

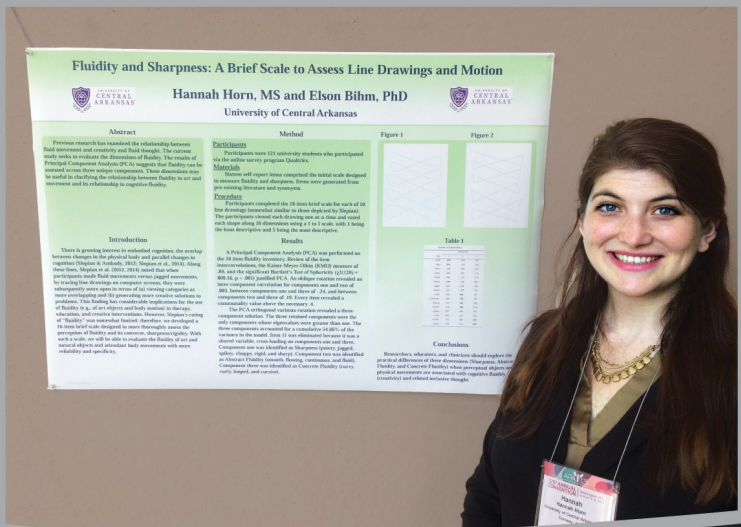
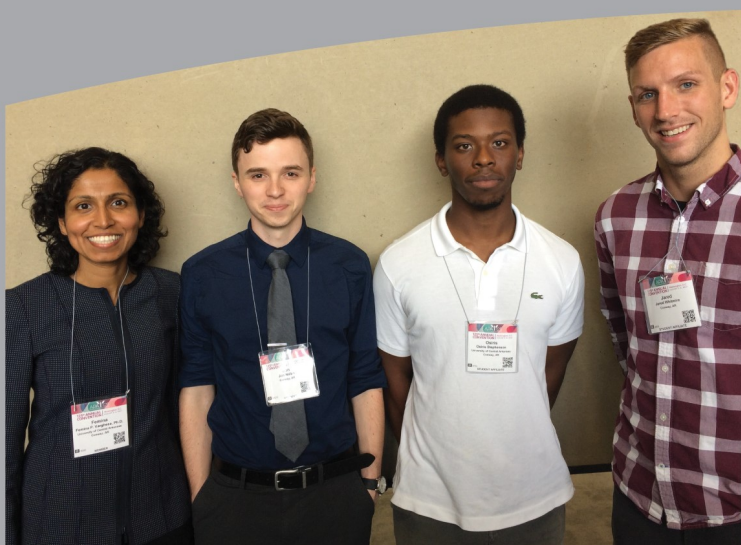
SIGNS – Significant and Important Good News

February 2018



UNIVERSITY OF
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COLLEGE OF HEALTH &
BEHAVIORAL SCIENCES





A Message from the Dean

I hope you enjoy reading about the Significant and Important Good News (SIGNs) from the College of Health and Behavioral Sciences at the University of Central Arkansas. Also, please note March 8th is the UCA Day of Giving. Together we all can make a difference.



Thanks to all our students, alumni, staff, and faculty for your efforts and support,

A handwritten signature in blue ink that reads "Jimmy H. Ishee". The signature is fluid and cursive.

