

Academic Map: Community Nutrition

Department: Nutrition and Family Sciences **Degree:** BS
Program/Major: Community Nutrition
Track/Emphasis: _____
Does this program require a minor? (Yes/No) No

Important program information in the online *Undergraduate Bulletin*:

UCA Core Requirements: <https://uca.edu/ubulletin/general-policies-information/uca-core/>
LD UCA Core Check Sheet: <https://uca.edu/academicbulletins/ld-uca-core/>
UD UCA Core Course List: <https://uca.edu/academicbulletins/ud-uca-core/>
Degree Requirements: <https://uca.edu/ubulletin/general-policies-information/degree-requirements/>
Program Description: <https://uca.edu/ubulletin/colleges-departments/ch/facs/>
Course Descriptions: <https://uca.edu/ubulletin/courses/>

This degree program requires a total of 120 semester credit hours, including at least 40 upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](https://uca.edu/academicbulletins/ld-uca-core/) (https://uca.edu/academicbulletins/ld-uca-core/) takes the user to the *Undergraduate Bulletin's* Lower-Division (LD) UCA Core check sheet, where UCA Core options and ACTS course numbers are listed in full; an [acts link](https://uca.edu/academicbulletins/acts/) takes the user to the *Undergraduate Bulletin's* ACTS page (https://uca.edu/academicbulletins/acts/) for additional information and a UCA-ACTS crosswalk.

Scholarship recipients: Please be aware of eligibility criteria for your scholarship(s). In particular, pay attention to (1) the enrollment requirements each semester for disbursement of your scholarship(s) and (2) the number of hours and GPA required each semester and/or year for renewal of your scholarship(s). Some Academic Maps may suggest enrollment in fewer hours than required for disbursement of your scholarship(s). In such cases, work with your academic advisor to adjust your schedule to meet requirements most efficiently. Contact the Office of Student Financial Aid at (501) 450-3140 with any questions regarding enrollment/renewal requirements of your scholarship(s). For online information resources, see endnote 1.

Year 1

Fall – Semester 1 (Credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1310	Introduction to College Writing	3	ENGL1013
NUTR	1300	Foundations of Nutrition	3	
BIOL	1400	Exploring Concepts in Biology (LD UCA Core, Life Science)	4	
NUTR	1100	Introduction to the Profession	1	
HLTH	1320	Essentials of Health and Wellness or Another approved LD Responsible Living course ²	3	core link
		General elective	1	

Spring – Semester 2 (Credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1320	Academic Writing and Research or	3	ENGL1023 ENGL1023 core link
ENGL	1320	Interdisciplinary Writing and Research or		
		Other approved alternative		

SUBJ	NUM	TITLE	SCH	ACTS
MATH	1365	Mathematical Reasoning for Health Science Professions ³	3	MATH1103
BIOL	2405	Human Anatomy and Physiology	4	
		LD UCA Core, American History/Government ²	3	core link
NUTR	2311	Meal Management	3	

Year 2**Fall – Semester 3 (Credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
ANTH	1302	Anthropology or Other LD UCA Core, Diversity/World Cultures (Social Science only) ²	3	ANTH1013 core link
FACS	2341	Lifespan Development	3	
CHEM	1402	General Chemistry for Health Sciences	4	CHEM1214
PHIL	1301	Philosophy for Living or Other approved LD UCA Core Fine Arts/Humanities course ²	3	PHIL1103 core link
PSYC	1300	General Psychology	3	PSYC1103

Spring – Semester 4 (Credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	3310	Food Science	3	
FACS	3311	Resource Management (UC UCA Core: C) ⁴	3	
COMM MGMT	1300 2301	Principles of Communication or Business Communication	3	SPCH1003 BUSI2013
MUS	2300	Music Appreciation (LD UCA Core, Diversity/Creative Works [FA])	3	MUSC1003
		General Elective	3	

Year 3**Fall – Semester 5 (Credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	3350	Community Nutrition	3	
NUTR	3370	Lifecycle Nutrition I	3	
NUTR	3380	Food Economics	3	
BIOL	2411	Microbiology in Human Affairs	4	
FACS	3318	Parenting Issues	3	

Spring – Semester 6 (Credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
FACS	3372	Personal and Family Finance [UD UCA Core: I, R] ⁴	3	
FACS	3356	Methods in Family & Consumer Sciences Education	3	
NUTR	3371	Nutrition Counseling	3	
		UD General Elective	3	
NUTR	3375	Lifecycle Nutrition II	3	

Year 4**Fall – Semester 7 (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	4301	Research in FACS/Nutrition	3	
NUTR	4395	Nutrition Contemporary Issues [UD UCA Core: D] ⁴	3	
		UD General Elective	3	
PSYC	2330	Psychological Statistics or Other introductory statistics course ⁵	3	
		UD General Elective	3	

Spring – Semester 8 (Credit hours: 12)

SUBJ	NUM	TITLE	SCH	ACTS
NUTR	4321	Nutrition Services Administration	3	
FACS	2351	Family Relations	3	
		UD General Elective	3	
NUTR	4339	Community Nutrition Practicum [UD UCA Core: Z] ⁴	3	

SIGNED – DEPARTMENT CHAIR

DATE

SIGNED – COLLEGE DEAN

DATE

To be completed by the advisor when an Eight-Semester Plan is accepted by the student:

If applicable, has student selected a minor? Type “x” as appropriate. _____ No _____ Yes

If “yes,” specify: _____

Notes

¹ See online information resources for UCA scholarships at <https://uca.edu/scholarships/> and for state scholarships at <https://scholarships.adhe.edu/scholarships-and-programs/a-z/>.

² See appropriate choices, alternatives, or substitutions under “UCA Core” in the Undergraduate Bulletin. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. An approved UCA Core lab science and an approved UCA Core math course should be taken in the first two years if possible.

³ Students who have already earned credit for another 1000-level MATH course (i.e. concurrent credit, CLEP, AP, transfer, etc.) may substitute that course for MATH 1365.

⁴ The student will need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. The student must complete upper-division UCA Core courses that address each of the four UCA Core areas: Diversity (D), Critical Inquiry (I), Communication (C), and Responsible Living (R). One course may address up to two areas. See entries in this Academic Map for courses within the major that fulfill the UD UCA Core requirements.

⁵ Other statistics courses include GEOG 2330, MATH 2311, PSCI 2312, CISA 2330, and SOC 2321.