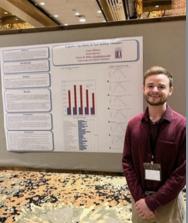


SIGNS Significant & Important good News

September 2022











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SIGNs

Significant & Important good News

A message from Dean Reese



As I write this message, UCA is about to embark on a new school year and the excitement of welcoming a new class of freshmen, new cohorts of graduate students, and many returning students to campus. New academic years always bring change, and in the College of Health and Behavioral Sciences, we're in a season of change. I love the quote by Deepak Chopra: "All great changes are preceded by chaos". Life in CHBS sometimes seems chaotic as we work continuously to improve the lives of those we serve. But change here is occurring in a positive trajectory thanks to the great team of faculty and staff in our college.

Some of the changes we saw at the end of the 2021-22 academic year were retirements and departures of some long-standing colleagues. In July, Dr. Jacquie Rainey, Associate Dean of CHBS for 20 years, returned to a nine-month faculty position in the Department of Health Sciences.

Dr. Rainey is looking forward to some new-found freedom in the summers, and she will continue to serve as a statistical consultant for dissertations and faculty research in the college. We also saw the retirement of long-time colleagues in some of our academic departments, particularly in the Department of Psychology and Counseling with the retirement of Drs. Brian Boulter, Bill Lammers, and John Murphy.



Thank You Dr. Rainey





BEHAVIORAL SCIENCES

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Significant & Important good News

These individuals will be sorely missed, but with loss comes opportunity, and we have welcomed some wonderful new colleagues in recent months. In July, Dr. Darshon Reed, Associate Professor of Psychology and Counseling, joined our team as the new Associate Dean for CHBS. Dr. Reed has hit the ground running, taking on many responsibilities with great skill and expertise. Not the least of these responsibilities has been overseeing the Interprofessional Teaching Center as we search for an Associate Dean of Interprofessional Education and Community Engagement who will lead operations there on a permanent basis. I also have had the great fortune to add Dr. Denise Demers to the CHBS Leadership Team as the new Chair of the Department of Health Sciences. We are all thrilled to welcome Dr. Demers with her positive and contagious energy and excitement. I know she will lead the Department of Health Sciences to even greater accomplishments than they have demonstrated in the past. Finally, we've had many new colleagues join literally every department in the college. How exciting to bring new members into our CHBS family who will expand our views, teach us new perspectives and enrich the lives of our students!

Over the last five months, we have been working on a new strategic plan for the College of Health and Behavioral Sciences. Many thanks to Dr. Jeff Standridge and Grace Rains of the Arkansas Conductor Network, who have been working with us in this process. We're in the process of gathering our second set of feedback from the college and hope to unveil our finalized plan in a month or so. In the meantime, check out our brand promise at the end of this message.

As always, thanks to all of you who support UCA and the College of Health and Behavioral Sciences. We are blessed with so many friends and supporters who help us change the lives of students and all the people we serve. I appreciate all of you!

Nancy Berryman Reese, Dean, College of Health and Behavioral Sciences

We CARE about your future.







SIGNs

COLLEGE OF HEALTH & BEHAVIORAL SCIENCES

Significant & Important good News

Welcome Message from Associate Dean Reed



As the new Associate Dean of the College of Health and Behavioral Sciences, I would like to say "Welcome!" to our newest faculty, staff, and students. I would also like to say "Welcome back!" to my returning colleagues and our CHBS students. I am excited to be working with the leadership team, faculty, staff, and students in the capacity of Associate Dean. It has been a busy time of change and transition for the college, and we are very optimistic about the direction that the college is heading in. I would like to publicly thank Dr. Jacquie Rainey for her commitment, care, and leadership as my predecessor. It is due to her exceptional leadership that I am able to step into this role prepared and excited about our future. As we prepare the next generation of healthcare professionals, industry leaders,

entrepreneurs, researchers, and other professionals, we understand the role interprofessional education and experiential learning plays in career preparation and confidence. So we are thrilled to bring both of these learning approaches front and center to the college.

As Associate Dean, I am working closely with the leadership team to realize the college mission through facilitating interprofessional education, experiential learning, and research opportunities for our students. I am also excited to focus efforts on faculty and staff development and support to increase leadership pathways, grant activity, and recognition of the wonderful work happening in our college. Lastly, I am passionate about enhancing and supporting an inclusive environment in CHBS where people, ideas, perspectives, and solutions are welcome and valued. It is a great time to be a part of our college and I look forward to working with you in the future.

Darshon A. Reed, Associate Dean College of Health & Behavioral Sciences





BEHAVIORAL SCIENCES

SIGNs

Significant & Important good News

Development with Morgan Drayton

As a graduate of UCA with a Bachelor of Art in Psychology, I am excited to be the new Director of Development for the College of Health and Behavioral Sciences. My role as Director of Development is to support the college by connecting alums to their prospective areas and fundraising for the college's needs. Top fundraising priorities include support for the PT building renovation, growth in private scholarships, and increased support for programs, faculty resources, and other funds that directly impact any department within the college.

I look forward to building relationships, sparking the interest of alums on behalf of the college, and working to support its students and faculty!



For more information on how to get involved with the college by giving your time or your financial resources, please feel free to reach out to Morgan:

Morgan Drayton, MBA Director of Development, CHBS mdrayton1@uca.edu 501-358-1016





SIGNs

Significant & Important good News

Go-Baby-Go!

On April 1st and 2nd, the College of Health and Behavioral Sciences Departments of Communication Sciences and Disorders, Occupational Therapy, and Physical Therapy, hosted the inaugural Go Baby Go car building workshop collaboration. Healthcare professionals from Arkansas Children's Hospital, Pediatrics Plus, over 30 UCA CHBS student volunteers, and a team of engineers, electricians, and assistive technology professionals



Go Baby Go at UCA could not have happened without the generous support from the UCA Foundation. The start-up grant was used to fund this event so that the children and their families could participate free of charge. Additionally, the group secured over 15 donations from the community. Read more here.



Go Baby Go is an event in which commercially available ride-on cars are adapted for increased postural support and ease of use. The event held at UCA provided adapted cars for 5 children identified through the Arkansas Children's Hospital Spinal Cord Injury Program. In addition, UCA CHBS student volunteers and other professionals serviced and updated previous Go Baby Go cars for Pediatrics Plus to use at their clinics.