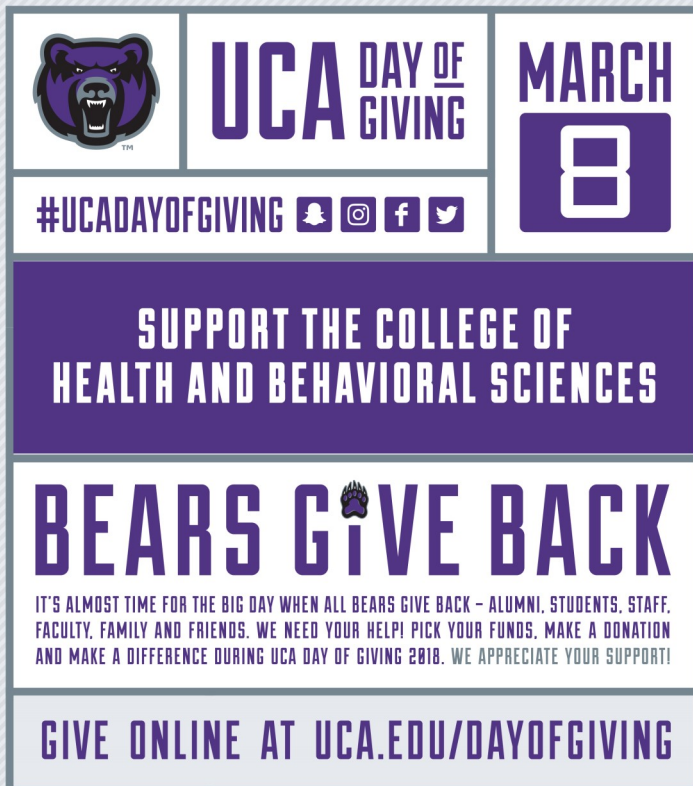
Jimmy H. Ishee, Dean

The mission of the College of Health and Behavioral Sciences is the enhancement of the health and well-being of the public through the preparation of professionals, the development and advancement of knowledge, and service to its constituencies.



UCA Day of Giving

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What is UCA Day of Giving?

UCA Day of Giving is a 24-hour drive on **March 8, 2018**. We are challenging all alumni, parents, faculty, staff and students to join us for UCA's 4th annual day of giving. In just 24 hours, we can build a stronger UCA.

How can I give?

Please consider making a gift of any amount to the UCA Day of Giving campaign by [giving at uca.edu/dayofgiving](http://uca.edu/dayofgiving). Day of Giving only lasts 24 hours and every gift will make a difference!

Where does the money raised go?

Student Impact

- Funds scholarships for students in financial need
- Classes get hands-on experience in a real world environment

Campus Impact

- Funds faculty and student research projects
- Provides classrooms with state-of-the-art equipment

Community Impact

- Allows experiential and service-learning opportunities
- Brings a guest lecturer, first class exhibits and performances to campus for the UCA community and surrounding areas

Why are private funds needed?

There has never been more pressure on universities to increase private funding as state funding remains flat. Gift to the UCA Foundation make a difference.



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R.E.A.C.H.

Round-tables for Engaging an Alliance for Collaborative Healthcare

IPE Conference

April 19-20, 2018 / Conway, Arkansas

SUBMIT YOUR ABSTRACTS FOR THE 2018 REACH INTERACTIVE POSTER SESSION

This year's theme is "Building Bridges" to improve interprofessional education and practice.

Deadline Extended; Submissions due March 15, 2018

Please submit your abstract to chadl@uca.edu

The **Interactive Poster Sessions** are active forums intended to facilitate the exchange of ideas. The first part of an interactive poster session functions similarly to traditional poster sessions, except authors will not be present at their posters. Instead, audience members read and engage with each poster by adding post-it notes asking for points of clarification or adding reflections. This is followed by parallel round-table sessions where audience members choose one poster to go back to and have a more in-depth conversation with the authors and other delegates.

Submission: Abstracts should not exceed 3,125 characters, including spaces.

All abstracts must be submitted electronically and will be peer reviewed.

The following information must be included with your submission, but will not count toward the character count:

References

Presenter/Author Information including:

Profession and credentials

Contact information

Affiliated institutions

City and state



Achievements

Dr. Jennifer Moore, Chair of Occupational Therapy, has been invited to serve on the Roster of Accreditation Evaluators for the American Occupational Therapy Association for the 2018-2021 term.

Dr. Susan L. Gatto, Director of Nursing, is now a member of an ongoing RN Residency Advisory Board to provide guidance for operations and future direction of the new Baptist Health RN Residency program. Nurse Residency Programs provide a series of learning and work experiences designed to support nurses as they transition into professional nursing practice. The program is designed to close the experience gap between nursing school and clinical practice at the point of care through mentorship and ongoing education.

