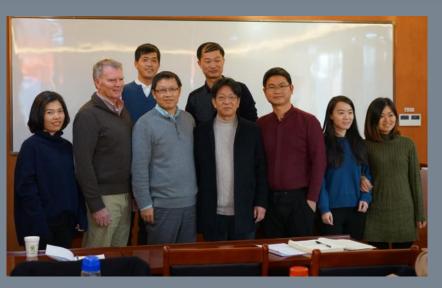
## **SIGNS** — Significant and Important Good News



### UNIVERSITY OF CENTRAL ARKANSAS<sup>™</sup>

### COLLEGE OF HEALTH & BEHAVIORAL SCIENCES









### May 2018



## A Message from the Dean

Again we have a great issue of Significant and Important Good News (SIGNs) from the College of Health and Behavioral Sciences. Please enjoy reading about all the accomplishments of our students, staff, and faculty who are leaving BEAR SIGNs wherever they go.

Thanks for your support and have a good summer.



Jimmy H. Ishee, Dean

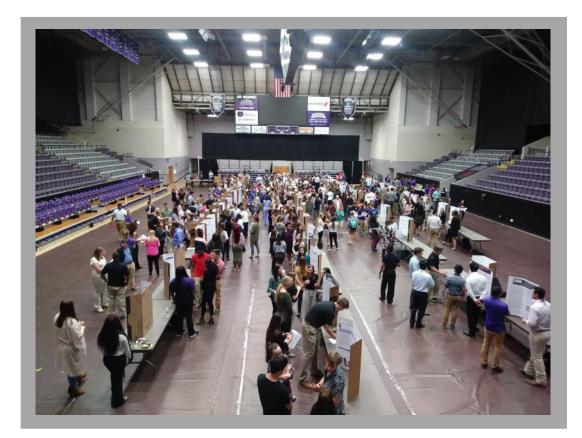
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The mission of the College of Health and Behavioral Sciences is the enhancement of the health and wellbeing of the public through the preparation of professionals, the development and advancement of knowledge, and service to its constituencies.



# SIGNS

### **CHBS Poster Symposium**



On April 17, 2018 the College of Health and Behavioral Sciences hosted the annual College Student Research Poster Symposium in the Farris Center. Almost 100 posters were on display representing the work of 322 undergraduate and graduate students as well as 43 faculty mentors. CHBS students represented the departments of Communication Sciences and Disorders, Exercise and Sport Science, Family and Consumer Sciences, Health Sciences, Occupational Therapy, Physical Therapy, Psychology and Counseling, and the School of Nursing. The annual event gives students the opportunity to share and communicate their work through poster presentations. The poster format allows the students to discuss their work with peers as well as faculty and staff. Students can practice their 'elevator speech' about their research and get feedback on their ideas. A number of the posters were presented at state, regional, and national conferences. We would like to thank all of those who participated in this great event to showcase the accomplishments of our students.

## SIGNS UCA, Conway Regional Announce \$390,000 in Grants to Support State's Nursing Shortage

The University of Central Arkansas and Conway Regional Health System announced their latest partnership which is aimed at addressing shortages in the numbers of registered nurses in Arkansas. The Conway Regional Health Foundation is providing a total of \$390,000, with \$240,000 for student scholarships and \$150,000 for faculty development and School of Nursing initiatives. Susan Gatto, director of the UCA School of Nursing, said, "UCA and Conway Regional have a long history of partnering. This latest initiative not only strengthens our partnership, but it is also a local approach to the national issue of the nursing shortage. Together, we can begin to address this issue. Nationally, and here in the Southern region, the nursing shortage is augmented by the shortage of nursing faculty. In fact, the shortage of nursing faculty is just as critical as the shortage of nurses, if not more so," Gatto said. "This initiative will help support the retention of current faculty and recruitment of other faculty here at UCA." https://uca.edu/ news/uca-conway-regional-announce-390000-in-grants-to-support-statesnursing-shortage/



(left to right) College of Health and Behavioral Sciences Dean Jimmy Ishee; Conway Regional CEO Matt Troup; Conway Regional Chief Nursing Officer Angie Longing; UCA School of Nursing Director Susan Gatto; Cornell Malbia, member of the UCA Board of Trustees and chairman of the Conway Regional Board of Directors; and UCA President Houston Davis



## Achievements

Lisa Ray, Clinical Instructor II of Health Sciences, was elected Vice President of the Arkansas Substance Abuse Certification Board. As Vice President, she is President Elect of the organization and will become president next year. The Arkansas Substance Abuse Certification Board is a private, non-profit board that adopts standards, evaluates and certifies individuals as alcohol and other drug abuse counselors on a variety of educational levels.

Mollie Mae Henager of Conway, Arkansas, is a second-year master student at the Clinton School of Public Service. She has recently accepted the position of International Partnerships Manager with Awamaki in Ollantaytambo, Peru. Awamaki is a non-governmental organization focused on women's economic empowerment and rural community development. Mollie graduated summa cum laude with her Bachelor of Arts in Spanish and Psychology. In 2016, she was named UCA's Outstanding Spanish Student and awarded the President's Medallion for being the Outstanding Student in the College of Health and Behavioral Sciences.

Congratulations to the following students who were inducted into Pi Theta Epsilon - the Occupational Therapy honor society. Christina Bowen Jane Carmack Tenley DeLong Ciara Fleer Ashley Maffit Anna Mayor Sarah Swaim Ashley Vaughan

Congratulations to the Family and Consumer Sciences' 2018-2019 American Association of Family & Consumer Sciences officers Ashley Haney, Holly Cummings, Destiny Guess, Nikki Lockard, Avanlea Furr, Mary Beth Ivie, and Mandie White. The Department of Health Sciences is proud to announce that Mary Denis, a senior bachelor

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of science in health sciences, emphasis health services administration major, has been selected as one of the UCA ambassadors, President's Leadership Fellows for 2018-19.

