

## CETAL Events- Fall 2021

### LUNCH & LEARNS

#### **Supporting Each Other and Our Students in the Next Normal: A Faculty Roundtable**

**Date:** Monday, September 13

**Facilitator:** Amy Hawkins

Our first lunch program is devoted to providing faculty a space in which to share challenges, pinpoint opportunities, and brainstorm ways to support each other and our students related to teaching and learning. Join us for an open discussion of how we can care for ourselves and others in this academic year.

#### **Fulfilling Your Legacy as an Educator with ALL of Your Students**

**Date:** Tuesday, September 21

**Facilitator:** Angela Webster

Although the term “legacy” calls to mind the afterlife, we can reframe the word to generate momentum in our life as educators. This session sets aside time for you to craft your living legacy based on your values and your unique knowledge, gifts, and abilities. Join us as we ignite excitement around the design of your positive imprint on UCA, in ways that are meaningful to you.

#### **Lived Experiences Panel: LGBTQ+ Student Populations**

**Date:** Thursday, October 7

**Facilitator:** Taine Duncan

As our UCA community grows with intentional inclusivity of various populations, we must remember our LGBTQ+ student population deserves to feel safe, welcomed, and wanted. In this session, Dr. Taine Duncan will facilitate a conversation with student panelists on their experiences at UCA, and on their ideas for ways to become more gender-inclusive and LGBTQ+ friendly. Discussing everything from experiences of exclusion, to the communities of belonging they've created, to ways in which you can demonstrate your allyship in and out of the classroom, this is a panel you will not want to miss!

#### **Expanding Your Toolkit for Interactive Online Instruction**

## **CETAL Events- Fall 2021**

**Date:** Wednesday, October 27

**Facilitator:** Danielle Barron, Zach Smith

Contrary to many student (and faculty) expectations, teaching online does not mean abandoning the interaction that made your in-person classes great. In this session, faculty members Danielle Barron and Zach Smith survey a variety of strategies for increasing interaction, building community, and fostering student engagement in synchronous and asynchronous online learning spaces. From coordinating Zoom breakout rooms with shared Google Docs and Jam-Boards to fostering active participation with recorded lectures via Annoto and FlipGrid, this session offers a diverse toolkit of programs and strategies designed to serve a variety of classroom needs and learning goals. As online teaching inevitably becomes a larger part of everyone's pedagogical work, this interactive session gives participants a chance to brainstorm how online learning tools serve their course, whether they teach predominantly online or in person.

### **Using Reflection Strategies to Foster Inclusive Learning**

**Date:** Thursday, November 4

**Facilitator:** Lesley Graybeal

In the century since educator John Dewey pioneered reflection as the hallmark of experiential learning, educators have developed a variety of strategies for helping students connect experiences in and out of the classroom with theoretical and conceptual understanding within a discipline. While many service-learning and experiential learning practitioners use journaling or essays to capture student reflections, written reflection is just one of many options for students to use to think critically about their experiences; furthermore, reflection assignments that are not intentionally structured can merely provide space for students to reproduce their preexisting notions or assumptions. This interactive workshop will allow participants to practice using a variety of reflection tools and strategies, explore how to craft reflections for inclusive and just learning environments, and consider strategies for using reflections as authentic and meaningful assessments of student learning.

### **Think Again: Helping Students Think Critically and Respect Expertise**

**Date:** Tuesday, November 16

**Facilitator:** Doug Corbitt, Leah Horton

In an era with increasing societal fragmentation and a proliferation of misinformation, with much of it intentionally and maliciously spread via social media, it has never been more important to equip students with the ability to consider the credibility of their sources of information and to discern sources of genuine and substantive expertise. Join your colleagues to learn ways to more fully prepare students to think more critically about who is - and isn't - an expert in areas that affect us and our world.

## CETAL Events- Fall 2021

### INSTRUCTIONAL WORKSHOPS

#### **“Fall”-ing for the Science of Learning Series**

Regardless of the discipline, a goal of teaching is to promote neuroreorganization or - in its more common name - learning! In the two workshops of this series, we will discuss the fundamentals of how nervous systems change and how understanding the physiology of learning can provide better experiences and learning in our classrooms.

#### **How We Learn: Changing Brains Is an ART**

**Date:** Tuesday, Oct. 12th

**Facilitators:** Shawn Charlton, Jeff Padberg, Mita Puri

Join us in an exploration of the fundamentals of the neuroscience of learning. This foray into the science of how brains change is designed to help everyone - regardless of their comfort with biology - understand how teaching and learning can be improved through the science of learning.

