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SIGNs *Significant & Important Good News*

July 2021



GRAND OPENING

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A message from Dean Reese



Exciting things are happening in the College of Health and Behavioral Sciences at UCA! In May, the Department of Communication Sciences and Disorders (CSD), the School of Nursing, the Nabholz Simulation Center, and the Office of the Dean, moved into the new Integrated Health Sciences Building. While the Grand Opening of the building is not until August, students in CSD already are seeing patients in the Speech Language Hearing Center. Our classrooms and student spaces are busy as students from CSD and Occupational Therapy benefit from modern classroom spaces. In July, we'll have even more activity here as we welcome students from the School of Nursing back to campus.

On the heels of the opening of the Integrated Health Sciences Building, we are embarking on renovation of the Doyne Health Sciences Center, housing the Departments of Exercise and Sport Science, Health Sciences, and Occupational Therapy. Plans for the renovation include adding laboratory spaces for programs in athletic training and occupational therapy, modernizing classroom spaces, and creating additional spaces for advising, conferencing and studying. Renovation is scheduled to begin this summer.

I hope to see you at the Grand Opening for the Integrated Health Sciences Building on August 13th beginning at 1:30 p.m. Following the official ceremony, we will be conducting tours of the new facility, and we would love to show you the spaces for learning we have created for our students! Please come and join us as we celebrate this new space and the opportunities it represents to bring all our students together to impact the health of Arkansans!

Nancy Berryman Reese, PhD, PT, MHSA
Dean, College of Health and Behavioral Sciences





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IHSB Grand Opening

**Save the Date: UCA Integrated
Health Sciences Building
Grand Opening
Friday, August 13, 2021 at 1:30pm**



Join us to celebrate this new campus landmark and hear some exciting gift announcements from President Davis. Cookies and refreshments will be provided and the event will be followed by tours of the facility.

Director of Development: Megan Stelting

We are excited to introduce our new Director of Development for the College of Health and Behavioral Sciences, Megan Stelting. Megan is a UCA Graduate with a degree in Health Sciences, and an MBA candidate for August 2021. Originally from Gravette, AR, Megan and her husband, Mathew, have called Conway home for six years.



Megan Stelting
MBA

"After beginning my career in Healthcare Administration, it is an honor to come back home to UCA. My role as Director of Development is to support the college by connecting alumni back to their prospective area and to fundraise for the college's needs. Top fundraising priorities include support for the Doyme renovation, growth in private scholarships, and increased support for programs, faculty resources, and other funds that directly impact any department within the college. I look forward to building relationships on behalf of the college and working to support its students and faculty!"

For more information on how to get involved with the college by giving your time or your financial resources, please feel free to reach out to Megan:

Megan Stelting
Director of Development, CHBS
mstelting@uca.edu



Director of Operations, ITC: Brandi Keith

Brandi Keith joined UCA as the Director of Operations for the Interprofessional Teaching Center in February of 2021 after spending five years in administration at Conway Regional. She received her Bachelor's Degree from UCA and will graduate with her Masters of Business Administration in August, and she is thrilled to return to her alma mater to continue UCA's effort of increasing interprofessional education and hands-on experience for students in the College of Health and Behavioral Sciences.

Originally from Rogers, Brandi moved to Conway to pursue higher education, and decided to stay after she fell in love with the community and her now husband, John (a Conway native). Brandi and John have a four year old daughter, Kennedy, and a dog and cat named Tilley and Mia, respectively. In her free time, Brandi loves reading, spending time with her people, and going to the pool (or the beach!).



Brandi Keith
MBA

Inaugural IPE Session

The first interprofessional therapy session in the Interprofessional Teaching Center was on **June 17, 2021**. Lynne Holloway from Occupational Therapy and Bonnie Sutton from Communication Sciences & Disorders were instrumental in arranging and conducting the session. It was a rewarding experience for students and client.

“As an OT student I had the opportunity to work alongside the speech therapy department to advance my skills and knowledge of pediatric clients and gain valuable hands-on experience. It was a great way to collaborate with other professionals and work towards a common goal of the client's well-being.”

Anna Grace Miller
OTD Graduate Student
Class of 2023

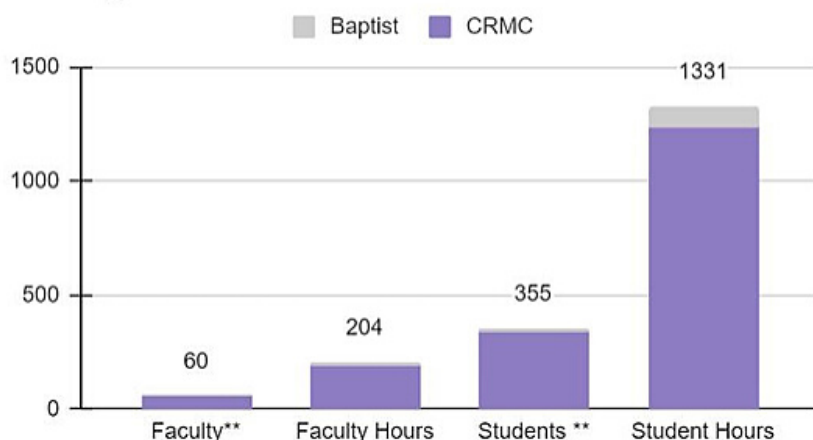
“Being a part of one of the first collaborative experiences within our new facility created an excitement about what the future of education will hold here at UCA. This opportunity allowed me to engage with other professionals, learn about my client from a different viewpoint, and play a small part of a new experience that hopefully many other students will have as well. I am thankful for our new facility and wonderful staff who made this opportunity possible.”