Dr. Nancy Reese, Chair of Physical Therapy, was recently re-elected to the Board of Directors of the American Council of Academic Physical Therapy. Dr. Reese will serve as Treasurer of this organization that is composed of over 200 universities housing Doctor of Physical Therapy programs.

Psi Chi, the International Honor Society in Psychology, recently highlighted the UCA chapter's 10th consecutive Model Chapter Award on the Society's blog:
<http://www.psichi.org/blogpost/987366/279183/Psi-Chi-UCA-Receives-Model-Chapter-Award-TEN-Years-Running#.WXpJFYTyvcs> The UCA Psi Chi chapter was also given a special certificate from the central office in recognition of this achievement. Our students do great work and it is always wonderful to see their work awarded and recognized.

The School of Nursing is proud to report that 92.5% of the May BSN graduates passed the licensure exam (NCLEX-RN) the first time. This is well above the national (86.2%) and state (84.9%) passage rates.

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Dr. Alicia Landry, Assistant Professor of Family and Consumer Sciences, was elected President-Elect of the Arkansas Academy of Nutrition and Dietetics.

The UCA Dietetic Internship has been notified by the Accreditation Council for Education in Nutrition and Dietetics that the program continues to be accredited for a graduate degree Dietetic Internship enrolling 12 full-time interns annually with a Community Nutrition concentration.

Dr. Duston Morris, Associate Professor of Health Sciences, and colleagues developed a multi-sport, physical activity curriculum that has been accepted and adopted by USA Triathlon, the national organization that governs triathlon sports. The curriculum will be featured in USA Triathlon's youth and junior coaching certification training manuals. Dr. Morris will be the lead coach educator on the new manuals at two workshops being held in the Spring of 2018.

Dr. Anita Segó, Assistant Professor of Health Sciences, was appointed to serve on the Arkansas Public Health Association's Executive Committee in the role of Member at Large for a three-year term.

Two individuals from the Department of Physical Therapy were recently elected to represent the Arkansas Physical Therapy Association at the annual House of Delegates of the American Physical Therapy Association (APTA) that meets each June. Dr. Steve Forbush, Associate Professor of Physical Therapy, was elected to a 3-year term as Chief Delegate and Dr. Nancy Reese, Chair of Physical Therapy, was elected to a two-year term as Delegate.



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Dr. Betty Hubbard, Professor of Health Sciences, served on the Arkansas Health and Physical Education

Standards Revision Committee June 22-23 and July 26-28, 2017. The focus of the committee was to review and revise the standards for students in kindergarten through 12th grade. The standards provide frameworks for instruction in health and physical education for students throughout the state.

Dr. Chad Lairamore, Associate Professor of Physical Therapy, was named Co-Chair of the National Physical Therapy Examination (NPTE) Examination Development Committee by the Federation of State Boards of Physical Therapy. The NPTE is the national licensure examination for physical therapists. The Examination Development Committee oversees the item construction and exam review process in order to maintain the validity and reliability of the NPTE.

Ms. Anna Beth Atwell, a first-year Communication Science and Disorders graduate student, has been selected as the National Student Speech-Language-Hearing Association's Student State Officer (SSO). Only one speech-language pathology student is selected from each state to serve as a student state officer. SSO's will identify and discuss issues of concern to National NSSLHA Members and provide advice to the Regional Councilor in their region.

Dr. Duston Morris, Associate Professor of Health Sciences, and Dr. Anita Segó, Assistant Professor of Health Sciences, were selected to serve as the 2017-2018 NCHEC Ambassadors by the National Commission for Health Education Credentialing. NCHEC has over 120 registered Ambassadors across the United States. The role of the ambassadors is to encourage and increase student-faculty communication about opportunities in health professions and promote the

value of CHES and MCHES credentials at their respective campuses by educating students on the importance of attesting to a national standard.