#### **How We Learn Better: Understanding Arousal’s Role in Learning**

**Date:** Tuesday, Nov. 16th

**Facilitators:** Shawn Charlton, Jeff Padberg, Mita Puri

Continue our exploration of the fundamentals of the neuroscience of learning! This workshop focuses on how understanding physiological reactions - such as those linked to stress and arousal - can be leveraged to improve learning and memory. We will explore components of the nervous system that drive our responses to stress, and learn some practical methods that can improve the classroom experience for our students.

#### **BeWell Series**

#### **Healthy Mind Platter: Build a Balanced Mental Health Routine**

**Date:** Friday, September 24

**Facilitator:** Moriah Bruner (wellness partnership)

## CETAL Events- Fall 2021

Are you deficient in a daily regimen necessary for mental well-being? During this workshop, we will explore Dr. Dan Siegel's Healthy Mind Platter. Similar to the Healthy Eating Plate, the Healthy Mind Platter includes seven essential mental activities necessary for optimum mental health in daily life. There is no specific recipe for a healthy mind, but it can be helpful to map out our day to include the essential mental activities we need to thrive. Through a simple exercise, participants will assess what percentage of time is currently spent in each area and then establish a plan for a more balanced routine. Like a balanced diet, there are many combinations that can work well.

### **Demonstrating Care for Colleagues**

**Date:** Friday, November 12

**Facilitator:** Moriah Bruner and Dr. Kevin Rowell (wellness partnership)

Because we see our colleagues on a regular basis, we often can tell if they are struggling emotionally. But most of us don't have the training to know how to offer support and guidance to our peers who are suffering with mental-health concerns or showing signs of overwhelm. So how should we help? During this workshop we will explore the "Notice-Ask-Refer" model, as well as discuss other informal strategies to demonstrate compassion and empathy for our colleagues.

## LEARNING COMMUNITIES & BOOK GROUPS

### **New Faculty Teaching Academy (New!)**

**Dates:** Mondays (Aug. 30, Sept. 13 & 27, Oct. 11 & 25, Nov. 8 & 22, Dec. 6)

**Facilitator:** Amy Hawkins and Faculty Leadership Team

As a learning community specifically tailored for the unique needs of and demands on first- and second-year faculty, this group will meet twice a month with a semi-structured curriculum to equip new faculty in their areas of felt needs related to teaching at UCA. Each session offers a workshop and discussion group format.

### **Early Career Coaching Circle (New!)**

**Dates:** Tuesdays (Sept. 7 & 21; Oct. 5 & 19; Nov. 2, 16, & 30)

**Facilitator:** Amy Hawkins and Faculty Leadership Team

This is a learning community with a semi-structured discussion format for faculty in their second year through their fifth year. This group will meet twice a month throughout the academic year

## **CETAL Events- Fall 2021**

to support each other in the development of individualized plans to set and achieve goals in the areas of teaching, scholarship & creative activity, and service.

### **Mid-Career Coaching Circle (New!)**

**Dates:** Thursdays (Sept. 2, 16, & 30; Oct. 14 & 28; Nov. 11)

**Facilitator:** Amy Hawkins and Faculty Leadership Team

This is a learning community with a semi-structured discussion format for faculty in their sixth year and beyond. This group will meet twice a month throughout the academic year to support each other in the development of individualized plans to set and achieve goals in the areas of leadership, teaching, scholarship & creative activity, and service.

### **Building Antiracist White Educators (BARWE)**

**Dates:** Wednesdays (Sept. 15, Oct. 20, Nov. 17)

**Facilitator:** Donna Wake

BARWE is a model that centers the thought that white educators must participate in the dismantling of white supremacy in school spaces. This work is not solely the responsibility of Black, Brown, and Indigenous educators. White teachers must engage in collective action to consistently study and reflect on our identity and place within systems and communities. Through this work, we can participate in ongoing work of building anti-racist systems that support the social, emotional, and academic well-being of our students and of our colleagues. This reading and inquiry series meets once a month and centers content for learning, introspection, and action.

### ***Essentialism* Book Group for Women**

**Dates:** Wednesdays (Sept. 15, Sept. 29, Oct. 13, Oct. 27, Nov. 10, Dec. 1)

**Facilitators:** Laura Niswonger, Lisa Skultety

Women faculty often feel pulled in too many directions-- as teachers, mentors, researchers, and colleagues. Then, when the workday is over, the second shift begins-- partner, parent, caregiver, and friend. Where do we begin? How do we navigate these competing responsibilities and priorities? *Essentialism: The Disciplined Pursuit of Less* by Greg McKeown can help guide us to discovering what is absolutely essential and to focusing our efforts on the essentials and eliminate what is not.

