

SIGNS — Significant and Important Good News



UNIVERSITY OF
CENTRAL
ARKANSAS™

COLLEGE OF HEALTH &
BEHAVIORAL SCIENCES



June 2019



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A Message from the Dean

I am pleased to share another issue of Significant and Important Good News (SIGNs) from the College of Health and Behavioral Sciences. The many achievements of our students, faculty, and staff are highlighted for your enjoyment. Please take time to read about our Catherine Worthingham Fellow Award recipient and plans for our new Intergrated Health Sciences Building.

As always, thank you for your support.

Jimmy H. Ishee



The mission of the College of Health and Behavioral Sciences is the enhancement of the health and well-being of the public through the preparation of professionals, the development and advancement of knowledge, and service to its constituencies.



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Catherine Worthingham Fellow Award

Dr. Nancy Reese, professor and chairperson of the University of Central Arkansas Department of Physical Therapy, was recently named a 2019 recipient of the Catherine Worthingham Fellow Award by the American Physical Therapy Association (APTA). She was honored at APTA's NEXT 2019 Conference and Exposition in Chicago June 12-15.

UCA faculty responded to the news with many heartfelt congratulations, describing the award as "an awesome achievement," "well deserved" and an "incredible honor for an outstanding person."

"Dr. Reese is a recognized leader in APTA, having served as president and treasurer as well as chief delegate for the Arkansas Physical Therapy Association," said Dr. Bill Bandy, a professor in the UCA Department of Physical Therapy. "She has been a long-term member of the Education Section, the

Health Policy and Administration Section, the Neurology Section and the Private Practice Section. She served as treasurer of the Education Section and treasurer of the Academic Council of the APTA simultaneously, among her many other roles. Her leadership at UCA and in the APTA are exemplary. The fact that Dr. Reese is the first physical therapist in Arkansas to earn this honor is quite an achievement for her, as well as for UCA."

Reese is also a past president of the Arkansas Chapter of the APTA, and she currently serves on the board of the American Council of Academic Physical Therapy (ACAPT) as treasurer. She has been the chairperson of the UCA Department of Physical Therapy since 2004, a member of the faculty since 1986 and a member of the APTA since 1980.



Dr. Reese and family at the APTA Conference to accept her award

Her published works include numerous articles, book chapters and two textbooks, each in their third edition. The Catherine Worthingham Fellows of the American Physical Therapy Association, the association's highest membership category, serves as inspiration for all physical therapists to attain professional excellence. This honor is eligible to American Physical Therapy Association members or life-member physical therapists who have demonstrated unwavering efforts to advance the physical therapy profession for more than 15 years, prior to the time of nomination.

For more information, contact Amanda Hoelzeman at (501) 852-2659 or ahoelzeman@uca.edu.

SIGNS Building to Open 2021

As our college's academic excellence continues to grow, so has our need for a new cutting-edge facility. To address this need, a new Integrated Health Sciences Building has been approved and will begin construction in August. This building will open in the fall of 2021 and will be home to the School of Nursing and the Department of Communication Sciences and Disorders, and it will allow us to grow the size of our nursing program immediately and have the potential for growth for the entire college moving forward.

The 80,000 square-foot four-story Integrated Health Sciences Building, to be located at Western and Bruce streets, will allow us to better facilitate interprofessional teaching experiences, research and health care services. This means students will be provided with clinical and simulation experiences that require collaboration with all majors in the college. "The first floor will be an interprofessional clinic where all of these students can be educated in an environment where they're working alongside each other instead of independently," Dean Ishee said. "We're trying to create that environment here at UCA where those health care professionals are educated in an environment that they'll be working in when they actually go out into the health care arena." The third floor of the building will house the Nabholz Center for Healthcare Simulation. This lab will feature state-of-the-art equipment to provide a lifelike experience for students. The other two floors will have office space for faculty and staff and classrooms.

UCA's Board of Trustees agreed to issue \$37.7 million in bonds to fund the building, but there is also a fundraising campaign underway for an additional \$5 million. We are honoring gifts to the building by naming specific spaces. These named spaces will remain for the life of the building.

For more information about giving to the building project, contact our Director of Development, Maegan Dyson.
mdyson@uca.edu
501-499-4674



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***New Integrated Health Sciences
Building Opening 2021***

- Communication Sciences & Disorders
- Exercise & Sport Science
- Family & Consumer Sciences
- Health Sciences
- Military Science & Leadership
- Nursing
- Occupational Therapy
- Physical Therapy
- Psychology & Counseling



SIGNS

Meet Maegan

My name is Maegan Dyson and I am the Director of Development for the College of Health and Behavioral Sciences. My role at UCA is to support the college by connecting alumni back to their prospective area and to fundraise for the college’s needs. A top priority on my plate right now is raising money to support the new Integrated Health Sciences Building. But I am also working to grow our private scholarships and increase support for our programs, faculty resources and other funds that directly impact any department within the college or the college as a whole.

Dean Ishee and I have spent the last 6-8 months working to build a successful advisory board for the college and we are excited to report that the charter members of this group met in May for the first time. They are an incredible group of alumni and friends of the University and together we are planning an even better than ever year for the College of Health and Behavioral Sciences. For more information on how to get involved with the college by giving your time or your financial resources, please feel free to reach out to me!