Kennedy Blue
CSD Graduate Student
Class of 2022



School of Nursing receives high praise for work administering COVID Vaccines

Faculty & Student Contributions



The COVID vaccination data reflects dates 1/26-4/9 where students provided injections with faculty oversight and support.

**The student and faculty numbers involved actual numbers present per day; the student and faculty numbers are per body present and not identified by each unique student or faculty member.

"I am proud to be a part of the College of Health and Behavioral Sciences and the way UCA was represented in the vaccination process with the UCA Nursing Dept. along with Conway Regional."

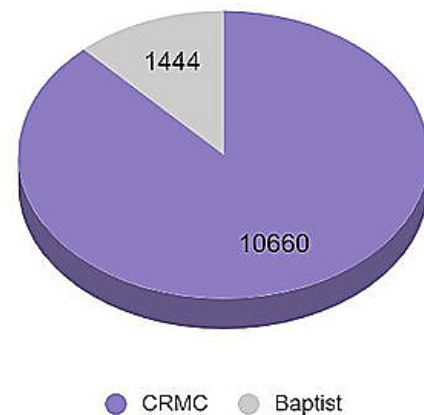
"During both of the vaccinations I received, the faculty/staff/students were very organized, professional and upbeat."

Nursing Students in the Community Health courses gave over 12,000 COVID vaccinations and gave over 1300 hours of service to Conway Regional and Conway Baptist Hospitals.

SON faculty also donated many hours of service giving vaccines and supervising students. The SON faculty and staff are proud of the efforts put forth by our faculty and students for the wellness and safety of our community.

Injections Administered

Total: 12,104





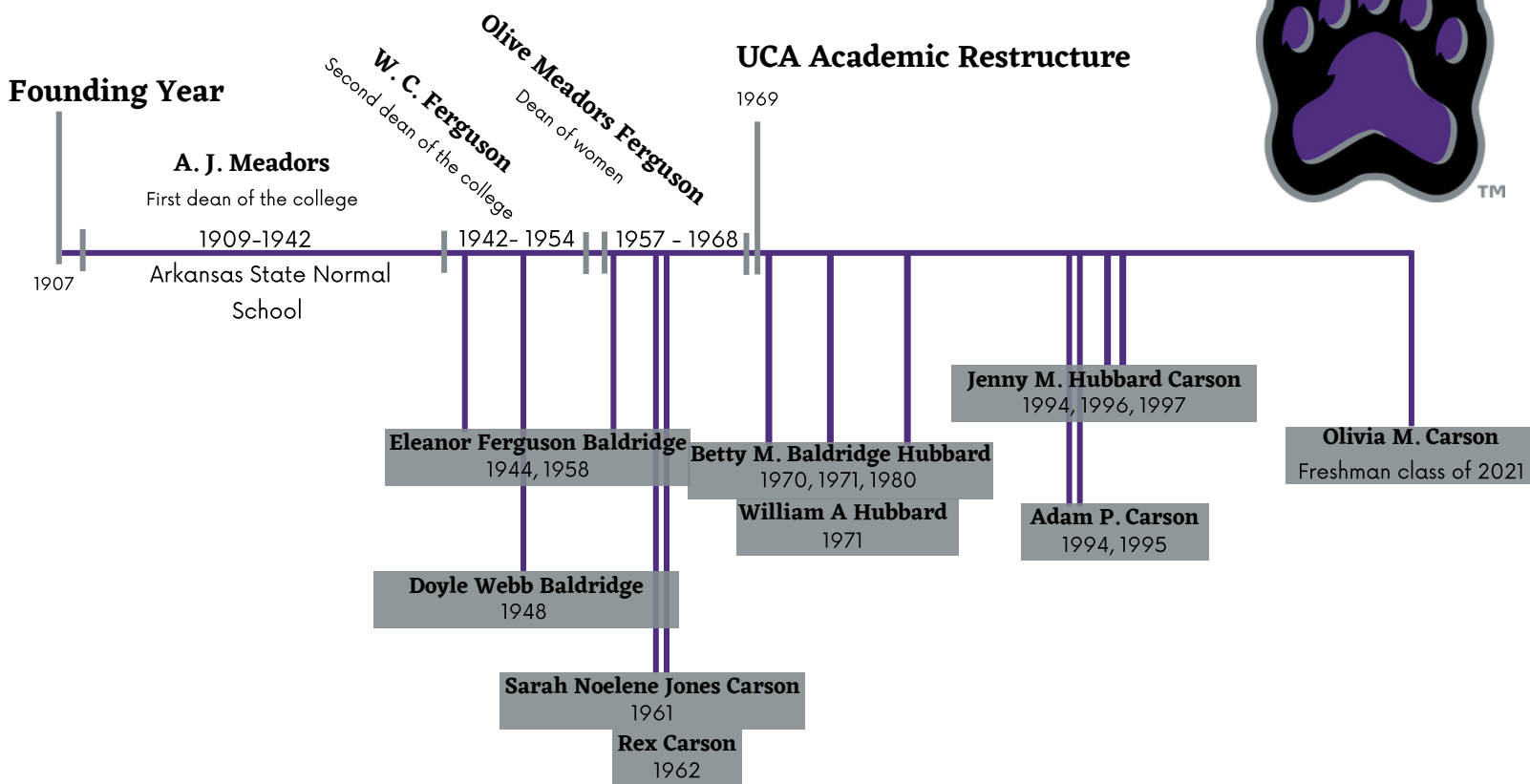
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Six Generations of Bears



While college is home-away-from-home for many, UCA has been home to one family for six generations. Incoming freshman Olivia Carson is the great-great-great granddaughter of UCA's first Dean, A.J. Meadors.