The Department of Psychology and Counseling is pleased to announce that all of our doctoral students matched for APA accredited predoctoral internships. They are as follows:

Counseling Psychology Students: Cobb, Cory Arkansas Division Behavioral Health Service Little Rock, AR Lindeman, Sarah Centerstone Consortium Bradenton, FL Outpatient-Child Program Code: 196712 Nolan, Jon VA Medical Center - Syracuse Syracuse, NY Primary Care Behavioral Health Research Track Southerland, Timothy Ryan Malcolm Grow Medical Clin & Surgery Center (USAF) Joint Base Andrews, MD School Psychology Students: Henley, Dierdre Lynn Cypress-Fairbanks ISD Cypress, TX Psychology Internship Murray, Sarah Illinois School Psychology Internship Consortium Normal. IL

Nutrition major Hilary Downey was recently appointed to the Academy of Nutrition and Dietetics Student Advisory Board. This board is comprised of 8 students across the country. She will attend the Food and Nutrition Conference and Expo in Washington, D.C.

Issei Miyaguchi, a senior in the Athletic Training Program, was selected to participate in a spring 2018 internship with the Seattle Mariners Organization in Peoria, Arizona. Occupational Therapy student Mallory Halveson's poster was selected out of more than 300 research posters to be featured in the Young Scientist Theater at the annual American Occupational Therapy Association (AOTA) conference in April. One of the priorities of AOTA is to promote scholarly research and evidence-based practice. Mallory was mentored by Dr. Veronica Rowe who is a co-presenter of this poster.

Sydney Skaggs, Counseling Psychology doctoral student, was elected as Graduate Student Representative to the Executive Council of the Southwestern Psychological Association (SWPA). SWPA is the southwest regional affiliate of the American Psychological Association and works to promote and strengthen psychology's scientific, professional and educational facets.

The UCA Doctor of Physical Therapy program has been recognized as a program representing excellence in Pediatric Physical Therapy Education and has been selected as one of four programs to participate in a national study on Excellence in Pediatric Physical Therapy Education.

School Psychology Alum, Dr. De'Von Patterson, was recently interviewed on WJXT in Jacksonville, Florida, concerning the depression screening for adolescents.

Dr. Duston Morris, Associate Professor of Health Sciences, was recently featured on "Good Morning Arkansas" where he completed a five-minute segment and discussed the five fundamental factors of health. His recorded segment can be found at: <u>http://katv.com/community/good-morning-</u> <u>arkansas/5-factors-of-fundamental-health</u>

The School of Nursing has been recognized as #51 in the Best Online Master's in Nursing Programs for 2018 by U.S. News and World Report. Brittany Saviers, Clinical Instructor I of Occupational Therapy, was elected into the Honor Society of Phi Kappa Phi, the nation's oldest, most selective, and most prestigious all-discipline honor society. Election to the honor society is for recognition of Mrs. Saviers' hard work and dedication to academic excellence while earning her PhD in Occupational Therapy from Nova Southeastern University.

The Department of Psychology and Counseling is pleased to announce that its School Psychology MS program has received a 7-year reaccreditation by the National School Psychology Association (NASP). This national recognition designation represents the highest accreditation status from NASP and recognizes the quality and success of the School Psychology Program. The accreditation report noted the 100% pass rate on the PRAXIS examination and the quality of the faculty as particular program strengths.

Psychology major Kane York was awarded a Student Undergraduate Research Fellowship (SURF) from the Arkansas Department of Higher Education for his project, "Using Visual Search to Study Inner Workings of the Reverse Stroop Effect." Kane's mentor on this project was Dr. Kenith Sobel.

Dr. Kerry Jordan, Assistant Professor of Nursing, has been elected president of the Arkansas Gerontological Society (AGS). The mission of AGS is to "improve the options, choices and opportunities of mature Arkansans by convening public and private groups and individuals to share information and increase the knowledge and skills of members".

Roy Grant, graduate dietetic intern, was honored as the Outstanding Dietetic Intern by the Arkansas Academy of Nutrition and Dietetics.

Dr. Shawn Charlton has been re-elected Southwestern Vice-President of Psi Chi, the International Honor Society in Psychology.



Two alumni of the UCA PhD in Physical Therapy program received national honors in physical therapy education.

Myles Quiben, PhD, DPT, Interim Chair of the Department of Physical Therapy at the University of North Texas, earned the Distinguished Educator Award from the APTA Academy of Geriatric Physical Therapy. Yasser Salem, PT, PhD, Professor of Physical Therapy at the University of North Texas, received the Award for Leadership in Education from the APTA Academy of Education. <u>https://www.unthsc.edu/newsroom/story/national-</u> education-honors-for-physical-therapy-faculty/

Nine (9) Level-3 nursing students have met qualification requirements and have been invited to join the UCA Nursing Honors Program. The Nursing Honors Program offers opportunities for outstanding nursing students to explore special interests in nursing through independent honor's projects. Each student is paired with a faculty mentor to guide and facilitate the learning experience.

Rachel Basham Sara Chavis Allison Ellen Delaney Grubbs Gabriel Gifford Linzy Hoelzeman Alyssa Johnson Logan Richardson Lexi Zachary

Dr. Susan Gatto, Director and Associate Professor of Nursing, recently received the prestigious Outstanding Nurse Educator of the Year award for the State of Arkansas.

