



Exercise Science

Top 15 Desired Skills for Entry Level Jobs:

Analytical Thinking

Client-Centered Communication

Problem-Solving

Data Literacy - Biometric data, metrics, etc.

Time Management

Collaboration

Motivational Interviewing & Coaching

Program Administration

Technical Proficiency

Emergency Response - CPR, AED, etc.

Ergonomic Assessment

Health Coaching/Education

Professional Ethics/Boundaries

Sales and Outreach

Health & Lifestyle Coaching