Maegan Dyson
Director of Development, CHBS
mdyson@uca.edu 501-499-4674

Integrated Health Sciences Namings:

- Dean’s Suite-* Dr. Neil Hattlestad
- Dean’s Conference Room-* Dr. Jimmy H. Ishee
- School of Nursing Director’s Office-* Drs. Barbara and Brad Williams
- Communication Sciences and Disorders Department Chair Office-* Dr. Elaine McNiece
- Simulation Classroom-* Dr. and Mrs. James Penney, III
- Student Lounge-* Drs. Mike and Pam Ashcraft
- Interprofessional Teaching Clinic Audio Suite-* Karen and Curtis Barnett

Scholarships:

- Elizabeth Blankenship Family Nursing Scholarship-* Liz Blankenship

Renovations/ Programming:

- Mary Ann’s Room, Active Learning Classroom for Family & Consumer Science-* in honor of Mary Ann Hiegel



Maegan Dyson
Director of Development, CHBS

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Achievements

Dr. Brent Gregg, Communication Sciences & Disorders, was asked to serve as an expert for the International Stuttering Awareness Day for the 4th time.

Dr. Pamela Ashcraft, Nursing, was asked to serve on the Arkansas Genetics Health Advisory Committee. This advisory group, made up of health care professionals from across the state, meets quarterly under the direction of Dr. G. Bradley Schafer, Founding Director, Division of Medical Genetics University of Arkansas for Medical Sciences.

Ashcraft was also accepted into the National League for Nursing Leadership Institute. A total of 56 nurse educators from across the country are selected, through competitive application, to participate in this year-long professional development program. During the program, a cohort of peers examines organizational systems and leadership processes focusing on strategic planning, building high performing teams, budgeting, and developing a personal career plan to advance in organizational leadership.

Ms. Mary Yang, a UCA Communication Sciences & Disorders undergraduate senior, was selected to participate in the American Speech-Language-Hearing Association's Minority Student Leadership Program class. She was one of 40 students selected from 191 applicants from across the US.

Jacob Baker, Nursing, was recognized by Kaila Searcy, Level 2 nursing student and senior softball player, on Senior Faculty/Staff Appreciation night.

Ollivander Aloysius Smith, better known around campus as "Ollie," is a 1-year-old Rough Collie and a therapy dog in training. He will take his qualifying test with Therapy Dogs International in the summer of 2019. Ollie will serve as a member of the UCA Athletic Training Staff by providing stress and anxiety relief to



Ollie, working alongside UCA Athletic Trainer Breanna Richards, MS, LAT, ATC

student athletes dealing with pain, injuries, or mental health issues. He will also serve in the central Arkansas community through various schools, hospitals, and organizations. Ollie can frequently be found in the EXSS classrooms, Athletic Training Clinics, and UCA athletic facilities. He is the first known therapy dog being used in collegiate athletics in the state of Arkansas.

Dr. Chad Lairamore, Physical Therapy, was appointed to the Programming Committee, a Regional Conference sub-committee for the American Interprofessional Health Collaborative. He was also re-appointed by the Federation of State Boards of Physical Therapy (FSBPT) to serve another 3-year term as Co-Chair of the FSBPT Examination Committee. This committee oversees development of the National Physical Therapy Examination.

Mrs. Jennifer Whitehead, Family & Consumer Sciences, was a Co-Chair for the Southwest Regional Interior Design Educators Council Conference in Little Rock, AR. The conference theme was "Design Thinking: Illuminate, Collaborate, Evaluate, Innovate."



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Dr. Rock Lee, Exercise & Sport Science, designed a new test that measures attention, concentration, memory, information processing, and reaction time. Dr. Lee says this helps determine if a player is ready to compete or sit out to recover. Lee designed the Concussion Management Program to provide evidence-based diagnosis and treatment options for people with a concussion.

Drs. Heather Martens and Joan Simon, Psychology & Counseling, announced a new partnership between North Little Rock Middle School (6th grade building), with Mr. Michael Clark (NLR-MS 6th administrator) and Erika Connelly (School Psychology Specialist supervisor), and the UCA School Psychology program. The partnership was created to provide 2nd-and 3rd-year school psychology students with more systems-change experience in the schools and to support a single school in its efforts toward data-driven systems change. It is expected that the partnership will last three years and will result in improved academic, social-emotional, and behavioral outcomes for hundreds of students who will be served by UCA's school psychology students.

Mrs. Brittany Saviers, Occupational Therapy, was accepted for a Research Fellowship at the Strong National Museum of Play in Rochester, New York. This will serve as part of her research residency requirements for her PhD from Nova Southeastern University. She was also selected by the American Occupational Therapy Political Action Committee Board of Directors to serve as a member of the Circle of Advisors.

Ms. Jaimi Allen, Health Sciences, was chosen by the Arkansas Public Health Association to represent UCA as a judge for their "What Does Public Health Mean To You?" video contest. She also was selected as a manuscript reviewer by the American Journal Of Men's Health, an open access, peer-reviewed journal focusing on innovative information regarding men's health.

Family & Consumer Sciences announced that the SR Education Group, an education research publisher founded in 2004, ranked the Master of Science in Nutrition at the University of Central Arkansas #1 in the 2019 Most Affordable Online Colleges.

The SR Education Group also ranked the Master of Science in Nursing from the School of Nursing at the University of Central Arkansas #18 in the 2019 Most Affordable Online Colleges.

The UCA School of Nursing was happy to report 48 students confirmed for Spring 2019 semester. The department set a goal of 50 students in the online RN to BSN program by the 2019-2020 academic year.

Dr. Alicia Landry, Family & Consumer Sciences, was invited to participate in a working group composed of 10 selected experts in the field from across the country for the School Nutrition Association. The group convened in Washington, D.C., to write a workforce development grant focused on training, recruiting, and retaining school nutrition professionals.



Physical Therapy is pleased to announce that the student review website "Graduate Program" shared that of the top five schools highly recommended by recent graduate Physical Therapy students, University of Central Arkansas is #3 with 4.7 stars.