In 1909, two years after the "Arkansas State Normal School" (as it was at the time) was founded, A.J. Meadors was hired as the first Dean of the College. Upon his passing in 1942, his son-in-law W.C. Ferguson assumed his position. It was during this time that the lineage of Dean Meadors began finishing their education under the instruction of UCA. First to receive a UCA degree was Eleanor Ferguson, daughter of W.C. and Olive, in 1944. Following her, her husband Doyle Baldrige received his degree in 1948. After them, Sarah and Rex Carson received their degrees in 1961 and 1962, respectively.

It was then that our own Health Sciences interim chair Betty Hubbard (then Baldrige) who received her first degree here in 1970. The following year, Betty's husband, William Hubbard received his degree. Betty and William's daughter, Jenny, followed her parents and received her first degree here in 1994, along with her future husband Adam Carson, grandson to Sarah and Rex.

Just as family grows, UCA proudly continues to expand our programs and impact Arkansas. We grow, thanks to our students, alumni, faculty, staff, and all our supporters.

It is with great pride that we welcome Olivia to our University. We're excited to see where we have yet to go.



Achievements

CPT Andrew Fisher and SFC Jonathan Atwood, Military Sciences, were honored by the Marine Corps League for volunteering to serve on the flag folding detail at the memorial services of William "Bill" Bounds of Conway.

Rebekah Luong, Nutrition & Family Sciences, recently passed her Certification in Family & Consumer Sciences (CFCS) exam. The CFCS is based on mastery of knowledge that enables professionals to perform services as defined by the mission of the profession to provide leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well being, relationships, and resources to achieve optimal quality of life.

Chelsey Bull and Sydney Skaggs, Counseling Psychology doctoral students, successfully secured their Pre-doctoral Internship Matches! Once again this year, 100% of our students matched. The internship match process is extremely competitive and we are so proud of Chelsey and Sydney!

- Chelsey Bull - University of Arkansas for Medical Sciences (UAMS) - Adult Focus Track
- Sydney Skaggs - Central Arkansas Veterans Healthcare System - Neuropsychology

Dr. Zack Damon, Exercise & Sport Science, was selected to the Editorial Board for the Sport Marketing Quarterly (SMQ) journal.

Maegan Dyson, CHBS Director of Development, graduated from the Conway Area Leadership Institute.

Dr. Cory Cobb, 2019 Counseling Psychology graduate, accepted a faculty position in the Department of Human Development & Family Science at Auburn University.

Drs. Rachel Schichtl and Nina Roofe, Nutrition & Family Sciences, have been selected to serve as mentors for the 2021 American Association of Family and Consumer Sciences (AAFCS) Leadership Academy. The AAFCS Leadership Academy is an intentional and organized effort to ensure that a professional cohort of strong leaders are available to assume leadership positions in state and national positions as well as in their own workplaces. Seasoned leaders must demonstrate competency in AAFCS National and/or Affiliate leadership, goal development, fundraising, overcoming challenges, and building a model of success.



Dr. Nina Roofe
PhD, RDN, LD, FAND, CNWE

Dr. Nina Roofe (left), Nutrition & Family Sciences, was unanimously elected Vice President/President-Elect of the Council of Administrators of Family and Consumer Sciences. Congratulations Nina!

Dr. Duston Morris (right), Health Sciences, will be serving as the 2021-2022 President of the Arkansas Society of Public Health Education (ARSOPHE). ARSOPHE is a chapter of the national organization. Its mission is to promote, encourage, and con-



Dr. Duston Morris
PhD, MS, CHES, CHC

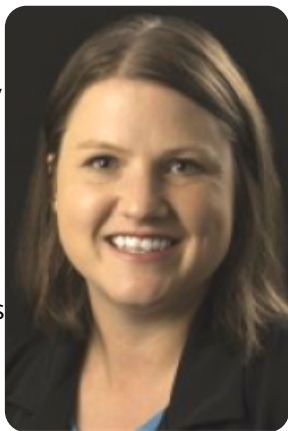
tribute to the advancement of health and to enhance the standards of professional practice.

Jeff Ward, UCA Sport Management Master's student, was accepted into the Sport Administration PhD program at the University of Louisville for Fall 2021. U of L is one of the top Sport Administration/Management programs in the country.



Achievements

Dr. Rachel Schichtl (right), Nutrition & Family Sciences, was named Outstanding Dietitian of the Year by the Arkansas Academy of Nutrition and Dietetics. This is a tremendous honor that recognizes her accomplishments and commitment to promoting lifelong nutrition for Arkansans. She and other recipients will be honored at an Awards Presentation during the Nutrition and Dietetics 2021 Virtual Conference & Exhibition.



Dr. Rachel Schichtl
PhD, RDN, CFCS, FAND

Dr. Kerry Jordan, School of Nursing, was invited to testify before the Arkansas State House Committee on Aging and the Senate Public Health Committee in February and March 2021. She testified for HB 1434 an Act to Establish the Alzheimer's and Dementia Advisory Council. This Bill passed both the House and Senate and was signed into law by Governor Hutchinson.

- Dr. Jordan was then asked to serve on the new Advisory Council. The council will study conditions impacting those with dementia and their caregivers, identify holes in care coverage, help implement the State Alzheimer's Disease Plan and make recommendations to the Legislature on related policy.

Communication Sciences & Disorders National Student Speech-Language-Hearing Association (NSSLHA) Chapter and their advisors, Bonnie Sutton and Lori Dial, achieved **Gold Chapter Honors** for the third year in a row. Gold Chapter Honors are awarded to outstanding affiliated NSSLHA chapters that support National NSSLHA's mission to inspire, empower, and support students in CSD programs.

The Nutrition & Family Sciences Didactic Program in Dietetics had a 91% match rate in the 2021 spring match.