UCA School of Nursing faculty administered 275 flu shots to OT and nursing students as well as faculty on Monday, October 16. A big "Thank You" to Myra Grantham and Annette Gartman for organizing and running our flu clinic this year! Also, thank you to the 16 nursing faculty who donated their time to give shots and verify paperwork. We enjoyed our new flow and set up in the Nabholz Center for Healthcare Simulation and look forward to next year. Here's to a healthy flu season!

Mr. Charles Hervey, Clinical Instructor I of Exercise and Sport Science, was elected the Executive Director of the Arkansas Association of Health, Physical Education, Recreation and Dance (ArkAHPERD). The ArkAHPERD is a professional organization that promotes and supports the State of Arkansas' fitness programs, encourages research, and cooperates with other organizations in the interest of developing the well-being of children, youth, and adults.

Dr. Kerry Jordan, Assistant Professor of Nursing, was elected to the board of the Arkansas Gerontological Society (AGS). AGS is an interdisciplinary organization that was established in 1972 to "improve options, choices and opportunities of mature Arkansans by convening public and private groups and individuals to share information and increase the knowledge and skills of members."



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an innovative management model ensuring that clinical staff are the ones making clinical decisions at the bedside, while encouraging them to influence the resources that support them.

Awards

Ms. Kendra Anderson, Counseling Psychology doctoral student, received the APA Division 18 (Psychologists in Public Service) Student Award. Below is a photo of Ms. Anderson receiving the award from APA CEO, Arthur Evans, at the APA Convention in Washington, DC.



Ms. Anderson, left, receiving the APA Division 18 Student Award from Arthur Evans, right.

Drs. Beula Magimairaj, Assistant Professor of Communication Sciences and Disorders, Natalie Benafield, Clinical Instructor of Communication Sciences and Disorders, and Naveen Nagaraj (UALR/UAMS), were awarded a Meritorious Poster Submission for their 2017 ASHA Convention Poster presentation titled, *No Relation Between Parent-Rating Scores & Performance-Based Working Memory Scores in School-Age Children: Clinical Implications*.

Governor Asa Hutchinson proclaimed Nov. 12-18, 2017, Nurse Practitioner Week in Arkansas. In support of this proclamation, Dr. Valerie Hart, Assistant Professor of Nursing, Mr. Robert Turner, APRN Student, and Dr. Sharon Stevenson, Clinical Assistant Professor of UAMS College of Nursing, recorded several radio spots addressing nurse practitioners and their role in improving access to healthcare. The radio spots aired November 14 and November 18 on Victory 100.9 FM & KVDW 1530 AM.

UCA School of Nursing students attended the state convention for the Arkansas Nursing Student's Association (ANSA) October 19-20, 2017.

William Tremaine, Level 4, received the Courageous Heart Award.

Sara Robinson, Level 4, received the ANSA scholarship for our district.

Josh Dabney, Level 3, was elected as the incoming ANSA Vice President.

Dr. Susan Gatto, Director of Nursing, was accepted into the 2018 Executive Leadership in Nursing Education and Practice Program. This program is part of the NLN Leadership Institute in the Center for Transformational Leadership. *The program is designed for executive leaders in nursing education and practice who wish to be energized, and want to reframe how they think about leadership and themselves as leaders. Participants can become champions for change, harness their authentic leadership, and design and implement strategies to innovate and meet the demands of nursing education and health care.* This year-long program will provide an opportunity to be engaged with peers and experts to examine issues related to leadership concepts and organizational systems.