Rachel Schichtl, Instructor and DPD Director of Nutrition of Family & Consumer Sciences, was elected as the Director of Communications for the International Federation of Home Economics-United States. Three of the Family and Consumer Sciences faculty and three of its students were elected to SIGNS

state positions in the Arkansas Association of Family & Consumer Sciences.

Monica Lieblong, Adjunct Instructor of Family & Consumers Sciences, was elected President-Elect of the Arkansas Association of Family & Consumer Sciences.

Dr. Renee Ryburn, Assistant Professor of Family & Consumer Sciences, was elected Scholarship Chair of the Arkansas Association of Family & Consumer Sciences.

Rachel Schictl, Instructor and DPD Director of Nutrition of Family & Consumer Sciences, was elected College and Universities Chair of the Arkansas Association of Family & Consumer Sciences.

Amanda White, Family & Consumer Sciences student, was elected 1st Vice-Chair of the Student Chapter of the Arkansas Association of Family & Consumer Sciences.

Mary Beth Ivie, Family & Consumer Sciences student, was elected 3rd Vice-Chair of the Student Chapter of the Arkansas Association of Family & Consumer Sciences.

Nikki Lockard, Family & Consumer Sciences student, was elected 4th Vice-Chair of the Student Chapter of the Arkansas Association of Family & Consumer Sciences.

Dr. Elizabeth LeQuieu, Assistant Professor and Academic Fieldwork Coordinator of Occupational Therapy, has been appointed by the American Occupational Therapy Association to serve a 3-year term on the Experiential Learning Research Group. This group is tasked with researching the efficacy of the profession's current Level-II fieldwork requirement. Dr. LeQuieu was chosen based on her record of academic research, record of scholarship of teaching and learning research, and experience with Level-II fieldwork. The SR Education Group, an Education Research Organization located in Kirkland Wash-

ington, has named the Bachelor of Science in Addiction Studies, Department of Health Sciences, University of Central Arkansas, Number 2 in value and Number 4 in affordable choice according to its 2018 Best and Most Affordable Online College Rankings. To determine value rankings, accredited online colleges and universities across the nation were analyzed taking into consideration academic strength factors along with manually researched tuition rates. Inclusion on this list shows high academic standards and a commitment to affordability, two key factors important to prospective students.

Dr. Lorrie George-Paschal, Professor of Occupational Therapy, was one of the finalist of the 2018 Faculty Excellence Awards. Finalists and winners were recognized at the Employee Service Awards ceremony.

Annette Gartman, Clinical Instructor I of Nursing, was selected to participate in this year's UCA Service-Learning Faculty Fellow's Program as the College of Health and Behavioral Sciences representative. Annette has agreed to be the Service Learning liaison for the School of Nursing. She will help the school continue its work on incorporating best practices in service-learning into all nursing programs.

Rachel Sims, Nursing Alumna, was appointed by Gov. Asa Hutchinson to the Arkansas State Board of Nursing. She earned her bachelor degrees in nursing and dietetics from UCA in 2010. Ms. Sims is certified from the American Society for Aesthetic Plastic Surgery and works at Little Rock Plastic Surgery.

Wendy Blackwood, Counseling Alum, was named the 2018 Counselor of the Year by the Arkansas Mental Health Counselors Association. The School of Nursing is proud to announce that the following DNP students disseminated their projects.

Candace Campbell

Campbell, C. L. (2018). Transition of adolescents with congenital heart disease from pediatric to adult care.

Donna Koestler

Koestler, D. (2018). Improving inpatient satisfaction with better medication communication using the transforming care at the bedside framework.

Amy Sanders

Sanders Pledger, A.J. (2018). Nurse Practitioner Led Motivational Interviewing and Hepatitis C Education Program.

#### Laura Gillis

Gillis, L. J. (2018). The effect of a lifestyle intervention on weight loss in university employees.

Shawn Ballard

Ballard, S. (2018). Improving Registered Nurse Satisfaction and Empowerment Through Stay Interviews and Purposeful Leader Rounds.

Family and Consumer Sciences student Ashley Haney has been selected for the 2018-2019 UCA Wellness Ambassador Team.

Drs. Elizabeth LeQuieu, Assistant Professor and Academic Fieldwork Coordinator of Occupational Therapy, LaVona Traywick, Assistant Professor of Occupational Therapy, and Tracey Zeiner, Visiting Clinical Instructor of Occupational Therapy, received the "Achievement in Teaching Excellence" through UCA Center for Teaching Excellence!

Dr. Shawn Charlton, Associate Professor of Psychology, Dr. Bill Lammers, Professor of Psychology, Veda Charlton, Clinical Instructor of Psychology, and Kelli Wierzbicki, Psychology & Counseling Alumna, orchestrated another successful Arkansas Symposium for Psychology Students (ASPS). This year over 175 psychology students





from Arkansas colleges and universities presented their research (48 paper presentations and 36 posters) and made professional connections. UCA has hosted ASPS since 2012.

### Awards

Dr. Lisa VanHoose, Assistant Professor of Physical Therapy, has been named the recipient of the Early Career Achievement in Health Professions Award from the University of Kansas Medical Center.

Aaron Smith, Clinical Instructor of Athletic Training, Allison Susa, Graduate Assistant Athletic Trainer, and athletic training student Jacob Riba were awarded the 2018 Call of Duty Award by the Arkansas Athletic Trainers' Association (AATA) for their efforts in saving the life of a college basketball player that went into sudden cardiac arrest in the fall of 2017. This award is given annually to an individual or group of individuals who have gone above and beyond in a critical situation.