Rachel Sanders and Chayla Rutledge, School Psychology doctoral students, were accepted into the Pediatric Psychology Fellowship Program at UAMS.

- The Fellowships will focus on diagnostic interviews, consultation, and brief interventions within outpatient medical subspecialty clinics; psychoeducational, developmental, neuropsychological, and behavioral assessment; outpatient psychotherapy; and inpatient hospital consultation-liaison. Training is limited to child and adolescent populations. Specialized populations include individuals with developmental disabilities and pediatric chronic illnesses.

Megan Hill, OTD Doctoral Capstone Student, was featured by Benton Sports & Recreation for her capstone project, Swimming Without Limits.

Dr. Melissa Allen, Physical Therapy, was appointed to serve on the Academy of Neurologic Physical Therapy's (ANPT) curricular competency task force. The purpose of this group is to develop consensus-based competencies for entry-level neuro PT education. The competencies will focus on knowledge, skills, and abilities that are unique to neurologic practice and delivery of services to clients' neurologic diagnoses.

Dr. Leah Lowe, Physical Therapy, was elected to a 3-yr term as Director-at-Large for the National Interprofessional Education Consortium (NIPEC) which is a recognized consortium of the American Council of Academic Physical Therapy.

Dr. Brittany Saviers, Occupational Therapy, successfully defended her dissertation: "Childhood Play as a Predictor for Development for Creative Potential in Adulthood: A Mixed Methods Study."

Achievements

Dr. John Murphy, Psychology & Counseling, has been appointed by the Arkansas Governor's Office to serve on an interdisciplinary statewide working group that will coordinate with similar groups from several states to generate best practices in providing equitable community/school-based child and family mental health services during and beyond COVID-19. These working groups were initiated by the National Governors Association Center for Best Practices in response to increased reports of fear, anxiety, trauma, isolation and stress during COVID-19, as well as growing public concern about economic instability and racial inequities.

Hershila Lailu, Occupational Therapy student, was accepted into the Summer Institute for Future Scientists program offered through the American Occupational Therapy Association and American Occupational Therapy Foundation. The program participants will have the opportunity to work with other student scientists, along with doctoral and postdoctoral mentors. In addition the participants will also be invited to attend the Virtual Occupational Therapy Summit of Scholars hosted by Colorado State University. The purpose of the Institute is threefold: (1) to identify potential scientists in entry-level education programs; (2) to connect potential entry-level scientists with mentors in the occupational therapy scientific community; and (3) to develop a peer network.



Lisa Ray, Drs. Stephanie Rose (left: top left) and Marlo Lowe (left: bottom right), Health Sciences, contributed to the BS in Addiction Studies Substance Abuse Counseling Degree being named #9 Best Value for Online Colleges for Return on Investment Ranking in 2021.

Additionally, the University of Central Arkansas has been ranked #10 among the Best Colleges/Universities for the Bachelor's Degree in Addiction Studies, Department of Health Sciences. This honor originated with The Addiction Counselor, San Diego, California.



Nutrition & Family Sciences received the rank of #23 on Best Bachelor's Degree Program in Nutrition by Study.com.



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Achievements

CHBS STUDENTS NAMED CAREER SERVICES MERIT FELLOWS:



Alexandra Laden
Ana Eads
Ashley Hall
Audrey McCalister
Bethany Russell
Brianna Higgins
Chelsea Tynes
Daniela Castillo
Desmond Hicks
Elizabeth Peterson
Esther Uzundu
Hannah Hunter
Hayden Arnold
Hollan Donham
Inu Bastola
Jessica Gangluff
Jordan Mashburn
Kaelyn Church
Kaitlyn Johnson
Kayla Hughes
Kenley Turner
Laura Peredo

Madison Pierce
Madison Powers
Maggie Carroll
Makayla Craiglow
Marcus Lewis
Mary McKay
McKenzie Reed
Morgan King
Priya Gopal
Quinley Roses
Rachel Mote
Raven Bland
Rebecca Corder
Roxanna Phifer
Ryan Yarde
Sarah Vaughan
Shelby Harper
Shennel Douglas
TeShuna Sheppard
Tiaira Jimerson
Trinh Ha
Trysten Davis
Yilan Deng

CLASS VIII

MAY & AUGUST
2021

Merit Fellows



*Congratulations
Bears!*



Career Services Merit Fellows are a group of prestigious graduates who completed career development designed to enhance professionalism, employer engagement, and educational experience. They all had a cumulative grade point average of 3.0 or higher and were distinguished by wearing a black and gold honor cord during the commencement ceremony. Join us in congratulating this class of hard-working and dedicated graduates!





Awards

Dr. Lori Mize, Physical Therapy, was selected to receive the **2020 Education Excellence Award** by the American Physical Therapy Association (APTA) Academy of Pelvic Health Physical Therapy. This award is given annually to a recipient who has embodied the vision and mission of the Academy and who has given tirelessly of his or her time and energy to advance high-quality education related to



Dr. Lori Mize
PT, DPT, WCS

pelvic and abdominal health physical therapy. The recipient demonstrates the values of service, leadership, excellence, and loyalty. Dr. Mize was recognized at the 2021 General Business Meeting of the Academy of Pelvic Health Physical Therapy during the Awards Ceremony on March 8, 2021.

Nutrition & Family Sciences students and faculty have recently received the followed awards:

- Monica Lieblong was awarded the **Peter J. Mehl Service-Learning Faculty Practitioner of the Year** for 2021.
- Mariandree Ramirez, BS in Nutrition Science major and Monica's student, was awarded the **2021 Spirit of Humanity Award** and said, "There is no better payment than to see the smile of the people you help."
- Mary Beth Groce, FCS BSE, 2014 UCA graduate, and Monica's FACS 3311 Service-Learning Partner also received the **2021 Community Partner of the Year**.