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Mrs. Brittany Saviers and six 2nd-year Occupational Therapy Doctoral students: Christina Bowen, Tenley DeLong, Alix Dyer, Macie Johnson, Emma Kinsey, and Samantha Oates, joined over 500 of their colleagues to advocate for occupational therapy on Capitol Hill on Oct. 21st. They advocated for issues influencing OT and healthcare, such as more robust funding for the Individuals with Disabilities Education Act and the role of OT as a non-pharmacological alternative to pain management in the opioid crisis. They met with both AR Senators and all four State Representatives from the state's congressional districts.



Dr. Nina Roofe, Family & Consumer Sciences, passed the Nutrition and Wellness Educator exam through the American Association of Family and Consumer Sciences. The Certified Nutrition and Wellness Educator designates competence to perform the services required of nutrition and wellness educators. She was also elected to serve on the board of the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics and she was elected VP of Council of Administrators of Family and Consumer Sciences.

Ms. Veda Charlton and Ms. Bogoslavsky, Psychology & Counseling, were recently recognized by members of the UCA Volleyball Team (Bailey Waddington and Amanda Beaton for Ms. Charlton, and Amari Mitchell for Ms. Bogoslavsky). Thanks for making a difference in these students' lives.

Ms. Kim Eskola, Exercise & Sport Science, was voted into the position of VP for Sports Management of the Arkansas Association for Health, Physical Education, Recreation, & Dance at its recent convention in Conway, AR.

Mr. Sean Engle, Exercise & Sport Science, was voted President-Elect of the Arkansas Association for Health, Physical Education, Recreation & Dance at its recent convention in Conway, AR.

Dr. Kathryn Carroll, Family & Consumer Sciences, was selected to be a participant in the 2019 American Association of Family and Consumer Sciences Leadership Academy. She is one of only 12 selected nationwide. This is a multi-year program that kicked off June 22-23, 2019, in St. Louis, MO. She was also appointed to the Board of Directors for Arkansas Asset Builders. This not-for-profit group will allow her to incorporate service learning into the Advanced Personal Finance course.

Dr. Veronica Rowe, Occupational Therapy, was selected and completed work as a research reviewer for the National Center for Injury Prevention and Control "Special Emphasis Panel", and to review grant applications for Injury Control Research Centers. Sponsored by the Center for Disease Control and Prevention in Atlanta, GA.

Ms. Lauren Petrisin, first-year Physical Therapy Doctoral student, was chosen to serve on the nationally appointed Student Leadership Subgroup of the American Council of Academic Physical Therapy.



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The School of Nursing was ranked #51 on the list of Best Nursing Schools in the Eastern Region. To determine the rankings, Nurse Journal evaluated 1,189 schools and selected 20 metrics, sorting them into five categories: quality, affordability, convenience, satisfaction, and value.

Dr. Sandie Nadelson, Nursing, was nominated and accepted a position on the American Red Cross Greater Arkansas Board. In December, Dr. Nadelson was awarded the title of "Certified Healthcare Educator" through the Society of Simulation in Healthcare. She has also applied for the next level of certification, "Certified Healthcare Educator Advanced." The application and supporting documents are under review through the peer review process.

Dr. Nadelson was featured in the **Log Cabin Democrat** for her work with students at Springhill Elementary in Greenbrier as a part of the Arkansas Master Gardening Program.

<https://www.thecabin.net/news/20190504/garden-project-teaches-students>

Ms. Whitnee Mendenhall, Level IV Community Health nursing student, received huge praise from the school nurses at Little Rock School District. Her instructors, Mrs. Annette Gartman and Dr. Laura Gillis, received an email praising and complimenting Whitnee for her top-notch skills and excellent work ethic.

Dr. Duston Morris, Health Sciences, an Ambassador for the National Commission for Health Education Credentialing (NCHEC), was highlighted for his work assisting UCA students with credentialing in the winter edition of the NCHEC Newsletter. Dr. Morris and Dr. Anita Sego were chosen to represent UCA as NCHEC Ambassadors.

The University of Central Arkansas' RN to BSN program was ranked #18 of the Top 25 Most Affordable Online Programs by Nursing School Hub. Nursing School Hub is dedicated to providing working nurses and prospective nursing students with the most current and useful information.

Dr. Leah Wood, Nursing, was selected as a participant in the National League for Nursing (NLN) Scholarly Writing Retreat, sponsored by the NLN Chamberlain Center, which took place at the NLN Headquarters in Washington, D.C. Fifteen applicants were selected on a competitive basis from across the nation. Dr. Wood, under the guidance of Dr. Marilyn Oermann, used the research from her doctoral program to develop a manuscript for publication.

Dr. Darshon Anderson, Psychology & Counseling, was re-elected to the Executive Council of the Southwestern Psychological Association. She serves as one of four Professional Representatives on the Council. She also was selected to attend a workshop intended to improve competitiveness among submissions to the National Science Foundation Scholarships in Science, Technology, Engineering and Mathematics (S-STEM) program. The two-day, all-expense paid workshop seeks to improve the competitiveness of submissions to the National Science Foundation Scholarships in Science, Technology, Engineering, and Mathematics program from predominantly undergraduate institutions. Titled "Capacity Building for Competitive S-STEM Proposals" the workshop will be held at Rice University in Houston, Texas.

Dr. Dong Xie, Psychology & Counseling, was elected to be the next President of the Association of Chinese Helping Professionals and Psychologists International and will serve his term from 2020 to 2022.

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Dr. Lori Mize, Physical Therapy, co-chaired an international panel representing the U.S., Japan, Chile, Nigeria, and Ethiopia at the World Confederation of Physical Therapy meeting in Geneva, Switzerland.