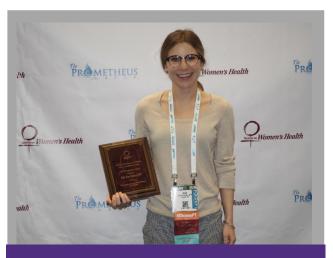


(From left to right) Jacob Riba, Allison Susa, and David Strickland (accepting on behalf of Aaron Smith)

Julie Jenner, a third-year DPT student, recently received the President's Award from the

## SIGNS

American Physical Therapy Association Section on Women's Health. The award was presented at the APTA Combined Sections Meeting in New Orleans in February 2018. Julie serves as the President of the Student Interest Group for the Section on Women's Health.



Julie Jenner, recipient of the President's Award from the American Physical Therapy Association Section on Women's Health

Mental Health Counseling student Amanda Robinson was awarded a Services for Transition Age Youth (STAY) Fellowship from the American Psychological Association Minority Fellowship Program. Total award is \$10,000.

Rik Sowell of Sowell Architects, an Adjunct Faculty in Interior Design, along with Nabholz Construction received an Eagle Award for Excellence in Construction at the Associated Builders and Contractors Convention in Hot Springs for their work on the Conway Corporation Building in downtown Conway.

Rik Sowell of Sowell Architects, an Adjunct Faculty in Interior Design, designed and



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facilitated the Conway Tennis Center project. The Grand Opening of the new Tennis Center

was April 17th.

These are the following competitions and students winners this year at the American Society of Interior Design Association - Design Summit. ASID South Central Chapter- Student Competition winners:

Jessica Beall winner of Gold and Silver in Computer Rendering. Silver in Hospitality. Shabnam Rajani winner of Bronze in Computer Rendering.



Jessica Beall (left) and Shabnam Rajani (right)

Shanon Brantley, PhD candidate in the LEAD program was selected as the recipient for the McNiece Doctoral Research Fellowship Award from the University of Central Arkansas Foundation. This award supports student dissertation research in the Interdisciplinary PhD in Leadership Studies program. Under the direction of Dr. Duston Morris and Dr. Rhonda McClellan, Shanon is investigating health literacy education in speech language pathology preparation programs. Mental Health Counseling students Christina Griffin and Jared Whitmire were awarded the Dr. Ann Thomas Graduate Student Scholarship for \$1000 each by the Arkansas Mental Health Counselors Association (ArMHCA). This scholarship award is given annually to a graduate student who demonstrates excellent academic performance and significant involvement in ArM-HCA.



Christina Griffin (left) and Jared Whitmire (right)

Dr. Alicia Landry, Assistant Professor of Family and Consumer Sciences, has been selected as the 2018 Outstanding Dietetic Educator in the Dietetic Internship category in the South Central Region. This peer-review committee noted her years of service and dedication to the preparation of Registered Dietitian Nutritionists.

Rachel Schichtl, Instructor and DPD Director of Nutrition of Family and Consumer Sciences, has been awarded a Service Learning Grant to plant fruit trees at the Faulkner County Urban Farm behind the Faulkner County Library. Her class will host a planting day with the kid's gardening club to plant the trees and provide educational materials to the library on the importance of fruit for proper nutrition.



Dr. Veronica Rowe, Assistant Professor of Occupational Therapy, was awarded Distinguished Fellow of the National Academy of Practice from the Occupational Therapy Academy.



Dr. Veronica Rowe (left)

### Grants

Zack Damon, Instructor of Exercise and Sport Science, was awarded a research grant following his presentation during the Junior Faculty Research Grant Competition at the Global Sport Business Association Conference. The title of his presentation was *Sociogram in Sport Leadership: Investigating the How Behind Leader Development*. The research grant comes with an invitation to present his followup research at next year's conference. Additionally, at the conference, Zack was named an Associate Editor of the Global Sport Business Association Journal.

Psychology undergraduate Kane York was awarded a research grant for \$1500 from Psi Chi International, the Honor Society of Psychology, for his project, Stroop and Reverse Stroop Effects in Localization Tasks.



Dr. Ken Sobel, of Psychology and Counseling, is his advisor.

Dr. Charlotte Yates, Associate Professor of Physical Therapy, and Dr. Leah Lowe, Assistant Professor of Physical Therapy, have been awarded \$50,000 in grant funding by NIGMS IDeA Program award P30 GM 110702 (May, 2018-April 2019) for their project on concussion in adolescent athletes.

Jacob L. Baker, Simulation Center Manager/ Clinical Instructor received a CTE Faculty Development Grant in the amount of \$500. The grant will be used to attend the Laerdal Simulation Users Network Conference April 30 -May 2 in Schaumburg, IL. The conference brings together Simulation Educators and Technicians from across the nation to discuss current topics and issues within simulation. Multiple presentations are offered and pertain to patient safety, implementation of curriculum, simulation evaluation, and troubleshooting of technical issues.

Lisa Engel, School of Nursing DNP student, received a \$1,000 mini-grant to use for her DNP capstone project which is aimed at increasing influenza vaccine rates among college students. According to Lisa, the grant monies became available when Blue Cross Blue Shield funded the Arkansas Immunization Action Coalition (AIAC) with grant money.