Dr. Femina Varghese, Psychology and Counseling, was awarded **Fellowship Status by the Society of Counseling Psychology**. This honor is given to those who have made a major contribution to the field of counseling psychology. As Dr. Mary O'Leary Wiley, president of the Society of Counseling Psychology, stated in her congratulatory letter to Dr. Varghese, "Your work has made a difference in our field and in the world." This recognition is particularly meaningful because, last year, Dr. Varghese received fellowship status from Division 18 of the American Psychological Association, the Division of Psychologists in Public Service.

"Award-winning nurse goes 'extra mile' for patient"

Suzanne Harris (right: middle), BSN graduate, is a nursing director at Conway Regional Health system. She was awarded the **DAISY (Diseases Attacking the Immune System) Award**, the top nursing care award at Conway Regional, for her efforts to help a former COVID-19 patient. When she found out the patient did not have a way home due to his wife being quarantined she dropped everything to bring him home, and even stopped by his pharmacy to pick up his prescriptions and further educated the patient and his wife on his current medical condition.



Suzanne Harris (middle) with Matt Troup (left) and Angie Longing (right)

Awards

Sabrina Gonzales (below, middle), Occupational Therapy Doctoral student, was named as the **2021 UCA Leadership in Service-Learning Award** Recipient. Each year UCA recognizes students for their outstanding contributions to a service-learning course, project, or partnership. Sabrina led a team of her classmates to fill in gaps in volunteers for the Thanksgiving and winter holidays with her partner organization, Russ Bus. Sabrina's efforts ensured that Russ Bus was able to provide heated campsites for homeless residents of Russellville this winter and redirect valuable staff time to provide ongoing services.



Sabrina (middle) pictured with President Davis and VP Dr. Poulter

Connie Awuku-Darkoh (left), an Exercise Science graduate and former women's soccer player, was selected as a recipient of the NCAA Ethnic Minority and Women's Enhancement Graduate Scholarship. This award is a \$10,000



Connie Awuku-Daroh

scholarship awarded to 13 ethnic minorities and 13 female former athletes who are in their first year of graduate studies in a career that provides direct service to intercollegiate athletics. Connie was also elected as president of the Florida A&M University Student Occupational Therapy Association.

Keiyanna Fisher, Health Administration graduate, was chosen as one of the three student award winners in the National Commission of Health Education Credentialing's National Infographic Competition for 2020.

Rebekah Luong (right), Nutrition & Family Sciences, was honored with the American Association of Family and Consumer Sciences (AAFCS) **New Achiever Award for 2021**.

The New Achiever Award was introduced as a part of the Association's 75th Anniversary observance in 1984 when it was established to identify and honor emerging family and consumer sciences professionals who have exhibited the potential to make significant contributions to the field through their involvement with AAFCS. The nomination process involves an extensive application, juried review, and ranking process.



Rebekah Luong
MS, CFCS

Rebekah was also awarded the **Outstanding Family & Consumer Sciences Educator of the Year Award** from the Arkansas Affiliate of the American Association of Family and Consumer Sciences at their annual State Conference.

Grants

The Arkansas Leadership Education in Neurodevelopmental Disabilities (AR LEND) Training Program has been renewed for a five-year cycle. **AR LEND is a multi-university \$3.5 million grant** that includes representation from UCA, UAMS, and U of A.

Dr. Janet Filer, Special Education Discipline Coordinator, is the primary investigator. The following CHBS Faculty represent UCA:

- Dr. Elizabeth Cleveland, Director of Interdisciplinary Training (Dept of Communication Sciences and Disorders)
- Dr. Tina Mankey, Occupational Therapy Discipline Coordinator
- Dr. Margaret McGee, Physical Therapy Discipline Coordinator
- Additionally as project lead, Dr. Cleveland received **\$15,000** from AR LEND to fund Leadership Education in Neurodevelopmental Disabilities (LEND)- Southern Regional Consortium Group Opportunity to Advance Learning (GOAL) that will fund trainees from Arkansas, Mississippi, and Oklahoma. Each trainee will experience the other states' clinical systems, Medicaid systems, etc. as they relate to people with disabilities.

The Delta Dental of Arkansas Foundation contributed **\$30,000** in grant funds to UCA's "Interprofessional Care to Impact Oral Health in Head Start Families" project. Dietetic Interns and Speech Pathology students will participate in this project as part of their coursework.

Dr. Duston Morris, Health Sciences, received a **\$5,000** USA Triathlon foundation grant. Dr. Morris and his colleague Annette Snedaker will be using the award towards the development of a children's book series that will address the physical, mental, social, and emotional health benefits of triathlon.

Two CHBS Departments received recruitment grants from the UCA Graduate School:



Dr. Alicia Landry
Ph.D., RDN, LDN, SNS

Drs. Alicia Landry and Nina Roofe, Nutrition & Family Sciences, received **\$1,000**. They partnered with the Munoz Pugh Marketing Firm to create two recruitment videos, one for the Master of Science in Nutrition program and the other for the Master of Science in Family & Consumer Sciences program. Both focused on sharing these programs with a wide audience.



Dr. Zack Damon
MBA, PhD

Dr. Zack Damon, Exercise & Sport Science, received **\$2,500**. The grant was used to market the Sport Management program on social media and on SportBusinessJournal's website. The campaigns are geared towards increasing awareness of the program and encouraging more applicants to the program.

Two undergraduate students received **Student Undergraduate Research Fellowship (SURF) Grants** from the Arkansas Division of Higher Education.