SIGNs

Significant & Important good News



A special Thank You to Dr. Leah Lowe from Physical Therapy, Lynne Hallaway from Occupational Therapy, and Dr. Maysoon Biller from Communication Sciences and Disorders, for the successful coordination of this event.

The following UCA students served on the Go Baby Go Steering Committee:

Physical Therapy: Kursten Jaime, Caressa Wilson, and Becca Mize

Occupational Therapy: Tykira Bullins, Alyssa Clark, Johanna Cannon, and Graycen Russell

Speech-Language Pathology: Caitlyn Hughes, Maha Madani, and Cassie Richards





SIGNs

Significant & Important good News

Stock the Den Food Drive



National Nutrition Month® is an annual campaign created by the Academy of Nutrition and Dietetics for the month of March. When approached about doing a food drive for this campaign, campus dietician Ethan Baldridge and then dietetic intern Haley Donoway coordinated the Stock the Den Food Drive. From March 7-18 their donation boxes around campus collected 228 lbs of food!

Pictured: Kaitlyn Shea, Rose Rofkahr, and Haley Donoway with the donations.

Dr. Lori Mize in South Korea

Dr. Lori Mize (right, most left), Physical Therapy, visited South Korea in May as part of a group of 4 faculty representing the American Physical Therapy Association's (APTA) Academy of Pelvic Health Physical Therapy, teaching a hybrid course for Obstetrical Fundamentals and Pelvic Health PT (the first of its kind in the country).



Didactic material was taught by webinars and followed by 3 days of in-person labs. In addition, the group visited 2 physical therapy clinics and a postpartum center to discuss the importance of and methods to incorporate pelvic health and obstetrical physical therapy into their practices. Meetings were held with the Women's Health group to discuss continued partnership with South Korea PTs to elevate pelvic health practice through advocacy and PT education.

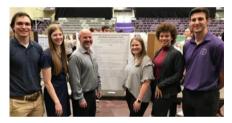


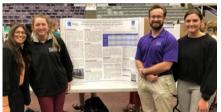
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Significant & Important good News

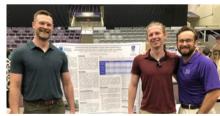
Student Research Symposium

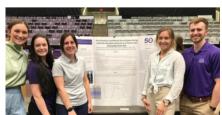
On April 21, 2022, 81 posters were on display representing the work of 269 undergraduate and graduate students as well as 31 faculty mentors. CHBS students represented the departments of Communication Sciences and Disorders, Exercise and Sport Science, Nutrition and Family Sciences, Occupational Therapy, Physical Therapy, Psychology and Counseling, and the School of Nursing. The annual event gives students the opportunity to share and communicate their work through poster presentations, which allows students to discuss their work with peers as well as faculty and staff. Students can practice their 'elevator speech' about their research and get feedback on their ideas. We would like to thank all of those who participated in this great event to showcase the accomplishments of our students.











Spring 2022

Student Research Symposium





SIGNs

Significant & Important good News

Achievements

Dr. Zack Damon, Exercise and Sport Science, was appointed to the Editorial Review Board for the Sport Management Education Journal (SMEJ). SMEJ is one of the official North American Society for Sport Management conference related journals focusing on education and pedagogy in sport management.

Dr. Thomas Lowder, Exercise and Sport Science, was appointed as an associate editor for Frontiers in Physiology. The journal is the 2nd most cited physiology journal in the world and continues to be ranked among the top physiology journals.



Dr. Sunjung Kim Thao (left), Communication Sciences and Disorders, was elected as an officer of the Asia Pacific Society of Speech, Language and Hearing (APPLSH) board for the 2022-2023 term.The APPLSH is a non-profit international organization aiming to

empower and support Asian and Pacific speechlanguage pathology and audiology professionals worldwide. Dr. Thao will lead cross-functional efforts for APSSLH's journey toward a diverse and inclusive health care workforce and environment through the development and advancement of knowledge and professional service. Dr. Shawn Charlton (below, right), Psychology and Counseling, was elected President Elect of Psi Chi, the International Honor Society in Psychology. His term began on July 1, 2022. He will serve for three years as president-elect, president, and past-president.

From the Psi Chi website: "Over the past 15 years, Dr. Shawn Charlton has served as Psi Chi faculty advisor, worked with Psi Chi as a chapter advisor, on a variety of committees, and as a member of the Board. The focus of his presidency will be recalibrating the Psi Chi



membership model so that the benefits of Psi Chi membership apply across the lifetime of its members".

As the long serving Faculty Advisor for UCA's Psi Chi Chapter, Shawn has led the Chapter to annual Model Chapter awards, the Ruth Hubbard Cousins Chapter award, and the Florence L. Denmark Faculty Advisor award in 2013, the Psi Chi Kay Wilson Officer Team Leadership award in 2015, and the Alberta Johnson/Ruth Hubbard Cousins Building Bonds award in 2017.

Kelsey Peterson, Nutrition and Family Sciences student, accepted a position teaching secondary FCS at Bald Knob High School starting in August.

The following CHBS faculty attended the Center for Teaching Excellence Institute Cohort II:

- Shannon Riedmueller and Dr. Deanna Rumble, Psychology and Counseling
- Amanda Beaver, School of Nursing





SIGNs

Significant & Important good News

Achievements

Courtney James, senior Exercise Science major, was offered a research assistantship at UAMS in the Interdisciplinary Biomedical Sciences PhD program.







Dr. Kerry Jordan (above, left photo, second to the left), School of Nursing, spent a day on Capitol Hill in Washington DC with members of the Alzheimer's Association, advocating for several bills associated with Alzheimer's Disease and Related Dementias. She met with our two Senators from Arkansas and Representative French Hill's office and explained her experience as both a formal and informal caregiver of people with dementia and highlighted the incredible needs in our society to improve systems of care, research, and infrastructure to assist people with dementia and their caregivers.

Makena Manes, undergraduate Exercise Science major and University Scholars student, was accepted into the University of Arizona's Biomedical Engineering PhD program. She'll receive a full tuition remission and be paid as a graduate research assistant throughout her program.