Family and Consumer Sciences student, Nikki Lockard has received a \$5,500 scholarship from Phi Upsilon Omicron. Phi Upsilon Omicron is the honor society for Family and Consumer Sciences and is based on scholarship, leadership, and service in professional and community life. Hayley Harp, a Level-5 athletic training student, received the 2018 Arkansas Athletic Train-

ers' Association Dr. Jack Vander Schilden Student Scholarship recently at the Arkansas Athletic Trainers' Association Annual Meeting in Bentonville, AR. The \$1,000 scholarship is presented annually to a student enrolled in an undergraduate or graduate athletic training program. Students are selected based on athletic training student experience, volunteer service, offices held (professional, service, civic, and/or academic organizations), membership (professional, service, civic, and/or academic organizations), professional meetings/clinics/ symposiums attended, and honors or awards received.



Hayley Harp (right) receives her award.

## Presentations

Dr. Marc Sestir, Assistant Professor of Psychology and Counseling, and colleagues had a paper accepted for presentation. Peszka, J., Sestir, M.A., Kennedy, L.A., & Mastin, D.F. *A population comparison of active and passive bedtime social technology use.* Talk presented at the 2018 SLEEP conference. Baltimore, MD.

Dr. John Murphy, Professor of Psychology & Counseling, presented two half-day training workshops on February 15, 2018 entitled, *Core and Advanced Skills of Brief Solution-Focused Counseling in Schools* at the National Association of School Psychologists conference in Chicago, IL.

Dr. John Murphy, Professor of Psychology & Counseling, presented a two-day workshop for Japanese psychiatrists, psychotherapists, and university trainers March 3 - 4, 2018, entitled, *Brief Solution-Focused Therapy with Children and Adolescents : Helping People Change with Dignity* at the Annual Conference of the Brief Therapy Network in Japan (BTNJ) in Tokyo.

Simon, S., Cunningham, B., & Paramby, T. (2018, May). *An investigation of acoustic parameters in the speech of mimicry performers*. Poster session to be presented at the meeting of the Voice Foundation, Philadelphia, PA.

Christina Griffin, Mental Health Counseling MS student, and Dr. Kevin Rowell, Associate Professor of Psychology & Counseling, have had their poster submission accepted for presentation at the APA annual convention in August 2018. The poster is an epidemiological study entitled *Pre-Disaster Psychiatric Predictors of Post-Disaster Major Depressive Disorder among Chilean Adults*.





The following Physical Therapy faculty members (bold, underlined), students (DPT and PhD -bold italics; undergraduate - underlined), and alumni (italics) had research peerreviewed and accepted for presentation at the American Physical Therapy Association Combined Sections Meeting in New Orleans, LA.

*Blankenship, C.* & <u>Lowe, L</u>. Body weight support treadmill training (BWSTT) for a non-ambulatory child with cerebral palsy who is blind.

*Floyd, J.*, *Sydney, B., Light, B., Price, C.,* & <u>Lairamore, C</u>. The effects of transcranial direct current stimulation on cortical excitability and motor behaviors of the lower extremity: a systematic review.

*Lester, A., Clark, D., Higginbotham, S., Merritt, P., & VanHoose, L.* Changes in pain and distress during pivotal cancer care time points.

Lowe, L., *Crowder, M., Watson, T., &* <u>Yates, C</u>. The effect of a divided attention task on gait velocity in high school male athletes

Lowe, L., Baker, J., Codemo, S., Kordsmeier, J., & Garrison, K. ""Y" Balance test using a force plate in high school athletes.

*Perkins, K., Blancett, D., Graham, T., Young, R., & Lairamore, C.* The effect of transcranial direct current stimulation on ankle torque production when delivered with two different electrode montages.

**<u>Reese, N.B.</u>**, <u>Bandy, W.D.</u>, Rainey, J., <u>Baldwin, L., Moore, K.</u>, & <u>Razon</u>, C. Predictive reliability of admission and DPT program factors on National Physical Therapy Examination (NPTE) scores. <u>Yates, C.,</u> *Ferguson, S., Kapella, K.*, & <u>Lowe, L</u>. Auditory



reaction time using the psychomotor vigilance task in male high school athletes.

<u>Yates, C.</u>, Luyet, E., Guinn, T., Hart, L.,

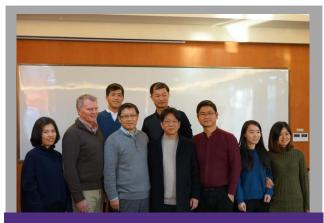
& <u>Lowe, L</u>. The effect of a divided attention task on double and single limb support parameters of gait in high school male athletes.

In addition, **Dr. Darla Cathcart** has had the following peer-reviewed symposium accepted for presentation during the conference: Novel Approaches to Dilator Therapy.

Dr. Alberto Soto, Assistant Professor of Psychology, had a paper accepted for presentation at the 2018 meeting of the American Psychological Association in San Francisco, CA entitled *Cultural adaptations and multicultural competence*. Jordan Pyle, Counseling Psychology doctoral student, is a co-author. Soto, A., Bernal, G., Domenech Rodriguez, M., & Pyle, J. (Accepted). *Cultural adaptations and multicultural competence*. Paper presented at the annual convention of the American Psychological Association. San Francisco, CA.