## **CETAL Events- Fall 2021**

### **Women in Academic Leadership Learning Community (WALL-C)**

**Dates:** First Friday of each month (Sept. 3, Oct. 1, Nov. 5)

The WALL community exists to support and empower female leaders at UCA. Leadership is defined by role and not by position; therefore, women in all roles and positions are eligible to participate. WALL-C participants are encouraged to bring their own lunch or purchase lunch in the cafeteria. Sessions this fall will focus on key concepts from the book *Burnout: The Secret to Unlocking the Stress Cycle* by Emily and Amelia Nagoski. Scheduled order of topics include:

#### **External Enemies that Cause Stress and Burnout**

Facilitators: Debra Burris, Amy Hawkins, Wendy Lucas

#### **Internal Resources to Cope with Stress and Burnout (via Zoom)**

Facilitators: Denise Demers, Leah Horton, Stacy Lom

#### **External Resources to Cope with Stress and Burnout**

Facilitators: Laura Niswonger, Jen Parrack, Lisa Skultety

Participants may attend one or all sessions.

### **Scholarship of Teaching and Learning (SoTL) Research Group**

**Dates:** Tuesdays (Aug. 31; Sept. 14 & 28; Oct. 12 & 26; Nov. 9 & 30)

**Facilitators:** Darshon Anderson, Thomas Lowder, Sandie Nadelson, Marsha Massey, Faith Yarberry

Curiosity is a key component of life-long learning while confidence in skills and abilities is essential to success after college. However, research suggests instructors are not as knowledgeable of strategies to increase curiosity in the classroom and Higher Ed students are leaving college with lower levels of confidence in their skills and abilities. Join our Scholarship of Teaching and Learning (SoTL) Community this semester to partner in research that will explore questions related to enhancing curiosity in higher education classrooms as well as understanding how High Impact Practices impact student confidence and career preparedness.

### **Teaching & Learning in STEM**

**Dates:** Wednesdays (Sept. 1 & 15, Oct. 6 & 20, Nov. 3 & 17)

**Facilitator:** Ashley Beyerl

## CETAL Events- Fall 2021

STEM disciplines face unique challenges in the fields of teaching and learning. This year-long learning community will serve as a meeting place for anyone interested in improving, exploring, and growing as professionals. We will meet twice a month for lunch and discussion on a variety of topics from best practices, to technology, to interdisciplinary and interdepartmental approaches for teaching and beyond!

## CONFERENCES & INSTITUTES

### **Summer Teaching Excellence Institute**

On behalf of the Office of the Provost, CETAL, and the Faculty Support Working Group that is part of the Council for Student Success, we are excited to announce our inaugural offering of a week-long Summer Teaching Excellence Institute. The institute will focus on four primary themes: a deep dive into the characteristics of the UCA student body, the science of learning and memory, inclusive pedagogies, and socioemotional skills. The institute facilitators are working diligently to model innovative pedagogy and active participation throughout the experience.

**Dates:** June 21 – 24, 2021

### **Global Learning Institute**

The Office of International Engagement (IE) is working with CETAL to offer UCA faculty the opportunity to add a Collaborative Online International Learning (COIL) unit in an existing class for Fall 2021 or Spring 2022. This inaugural workshop will be a one-day COIL training on Thursday, June 17, 2021.

**Date:** June 17, 2021

### **Service-Learning Faculty Fellow Institute**

The Service-Learning Faculty Fellows Institute provides faculty an in-depth professional development opportunity to learn how to successfully integrate service into their curricula and ultimately serve as advocates for service learning at UCA. This institute is designed to benefit faculty who wish to explore service-learning as a pedagogical tool in an intensive, in-depth manner, with the intent of implementing it into a specific academic course.

**Dates:** May 17 – 28, 2021

## **CETAL Events- Fall 2021**

### **Mini-Conference**

CETAL is offering a one-day, high-impact mini-conference for all UCA faculty. This year's theme is **Navigating the Next Normal for Ourselves and Our Students**. Sessions will include science of learning principles and strategies to support our students academically as well as tools for caring for our own and our students' socioemotional well-being. Lunch will be provided.

**Date:** August 13, 2021

### **New Faculty Orientation**

CETAL coordinates a full-day orientation each August for new, full-time faculty designed to highlight critical information about teaching at UCA, reinforce best practices in teaching, and build relationships with colleagues.

**Date:** August 16, 2021