

Academic Map: Health Promotion

Department: Health Sciences **Degree:** BS
Program/Major: Health Promotion
Track/Emphasis: _____
Does this program require a minor? (Yes/No) No

Important program information in the online *Undergraduate Bulletin*:

UCA Core Requirements: <https://uca.edu/ubulletin/general-policies-information/uca-core/>
LD UCA Core Check Sheet: <https://uca.edu/academicbulletins/ld-uca-core/>
UD UCA Core Course List: <https://uca.edu/academicbulletins/ud-uca-core/>
Degree Requirements: <https://uca.edu/ubulletin/general-policies-information/degree-requirements/>
Program Description: <https://uca.edu/ubulletin/colleges-departments/ch/health-sciences/>
Course Descriptions: <https://uca.edu/ubulletin/courses/>

This degree program requires a total of 120 semester credit hours, including at least 40 upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](https://uca.edu/academicbulletins/ld-uca-core/) (https://uca.edu/academicbulletins/ld-uca-core/) takes the user to the *Undergraduate Bulletin's* Lower-Division (LD) UCA Core check sheet, where UCA Core options and ACTS course numbers are listed in full; an [acts link](https://uca.edu/academicbulletins/acts/) takes the user to the *Undergraduate Bulletin's* ACTS page (https://uca.edu/academicbulletins/acts/) for additional information and a UCA-ACTS crosswalk.

Scholarship recipients: Please be aware of eligibility criteria for your scholarship(s). In particular, pay attention to (1) the enrollment requirements each semester for disbursement of your scholarship(s) and (2) the number of hours and GPA required each semester and/or year for renewal of your scholarship(s). Some Academic Maps may suggest enrollment in fewer hours than required for disbursement of your scholarship(s). In such cases, work with your academic advisor to adjust your schedule to meet requirements most efficiently. Contact the Office of Student Financial Aid at (501) 450-3140 with any questions regarding enrollment/renewal requirements of your scholarship(s). For online information resources, see endnote ¹.

Year 1

Fall – Semester 1 (credit hours: 15/16)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1310	Introduction to College Writing	3	ENGL1013
MATH	1360	Quantitative Literacy ² or	3	MATH1113
BIOL	1400	Exploring Concepts in Biology	4	BIOL1004
HLTH	1320	Essentials of Health and Wellness	3	
PSYC	1300	Introduction to Psychology or	3	PSYC1103
SOC	1300	Principles of Sociology (recommended LD UCA Core: Social Science) or Other LD UCA Core		SOCI1013
COMM	1300	LD UCA Core: First Year Seminar or Principles of Communication or approved alternative (LD UCA Core: Oral Communication) ³	3	core link SPCH1003

Spring – Semester 2 (credit hours: 15/14)

SUBJ	NUM	TITLE	SCH	ACTS
BIOL MATH	1400 1360	Exploring Concepts in Biology or Quantitative Literacy ²	4 3	BIOL1004 MATH1113
WRTG ENGL	1320 1320	Academic Writing and Research or Interdisciplinary Writing and Research or Other approved alternative (LD UCA Core: Research/Writing)	3	ENGL1023 ENGL1023 core link
HLTH		Major Elective (HLTH 2320: Mental Health suggested)	3	
COMM	1300	LD UCA Core: First Year Seminar (if not taken semester 1) or Principles of Communication or approved alternative (LD UCA Core: Oral Communication)	3	core link SPCH1003
HLTH	2201	First Aid	2	

Year 2**Fall – Semester 3 (credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
		LD UCA Core	3	core link
BIOL	2405	Anatomy and Physiology	4	
HLTH	3325	Disease Management	3	
		LD UCA Core	3	core link
		General Elective	3	

Spring – Semester 4 (credit hours: 14)

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	2411	Microbiology in Human Affairs	4	BIOL2004
HLTH	3301	The Health Education Profession (UD UCA Core: R)	3	
		LD UCA Core	3	core link
		LD UCA Core: Lab Science	4	core link

Year 3**Fall – Semester 5 (credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
HLTH	3320	Epidemiological Research (UD UCA Core: I)	3	
		Elective, upper-division	3	
		Elective, upper-division	3	
		Elective, upper-division	3	
PSYC	2330	Psychological Statistics or Approved alternative ⁴	3	

Spring – Semester 6 (credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
HLTH	4370	Administration of Health Programs (UD UCA Core: C)	3	
HLTH		Major Elective	3	
		General Elective	3	
		General Elective	3	
		General Elective	3	

Year 4**Fall – Semester 7 (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
HLTH	4331	Program Planning & Evaluation	3	
HLTH	4320	Health Communication and Advocacy	3	
HLTH		Major Elective (UD UCA Core: D) ³	3	
HLTH	3300	Methods and Materials for Health Promotion (UD UCA Core: C)	3	
HLTH	4300	Community Health	3	

Spring – Semester 8 (Credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
HLTH	4600	Health Promotion Internship (UD UCA Core: Z)	6	
		General Elective	3	
		General Elective	3	
		General Elective	3	

SIGNED – DEPARTMENT CHAIR

DATE

SIGNED – COLLEGE DEAN

DATE

To be completed by the advisor when an Eight-Semester plan is accepted by the student:

If applicable, has student selected a minor? Type “x” as appropriate. _____ **No** _____ **Yes**

If “yes,” specify: _____

Notes

¹ See online information resources for UCA scholarships at <https://uca.edu/scholarships/> and for state scholarships at <https://scholarships.adhe.edu/scholarships-and-programs/a-z/>.

² Students who have already earned credit for another 1000-level MATH course (e.g., concurrent credit, CLEP, AP, transfer, etc.) may substitute that course for MATH 1360. A student who has not previously earned credit for a 1000-level MATH course must enroll in MATH 1360.

³ See appropriate choices, alternatives, or substitutions under “UCA Core” in the *Undergraduate Bulletin*. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. A lab science (BIOL 1400 or a Physical Science) and MATH 1360 should be taken in the first year if possible.

The student will also need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. See annotations in this Academic Map for courses within the major that fulfill these requirements. The UD UCA Core diversity requirement may be fulfilled using a major elective (HLTH 3305, 4343, 4395, or 4396).

⁴ Any one of the following may be used to fulfill the statistics requirement: GEOG 2330, MATH 2311, PSCI 2312, PSYC 2330, CISA 2330, SOC 2321.