Professor of Psychology, Dr. Bill Lammers' workshop, *Building Student-Instructor Rapport* was accepted for presentation at the 2018 meeting of the Southwestern Psychological Association meeting in April. Lammers, W. J. (Accepted). *Building Student-Instructor Rapport*. Workshop presented at the 2018 conference of the Southwestern Psychological Association. Houston, TX. Occupational Therapy Student CaLynn Blacklock has a research presentation accepted with Dr. Graybeal at the Gulf South Summit on Service-Learning and Civic Engagement through Higher Education Hosted by University of Alabama at Birmingham Title: Service-Learning Program Outcomes and Impacts: Career Decision-Making and Professional Identity

During the winter break, Dr. Kevin Rowell, Associate Professor of Psychology, and Dr. Dong Xie, Associate Professor of Psychology, conducted several workshops on suicide and crisis intervention, strength-based counseling, client feedback informed counseling, and basic counseling skills to over 150 Chinese counselors in mainland China. Dr. Xie and Dr. Rowell collaborated with faculty from Hangzhou Normal University, College of Psychological Science Research. They also provided supervision to school counselors from school districts in Jiaxing, Zhejiang Province. In addition, Dr. Xie presented a supervision workshop to the Department of Psychology at Zhejiang Normal University.



Dr. Kevin Rowell and Dr. Dong Xie with collaborating faculty at Hangzhou Normal University

Theta Tau International Nursing Honor Society.

Dr. Lora Adair, Assistant Professor of Psychology, and several of her students\* had the following presentations accepted at conferences later this year. Southwestern Psychological Association

> Adair, L. E., \*Andersen, B., \*Hinton, T., & \*Cipriani-Bluemmel, I. (accepted). *He looks "easy" and she's not into it: Sexual exploitation cues and attraction*. Poster Presentation at the 2018 conference of the Southwestern Psychological Association. Houston, TX.

\*Wilson, E. & Adair, L. E.(accepted). *The role of visibility, stigma by association, and commitment in relationship defection.* Poster Presentation at the 2018 conference of the Southwestern Psychological Association. Houston, TX.

Adair, L. E., Park, A., \*Lund, B. & \*Thompson, M. K.(accepted). *Does this burger make me look manly? Using meat-eating as an impression management technique*. Talk presented at the 2018 conference of the Southwestern Psychological Association. Houston, TX.

Northeastern Evolutionary Psychology Society

Adair, L. E., \*Andersen, B., & \*Hinton, T. (accepted). *He looks "easy" and she's not into it: Sexual exploitation cues and attraction*. Talk presented at the 2018 conference of the Northeastern Evolutionary Psychology Society. New Paltz, NY.

\*Andersen, B. & Adair, L. E. (accepted). Disgust and discrimination: Behavioral immune system activation and ethnocentrism. Talk presented at the 2018 conference of the Northeastern Evolutionary Psychology Society. New Paltz, NY.



Dr. Femina Varghese, Associate Professor of Psychology, and her students had papers accepted for presentation at the annual conference of the American Psychological Association this August in San Francisco. Graduate students: Chelsey Bull, Jared

Whitmire, and Jon Nolan.

Undergraduates: Osiris Stephenson and Lizeth Flores

Varghese, F.P., Bull, C., Whitmire, J., Stephenson, O., Flores, L. & Bihm, E.M, (2018, August). *Mentoring Program for Court-Ordered Juveniles: Perspectives of Juveniles and Mentors.* Poster presented at the American Psychological Association Conference, San Francisco, CA.

Whitmire, J., Varghese, F.P., & Nolan, J. (2018, August). *Seriously Mentally Ill Populations and Exercise Mobile Applications*. Poster presented at the American Psychological Association Conference, San Francisco, CA.

Dr. Alberto Soto, Assistant Professor of Psychology, and Mental Health Counseling Graduate Student, Savannah Nolan, have coauthored two papers to be presented at the Society for Psychotherapy Research conference in Amsterdam in June. Full citations below: Soto, A., Smith, T. B., & Nolan, S. (June, 2018). *Alliance, Attachment Style, Empathy, and Expectations: A meta-analysis of client outcomes.* Paper presented at the annual conference of the Society for Psychotherapy Research. Amsterdam, NL.

Soto, A., Smith, T. B., & Nolan, S. (June, 2018). *Cultural Adaptations and Multicultural Competencies*. Paper presented at the annual conference of the Society for Psychotherapy Research. Amsterdam, NL.

Becca Wright, senior student in Family and Consumer Sciences, presented her design proposal for the Matthews Park to the mayor and other city officials in Greenbrier. The mayor was really impressed with her designs. He asked to keep her presentation board to show Greenbrier City Council and to take to

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a meeting with Cromwell Architects. He wants the firm to incorporate several of her design ideas into the project.

Interior Design graduate student Angela King presented her research at the 2018 Design Summit in Fayetteville. Pictured below with her faculty advisor, Jennifer Whitehead. King, A. & Whitehead, J. (2018). *Living Architecture: Standard Specification of Living Roofs and Walls for Environmental and Health Benefits.* Presented at the American Society of Interior Designers South Central Design Summit, Fayetteville, AR, April 2018.



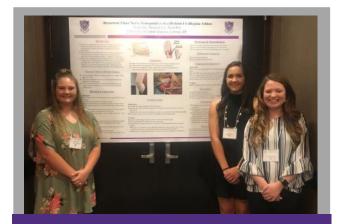
Angela King (left) and her advisor Jennifer Whitehead (right)

Dr. Lorrie George-Paschal, Professor of Occupational Therapy, and colleagues had a paper accepted for presentation. Graybeal, L., Hawkins, A., & George-Paschal, L. (2018). *Investigating the intersecting impacts of servicelearning on stakeholder groups*. International Association for Research on Service-Learning and Community Engagement Conference. New Orleans, LA. Dr. Margaret McGee, Associate Professor of Physical Therapy, Adrienne Norlin, one of

our pediatric residents, and Beth Stamp, one of our clinical partners, had a research paper accepted for presentation at the APTA NEXT Conference.

