

# PHYSICAL EDUCATION - TEACHER EDUCATION (PETE)



## WHY STUDY AT UCA?

The University of Central Arkansas is committed to a bright future - that includes you! At UCA, you're provided an innovative, collaborative education within a culture of student support and success

Through high impact teaching practices like internships, hands-on research opportunities, and service learning, we'll provide you with the experiences you need to grow as a person and enter the workforce confidently. We can't wait to see you thrive!

## BEAR EXPERIENCE

The Bear Experience is a campus-wide initiative to promote experiential learning beyond the classroom.

The Bear Experience offers students the opportunity to thoughtfully plan their college experiences by integrating them with their academic curriculum, personal values and future goals.

- Bear Experience Pathways:
- Community Engagement and Service
- Diversity Awareness and Inclusion
- Intellectual and Professional Development
- Well Being and Personal Development

Visit [uca.edu/bearexperience](http://uca.edu/bearexperience) for more information.

The Department of Exercise and Sport Science offers undergraduate degrees in exercise science and physical education-teacher education with a coaching endorsement option, and graduate degrees in athletic training, exercise science, and sport management. Our faculty members are experienced educators, researchers, and clinicians that bring a wealth of knowledge to the classroom.

## Top 5 Reasons Students Stated They Chose Physical Education-Teacher Education at UCA

- 1 Faculty members who care about student success
- 2 The reputation of producing exceptional teachers
- 3 The diversity within the campus and program
- 4 Family-like atmosphere and the one-on-one connections made
- 5 Excellent transfer scholarship opportunities

## ALUMNI STORY

*"I chose UCA because of the family atmosphere and the one-on-one connections I made with classmates and classroom teachers. UCA prepared me for my career in education through a proactive approach that focused on the details and challenges you face every day as an educator. I would not be a successful coach and educator without UCA and the PETE program!"*

*-Payton Morris – Alma High School Football Coach and Physical Education Teacher*

## Top Reasons to Study Physical Education-Teacher Education at UCA

- 1 Accredited by the Council for the Accreditation of Educator Preparation (CAEP)
- 2 Experience a variety of clinical observations in the school setting, ranging from K-12 and Special Education
- 3 Small, personable classroom sizes
- 4 Opportunity to pursue a variety of graduate level teaching degrees at UCA
- 5 Rigorous program that is respected in the surrounding areas

## HOW TO USE THIS MAP

Use the four rows of the map to explore possibilities and plan for your success by seeing the many overlapping and connected areas of careers and academics. Get started thinking about your future now. Where do you see yourself after you finish your degree? If you have tentative goals (like careers or graduate school) while working through your degree, it helps you with short-term decisions about experiences, courses, and keeps you motivated for success!

## GET THE HELP YOU NEED

UCA's number one goal is student success--YOUR success--and we have a campus full of people and services available to help you succeed throughout your UCA experience. Whether you need help with study skills or health care, we have resources available. The Navigate Student mobile app or Navigate for Students in myUCA will connect you with available resources. You can also use Navigate to make an appointment with your academic advisor, a peer coach, or even Student Accounts.

Ready to find out more? Visit [uca.edu/success](http://uca.edu/success) and download the Navigate app.

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## First Year

## Middle Years

## Last Year

### SUCCEED ACADEMICALLY

#### Pre-PETE (Freshman and Sophomore Years)

- Key Coursework and Benchmarks
- Meet the PETE and COE Admissions Criteria
- Consider Honors in the Major
- Access to Student Success  
<https://uca.edu/studentsuccess/guide/>

- Key Coursework and Benchmarks
- Maintain a "C" or above in all major classes
- Review study materials for PRAXIS II (5857)

- Key Coursework and Benchmarks
- Maintain a "C" or better in all major classes
- Meet the required score for the PRAXIS II (5857)
- Participate in College of Education Professional Development Events
- Apply for graduation

### CONNECT TO THE WORLD AROUND YOU

- Join EXSS Club
- Campus Involvement
- Seek out volunteer opportunities in the schools

- Join SHAPE Arkansas and SHAPE America
- Seek out volunteer opportunities in the schools
- Various clinical experiences
- Service-Learning
- Join the Phi Epsilon Kappa honors fraternity

- Various clinical experiences (Internship I and II)
- Seek out volunteer opportunities in the schools
- Join professional organizations

### PREPARE FOR WHAT'S NEXT

- Seek out scholarship opportunities
- Make sure pre-requisites are completed
- Apply for the Teacher Education Program
- Career Fair

- Seek out scholarship opportunities
- Clinical Experiences (Internship I and II)
- Begin resume building

- Attend career fair
- Attend professional development seminars
- Complete applications for employment

### WHAT CAN I DO WITH THIS MAJOR?

After graduating with a BSE in Physical Education and becoming a licensed teacher, you can work as a Physical Education/Health Teacher in the school setting for K-12. If you receive the Coaching Endorsement with our program, you will be able to coach any sport in a public school. You will also have the opportunity to take additional PRAXIS II content courses to add-on more areas of teaching to your license. Your career could lead to building level administration (vice-principals, principals, athletic directors, etc.) with a master's degree.

### WHAT SKILLS & QUALIFICATIONS MIGHT I NEED?

Teaching requires a variety of important skills. You will need excellent communication skills to interact with peers, families, and students. You will need to be able to collaborate well with peers. Patience is important when working with children in the school setting. You will also need to be a great problem solver to make sure you can help all your students succeed. Management skills will also be important to make sure your classroom is organized and has the best teaching atmosphere possible.