UCA Psychology students can go anywhere. One hundred percent of students matched their Predoctoral internships:

- Kira Alexander matched at the Hawaii Psychology Internship Consortium (HI-PIC) in Kealakekua, HI, DOE Kau-Kea`au-Pahoa Complex - Big Island
- Catie Allen matched at the Clinical Psychology Internship, at the Advocate Family Care Network in Oak Lawn, IL.
- Fan Ding matched at a Psychology Internship, at Texas Tech University in Lubbock, TX.
- Deven Dyer matched at Army Clinical Psychology Internship, at the Tripler Army Medical Center in Honolulu, HI.
- Jordan Pyle MacKenzie matched at the Integrated Behavioral Health Internship, at the University of Texas Health Science Center in Tyler, TX,
- Kristina Ray matched at a Psychology Internship, at the Arkansas Division Behavioral Health Service in Little Rock, AR.
- Autumn Taylor matched at a Health Psychology Internship, at the Central Arkansas Veterans Healthcare System in North Little Rock, AR.

GO HERE. GO ANYWHERE.

Dr. Laura Goodhart, School Psychology Doctoral graduate, successfully passed her dissertation defense, titled "Investigating the Effects of a Parent-Child Intervention on the Listening Comprehension of English Language Learners and the Perceived Self-Efficacy of Their Parents" on Thursday, March 31, 2022.

She was also offered a position in the UAMS Pediatric Psychology Fellowship Program, to begin Fall 2022.





SIGNs

Significant & Important good News

Achievements

On July 25, 2022, the UCA School of Nursing hosted an interactive learning lab for 20 participants from the Museum of Discovery "Girls in STEM Camp". The participants, ranging in age from 12-16, completed hands-on learning activities such as learning how to take vital signs, how to properly use PPE, how to do medical moulage, and how to properly wash their hands. The purpose of Girls in STEM is to give participants an opportunity to explore STEM careers with hands-on activities led by female STEM professionals, ultimately encouraging them to continue their STEM studies and even pursue STEM careers.

Erin Garrett, Rebecca Gray, Tiffany Hall, Windy Lowder, and Sarah Luyet were instrumental in the lab's success.



Jacob Whitworth, Occupational Therapy 2023
Cohort student, was selected as a participant for the American Occupational Therapy
Association/American Occupational Therapy
Foundation (AOTA/AOTF) Institute for Future
Scientists in Occupational Therapy, held during
AOTA's Annual Conference & Expo in April in San
Antonio, TX. The purpose of the Institute was threefold: (1) to identify potential scientists in entry-level education programs; (2) to connect potential entry-level scientists with mentors in the occupational therapy scientific community; and (3) to develop a peer network.

Dr. Brittany Saviers, Occupational Therapy, was accepted as a Global Faculty Fellow at the second annual Global Learning Institute at UCA. This two-day workshop focused on Collaborative Online International Learning and Internationalizing the Curriculum and Global Learning. Dr. Harvey Charles, Professor of International Education at the University at Albany, State University of New York, led the workshop.

The following CHBS Alumni were recognized in AR Business as "Movers and Shakers":

- Lindsay Hutchins joined the hospitalist program at Conway Regional Medical Center.
- Dyllen Wolfe, School of Nursing and Health Sciences alum, was named Director of Nursing at Pediatric Complex Care of Arkansas.
- Katy Davis APRN, School of Nursing alum, joined Stone County Family Medicine Clinic of Mountain View.



Dr. Stephanie Rose and Tish Jenkins, Health Sciences faculty of the Addiction Studies Program, attended the SaveAR Students Campaign at the Arkansas State Capitol on April 25th. This campaign was a week-long event leading up to Arkansas Drug Take Back Day.

Ky'Shaun Bradford (above), a senior Addiction Studies student, spoke to state officials and citizens about College Students' Perspectives.





SIGNs

Significant & Important good News

Achievements

Dr. Bill Lamers (right),
Psychology and Counseling,
was selected by the SWPA
Executive Council to be the
2022 Southwestern
Psychological Association
(SWPA) Fellow. This is the
highest honor the
organization can bestow on
a member and confirms his



commitment to promote and strengthen psychology's scientific, professional and educational facets. The awards session was on Saturday, April 9th from 5:30pm to 7pm.

Madison Yarbrough, Psychology and Counseling student, was elected as the undergraduate officer representative to the Southwestern Psychological Association (SWPA). Madison was honored at the 2022 annual meeting of SWPA on Saturday, April 9th, in Baton Rouge, Louisiana.

Ryan Summers, 2017 Athletic Training graduate, was named the 2021-22 Athletic Trainer of the Year for the Gulf Coast Athletic Conference. Ryan is a certified athletic trainer working for the University of Arkansas for Medical Sciences providing outreach athletic training services to Philander Smith College.

Sydney Skaggs and Chelsey Bull, Psychology and Counseling doctoral students, accepted postdoctoral fellowships with Arkansas Neuropsychology & Behavioral Health (for Clinical and Forensic Neuropsychology) and the University of Arkansas for Medical Sciences (for Adult Trauma), respectively.

Dr. Stephanie Rose, Health Sciences, successfully completed the Studies in Gambling Addiction certificate program offered by the North American Training Institute. Treatments for these disorders will be added to the services offered by the Interprofessional Teaching Center.

Courtney James, senior Exercise Science major, was offered a research assistantship at UAMS in the Interdisciplinary Biomedical Sciences PhD program.



Erin Willcutt (left), 2006 Counseling Psychology MS graduate, was selected as the new Clinical Vice-President of the Central Region at Arisa Health.

Joshua Brown, Exercise Science student, was accepted to, and participated in the Arkansas Summer Research Institute program for the Summer of 2022.

Dr. Rachel Schichtl, Nutrition and Family Sciences, was elected Vice-President of the International Federation of Home Economics—United States. She will serve in this role for two years, then as President for four years, then move into the Past-President role for an additional two years.





SIGNs

Significant & Important good News

Achievements

Dr. Charlotte Yates (right),
Physical Therapy, was
invited to serve as a
member of the Onsite
Review Team for the
American Board of
Physical Therapy
Residency and Fellowship
Education (ABPTRFE). Dr.
Yates is the first UCA
faculty member to be
asked to serve in this



position and it reflects her expertise in physical therapy education, physical therapist residency education, and recognized expertise in pediatrics, an ABPTRFE-approved area of practice/concentration.