Norlin A, McGee M, Stamp B. *Investigation* of the validity and usefulness of two smartphone applications for pediatric gait analysis. Accepted for presentation at APTA NEXT Conference and Exposition 2018.

Athletic Training Students Hannah Thornton, Rachael Wood, and Ashley Nolan won the 2018 Arkansas Athletic Trainer's Association (AATA) Poster Contest at the AATA Annual Meeting recently in Bentonville, AR. They presented a clinical case study entitled *Ulnar Nerve Transposition in a Division I Collegiate Athlete*. Also presenting a poster at the AATA Annual Meeting were athletic training students Jordan Lawson, Christopher Coover, and Marquis Swinton. Their clinical case study was entitled *Sudden Cardiac A rrest in a Collegiate Athlete*.



(left to right) Hannah Thornton, Rachael Wood, and Ashley Nolan

Interior Design faculty Ms. Danielle Barron has an abstract accepted for presentation: Barron, D. & Ford, C. D. (2018). *Agents of Change: Creating a Character-Building School Program Utilizing Design Thinking Methodology*. To be presented at the Academic Design Management Conference: Next Wave, London, UK.

Dr. Kevin Rowell, Associate Professor of Psychology, presented a 3-hour workshop, *Disaster 101: Basics of Mental Health Crisis Intervention and Ethical Considerations* to more than 50 psychology staff for the Topeka Kansas and Leavenworth Kansas Veterans Administration Health Care System. The workshop was held Friday March 23 in Lawrence Kansas. Dr. Rowell is a nationally recognized expert on Disaster Mental Health.

Rachel Schichtl, Instructor and DPD Director of Nutrition of Family and Consumer Sciences, has a poster presentation accepted for the American Association of Family and Consumer Sciences this summer in Atlanta. Pitts, A., Radunovich, H., Schichtl, R., & Temple, J. *Identifying obstacles to National Conference participation*. Poster Presentation at the annual American Association of Family and Consumer Sciences, Atlanta, GA, June 2018.

Dr. LaVona Traywick, Assistant Professor of Occupational Therapy, and Brittany Saviers, Clinical Instructor I, made presentations at the Southern Gerontological Society.

Traywick, LaVona; Saviers, Brittany (April 2018) Supporting Successful Aging Through Increasing Occupational Therapy Students' Knowledge of Aging Relative to their Preferred Population to Work, Paper Presentation, Southern Gerontological Society Annual Meeting, Lake Lanier, Georgia.



Traywick, LaVona; Greene Celeste (April 2018) *Exercises for Low Back Injury Prevention*, Workshop Presentation, Southern Gerontological Society Annual Meeting, Lake Lanier, Georgia.

McAfee, Anna Laura; Traywick, LaVona (April 2018) Preferred Music During Bathing Activities for Persons with Dementia and their Family Caregivers, Paper Presentation, Southern Gerontological Society Annual Meeting, Lake Lanier, Georgia.

Dr. Julie B. Meaux, Undergraduate Program Coordinator and Professor of Nursing, and Dr. Pamela Ashcraft, Research and Scholarship Coordinator and Associate Professor of Nursing, recently made a podium presentation at the 2018 Nursing Education Research Conference held April 19-21, 2018 in Washington, DC. Their presentation title was *The Effect of the Poverty Simulation on BSN Student Knowledge, Skills, and Attitudes*. Over 550 nurse educators from across the globe attended the conference which was sponsored by Sigma

## **Publications**

Dr. Veronica Rowe, Assistant Professor of Occupational Therapy, had a manuscript entitled "Client Perceptions of Task Oriented Training at Home (TOTE Home): "I forgot I was sick"" accepted for publication in its current form for publication in *OTJR: Occupation, Participation and Health.* 

Dr. Veronica Rowe, Assistant Professor of Occupational Therapy, and Dr. Tracey Zeiner, Visiting Clinical Instructor of Occupational Therapy, revised the chapter "Motor Function Assessment (ROM, Strength, Endurance)" in the new, 8th edition of *Occupational Therapy in Physical Dysfunction*. Editor-In-Chief of Nurse Educator and Journal of Nursing Care Quality, Dr.

# SIGNS

Marilyn Oermann, notified Dr. Pam Ashcraft, Associate Professor of Nursing, that two of her recent manuscripts have been selected to be featured on the journal websites. A video abstract of each article will be presented on the respective websites by Dr. Ashcraft. The article to be featured on the Nurse Educator website is titled "Curricular Interventions to Promote Self-Care in Prelicensure Nursing Students" and is co-authored by Dr. Susan Gatto, PhD, RN, Director, UCA School of Nursing. The article to be featured on the Journal of Nursing Care Quality website is titled "The Effect of Joint Camp on Patient Outcomes Following Total Joint Replacement" and is coauthored by Dr. Ivana Dehorney, DNP, RN, NEA-BC (UCA DNP Class of 2016).

Ickes, W., Babcock, M., Hamby, T., Park, A., Robinson, R.L., & Taylor, W. Side streets and u-turns: Effects of context switching, direction switching, and factor switching on inter-item correlations and misresponse rates. *Journal of Personality Assessment*.