The internationally recognized Forum for Shared Governance announced it has awarded one of its first shared governance accreditations to Conway Regional Medical Center. Che Reed, PhD, RN, CNL, a nurse researcher and faculty member at UCA, served as principal investigator for the application. Shared governance is



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Students in the University of Central Arkansas Department of Physical Therapy received the Award of

Excellence, and the Biggest Stretch Award for the 2016-2017 VCU-Marquette Challenge from the Foundation for Physical Therapy. The Award of Excellence is given to schools that raise \$10,000, or more, for the Challenge. UCA also received the Biggest Stretch Special Award for stretching its fundraising base for the greatest increase in funds raised over the previous year, raising \$10,499 more than the total in 2015-2016. Notably, UCA students raised more than \$11,000 for physical therapy research this year. The Challenge is the largest annual student-driven fundraising effort for the Foundation for Physical Therapy. The money raised by physical therapy and physical therapy assistant students helps fund scholarships and grants that advance patient care. Additionally, the Challenge supports the rigorous scientific review process for all Foundation grants and scholarships. Since its inception in 1989, 269 schools have participated in raising more than \$3.7 million for physical therapy research. Both awards were presented to UCA students at the American Physical Therapy Associations' NEXT Conference and Exposition in June in Boston, MA. Representing the University of Central Arkansas at the conference were physical therapy students Bridget Feltz, Chris Brynell, and Emyleigh Wood, along with Dr. Nancy Reese, chair of the Department of Physical Therapy. The group holds the Award of Excellence and Biggest Stretch Award.

Dr. Lisa VanHoose, Assistant Professor of Physical Therapy, and her research collaborators were awarded a PCORI Pipeline to Proposal Tier A award. The funds will be used to build a partnership of individuals and groups who share a desire to advance patient-centered outcomes research focused on cancer distress screening and care of individuals identified as having distress

related to cancer diagnosis or treatment.

Ms. Rachel Schichtl, Clinical Instructor of Family and Consumer Sciences, received the Jewell L. Taylor Graduate Fellowship at the American Association of Family & Consumer Sciences 108th Annual Conference & Expo in Dallas, Texas. She is pictured below with Dr. Duane Whitbeck, American Association of Family and Consumer Sciences 2016-17 President.



Ms. Rachel Schichtl, left, receiving the Jewell L. Taylor Graduate Fellowship from Dr. Duane Whitbeck, right.

Ms. Hadley Dahlem, a first-year graduate student in Communication Sciences and Disorders (CSD), has been awarded the 2017 Arkansas Speech-Language-Hearing Association Betty Bass Scholarship. This scholarship is awarded annually through a competitive process to one CSD graduate student enrolled in an Arkansas college or university.



Mr. Charles Hervey, Clinical Instructor I Exercise and Sport Science, received the 2017 ArkAHPERD College Teacher of the Year Award. Hervey has spent 32 years in the professional field of education, mentoring and training physical education teachers and coaches. He had this to say, "Teaching is a noble and rewarding profession that can be very impactful to young people as they begin developing successful and meaningful habits of life." He is pictured with Ms. Agneta Sibrava, former Vice president of Health on the ArkAHPERD Committee on Higher Education and Research.



Mr. Charles Hervey, left, receiving the ArkAHPERD College Teacher of the Year Award from Ms. Agneta Sibrava, right.

Grants

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Drs. Betty Hubbard, Professor of Health Sciences, Jacquie Rainey, Professor and Associate Dean of College of Health and Behavioral Sciences, and Heather Hudson, Associate Professor of Health Sciences, received a grant award from the Arkansas Department of Education. The purpose of the grant is to evaluate data collected from school districts within the state that are implementing evidence-based sexuality curricula.

Dr. Susan Gatto, Director of Nursing, was awarded \$1400 for a Faculty Development grant for 7 CHBS Simulation Ambassadors from Nursing, OT, FACS, Health Sciences, CSD, and EXSS to attend the Interprofessional Simulation Conference in Atlanta, GA November 14-15.

Presentations

Dr. Steve Tucker, Chair of Exercise and Sport Science, presented a research study, entitled *Effects of 6-week Open Kinetic Chain and Closed Kinetic Chain Resistance Exercise Programs on Scapular Upward Rotation*, during a podium session at the National Athletic Trainers' Association Clinical Symposia & AT Expo in June in Houston, TX. Co-authors on the study were Mr. Sean Engle, Clinical Instructor I of Exercise and Sport Science, Dr. James Fletcher, Professor of Physical Therapy, and Dr. David Taylor from UAMS.