The Master of Science in Nursing - Nurse Educator with Clinical Specialty program at University of Central Arkansas was featured #17 in the 2019 national online college rankings, which use a combination of manually researched tuition and accreditation.

The Doctor of Physical Therapy program has been named one of the top DPT programs in the South. <https://www.healthgrad.com/physical-health/top-picks-for-the-best-dpt-programs-by-region/>

Dr. Asher Flynn, a 2016 graduate with a MS in Exercise Science, successfully completed his PhD at East Tennessee State University. He has accepted an assistant professor position at Lincoln Memorial University in Harrogate, Tennessee. His wife Tasha, a 2014 graduate, has also accepted a position at Lincoln Memorial University as a soccer coach.

Hilary Downey, Family & Consumer Sciences, was appointed to the position of Chair, and Alyssa Frisby was appointed as a member of the Academy of Nutrition and Dietetics Student Advisory Committee. This is a national appointment which will afford both the opportunity to attend the Food & Nutrition Conference & Expo in Philadelphia. Hilary and Alyssa are undergraduate nutrition majors.

Mr. Aaron Smith, Exercise & Sport Science, had an interview with **National Athletic Trainers Association News** published in May about the use of therapy dogs by sports psychologists and athletic trainers.

The Exercise & Sport Science Exercise Science Club sponsored the First Annual “Hauling Eggs 5k Fun Run and Yoga Event” on April 13, 2019. The club raised \$1,500 that will provide financial assistance for students to attend a national conference later this year.



Yoga instructor leads group in Tree Pose

Lisa Ray, Health Sciences, was named a Friend of the UALR School of Social Work at a special luncheon in Little Rock.

Mr. Chris Coover, recent Athletic Training program graduate in Exercise & Sport Science, was featured in 501 Life Magazine’s May Issue.

Dr. Anita Segó, Health Sciences, was chosen as one of the mentors for the Student Workshop “Who’s Who in Health Education: Networking and Celebrities in the Field” at the National Society of Public Health Education Conference held in Salt Lake City, Utah.

Dr. Julie Meaux, Nursing, was selected by Sigma Theta Tau International Honor Society of Nursing as a Scholar for the third cohort of the Experienced Nurse Faculty Leadership Academy. The Center for Excellence in Nursing Education administers the academy mentoring program thanks to a grant from Chamberlain University College of Nursing.



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Awards

Clifton Adamson, a School Psychology doctoral student, has been awarded the Diversity Graduate Travel Award from the Society of Personality and Social Psychology. He was selected from 150 applicants, and the award includes a \$500 stipend.

Dr. Darshon Anderson, Psychology & Counseling, received the Minority Access National Role Model Award from the Minority Access Organization. Dr. Anderson was recognized with VIP status and special recognition throughout the Nineteenth National Role Models Conference in National Harbor, MD.

Tim Wilson, a 2018 Doctor of Physical Therapy Graduate, received the award for Outstanding Student Clinician.

Lilee Cummins, 2nd year Mental Health Counseling student, received the Anne Thomas Scholarship Award from the Arkansas Mental Health Counseling Association.

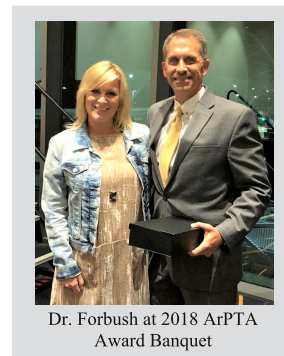
Dr. Lorrie George-Paschal, Occupational Therapy, received Deliver Hope's Dare to Dream Award for her commitment to mentoring adolescents in the Faulkner County Juvenile Drug Court at the Deliver Hope's Banquet.

Dr. Kerry Jordan (below), Nursing, received the Arkansas Gerontological Society Fellow award at the Spring conference at the University of Arkansas at Little Rock.



Dr. Kerry Jordan (left) accepts AGS Fellow Award

Dr. Steve Forbush (right), Physical Therapy, received the Distinguished Service Award from the Arkansas Physical Therapy Association at their annual meeting.



Dr. Forbush at 2018 ArPTA Award Banquet

Dr. John Murphy, Psychology & Counseling, was named an 'Admired Scholar' by the Society for Personality and Social Psychology, an international organization that recognizes professionals whose writings pertaining to cultural diversity and social justice have influenced graduate students from underrepresented groups.

Ms. Hannah Branton, Health Education major in Health Sciences, won second place in the Fall 2018 National Infographic Competition sponsored by the National Commission for Health Education Credentialing. Her entry was selected by the NCHCEC Marketing Committee in the student/non-certified category.

The Health Sciences 2019 Case Study Team came in Second Place in the National Society for Public Health Education Case Study Competition. Congratulations to Hannah Branton, Shannon Grisham, and August Patrick.

Family & Consumer Sciences students were awarded the following scholarships:

Nikki Lockard awarded the Margaret Jerome Sampson Scholarship from Phi Upsilon Omicron in the amount of \$5750.00. Selena Garcia awarded the Diamond Anniversary Fellowship in the amount of \$1200. Holly Cummings awarded the Forthun/Rust Scholarship in the amount of \$1750. Avanlea Furr awarded the Sarah Pearce Sanders Scholarship in the amount of \$1550.

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Grants

Dr. Duston Morris, Health Sciences, was awarded \$10,000 from the University of Arkansas Pine Bluff Minority Research Center to address vaping and electronic cigarette use among college students. Dr. Morris and LEAD PhD student Emily Harris will explore perceptions and e-cig use among UCA students using social marketing and the Health Belief Model.