Dr. Elizabeth Stout, 2014 Counseling Psychology graduate, and former Director of Training of the Counseling and Psychological Services (CAPS) at the University of Arkansas - Fayetteville, led the effort to obtain accreditation from the American Psychological Association of the CAPS Predoctoral Internship Program in Health Services Psychology. Full article here. Dr. Stout was also named the new Associate Director/Training Director of Counseling Services at Suffolk University in Boston, MA.

Dr. Nina Roofe, Nutrition and Family Sciences, was appointed as Chair of the Ethics Committee for the 2022-2023 Academy of Nutrition & Dietetics program year.

The role of the Ethics Committee is threefold: (1)Educating Academy members, Commission on Dietetics Registration (CDR)-credentialed practitioners, students, and the public about the ethical principles and standards contained in the Academy/CDR Code of Ethics (COE); (2)Reviewing, promoting, and enforcing the Academy/CDR COE; and (3) Supporting the Academy's strategic plan.

Ms. Shannon Riedmueller, Psychology & Counseling, was promoted to Clinical Instructor II.



Dr. Laura Gillis (left), School of Nursing, successfully passed the Certified Nurse Educator (CNE) exam. The CNE exam is offered by the National League for Nursing and was created to establish nursing education as a specialty area of practice and create a means for faculty to demonstrate their expertise in this role.





SIGNs

Significant & Important good News

Awards

Dr. Iryna A. Kasi (pictured right with Psychology faculty John Murphy), School Psychology graduate, received the Trainers of School Psychologists 2022 Early Career Award at the annual conference of the



National Association of School Psychologists conference in Boston, MA. Dr. Kasi is an Assistant Professor in the Department of Clinical and School Psychology at Nova Southeastern University in Florida. Read more about Dr. Kasi at her <u>faculty profile</u>.

Dr. Sandie Nadelson, School of Nursing, was recognized for her volunteer work with the American Red Cross (ARC). She was given the "Distinguished Board Member Award" for her dedication, commitment, and contribution to the ARC.

Wendy Blackwood (below, middle), UCA Psychology Alum, was named Mental Health Professional of the Year!



Dr. Julie Meaux (below), School of Nursing, was named the 2022 Arkansas Outstanding Nurse Educator by Publishing Concepts, Inc. (PCI), the nation's largest publisher of state board of nursing journals, at the Arkansas Nursing Expo. As part of the Expo, PCI honors nurses from across the state and makes two very prestigious awards – the Nursing Compassion Award and the Outstanding Nurse Educator Award.



Dr. Meaux, right, pictured with Nursing Compassion Award winner, Tiffany Marshall, left

The Master of Science in Nutrition program is recognized in the top 20 online graduate programs in Nutrition- Best Nutrition Master's Programs Online.







SIGNs

Significant & Important good News

Awards

Psychology and Counseling 2021 - 2022 Student Recognition Ceremony award winners (pictured below with Psychology and Counseling Chair, Dr. Art Gillaspy):

- Dylan Garrison- Richard Allen Scott Outstanding Psychology Student Award
- Olyvia Gonzalez-Runner-up of the Richard Allen Scott Outstanding Psychology Student Award
- Pearl McGowan-Hanna-Runner-up of the Richard Allen Scott Outstanding Psychology Student Award
- Greta Hacker- Billy and Terry Smith Outstanding Graduate Student for Mental Health Counseling
- Chelsey Bull- Billy and Terry Smith
 Outstanding Graduate Student for Counseling
 Psychology
- Merritt Tate- Billy and Terry Smith Outstanding Graduate Student for School Psychology



Becky Gray, School of Nursing, was selected as a UCA Career Champion, someone who has empowered students to find their purpose, identify and reach their career goals, solidify future plans, or gain employment/prepare for professional life.

Hannah Brown, School of Nursing Work Study student, was selected as the UCA's Student Worker of the Year for the 2021-2022 academic year.

Suhyun Jang, Exercise and Sport Science graduate, was named the 2022 UCA Moonlight Graham Sports Medicine Award winner. This award is presented annually to the athletic training student that exhibits leadership to the profession, an exemplary academic record, and dependability in the clinical setting. Suhyun graduated in May and was accepted into the Doctor of Athletic Training program at Indiana State University and awarded a graduate assistantship.

Dr. Sandy Quillen (right), 1977 Physical Therapy graduate, was recognized by the American Academy of Sports Physical Therapy for his distinguished contribution to the specialty of sports physical therapy. Dr. Quillen is pictured on the left receiving the Ronald G. Peyton Award at the APTA Combined Section Meeting on February 5th in San





AASPT 2022 Award Recipients

Antonio, TX. In addition to his professional contributions, Dr. Quillen has been a generous donor to the UCA PT Foundation Fund that supports student research dissemination and special Department initiatives.





SIGNs

Significant & Important good News

Grants

Dr. Alicia Landry, Nutrition and Family Sciences, received a \$1,500 grant from the UCA Graduate School for recruitment. These funds will be used to produce a product that can be used across multiple platforms including television and social media showcasing biracial and people of color targeting specific career tracks. The overarching goal is to reduce uncertainty and simplify the road to graduate by explaining the pathway to becoming a Registered Dietitian.

Dr. Heather Martens, Psychology and Counseling, helped Conway Cradle Care obtain a grant to fund video monitoring equipment for their nurseries. The grant was funded by the Crafton Tull Foundation.

Dr. Towino Paramby (below, left) and Ms. Richelle Weese (below, right), Communication Sciences and Disorders, received the 2022 SPEAK OUT!® and LOUD CROWD® Grant from the Parkinson Voice Project. Through this grant, the UCA Speech-Language-Hearing Center (SLHC) will receive free SPEAK OUT! and LOUD CROWD training for two speech-language pathologists and all UCA Communication Sciences and Disorders graduate students. In addition, this grant assists the SLHC in establishing a voice treatment program for Parkinson's patients in Conway.