Pyle, J.M. & Soto, A. (Psychology and Counseling). (2017). *A Meta-analysis of Multicultural Counseling Competencies and Client Experiences in Psychotherapy*. Paper presented at the fall convention of the Arkansas Psychological Association, Little Rock, AR.



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Dr. Femina Varghese, Associate Professor of Psychology, Jon Nolan, Counseling Psychology doctoral

student, Osiris Stephenson, graduate student, and Jared Whitmire, graduate student, presented at the American Psychological Association meeting in August in Washington, DC.



From left to right, Dr. Femina Varghese, Jon Nolan, Osiris Stephenson, and Jared Whitmire.

Dr. Thomas Lowder, Assistant Professor of Exercise and Sport Science, presented an invited lecture at the National Strength and Conditioning Association (NSCA) Arkansas State Clinic in Little Rock. The presentation was entitled *Conditioning and Cardiovascular Training*. Alex Fotioo, Alumnus and UCA's Director of Strength and Conditioning, also presented an invited lecture entitled *Mobility Methods* in August.

Fradley, M., Pyle, J.M., Anderson, B., Green, M., Sutherland, E., Walker, A., Fason, M., Kim, J., Fults, B., & Soto, A. (Psychology and Counseling). (2017). *Culturally Adapted Treatments: A systematic review of common factors*. Poster presented at the fall convention of the Arkansas Psychological Association, Little Rock, AR.

Anderson, B., Pyle, J.M., Fason, M., Fradley, M., Kim, J., Green, M., Fults, B., Walker, A., Sutherland, E., & Soto, A. (Psychology and Counseling). (2017). *Common Factors in Psychotherapy: Alliance, empathy, and expectations with outcome*. Poster presented at the fall convention of the Arkansas Psychological Association, Little Rock, AR.

Dr. Duston Morris, Associate Professor of Health Sciences, and Chris Dole, former FACS student, presented at the American College of Lifestyle Medicine Conference in October at Tuscon, AZ. Their presentation entitled *Nutrition Education and Cues to Action: Changing Athletic Performance Using the Health Belief Model* addressed how theoretical frameworks from health education can be used to improve nutrition education and dietary habits among collegiate athletes.

Dr. John Murphy, Professor of Psychology & Counseling, presented a full-day training workshop in August entitled, *Brief Solution-Focused Counseling* to school psychologists, school counselors, therapists, social workers, and administrators in Intermediate Unit 17, Williamsport, PA.

Dr. Anita Segó, Assistant Professor of Health Sciences, Dr. Denise Demers, Assistant Professor of Health Sciences, and Destiney Walker presented an all-day pre-conference workshop entitled *On the Road--Staying Safe as a Traveling Public Health Professional* at the 69th Arkansas Public Health Association Annual Meeting and Building a Healthy Arkansas: Strategies to Improve Health in the Natural State Conference held in May at the Crown Plaza in Little Rock, AR.



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Dr. Anita Sego, Assistant Professor of Health Sciences, presented a poster presentation entitled *Choosing Hormone Replacement Therapy - The Experiences of Female Health Educators* at the 69th Arkansas Public Health Association Annual Meeting and Building a Healthy Arkansas: Strategies to Improve Health in the Natural State Conference held at the Crown Plaza in May in Little Rock, AR.

Dr. Tina A. Mankey, Professor of Occupational Therapy, presented a presentation entitled, *The Role of Occupational Therapy in Post-Secondary Transition, at the Arkansas Rehabilitation Services Transition Counselor Training: Building Our Bridge to Success*. The conference was held on August 24-25, 2017 at the 4-H Center in Ferndale, AR.

Dr. Dong Xie, Associate Professor of Psychology and Counseling, chaired a symposium, entitled *Training Chinese Professional Counselors: When Severe Shortage Encounters Huge Need* at the annual meeting of the American Psychological Association, held in August in Washington, DC.