Dr. Charlotte Yates, Physical Therapy, was awarded a \$25,000 grant from the National Institutes of Health through the UAMS Center for Translational Neuroscience for her project entitled "Assessment for concussion management in the high school athlete."

Dr. Sandie Nadelson, Nursing, was awarded a faculty development grant from the Center for Teaching Excellence to assist covering expenses associated with attending the American Men in Nursing conference in Milwaukee, Wisconsin.

Dr. John Murphy, Psychology & Counseling, received a Faculty Development Grant from the Center for Teaching Excellence for \$750 to participate in the 2018 Solution-Focused Brief Therapy Association Annual Conference in Boulder, Colorado. He was also awarded a summer stipend to assist in completing the fourth edition of Solution-Focused Counseling in Schools to be published by the American Counseling Association.

Dr. Nina Roofe, Family & Consumer Sciences, received a Faculty Development Grant from the Center for Teaching Excellence for \$750 to host a book club in the FACS Department on McKeachie's Teaching Tips: Strategies, Research, and Theory for College and University Teachers.

Dr. Veronica Rowe, Occupational Therapy, was granted a sub-award of \$104,075 from August 2018 through July 2022, as a co-investigator for a national, multi-center, clinical trial, "TRANScranial direct current stimulation for POst-stroke motor Recovery - a phase II study (TRANSPORT 2)" funded by the NIH StrokeNet Clinical Trials and Biomarker Studies for Stroke Treatment, Recovery, and Prevention (U01). She will be responsible for standardizing all evaluators and maintaining ongoing reliability for the Fugl-Meyer Upper Extremity (FM-UE), Wolf Motor Function Test, and the Stroke Impact Scale, and adjudicating all scores of the FM-UE as the primary outcome measure.

Dr. Femina Varghese, Psychology & Counseling, received a sub-award from UAMS as part of a \$350,000 grant from the Robert Wood Johnson Foundation, for "Regional Expansion of Treatment for Addiction in Corrections via Tele-Health: Project REACH."

Dr. Kerry Jordan, Nursing, was awarded \$3,225 in University Research Council grant funding to help finance the ongoing study entitled "Needs Assessment of Informal Caregivers of People with Dementia in Arkansas." Other members on the research team include Traci Elliff, Nursing; Duston Morris, Health Sciences; Lavona Traywick, OT; Anna Park, Psychology; Deborah Dailey, Education; Rachel Basham, Nursing Honors Student; Sara Chavis, Nursing Honors Student; Shelby Holmes, Psychology student & Nursing GA; Rachel Parsons, CRHS Social Work.

Dr. Maysoon Biller, Communication Sciences & Disorders, successfully submitted a grant application to the University Research Council for "Lexical Acquisition and Phonological Development of Minimally Verbal Children with Autism Spectrum Disorder."



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Dr. Kevin Garrison, Physical Therapy, has received a sub-award of a larger grant that a team working at the VA received of \$969,606 titled “Neuromodulation for Exercise Adherence in Older Veterans” from the Rehabilitation Research & Development Merit Research Grant, which will run from 2018-2022.

Dr. Marc Sestir, Psychology & Counseling, and external partners received a grant of \$4,558.60 from the American Psychological Society Fund for Teaching and Public Understanding of Psychological Science for their proposal: "New Statistics, New Students, Old Schools: Identifying and Narrowing the Gap Between Undergraduate and Graduate Statistics Pedagogy Practices.”

Ms. Myra Grantham, Drs. Stacy Harris and Leah Wood, Nursing, were awarded a \$1,000 grant from the Faculty Development Committee through the Center for Teaching Excellence. These funds were utilized to strengthen teaching effectiveness of Intra-articular Joint Injection/Aspiration and Trigger Point Injection Training for faculty.

Dr. Zack Damon, Exercise & Sport Science, was awarded the Janet B. Parks Research Grant in the amount of \$2,382 from the North American Society for Sport Management for a study entitled “A Mixed Methods Approach to Forming a Conceptual Framework of Follower Leadership Development.”

Psychology faculty received two Faculty Development Grants:

Dr. Darshon Anderson - "Enhancing Teaching Strategies through Conference Workshops"

Dr. Shawn Charlton, Ms. Veda Charlton, and Ms. Shannon Riedmueller - "The Psychology Major from the Classroom to the Workforce - Do We Bridge the Gap for the Majority of Our Graduates? (Hint: No).”

Presentations

Dr. Duston Morris, Health Sciences, collaborated with external partners on a youth triathlon initiative that included a presentation titled “Creating Resilient Youth Through Triathlon, A College Campus Pilot Study” at the American Camping Association Conference.

Clifton Adamson, a School Psychology Doctoral student, presented at the Society for Personality and Social Psychology conference in Portland, Oregon.

Adamson, C. W., Tennial, R. E., (2019) Gay Perception of LGB Sexual Identity and Heteronormative Influence.

Dr. Brent Gregg, Communication Sciences & Disorders, presented at the American Speech-Language-Hearing Association:

Gregg, B.A. (2018). Building Undergraduate Research Opportunities in CSD: One Program's Path at the American Speech-Language-Hearing Association Convention. Boston, MA.

Dr. Brent Gregg and Ashlyn Thompson, Communication Sciences & Disorders presented:

Thomason, A., & Gregg, B.A. (2018). The Effect of premotor tDCS on the fluency of adults who stutter during choral reading.

Dr. Marc Sestir, Psychology & Counseling, coauthored a presentation:

Peszka, J., Sestir, M.A., Kennedy, L.A., & Mastin, D.F. (2018, June). A population comparison of active and passive bedtime social technology use. Poster session presented at the Associated Professional Sleep Societies (SLEEP) Conference, Baltimore, MD.

