and former student **Rutledge Slaton** have been accepted for publication in *Psychology in the Schools* for their work titled "How school belongingness in diverse students moderates student perceptions of teachers' cultural humility in predicting student-teacher working alliance."

Dr. Seungyeon Lee, Department of Psychology & Counseling, and external colleagues have been accepted for publication in the *College Student Journal* this January for their research on classroom learning and cellphone use among college students.

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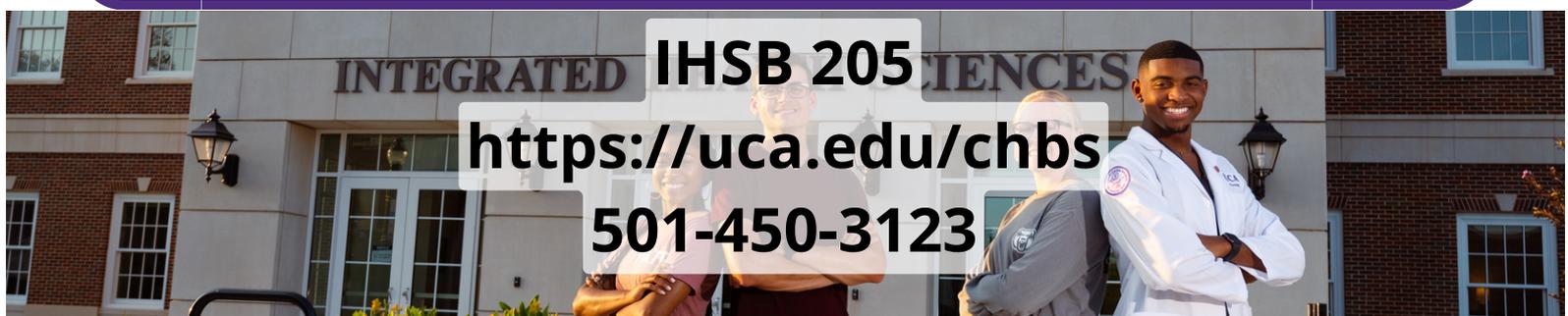
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