Leslie Blackwell and Allison Tucker, School of Nursing, have been awarded Center for Excellence in Teaching and Academic Leadership grants to attend the Quality and Safety Education for Nurses (QSEN) international forum in Denver, CO in June 2022. QSEN began in 2005 to prepare future nurses with the knowledge and skills necessary to improve patient care and the health facilities in which they work. There are 6 QSEN competencies - Patient Centered Care, Teamwork and Collaboration, Evidence Based Practice, Quality Improvement, Safety, and Informatics.

Dr. Sandie Nadelson, School of Nursing, was awarded a Center for Excellence in Teaching and Academic Leadership grant to attend the International Nursing Association of Clinical Simulation Learning (INACSL) conference in June 2022. INACSL is an organization that promotes excellence in simulation through advancing the science of healthcare simulation.

Dr. Laura Hall, School of Nursing, was awarded a Summer Manuscript Support grant from Arkansas IDeA Network of Biomedical Research Excellence Development Research Project Program. The goal of the funding opportunity was to provide faculty protected time to write and submit a peer-reviewed manuscript. Undergraduate nursing student Logan Bemis will be working with Dr. Hall on a manuscript entitled "Ageism: Nursing Student Behaviors Related to the Older Adult".

Dr. Thomas Lowder, Exercise and Sport Science, was awarded an Arkansas IDeA Network of Biomedical Research Excellence grant. This \$9,987 grant is a consortium agreement between the University of Arkansas for Medical Sciences and University of Central Arkansas.





SIGNs

Significant & Important good News

Grants

Blue & You Foundation for a Healthier Arkansas Grants awarded to CHBS faculty:

- Dr. Kerry Jordan, School of Nursing, Mathew McQuay, Occupational Therapy student, and Olena Kasian-Fitzgerald, Psychology and Counseling student, were awarded a \$2,000 grant for: Resilient Care: An Interprofessional Student Led Support Group for Dementia Caregivers.
- Dr. Nina Roofe, Nutrition and Family Sciences, and Megan Stelting, former CHBS Director of Development, were awarded a \$2,000 grant for the UCA Bear Essentials Food Pantry. The grant will be used to purchase equipment that will be used to conduct cooking demonstrations.

Dr. Joan Simon, Psychology and Counseling, obtained a \$215 grant from the UCA Service Learning office to support the purchase of "The School Psychology Supervisors Toolkit" publication for the school psychology practicum supervisors for the 2022-23 school year.





SIGNs

Significant & Important good News

Presentations

Dr. Sun Thao, Communication Sciences and Disorders, Dr. Amy Thompson, Elementary Literacy and Special Education, and Amber Gleghorn, Communication Sciences and Disorders student, presented at the annual conference of Arkansas Speech-Language-Hearing Association in Little Rock, AR and the Annual Conference of International Dyslexia Association, in Charlotte, NC. Their presentations were titled, "Exploring Digital Literacy for Students with Reading Disabilities", and "Digital Literacy: Impact of Reading Disabilities on Online Learning", respectively.

Drs. Leah Lowe, Charlotte Yates, and Lori Mize, Physical Therapy, presented educational sessions during the Combined Sections Meeting of the American Physical Therapy Association.

- Drs. Lowe and Yates presented "Experiential Learning: How to, How Much, What If, and Why?" Academy of Pediatric PT
- Dr. Mize presented "SPT to DPT: Now What?"
 Academy of Pelvic Health and "When Sex
 Hurts: Why Christian Women Experience
 Higher Rates of Pain and What To Do"
 Academy of Pelvic Health

Dr. Elizabeth Cleveland, Communication Sciences and Disorders, and her colleagues, presented "An Interdisciplinary Approach to Increasing Access to Care for Individuals with Fetal Alcohol Spectrum Disorders", and a poster titled "Training Adults through Research, Group Education, and Treatment (TARGET): A Transition-Focused Program for Young Adults with Fetal Alcohol Spectrum Disorders" at the 37th Annual Pacific Rim International Conference on Disability & Diversity in Honolulu, HI.

Dr. Zack Damon, Exercise and Sport Science, was interviewed by SportsDegreesOnline as an emerging Sport Management expert in the area of Leadership and Organizational Behavior.

Dr. Kerry Jordan, School of Nursing, Dr. Michael Gallagher, Exercise and Sports Science, Ms. Richelle Weese, Communication Sciences and Disorders, Dr. Duston Morris, Health Sciences, and Ms. Suzette Marks, Nursing Adjunct faculty and President of Arkansas Gerontological Society, presented at the 43rd Annual Southern Gerontological Society Conference, themed "The New Normal: Mastering the Challenges of Aging" in Panama City Beach Florida. The topic of their presentation was Feasibility and Initial Effect of a Collegiate Interprofessional Intervention on Outcomes of People with Dementia in the Community and their Caregivers.











Top, left to right: Kerry Jordan, Michael Gallgher, Richelle Weese Bottom: Left-Duston Morris, Right- Suzette Marks





SIGNs

Significant & Important good News

Presentations

Drs. Elizabeth Cleveland, Natalie Benafield, and Maysoon Biller, Communication Sciences and Disorders, and student representatives who serve on the CSD Diversity, Equity, and Inclusion Committee, Mackenzie Jordan and Abigail Moss, presented a live session titled "Understanding Attitudes About Diversity in a CSD Student Body" at the National Black Association for Speech-Language and Hearing Convention in Houston, TX in March 2022.

Drs. Sandie Nadelson, Keitha Griffith, and Ms. Rebecca Gray, School of Nursing, along with Dr. Louis Nadelson, UCA Department of Leadership Studies, and Dr. Kelly Connor, Boise State University, presented a poster titled "Developing Student Accountability through Asynchronous Simulations" at the International Nursing Association for Clinical Simulation and Learning conference held in Milwaukee, WI in June 2022.

Dr. Duston Morris, Health Sciences, presented "Impact of Team Composition on Student Perceptions of Interprofessional Teamwork: A 6-Year Cohort" in February at the UCA Faculty Research Symposium, held by the Office of Research and Sponsored Programs and the University Research Council.

Dr. Sun Thao, Communication Sciences and Disorders, Dr. Amy Thompson, Elementary, Literacy, and Special Education, and Alexis Johnson, Communication Sciences and Disorders student, presented "Digital Literacy: How Reading Disabilities Affect Online Learning" at the annual conference of the Society for the Scientific Study of Reading in Newport Beach, CA.