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Ms. Lisa Engel, a Nursing doctoral student, presented at the annual meeting of the Southern Regional Education Board Council on Collegiate Education for Nursing. The presentation was titled “A Multi-Case Leadership Simulation to Aid in Transition to Practice.”

Dr. Thomas Lowder, Exercise & Sport Science, presented a poster during the Pulmonary Medicine: Basic Biology and Novel Therapies session at the Pittsburgh International Lung Conference in Pittsburgh, PA. The poster was entitled “Of Mice and Women: The Positive Impact of Exercise on Enhancing Pulmonary Function in Four Models of Disease.”

Dr. Dong Xie, Psychology & Counseling, made several presentations:

APA Conference – Xie, D. (2018 August) Training professional Chinese counselors: Challenges and strategies. Poster at American Psychological Association Convention in San Francisco, CA

Xie, D. (2018 May) Motivational interviewing. Workshop presented at Counseling Center, Suzhou, Jiangsu Province, China

Xie, D. (2018 June) Fundamental skills in counseling and counseling relationship. Workshop at Hubei Oriental Insight Mental Health Institution, Wuhan, Hubei Province, China

Xie, D. (2018 June) Development and advancement of counseling profession in the United States. Lecture presented at College of Childhood Development and Education, China Women’s University, Beijing, China

Xie, D. (2018 June) Core competencies of professional Counselor. Workshop presented at Counselor Professional Skills Training Center of Nanchang University, Nanchang, Jiangxi province, China

Fan Ding, a Counseling Psychology doctoral student, coauthored a presentation at the Arkansas Psychological Association conference in Little Rock. Co-authors included Dr. Yang from ECNU, Dr. Xie of UCA Psychology & Counseling, and Megan Hammond, an undergraduate student from Hendrix College. This was one of the two graduate papers selected for presentation at the conference.

Fan, D., Yang, A., Xie, D., & Hammond, M. (2018, October). Positive and negative perfectionism and procrastination: A structural equation modeling analysis of self-efficacy and anxiety as mediators. Paper presented at the 2018 Arkansas Psychological Association Convention, Little Rock, Arkansas.

Dr. Joan Simon, Psychology & Counseling, and several of her students made the following presentations at Arkansas School Psychology Association in Conway, AR:

Owen, Carley, & Simon, Joan (September, 2018). Writing the ABC’s: A letter-formation intervention.

Adamson, Clifton, & Simon, Joan (September 2018). Letter Identification intervention with motivation.

Rutledge, Chayla, & Simon, Joan (September 2018). Word Sprint intervention: Word fluency intervention for elementary age students.

Dr. Steve Tucker, Exercise & Sport Science, spoke at the Illinois Athletic Trainers Association’s Annual Meeting & State Symposium in East Peoria, IL. He presented a lecture entitled “Closing the Chain on Shoulder Injuries in Overhead Athletes.”

Dr. Leah Wood, Nursing, presented a poster at the Memphis Nurse Educator Institute in Memphis, TN. The title of the poster is “Safety in Prescribing Opioid Medications for Adults: Development of a Quality Improvement Protocol for Advanced Practice Providers.”



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Drs. Anita Segó and Denise Demers, Health Sciences, presented "People First-The Importance of Language Choices in Sexuality & Health Education Materials" at the National Society of Public Health Education Conference held in Salt Lake City, UT.

Dr. Zack Damon, Exercise & Sport Science, authored a presentation titled "An Introduction and Guide to Using the Sociogram as a Data Collection Method to Examine Leadership and Follower Development in Sport Management" at the Sport Management Association of Australia and New Zealand Conference in Adelaide, Australia. International scholars in sport management from around the world attended the conference.

Dr. Damon also presented two podium presentations at the Global Sport Business Association's Annual Conference February 28 - March 4, 2019.

Damon, Z.J., & Pickett, A.C., (2019). An investigation into how sport leaders view their leadership role in shaping diverse and inclusive strategy.

Damon, Z.J., & Welty Peachey, J. (2019). Year two of a longitudinal study: Examining follower leadership development among NCAA student athletes.

Additionally Dr. Damon did a podcast interview in May 2019 that focused on his leadership in sport research, teaching, lifting, and general life advice.

<http://barbellsboltsandbourbon.libsyn.com/take-pride-in-yourself-zack-damon-mba-phd>

Dr. Kerry Jordan, Nursing, spoke at the Little Rock Senior Networking Group Lunch and Learn. Her presentation entitled "Caregiver Burden in Caring for People with Dementia" was attended by professional entrepreneurs and care providers from around the state. She also presented at the Arkansas Gerontological Society Annual Conference "Aging on the Upside" in Little Rock, AR. The title of her presentation was "The Upside of Caring for People with Dementia."

Dr. Jordan also presented "Assessment of Informal Caregivers of People with Dementia in Arkansas" at the 2019 Biennial Conference of the Canadian

Gerontological Nurses Association and the Alberta Gerontological Nurses Association.

Dr. Lora Adair, Psychology & Counseling, participated as an expert panelist for Science Wednesday (hosted by the Society of Physics Students at UCA). The program was entitled "The Science of Identity."

Dr. Tina Mankey, Occupational Therapy, made presentations at Occupational Therapy Practice:

Majeski, K., Hollenbeck, J., Berg, L., Spence, A., Mankey, T., Carroll, T., & Rudd, L. (2019). Evaluation of student preparation for postsecondary transition: An opportunity to demonstrate occupational therapy's distinct value. Occupational Therapy Practice, American Occupational Therapy Association, Bethesda, Maryland.

Trujillo, C., Mankey, T., & Carroll, T. (2019). State transition efforts: Advocacy in three states. Occupational Therapy Practice, American Occupational Therapy Association, Bethesda, Maryland.