- Jordan Mashburn, senior Nursing student, and mentor, Dr. Kerry Jordan, will use the grant for her project entitled: "Effect of a Peer Dementia Training Program on Knowledge and Self-Efficacy of Nursing Assistants in a Nursing Home."
- Clarissa Armstrong, senior Exercise Science student, and mentor, Kim Eskola, will use the grant for her project entitled: "The Effects of Exercise on the Quality of Life of Cancer Patients." The project will be a 20-week exercise program for cancer patients using telemedicine.

Presentations

Dr. Kerry Jordan, School of Nursing, presented "Needs Assessment of Informal Caregivers of People with Dementia in Arkansas" at the Southern Gerontological Society Virtual Conference "Aging Better Together: Building an Inclusive Aging Community".

- Dr. Jordan also spoke as part of a Caregiver Panel at the Dementia and COVID-19 Conference hosted by the Alzheimer's Association.

Dr. Lorrie George-Paschal, Occupational Therapy, presented "In Pursuit of a Scholarship of Teaching and Learning (SoTL) Line of research: Find Your Inquiry Community" on the AOTA Education SIS Research Network Series.

- Dr. Paschal was also asked to speak about her experiences of participating and serving as a leader in the AOTA SoTL Institute and Mentoring Program. She will also speak to the differences between scholarly teaching and SoTL and benefits of an inquiry community when designing, completing, and disseminating SoTL research.

Drs. Duston Morris and Denise Demers, Health Sciences, presented at the Gulf South Summit 2021 Conference "Building (and Rebuilding) Healthier Communities." In collaboration with Camie Powell of Special Olympics Arkansas, they presented on the Unified Games event with the Special Olympics. The presentation was titled "Incorporating Inclusive Health Learning Strategies Through Service-Learning and Interprofessional Education."

Jordan Pyle (right), a Counseling Psychology doctoral student, presented a virtual presentation, "Self-Love and Self-Care Strategies" for the Oklahoma Women in Technology Board. The presentation focused primarily on self-care strategies during a pandemic.

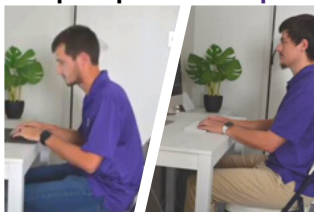


Jordan Pyle

Dr. Zack Damon, Exercise & Sport Science, participated in a poster presentation titled "Post-recession Decision-making Associated with Adding NCAA Division I Sports Programs" during the virtual College Sport Research Institute (CSRI) Conference.

Drs. Tina Mankey and Cathy Acre, Occupational Therapy, along with students Jill Bell, Jen Ozier, Becca Dodick, Carly Williams, Casey Garretson and Blake Solberg, partnered with the UCA BeWell program to debut two new resources that teach basic office ergonomics and desk exercises and stretches. The videos provide easy-to-follow tips for improving your comfort and preventing injury and chronic pain during your workday, either on campus or while telecommuting.

Improper Proper



Workplace Ergonomics
(left)

Desk Exercises and Stretches (below)



Dr. Kathryn Carroll, Nutrition & Family Sciences, presented "Exploring the Impact of Arkansas' Act 480 on the Financial Knowledge of College Students" at the American Council on Consumer Interests (ACCI) 2021 Annual Conference, Virtual via Zoom.

Dr. John Murphy, Psychology & Counseling, presented to various school-based mental health professionals from southeastern Asia. It was an interactive session, titled "Implementing Solution-Focused (SF) Counseling in Schools" where participants shared their hopes and experiences in the context of the SF counseling approach.



Presentations

Dr. Lorrie George-Paschal, Occupational Therapy, along with students Jackie Green, Taylor Harmon, Megan Hill, Alaina Poff, and Brittany Womack, presented a poster at The American Occupational Therapy Association (AOTA) 2021 virtual conference. "Assessing the Usability and Reliability of the Occupational Adaptation Practice Guide in an Adult Inpatient Rehabilitation Setting."

Drs. Deborah Gangluff, Occupational Therapy, and former UCA OT faculty Dr. LaVona Traywick, with students Kirsten Stiller, Olivia Karnes and Jiangyu Xiong also presented a poster at the AOTA conference. "A Critically Appraised Paper: Occupational Therapy and the Use of Music Tempo in the Treatment of the Mental Health Care User with Psychosis."

Dr. Elizabeth Cleveland, Communication Sciences & Disorders, and her student Bryce Fincher presented "Gene Therapy: Perceptions and Attitudes Among Adults and Parents of Those with Autism Spectrum Disorder" at the Annual Clinical Genetics Meeting.

Dr. Zack Damon, Exercise & Sport Science, was a panelist for the North American Society for Sport Management Student Engagement Initiative: The Power of Mentoring. He was one of four panelists, and one of two faculty mentors on the panel who have engaged in the faculty-doctoral student mentoring program during the past year. The panel detailed the benefits of mentoring and will serve as a recruitment tool for faculty mentors and student mentees to sign up for the program this upcoming year.

Mallori Kunkel, current School of Nursing RN to BSN student, was interviewed on "Inside look at Conway Regional Hospital COVID-19 floor" by FOX 16 news.

Dr. Kathryn Carroll, Nutrition & Family Sciences, presented "Barriers to Offering Client-Choice: Examining Arkansas Food Pantries" at the Joint 2021 Annual Conference of the: Association for the Study of Food and Society (ASFS); Agriculture, Food, and Human Values Society (AFHVS); Canadian Association for Food Studies (CAFS); the Society for the Anthropology of Food and Nutrition (SAFN), Virtual via Zoom.

Dr. Keitha Griffith, School of Nursing, presented research and a poster at the International Nursing Association for Clinical Simulation and Learning titled "Using an Asynchronous Open Source Platform for Leadership Education."