Dr. Deanna Rumble, Psychology and Counseling, and Loren Poole, Mental Health Counseling student, presented a poster titled "Student Agency on Presentation Style in the Cognitive Psychology Classroom" at the virtual Southeastern Teaching of Psychology Conference.

Drs. Alicia Landry and JJ Mayo, Nutrition and Family Sciences, and Jennifer Shelton, Margaret Pauly, and Audrey Fendley, Nutrition and Family Sciences alumni, presented at the 2022 Arkansas Academy of Nutrition and Dietetics Annual Meeting and Expo in March.

- Dr. Landry presented: "Changes to Dietetics Education and the Transition to the Future Education Model"
- Dr. Mayo's breakout session: "Job and Interview Tips for Student/Intern Members: Wellness Career Opportunities"
- Shelton's breakout session: "Providing Nutrition Services via Telehealth"
- Pauly's lunch session: "How to Make Any Meal Mediterranean"
- Fendley's panel breakout: "Go with Your Gut: Updates in Current Pediatric GI Nutrition"

Dr. John Murphy, Psychology & Counseling, presented an invited 3-hour workshop on Solution-Focused Counseling in Schools on February 17th, 2022, at the National Association of School Psychologists Conference in Boston, MA.

Dr. Elizabeth Cleveland, Communication Sciences and Disorders, and her UAMS colleague Portia Carr presented at the Arkansas Speech-Language Hearing Annual Convention, "Bridging the Gap Between Research and Clinical Practice: Enhancing Collaboration and Creativity".





SIGNs

Significant & Important good News

Presentations

Emma Daily (right), Mental Health Counseling student, facilitated a Safe Zone training in March

for 80+ juvenile probation officers from Arkansas. The training's goals were to provide education on LGBTQ+ terminology and issues, provide a place for participants to ask questions, and work towards a more inclusive world.



Ms. Daily also facilitated a condensed version of this training on March

1st as part of the Department of Psychology and Counseling's Achieving Community Together (ACT) Week.

Dr. Zack Damon, Exercise and Sport Science, and coauthors presented "Integrating Servant Leadership into the Sport Business Intelligence Decision-making Process" at the Global Sport Business Association Conference in March. The presentation won a junior faculty research competition, which awarded them \$1,000 along with an invitation to present a follow up study at next year's conference in a featured presentation slot.

Dr. Jay White, School of Nursing, presented a poster abstract titled "Symptom Improvement Reported with Some PAP Use in Non-adherent Pediatric Patients with OSA" at the 36th Annual Meeting of the Associated Professional Sleep Societies in Charlotte, NC in June.

Dr. Elizabeth Cleveland, Communication Sciences and Disorders, was invited to present "Trauma, Substance Exposure, and Language Development" for New York Montefiore Project Supporting Children of the Opioid Epidemic Lecture Series.

Drs. Duston Morris and Stephanie Rose, Health Sciences, presented their work on tobacco, vaping, and opioid use among minority youth at the March 2022 Clearing the Air in Communities of Color Virtual Conference.

Dr. John Murphy, Psychology and Counseling, was a guest on the School-Psyched Podcast, hosted by Rebecca Comizio, in March 2022. The title of the episode is: "Solution-focused Counseling in Schools with Dr. John Murphy".



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AS ALL OF US

Drs. Stephanie Rose, Heather Hudson and Duston Morris, Health Sciences, presented at the first Me Over Meth statewide prevention campaign which is a part of a targeted response by DHS and UA Little Rock MidSOUTH. This campaign is a statewide prevention initiative to educate Arkansans and prevent meth use.

Dr. Sandie Nadelson, School of Nursing, and Dr. Louis Nadelson from Leadership Studies in the College of Education, hosted a virtual roundtable discussion at Georgetown University's Teaching, Learning, and Innovation Institute in May 2022. The theme was Opening Spaces by Using Simulation to Enhance Student Soft Skills.





SIGNs

Significant & Important good News

Presentations

Baylee Browning, Health Sciences Addiction Studies student, presented her documentary "The Real Gateway Drug: Addiction and Trauma" on April 28, 2022. Several stakeholders and representatives with MidSouth Substance Abuse Prevention attended the presentation, whereafter Baylee was offered future opportunities to create additional documentaries on substance abuse.



Baylee, middle left, pictured with representatives from MidSouth Substance Abuse Prevention

Dr. Sandie Nadelson, School of Nursing, Ms. Macy Geddes, School of Nursing Graduate Assistant, Dr. Louis Nadelson, Leadership Studies in the College of Education, and Dr. Darci McCall from Boise State University, developed and virtually presented a poster titled "Integrative Review of Best Practices in Undergraduate Nursing Escape Rooms" at the Arkansas Nursing Research Conference on April 8, 2022.

Dr. Keitha Griffith, and Rebecca Gray, School of Nursing, presented their poster "Leading with QSEN: A BSN Leadership and Management Clinical Innovation" at the Quality and Safety Education for Nurses International Forum in Denver Colorado in June 2022. The conference focused on the future of quality and safety competencies in nursing education and practice.

Dr. Steve Tucker, Exercise and Sport Science, presented research in April 2022, co-authored with former graduate student Alison Susa, at the American Society of Shoulder and Elbow Therapists Annual Meeting, titled "Effects of Standard and Underweight Baseballs on Thoracolumbar Contralateral Flexion and Ball Velocity in Youth Baseball Pitchers".

Ajah Criner and Sarah Beckwith, Athletic Training students, presented case study posters at the Arkansas Athletic Trainers Association's Annual Meeting in Little Rock. Ajah presented "Acanthamoeba Keratitis in a 17-year-old Football Player" and Sarah presented "Vertebral Artery Occlusion in a D1 Football Athlete", for which she placed 2nd in the poster contest.