Dr. LaVona Traywick and Ms. Brittany Saviers, Occupational Therapy, presented at the Gulf South Summit:

Traywick, L., Saviers, B., Graybeal, L, Atkins, K., Brown, A., Cain, D. (April 2019). Bears for CARE: A service-learning respite care model for preparing future professionals. Poster presentation at the Gulf South Summit, Huntsville, TX.

Dr. Lori Mize, Physical Therapy, was part of a four-person panel that presented "Service Learning: From Origin to Implementation," at the Combined Sections Meeting of the American Physical Therapy Association in Washington, D.C.

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Drs. Heather Martens and Joan Simon, Psychology & Counseling, presented a poster at the Trainers of School Psychologists meeting.

Simon, J. B., & Martens, H. (2019, February). School psychology practicum training: Designed for tomorrow and beyond. Poster presented at the meeting of the Trainers of School Psychology, Atlanta, GA.

Dr. John Murphy, Psychology & Counseling, was interviewed about his clinical work, research, and writings on solution-focused brief therapy as part of the popular international podcast series, Solution-Focused on Tour, hosted by European practitioners Elfie Czerny and Dominik Godat. They also visited Dr. Murphy's Psychoeducational Interventions II class while in Conway.

Murphy, J. J. (2019, March). Solution-focused helping: Practical ways to help people change with dignity. Professional development workshop sponsored by the mid-SOUTH Child Abuse/Child Neglect Network, Little Rock, AR.

Dr. Murphy also presented a training workshop entitled, "Practical Strategies of Solution-Focused Brief Therapy with Children, Adolescents, Families, and School Problems, to Psychotherapists and Clinical Social Workers" at the University of Texas at Austin.

Additionally, Dr. Murphy presented a full-day training workshop entitled, "Solution-Focused Strategies for Working with Difficult IEP and ARD Meetings," for school administrators, special education supervisors, and special services personnel at Region 20 Education Service Center in San Antonio, TX.

Dr. Sandie Nadelson, Nursing, made the following presentations:

Nadelson, S. & Nadelson, L. (2019). Clinical Judgement: Nurse Educators' Understanding of Caring and Curiosity. Abstract accepted for presentation at the International Association of Human Caring (IAHC) 40th Annual Conference at Clemson University Greenville, SC.

Nadelson, S. & Nadelson, L., McCrory, L. (2019). Caring, Curiosity, and Critical Thinking Enhancement in Simulation: Nursing Faculty Members' Perspectives. International Nursing Association for Clinical Simulation and Learning (INACSL) Conference.

Dr. Nadelson also presented a poster co-authored with Dr. Louis Nadelson, College of Education, at the American Men in Nursing conference entitled "Holistic Admission Process in Nursing Programs."

Drs. Beula Magimairaj and Natalie Benafield, Communication Sciences & Disorders, presented a poster, "Examining Differences in Memory, Attention, and Spoken Language Abilities in Children with and without Functional Listening Difficulties in Noise," at the Cognitive Hearing Science for Communication conference held in Linköping, Sweden.

Ms. Rebekah Luong and Ms. Monica Lieblong, Family & Consumer Sciences, presented at the American Association of Family & Consumer Sciences in St. Louis entitled "Connecting Professionals + Communities through State Affiliate Conferences."



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Publications

Dr. Beula Magimairaj, Communication Sciences & Disorders, published an article in the **Journal of Communication Disorders** titled “Parent-Rating vs Performance-Based Working Memory Measures: Association With Spoken Language Measures In School-Age Children.” She was also published in the **Hearing Health Blog** by the Hearing Health Foundation.

Dr. Steve Tucker, Exercise & Sport Science, co-authored an article published in **Prehospital Emergency Care**. The article was the result of collaborative study between athletic trainers, paramedics, EMTs, and an emergency medicine physician.



Dr. Tucker (purple) and collaborators: athletic trainers, paramedics, EMT's, and an emergency medicine physician

Ms. Chayla Rutledge, School Psychology doctoral student, Ms. Morgan Bullard, former Mental Health Counseling student, and Drs. Patty Kohler-Evans and Janet Filer, College of Education, published an article in the journal, **Education**.

Dr. Thomas Lowder, Exercise & Sport Science, authored a chapter in the book **Professional Writing in Kinesiology and Sports Medicine** titled "Grant Writing."

Drs. Steven Forbush, William Bandy, and Kevin Garrison, Physical Therapy, published an article in the **International Journal of Sports Physical Therapy** titled “Testing Infraspinus and Deltoid Muscles with New Technique to Decrease Deltoid Activity During Testing using EMG Analysis.”

Dr. Paul Nail, Psychology & Counseling, coauthored a chapter in the book **Cognitive dissonance (2nd ed.): Reexamining a pivotal theory in Psychology** titled “Self-Affirmation Theory: An Update And Appraisal”

Dr. Paul Nail also coauthored two articles in **PLoS ONE** titled “Think Then Act Or Act Then Think?”, and “Conformity In Numbers- Does Criticality In Social Responses Exist?”

Dr. Nail and students Mr. Cory Cobb and Ms. Carley Owen coauthored an article in the **North American Journal of Psychology** titled “Evidence that Negative Maternal Transference is at the Root of Americans' Beliefs in 9/11 Conspiracy Theories.”

Dr. Marc Sestir, Psychology & Counseling, coauthored an article published in **Sleep** titled “A Population Comparison of Active and Passive Bedtime Social Technology Use.”

Dr. Sestir also coauthored an article published in **Dreaming** titled “Relationships between Video Game Play Factors and Lucid and Control Dreaming Experiences.”