Dr. Darshon Reed, Psychology & Counseling, presented at the Eastern Psychological Association Annual Conference with other presidents-elect of regional Psychological Associations. The title of the session and panel discussion was "Equity, Diversity, & Inclusion in & through the Teaching of Psychology". Dr. Reed's presentation was titled "Are We Teaching Courses that Prepare and Develop Psychology Undergraduates to be Diversity Trained, Equity-minded, and Inclusive?" Dr. Reed discussed the focused diversity initiatives for enhancing diversity in the undergraduate curriculum and ways to assess diversity, equity, and inclusion programmatically.

Lisa McCoy, Monica Lieblong, Rebekah Luong, and Dr. Kathryn Carroll, Nutrition & Family Sciences, presented at the American Association of Family & Consumer Sciences virtual conference. The session, "Bringing International Diversity into FCS Instructional Resources", was a panel presentation of these faculty who teach Lifespan Development, Personal Finance, Resource Management, and Apparel sharing how they're intentionally incorporating diversity into their FCS courses. This includes incorporating inclusive pedagogy, curriculum selection, identifying community Service-Learning opportunities, guest speakers, & developing diverse case studies.

Dr. Kerry Jordan, School of Nursing, was interviewed by KARK about the new Arkansas law aimed at increasing support for Alzheimer's and dementia patients and caregivers. This is not only Dr. Jordan's area of research but is also a reality in her own life as she is the caregiver for her parents who both are dementia patients.

Presentations

Dr. Rachel Schichtl, Nutrition & Family Sciences, presented a poster titled "The Prevalence of Food Insecurity in Arkansas Universities that have a Family and Consumer Sciences Department" at the American Association of Family and Consumer Sciences Virtual Conference.

Dr. Laura Hall, School of Nursing, was invited to speak at an international webinar hosted by the King Faisal University, College of Applied Medical Sciences, Department of Nursing and Training Unit, Saudi Arabia. This was part of a global webinar series. The topic of the webinar was "Patient Safety and Quality Improvement for Nurses."



Dr. Laura Hall
DNP, RN, CNL

Dr. Stephanie Rose, Health Sciences, participated in a national podcast: Recover Yourself with MartinJon out of Chicago, Illinois. The title of the podcast was "Zero Tolerance: From Birth to Stigma." The podcast explored the negative effects of zero tolerance for persons struggling with addiction.

Haley Morton, Level IV nursing student, presented two posters: "The Effect of Exercise on Parkinson's Disease" at the Arkansas Nursing Research Conference, as well as "The Effect of Exercise on Parkinson's Disease" via zoom to the Arkansas Gerontological Society State Conference.

Dr. Zack Damon, Exercise & Sport Science, presented twice at the North American Society for Sport Management (NASSM) virtual conference. Both were live and drew international audiences. "Authenticity in Sport Organization Statements Towards Black Lives Matter and Social Justice" and "Sport Management Education in a Pandemic: Student Disparities and Faculty Strategies for Promoting Student Success during COVID-19."

Dr. Keitha Griffith, School of Nursing, presented a research poster at the Arkansas Nurse Research Conference titled: "Educating and Understanding Undergraduate Nursing Students' Moral Decision-Making."

Drs. Rachel Schichtl and Kathy Carroll, Nutrition & Family Sciences, and recent MS in FCS graduate, Carly Thilmony, presented a poster "A Thematic Analysis of the Challenges of Transitioning to a Client Choice Model Among Arkansas Food Pantries" at the American Association of Family & Consumer Sciences Virtual Conference.

Dr. Elizabeth Cleveland, Communication Sciences & Disorders, was invited to speak at the annual Arkansas Children in the Courts Conference. The title of her presentation was: "Why does it matter?"

Allison Susa, MS in Exercise Science alumnus, presented virtually an oral presentation titled "Effects of Standard and Underweight Baseballs on Thoracolumbar Contralateral Flexion and Ball Velocity in Youth Baseball Pitchers" at the virtual National Athletic Trainers' Association Clinical Symposia & AT Expo. Dr. Steve Tucker, Exercise & Sport Science, was a co-author of the presentation.

Dr. Tucker also co-authored two other presentations from the Expo:

- Relationships Between Hip, Thoracolumbar and Glenohumeral Ranges of Motion in Division I Collegiate Baseball Players.
- Strength and Range of Motion Differences at the Hip, Thoracolumbar, and Glenohumeral Joints Between Division I and Division III Baseball Players.

Publications

Dr. Thomas Lowder, Exercise & Sport Science, published an article in *Rheumatology* titled "Prevalence of Gastrointestinal, Cardiovascular, Autonomic and Allergic Manifestations in Hospitalized Patients with Ehlers-Danlos Syndrome: A Case-control Study."

Drs. Leah Lowe and Charlotte Yates, Physical Therapy, published an invited commentary on "Current Physical Therapy Practice in Norway for Children With Cerebral Palsy" in the *Journal of Pediatric Physical Therapy*.

Dr. Bill Lammers, Psychology & Counseling, along with students Christoni Key and Darian McCluskey, published an article titled "Big Five Personality Traits of Students, Perceived Traits of Instructors, and Student-Instructor Rapport" in the *Journal of Psychological Inquiry*.



Dr. Bill Lammers
PhD

Janet Fletcher, School of Nursing, published an article titled "Transitioning Newly Licensed Nurses Into Practice Through an Academic-Practice Partnership" in the journal *Nursing Education Perspectives*.

Dr. Mark Sestir, Psychology & Counseling, appeared in an article titled "These days, how can you hate Tom Brady? He's so likable!" on newsday.com regarding the psychology of Tom Brady hate.

Dr. Sandie Nadelson, School of Nursing published an article in the National Student Nurses' Association journal: *Imprint*. The title is "An Amber Alert? The Underserved in Rural Communities."