Faculty mentors and student researchers from the Physical Therapy department presented at the American Physical Therapy Combined Sections Meeting 2022:

- "Spatiotemporal Parameters of Gait When Performing a Visuospatial Memory Task in Adolescents with Concussion" AUTHORS: Dr. Leah Lowe, Dr. Charlotte Yates, Hannah Aviles, Zac Cole, Winston Futrell, Kursten Jaime, Melissa Miller, Joshua Wise
- "The Effects of Experiential Learning on Perceived Clinical Reasoning and Self-Efficacy of Physical Therapy Students" AUTHORS: Dr. Leah Lowe, Dr. Charlotte Yates, Helena Cichy, Collin Gage, Emily Kaelin, Madison Stout, Caressa Wilson
- "Survey on Knowledge of, Use, and Diagnostic Applicability of Rotator Cuff Tests in Clinical Practice" AUTHORS: Dr. Steven Forbush, Dr. William Bandy, Mollie Elliott, William Hurst, Gabrielle Kremers, Alexia Sharp, Amber Winberry, Connor English, Marc Corker, Tiffany Robinson Weston, Kelly Green





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Significant & Important good News

Presentations

UCA students and faculty presented research at the 2022 Southwestern Psychological Association (SWPA) conference in Baton Rouge, LA, April 7-10, organized by now CHBS Associate Dean, Dr. Darshon Reed, then SWPA President.

Posters:

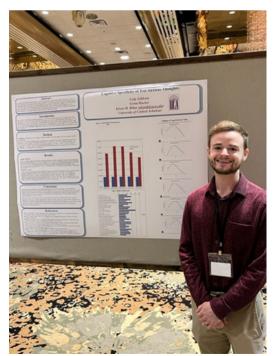
"The Effects of COVID-19 on School Psychology in a Southern State" **AUTHORS**: Dr. Ron Bramlett, Kira Alexander, Karen Gajeski, Kara Powell, Ashley Ward

"Ensemble Perception of Semantic Information Extracted from Perceptually Defined Sets" **AUTHORS**: Dr. Amrita Puri, Dr. Ken Sobel, Emily Andrews, Caroline Dacus

"Instrument Development of the Righting Reflex in Helping Scenarios: Pilot Findings" **AUTHORS**: Dr. Art Gillaspy, Jordan Simmons(pictured, right)

"Insights from Eye Movements: Depression's Effect on Cognitive Performance" **AUTHORS**: Dr. Amrita Puri, Dr. Ken Sobel, Emily Andrews, Nickolas Paternoster, Julia Williams





"Help-seeking Behaviors, Attitudes, and Beliefs in College Student Athletes" **AUTHORS**: Kylea Andrews, Kayla Gowin

"Music Performance and Anxiety" **AUTHORS**: Dr. Marc Sestir, Isaac Asher

"Heteronormativity, Blame, and Person Perception of Victims of Assault" **AUTHORS**: Dr. Elson Bihm, Mattie Bogoslavsky, Greta Hacker

"Cognitive Specificity of Test-anxious Thoughts: Which Types are Most Problematic?" **AUTHORS**: Dr. Elson Bihm, Cody Gibbons (pictured, left), Greta Hacker

"Impulsive and Antisocial Risk Perceptions: Reckless, Incompetent, Cold, and Unworthy of Imitation" **AUTHORS**: Niyah Lane, Madison Yarbrough

"Do Small Rewards Encourage Coasting or Increase Effort During Goal Pursuit?" **AUTHORS**: Dr. Darshon Reed, Staley Page, Kalista Pettus, Megan Woodworth



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Significant & Important good News

Presentations

Talk Session:

"Canonical Correlation of Antisocial Personality Traits and Criminal Thinking Patterns" **AUTHORS**: Dr. Femina Varghese, Anna Archer, Victoria Phillipon

"Spatial Stroop Task" AUTHORS: Dr. Ken Sobel, Michaela Brasel

"The Student Inclusiveness Scale: An Examination of Factor Structure, Reliability, and Outcomes" **AUTHORS**: Dr. Christina Jeffrey, Dr. Anna Park, Dr. Joan Simon, Beth Rachlin

"Validating a 3-variable Visual-spatial Screening Test in Dementia Evaluation" **AUTHORS**: Dr. Kevin Rowell, John-Scott Kelley

"Variables That Do and Do Not Predict Student-instructor Rapport" **AUTHOR**: Dr. Bill Lammers

"Effect of Captions and Political Ideology on Immediate Emotional Response to Images" **AUTHOR**: Pearl McGowan-Hanna

"Motivational Interviewing in Higher Education: Investigating Outcomes for Improving Academic Performance" **AUTHOR**: Deven Dyer (right, top)



[Continuing education workshop] "Practical Principles & Techniques of Solution-focused Brief Therapy"

PRESENTOR: Dr. John Murphy

[Teaching demo] "Developing Professional Identity in Psychology Courses" **PRESENTORS**: Dr. Darshon Reed, Dr. Shannon Riedmueller



Left: Psychology and Counseling Faculty in Baton Rouge, post conference

Right: Dr. Darshon Reed (most right), with Dr. Seungyeon Lee (left), new Psychology & Counseling faculty, and Dr. Tom Faulkenberry (middle)









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Publications

Drs. Laura Hall and Susan Gatto, School of Nursing, published a manuscript titled "Live Interactive Classroom Simulation: A Student Engagement Strategy" in *Nurse Educator*.

Dr. Lorrie Paschal, Occupational Therapy, published research in the *Occupational Therapy Journal of Research* titled "Psychometric Evaluation of the Relative Mastery Scale: An Occupational Adaptation Instrument".

Drs. James Fletcher and David Taylor, Physical Therapy, and coauthors Drs. Mathis, Walter, and Meadors, published a paper titled "Non-exercise Measurements as Predictors of Chronotropic Response to Exercise" in the *Journal of Clinical Exercise Physiology*.

Drs. Julie Meaux (left), School of Nursing, Brittany Saviers (middle), Occupational Therapy, and former Occupational Therapy faculty Dr. Lavona Traywick (right), published a manuscript titled "Effects of Study Abroad on Cultural and Interprofessional Competencies" in *Nurse Education Today*.







Dr. Maysoon Biller, Communication Sciences and Disorders, and colleagues published a manuscript titled "A Combined Spoken Language Intervention for a Minimally Verbal Child with Autism: A Clinical Case Study" in *Perspectives of the ASHA Special Interest Group 1-Language Learning and Education*.