Dr. Heather Hudson, Associate Professor of Health Sciences, and Dr. Duston Morris, Associate Professor of Health Sciences, presented at the American College Health Association Conference in Austin, Texas, *Exploring Relationships Between Sexuality, Housing, and Academic Success Among College Students*.

Nagaraj, N., & Maimairaj, B. (Communication Sciences and Disorders). (2017). *Working memory capacity and lexical knowledge in perceptual restoration of interrupted speech*. A poster presented at the 174th Meeting of the Acoustical Society of America in New Orleans, LA.

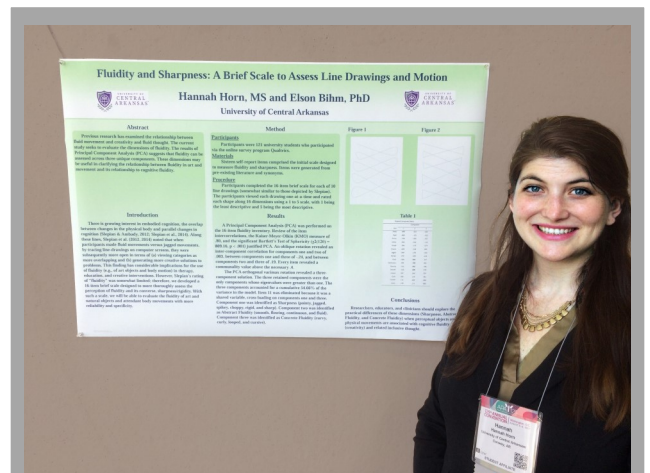
Cory Cobb, Counseling Psychology doctoral student, presented a professional development workshop at the Arkansas State Hospital Department of Psychology on November 15, 2017, entitled, *The Multicultural Orientation: An Alternative Approach to Competency-Based Models*.

Daniel Garten and Cody Walker, 2017 graduates of the MS in Exercise Science Program, presented their research at the Central States American College of Sports Medicine Conference in October in St. Charles, MO.

Neuromuscular Recruitment and Vertical Jump Performance Following Antagonist Stretching

Daniel Garten, Adam Bruenger, Thomas Lowder, Michael Gallagher
Comparison of Muscle Activity during a Ring Muscle Up and Bar Muscle Up
Cody Walker, Adam Bruenger, Steven Tucker, Rock Lee.

Ms. Hannah Horn, Counseling Psychology doctoral student, presented a poster entitled *Fluidity and Sharpness: A Brief Scale to Assess Line Drawings and Motion*, at the annual meeting of the American Psychological Association, held in August in Washington, DC.



Ms. Hannah Horn with her presentation poster.



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The Society of Public Health Education Case Study Competition was held on the UCA

campus and sponsored

by Arkansas SOPHE as part of National Health Education Week. The first place team selected to attend the National Competition in Spring 2018 will include HED students Eric Tripp, Alexandra Wade, and Julie Yang. Their faculty adviser is Dr. Duston Morris, Associate Professor of Health Sciences. Two additional teams from UCA placed in the top three within the State. These teams' advisers included Dr. Anita Segó, Assistant Professor of Health Sciences, and Miss Jaimi Allen, Instructor of Health Sciences. This will be the second consecutive year UCA will be represented at the National Case Competition.

Dr. John Murphy, Professor of Psychology and Counseling, presented an invited training workshop to psychiatrists, psychotherapists, training faculty, and graduate students entitled, *Solution-Focused Coaching with Children, Teens, and Families* in October, at the Helsinki Brief Therapy Institute in Helsinki, Finland.

Dr. Margaret McGee, Associate Professor of Physical Therapy, had a proposal accepted for presentation of a symposium at the APTA NEXT Conference and Exposition 2018, to be held in June 2018 in Orlando, FL. The title of Dr. McGee's symposium is entitled *Let's Go! Fitness Testing to Promote Physical Literacy in Children with Disabilities*.