Dr. Twala Maresh, Senior Clinical Instructor of Physical Therapy, and her clinic for Spinal cord injured patients was part of this article on living with a spinal cord injury that recently appeared in the Arkansas Democrat-Gazette. <u>http://www.arkansasonline.com/news/2018/</u> feb/12/unbreakable-20180212/

Dr. Beula Magimairaj, Assistant Professor of Communication Sciences and Disorders has an upcoming publication. Magimairaj, B. & Nagaraj, N. Working memory and auditory processing in school-age children. Language Speech and Hearing Services in Schools. Invited peer-reviewed publication for a special issue of *Working Memory*. Op-ed article about pelvic physical therapy in the Huffington Post was written by UCA graduate and former adjunct

Physical Therapy graduate and former adjunct faculty member Lori Mize, who is a current faculty member at Lynchburg College in Virginia. <u>https://www.huffingtonpost.com/entry/</u><u>opinion-mize-pelvic-</u> therapy us 5a67f62ae4b0e5630074aa9b?zoj

Gallagher M, Robertson RJ, Goss FL, Kane I, Nagle EF, Tessmer KA. (2017). Exertional Observation in Adults Performing Intermittent Treadmill Walking and Running. *Int. J. Ex. Sci. 10 (8)*.

New publication by Dr. Shawn Charlton, Associate Professor of Psychology & Counseling. Sabey, C.V., Charlton, C., & Charlton, S. R. (2018). The "Magic" positive-to-negative ratio: Benefits, applications, cautions, and recommendations. *Journal of Emotional and Behavioral Disorders*. Advance online publication.

Dr. Duston Morris, Associate Professor of Health Sciences, has published a youth camp curriculum guide called "splash, spin, sprint". This resource is for use by camp directors across the country to introduce more youth to the sport of triathlon. The curriculum, which includes a 100 page activity manual and supply kit designed for children ages 6-15 was recently presented to attendees of the American camp association national conference in Orlando, Florida.

Dr. Anita Sego, Assistant Professor of Health Sciences, worked with a group of her students to create a video that presented the benefits of taking the CHES or MCHES exam that provides national professional certification for health educators. The video was submitted and received an honorable mention award from the National Commission for Health Education Credentialing, Inc. Department of Psychology and Counseling doctoral students, Amy Hufstedler and Sarah Lindeman, faculty, Heather Martens and Art Gillaspy, and alum Dr. Cindy Mikeal, have published chapters in the new book, Principle-Based Stepped Care and Brief Psychotherapy for Integrated Care Settings by Alex Maragakis (formerly of UCA) and Will O'Donohue.

Chapters include:

Lindeman, S. & Maragakis, A. (2018). Obesity. In A. Maragakis & W. O'Donohue (Eds .), *Principle-Based Stepped Care and Brief Psychotherapy for Integrated Care Settings* (pp. 269-278). New York: Springer.

Martens, H., Gillaspy, J. A., & Gillaspy, S. R. (2018). School Refusal Behavior. In A. Maragakis & W. O'Donohue (Eds.), *Principle-Based Stepped Care and Brief Psychotherapy for Integrated Care Settings* (pp. 359-368). New York: Springer.

Mikeal, C. & Gillaspy, J. A. (2018). Depression. In A. Maragakis & W. O'Donohue (Eds.), *Principle-Based Stepped Care* and Brief Psychotherapy for Integrated *Care Settings* (pp. 155-168). New York: Springer.

Sherman, A. C., Hufstedler, A., & Simonton-Atchley, S. (2018). Advanced cancer. In A. Maragakis & W. O'Donohue (Eds.), *Principle-Based Stepped Care and Brief Psychotherapy for Integrated Care Settings* (pp. 17-28). New York: Springer.

Counseling Psychology doctoral students Sarah Lindeman and Jon Nolan have an upcoming publication.

Maragakis, A., Lindeman, S., & Nolan, J. Evidence based and intensity specific services in the integrated care setting: Ethical considerations for a developing field. *Behavior Analysis: Research and Practice*.





Soto, A., Smith, T. B., Griner, D., Domenech Rodriguez, M., & Bernal, G. (In Press). Cultural Adaptations and Multicultural Competence. In J. Norcross and B. Wampold (Eds.), *Psychotherapy Relationships That Work* (3rd ed.). Oxford, UK: Oxford University Press.

Psychology doctoral student publications from Sarah Lindeman and Jon Nolan.

Lindeman, S., Nolan, J., & Maragakis, A. The epidemiology of medical diseases and associated behavioral risk factors. Chapter in *Behavioral medicine and integrated care: Efficient delivery of the most effective treatment*. Switzerland: Springer International Publishing.

Brian Odom, a PhD Physical Therapy student, along with Drs. Leah Lowe, Assistant Professor of Physical Therapy, and Charlotte Yates, Associate Professor of Physical Therapy, had a research paper accepted for publication in the Journal of Infusion Nursing. Odom B, Lowe L, Yates C. 2018. Post Peripheral intravenous Infiltration and Extravasation Injury Methodology: A Retrospective Study. *Journal of Infusion Nursing*. In press.

Mankey, T., Filer, J., & McGee, M. (2018). Trainees Learning Together Using a Solution-Focused Approach, *Education SIS Quarterly Practice Connections*, 3 (1), pp. 30-32. American Occupational Therapy Association.

Hudson, H. K., & Marshall, S. A. (2018). Consequences and predictors of sexting among selected Southern undergraduates. International *Journal of Sexual Health*, 29(4), 1-8. doi: 10.1080/19137611.2017.1404540

Lammers, W. J., & Byrd, A. (2018). Student gender and instructor gender as predictors of student-instructor rapport. Accepted for publication in *Teaching of Psychology*. This article began as Alleshia Byrd's Honors-in-the-Major project when she was an undergraduate student. Alleshia is now a graduate student in UCA's Mental Health Counseling program.



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