Dr. Deanna Rumble, Psychology and Counseling, and colleagues published "Immersive Interactive Virtual Walking Reduces Neuropathic Pain in Spinal Cord Injury: Findings from a Preliminary Investigation of Feasibility and Clinical Efficacy" in *PAIN*, and "Sociodemographic Differences in Pain Medication Usage and Healthcare Provider Utilization among Adults with Chronic Low Back Pain" in *Frontiers in Pain Research*.

Drs. Julie Meaux, Pam Ashcraft, Susan Gatto, and Stacy Harris, School of Nursing, published a manuscript titled "Support for DNP Faculty Seeking Tenure and Promotion: A Targeted Initiative" in *Nurse Educator*.

Dr. Zack Damon, Exercise and Sport Science, was the lead author of an article published in the *Journal of Sport Management*, the top Sport Management focused Journal in the field. The work stems from a North American Society for Sport Management Symposium session in 2019, titled "Privileging Practice in Sport Leadership: Applying Relational Reflexivity".

Dr. Elizabeth Cleveland, Communication Sciences and Disorders, and colleagues <u>published</u> their work "Analysis of a Statewide Early Intervention Program for Young Children with ASD" in the *Journal of Autism and Developmental Disorders*.





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Publications

Dr. Maysoon Biller, Communication Sciences and Disorders, and Kayleigh Yeager, Communication Sciences and Disorders student, published a manuscript titled "Lexical Acquisition and Phonological Development in Children with Autism Spectrum Disorders" in Language, Speech, and Hearing Services in Schools.

Dr. Lekeitha Morris (right), Communication Sciences and Disorders alum, <u>published</u> an article titled, "Challenging Systemic Racism in the Aftermath of George Floyd's Murder" in *Administrative Sciences*.



Dr. JJ Mayo, Nutrition and Family Sciences, coauthored a chapter in a Special Issue of Nutrients: Creatine Supplementation for Health & Clinical Diseases. Dr. Mayo's work is titled, "Creatine for Exercise and Sports Performance, with Recovery Considerations for Healthy Populations". In March the journal hosted a creatine conference, where the lead author presented on this paper.

Drs. Stephanie Rose, Duston Morris and Anita Sego, Health Sciences, <u>published</u> a chapter in <u>Research Developments in Arts and Social Studies</u>, Vol. 2., titled "Service Learning and Self-Efficacy for Master's Students Engaging in Substance Use Education: A Descriptive Study".

Dr. Chris Ryan, Occupational Therapy, Dr. Alexa Corley, 2021 Occupational Therapy graduate, Jessica Krug, OTR/L, Capstone Mentor, and Dr. Amanda Britt, <u>published</u> their manuscript titled "Implementation of Best Practice in the Schoolbased Setting" in the *Journal of Occupational Therapy, Schools, & Early Intervention*.

Dr. Kathryn Carroll, Nutrition and Family Sciences, co-authored an <u>article</u> titled "Consumer Preference for Food Bundles under Cognitive Load: A Grocery Shopping Experiment" in *Foods*.

Dr. Sandie Nadelson, School of Nursing, Dr. Louis Nadelson, Leadership Studies in the College of Education, and Dr. Kelley Connor, Boise State University, published a manuscript in the Journal of Comprehensive Nursing Research and Care titled "Asynchronous Online Simulation in Nursing Education: Creating Learning Opportunities to Meet Current Challenges".

Dr. James Wages, Psychology and Counseling, published an article titled "Reckless Gambles and Responsible Ventures: Racialized Prototypes of Risk-taking" in the *Journal of Personality and Social Psychology*.

Lynne Hollaway, Occupational Therapy, and colleagues <u>published</u> "Guided Participation and Parental Tutoring in Preschool Children with Autism: A Pilot Study of Relationship Development Intervention (RDI)" in *Psychoanalytic Inquiry*.





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Publications

Dr. Deanna Rumble, Psychology and Counseling, and co-authors published an article titled "Examining the Effects of Pessimism and Optimism on Depressive Symptoms and Pain Characteristics in Chronic Low Back Pain" and "Examining Neighborhood-level Socioeconomic Status and Inflammatory Biomarkers in Nonspecific Chronic Low Back Pain: Does Where You Live Matter?" in *The Journal of Pain*.

Dr. Kimberley Sartain, Nutrition and Family Sciences, was the lead author of a <u>manuscript</u> titled "Not Your Parent's Vocational Education: CTE Concentration and Mathematics College Readiness" published in the *Career & Technical Education Journal*.

Drs. Leah Lowe, James Fletcher and Charlotte Yates, Physical Therapy, and Dr. Meredith Flowers, Physical Therapy alum, published an article in the *Journal of Physical Therapy Education* titled, "The Effects of Experiential Learning on Perceived Clinical Reasoning and Self-efficacy of Doctor of Physical Therapy Students".

Dr. Sandie Nadelson (right), School of Nursing, and Dr. Chelsea Collins, Mayo Clinic, published an article titled "Using Critical Appraisal Tools to Evaluate Research and Determine Applicability to Clinical Practice" in the Journal of Nursing Research and Practice.



Dr. Nina Roofe, Nutrition and Family Sciences, wrote a Point of View <u>article</u>, titled "Going Farther Together" for the *Journal of Family & Consumer Sciences* issue on collaboration among professional organizations in Family and Consumer Sciences.

Dr. James Wages, Psychology and Counseling, published an article titled "Black Medical Students' Sense of Belonging and Confidence in Scholastic Abilities at Historically Black vs Predominantly White Medical Schools: A Prospective Study" in the Journal of General Internal Medicine.

Dr. Duston Morris, Health Sciences, published a manuscript titled, "Exercise Causality Orientation, Motivation, and Adherence in an Incentive Walking Program" in the *Journal of Physical Activity Research*.

Dr. Thomas Lowder, Exercise and Sport Science, co-authored a <u>publication</u> titled "Comment on: Prevalence of Gastrointestinal, Cardiovascular, Autonomic and Allergic Manifestations in Patients with Ehlers-Danlos Syndrome" in *Rheumatology*.

See the archive of past editions of SIGNs at: uca.edu/chbs/signs



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Communication Sciences & Disorders

Exercise & Sport Science

Health Sciences

Military Sciences

Nutrition & Family Sciences

Occupational Therapy

Physical Therapy

Psychology & Counseling

School of Nursing