Dr. Christina Jeffrey, Psychology & Counseling, published an article titled "The Effects of an Online Psychoeducational Workshop to Decrease Anxiety and Increase Empowerment in Victims of Trolling and Cyberbullying" in the *Journal of Online Learning Research*.

Dr. Darshon Reed, Psychology & Counseling, along with students Kaitlyn Rupp, Danyelle Wells, and Amanda Martin, published an article titled "Incorporating Accountability and Coordination in Fitness Plans to Increase Goal Progress" in the *Journal of Psychological Inquiry*.

Nat Grubbs, a 1987 graduate of the Physical Therapy program, was highlighted in an issue of PBR News. The article described the comeback of Chase Outlaw, who in 2015 was the #9 ranked professional bull rider in the World Standings. After multiple shoulder injuries and surgeries, Chase is set to make his comeback guided by the skills of Nat who owns South Arkansas Rehabilitation in Monticello, AR.

"I wish I would have discovered Nat after my very first surgery I ever had. All around, he is the best therapist I ever had. Not taking nothing away from the other therapists and therapy places I have been to, but we had a connection, and we just lined it out. We can actually talk and discuss what I am feeling a lot better than I ever have before. It is good to have somebody like that."

-Chase Outlaw



Dr. Elizabeth Cleveland
PhD, CCC-SLP

Dr. Elizabeth Cleveland, Communication Sciences & Disorders, and students Makenzie Jordon, Abigail Moss, and Mary Yang, published an article titled "Student Corner: Students Committed to Excellence " in The National Black Association of Speech-Language and Hearing Newsletter : *Resound*. The article highlights the student representatives on the CSD Diversity, Equity, and Inclusion Committee.



Publications

Dr. JJ Mayo, Nutrition & Family Sciences, collaborated with five colleagues across the country to publish a comprehensive review on the use of creatine for exercise performance. Their article, "Creatine for Exercise and Sports Performance, with Recovery Considerations for Healthy Populations" was published in *Nutrients*. The abstract has already been viewed over 1000 times and the article has been downloaded more than 250 times in just a week from publication.

Dr. Mollie Price-Blackshear, Psychology & Counseling, published an article titled "Mindfulness and Intergroup Bias: A Systematic Review" in *Group Processes and Intergroup Relations*.

Dr. Mollie Price-Blackshear
PhD



Dr. Lori Mize, Physical Therapy, published an invited book review of Dr. Rebecca Stephenson's "Hurting Yet Whole-Reconciling Body and Spirit in Chronic Pain and Illness" (the "Work") in the *Journal of Women's Health Physical Therapy*.

Dr. Ken Sobel, Psychology & Counseling, with Dr. Amrita Puri from Biology, along with students Taylor Dague and Nickolas Paternoster, published an article titled "Set Size and Ensemble Perception of Numerical Value" in *Attention, Perception, & Psychophysics*.

Dr. Marc Sestir, Psychology & Counseling, published "New Statistics, Old Schools: An Overview of Current Introductory Undergraduate and Graduate Statistics Pedagogy Practices" in *Teaching of Psychology*.



Dr. Sandie Nadelson
PhD, RN, CHSE

Dr. Sandie Nadelson, School of Nursing, published an article titled "Using Research Review Articles to Answer Clinical Questions: A Guide to Finding and Evaluating Scholarly Work" in *JComp Nurs Res Care*.

Dr. Nadelson also contributed to the article "Teaching Emotional Regulation: K-12 Teachers' Perceptions and Practices Across the Curriculum" published in *Children and Teenagers*.

Drs. Stephanie Rose, Anita Sego, and Denise Demers, Health Sciences, and Samatha Christian published an article in *Advances in Social Science and Culture*, titled "Student Perceptions of COVID-19 on Mental Health and Academic Success: A Comparison Between University and Community College Students."

Dr. Pam Ashcraft, School of Nursing, partnered with a group of peers from the Southern Nursing Research Society (SNRS) and served as the lead author on a manuscript titled "Building a Culture of PhD and DNP Collaboration: An SNRS Position Paper" to influence a culture change in regard to nursing research to be published in *Research in Nursing and Health*.

Dr. Zack Damon, Exercise & Sport Science, authored a publication in the *Journal of Intercollegiate Sport* titled "Post-recession Decision-making Associated with Adding NCAA Division I Sports Programs."

Publications

Dr. Zack Damon, Exercise & Sport Science, published an article with coauthor Sloane Milstein. The article, titled "Practical Considerations for Adding Sports Programs Post-Covid" reaches Sport Management practitioners and athletic directors across the country and centers on the model we developed to help sport managers at the collegiate level navigate adding a sport during the current times.

Drs. Bill Bandy and Steve Forbush, Physical Therapy, published an article in the *Journal of Musculoskeletal Disorders and Treatment* titled "Validity of Using Cross-Sectional Area for Strength Assessment of the Supraspinatus Muscle during Diagonal Horizontal Adduction Testing with Measured Isometric Resistance Applied through Dynamometry."



Dr. Bill Bandy
PT, PhD, SCS, FAPTA



Dr. Steve Forbush
PT, PhD, OCS

Dr. Kevin Rowell, Psychology & Counseling, was interviewed by UCA counseling-psychology doctoral student Deven Dyer on the topic of "Disaster Mental Health" for the recent issue of the journal *Psychological Services*.

Dr. Anita Sego, Health Sciences, collaborated on an article recently published in *The International Journal of Research on Service-Learning and Community Engagement* titled, "Who's out there? Modeling Innovation in Juvenile Justice through a Campus-Community Partnership Case Study."



Dr. Anita Sego
PhD, MCHES



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