Additionally, he coauthored an article published in the **Psi Chi Journal of Psychological Research** titled “Mobile Phones and Physical Pain.”

Dr. Larissa Collier, Physical Therapy, published a research paper in the **International Journal of Paleopathology** titled “A Tale of Two Cities: A Comparison of Urban and Rural Trauma in Medieval Denmark.”

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Drs. Nina Roofe and Alicia Landry, Family & Consumer Sciences, published an article in the **Journal of Academy of Nutrition and Dietetics** titled “Cultivating the Desire to Mentor in Dietetic Interns.” They also published an article with Dr. Art Gillaspay, Psychology & Counseling, in the **Renal Nutrition Forum** titled “Promoting and Evaluating Interprofessional Collaboration with Motivational Interviewing.”

Dr. John Murphy, Psychology & Counseling, coauthored a book titled **Strengths-Based Therapy** as part of the Psychotherapy & Counseling Distinctive Features series published by Routledge Press. He also published an article in **Theories Of School Counseling For The 21st Century** titled “Solution-focused School Counseling.”

Dr. Kathryn Carroll, Family & Consumer Sciences, coauthored an article published in **Choices** titled “Who Shops at a Mature Farmers' Market?”

Dr. Dong Xie and doctoral student Mr. Cory Cobb, Psychology & Counseling, coauthored an article in **Perspectives on Psychological Science** titled “Toward a Positive Psychology of Immigrants.”

Dr. Dong Xie and doctoral student Ms. Sydney Skaggs coauthored an article published in the **Journal of Career Development** titled “An Ecological Perspective On Youth Career Education In Transitioning Societies: China As An Example.”

Dr. Susan Gatto, Nursing, coauthored an article published in **Nurse Educator** titled “Effects of Faculty Development and Computerized Learning and Assessment Tools on Testing Outcomes.”

Dr. Sandie Nadelson, Nursing, authored an article in the **International Rural Nurse Connection** publication titled “Curiosity in Nursing.” Dr. Nadelson serves as the editor of this newsletter and is a member of the Rural Nurse governing board. She also coauthored a blog post with Wendy Lucas from the History Department on the website “**Learning Matters @ UCA**” called “Sticky Notes in the Classroom.” The piece describes not only how using sticky notes can be used to enhance learning, but includes a link to a video on using most any printer to directly print on sticky notes.

Additionally, Dr. Nadelson published an article in **Imprint: National Student Nurse Association Journal** titled “Be a Hero: Be a Nurse in Rural America,” and an article in **Worldview on Evidence-Based Nursing** titled “Making Qualitative Research Real to Students: Using Social Media Postings to Teach Qualitative Data Coding”.

Mr. Cory Cobb, Psychology & Counseling doctoral student, coauthored an article in **Emerging Adulthood** titled “Exploring Individual Differences in the Relationship Between Cultural Identity Processes and Well-being.” He also coauthored an article published in **Applied Developmental Psychology** titled “Biculturalism Dynamics: A Daily Diary Study of Bicultural Identity and Psychosocial Functioning.”

Dr. Sunjung Kim Thao, Communication Sciences & Disorders, coauthored an article published in **Applied Psycholinguistics** titled “Indexing Effects of Phonological Representational Strength on Rapid Naming Using Rime Neighborhood Density.” She also coauthored an article published in the **International**



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Journal of Learning, Teaching, and Educational Research titled “Multimedia Learning: Contributions of Learners’ Verbal Abilities and Presentation Modalities.”

Dr. Maysoon Biller, Communication Sciences & Disorders, coauthored an article published in the **American Journal of Speech-Language Pathology** titled “Social-Cognitive and Speech Sound Production Abilities of Minimally Verbal Children with Autism Spectrum Disorders.”

Dr. Femina Varghese, Psychology & Counseling, and Project Reach were recently featured in the Arkansas Times’ story on Visionary Arkansans in 2018. Dr. Varghese also co-authored an article with three PhD students-Jon Nolan, Evan Anderson, and Ryan Southerland- published in the **Journal of Career Development** titled “Vocational Psychology and the Future: The Role of Telepsychology in Shaping Research.”

Drs. Vanhose, Lowe, and Yates, Physical Therapy, coauthored an article published in **Advances in Skin & Wound Care** titled “Retrospective Cohort study of Pediatric Tracheostomy Wound Healing.”

Dr. Rock Lee, Exercise & Sport Science, coauthored an article published in the International **Journal of Assessment Tools in Education** titled “The Impact of Ignoring Multilevel Data Structure on the Estimation of Dichotomous Item Response Theory Models.”

Dr. Veronica Rowe, Occupational Therapy, coauthored a manuscript published in the **Open Journal of Occupational Therapy** titled “Utilization of Standardized Assessments and Online Resources in Stroke Rehabilitation.”

Drs. Leah Lowe and Charlotte Yates, Physical Therapy, coauthored an article published in the **International Journal of Sports Physical Therapy** titled “Spatiotemporal Parameters of Adolescent Gait while Performing a Visuospatial Memory Task.”

Dr. Lorrie George-Pascal, Occupational Therapy, coauthored an article published in **Occupational Therapy in Mental Health** titled “Benefits of an Occupational Adaptation Mentoring Program for Participants in a Juvenile Drug Court Program.”

Dr. Pamela F. Ashcraft, Nursing, published an article in **Research in Nursing and Health** titled “Financial Responsibility of Professional Organizations.”

Dr. Duston Morris, Health Sciences, and colleagues from Old Dominion University and USA Triathlon had a paper published by the **American Camping Association**. Their work addressed using the Youth Outcomes Battery to measure youth development when participating in multisport activities.



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