Dr. John Murphy, Professor of Psychology & Counseling, presented a keynote address in November, entitled, *The One Thing: Becoming Better by Harnessing the Most Powerful Element of Counseling* at the Annual Fall Conference of the Arkansas Counseling Association in Hot Springs, AR.

Publications

Lairamore, C., Morris, D., Schichtl, R., George-Paschal, L., Martens, H., Margakis, A., Garnica, M., Jones, B., Grantham, M., and Bruenger, A. (August 2017). "Student perceptions of teamwork when the number of professions represented in a case-based interprofessional education forum is expanded: a six-year cohort study." *Journal of Interprofessional Care*.

McCormick, C. R., Atcherson, S. R., Findlen, U. M., Wakefield, S. and Benafield, N. J. (Communication Sciences and Disorders). (2017). (C)APD Grand Rounds: Multiple Cases, Multiple Causes, Multiple Outcomes. *American Journal of Audiology*.

Dr. Veronica Rowe, Assistant Professor of Occupational Therapy, published a manuscript entitled Task Oriented Training and Evaluation at Home (TOTE Home) in *OTJR: Occupation, Participation, and Health*.

Huett, E., Bartley, W., Morris, D., Reasbeck, D., McKittrick-Bandy, B., and Yates, C.. (Physical Therapy). (2017). Collagenase for Wound Debridement in the Neonatal Intensive Care Unit: A Retrospective Case Series. *Pediatric Dermatology*.

Barnes, C.D., Bullard, M.B., and Kohler-Evans, P. (Psychology and Counseling). (2017). Essential Coaching Skills for Affective Development. *Journal of Education and Culture Studies*.



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Drs. William Bandy, Professor of Physical Therapy, and R. Nelson, Physical Therapy alumni, recently had an article accepted for publication. As Dr. Bandy notes below, Dr. Nelson is a graduate of both our entry level PT program and our PhD program in Physical Therapy. Nelson, R., Bandy, W.D., Beamer, L. Comparison of Dry Needling vs. Sham on the Performance of Vertical Jump. *International Journal of Sports Physical Therapy*.

Dr. Kerry Jordan, Assistant Professor of Nursing, published a manuscript entitled Pilot Testing a Coaching Intervention to Improve Certified Nursing Assistants' Dressing Assistance in Nursing Homes, in *Research in Gerontological Nursing*.

Cobb, C., Zamboanga, B., Schwartz, S. J., Xie, D., Meca, A., and Sanders, G. L. (Psychology and Counseling). (In Press). From Advising to Mentoring: Toward Proactive Mentoring in Health Service Psychology Doctoral Training Programs. *Training and Education in Professional Psychology*.

Mayo, J., Tucker, W. (Family and Consumer Sciences and Exercise and Sport Science). (2017, September). Electromyographical Comparison of Muscle Activation Patterns Across Three Commonly Performed Kettlebell Exercises. *Journal of Strength and Conditioning Research*.

Henderson, J., Lyons, B.C., Tucker, W.S., and Davidson, B. (Exercise and Sport Science). (2017). Comparison of Prophylactic Ankle Cloth Wrapping and Taping on Vertical Jump Performance in Division I Football Players. *International Journal of Athletic Therapy and Training*.

Dr. Heather Hudson, Associate Professor in the Department of Health Sciences had an invited article published in the October, 2017 edition of *Little Rock Family magazine*, entitled "Teach Your Kids About Sex?" "The Answer is Yes!"

Dr. Meg Omonishi, Counseling Psychology MS graduate, published a book entitled, *Americans see a Psychiatrist Casually*. The book reflects on her clinical experiences treating both Japanese and American clients. It was published in Japan for a Japanese audience and includes a comparison of American and Japanese approaches to mental health and reactions to psychological treatment. Meg is currently in practice in New York City, where she provides psychological services for Japanese speaking clients in an integrated healthcare setting.



Dr. Meg Omonishi



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