

Academic Map: Kinesiology and Physical Education (K–12)

Department: Exercise and Sport Science **Degree:** BSE¹
Program/Major: Kinesiology and Physical Education (K–12) –
Physical Education Teacher Education²
Track/Emphasis: _____
Does this program require a minor? (Yes/No) No³

Important program information in the online *Undergraduate Bulletin*:

UCA Core Requirements: <https://uca.edu/ubulletin/general-policies-information/uca-core/>
LD UCA Core Check Sheet: <https://uca.edu/academicbulletins/ld-uca-core/>
UD UCA Core Course List: <https://uca.edu/academicbulletins/ud-uca-core/>
Degree Requirements: <https://uca.edu/ubulletin/general-policies-information/degree-requirements/>
Program Description: <https://uca.edu/ubulletin/colleges-departments-programs/college-of-health-and-behavioral-sciences/department-of-exercise-and-sport-science/#sec0201>
Course Descriptions: <https://uca.edu/ubulletin/courses/>

This degree program requires a total of 120 semester credit hours, including at least 40 upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](https://uca.edu/academicbulletins/ld-uca-core/) (https://uca.edu/academicbulletins/ld-uca-core/) takes the user to the *Undergraduate Bulletin's* UCA Lower-Division Core check sheet, where UCA Core options and ACTS course numbers are listed in full; an [acts link](https://uca.edu/academicbulletins/acts/) takes the user to the *Undergraduate Bulletin's* ACTS page (https://uca.edu/academicbulletins/acts/) for additional information and a UCA-ACTS crosswalk.

Scholarship recipients: Please be aware of eligibility criteria for your scholarship(s). In particular, pay attention to (1) the enrollment requirements each semester for disbursement of your scholarship(s) and (2) the number of hours and GPA required each semester and/or year for renewal of your scholarship(s). Some Academic Maps may suggest enrollment in fewer hours than required for disbursement of your scholarship(s). In such cases, work with your academic advisor to adjust your schedule to meet requirements most efficiently. Contact the Office of Student Financial Aid at (501) 450-3140 with any questions regarding enrollment/renewal requirements of your scholarship(s). For online information resources, see endnote ⁴.

Year 1

Fall (Credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1310	Introduction to College Writing ^{5, 6, 7}	3	ENGL1013
MATH	1360 1390	Quantitative Literacy or College Algebra or Approved higher-level math course ^{5, 7}	3	MATH1113 MATH1103 core link
EXSS	1320	Foundations of Wellness ^{5, 7}	3	
PSYC	1300	General Psychology ^{5, 7}	3	PSYC1103
COMM	1300	Principles of Communication ^{5, 7} [formerly SPCH 1300] ⁸	3	SPCH1003

Spring (Credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG ENGL	1320 1320	Academic Writing and Research ⁷ or Interdisciplinary Writing and Research or Other approved alternative ⁵	3	ENGL1023 ENGL1023 core link
BIOL	1400 1401 1402 1440	Exploring Concepts in Biology or Exploring Ecology and the Environment Exploring Human Biology Principles of Biology ^{5, 7, 9}	4	BIOL1004 BIOL1014
		LD UCA Core (Inquiry and Analysis: Fine Arts/Humanities) ⁵	3	core link
EDUC	1300	Education as a Profession ⁷	3	
PETE	1230	Teaching Conditioning and Beginning Weight Training ^{2, 7}	2	

Year 2**Fall (Credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
PETE	2230	Teaching Team Sport	2	
PETE	2250	Teaching Dance and Rhythmical Activities ^{2, 7}	2	
		LD UCA Core (Inquiry/Analysis: American History/US Government) ⁵	3	core link
PETE	2300	Principles of Kinesiology and Physical Education ^{2, 7, 10}	3	
EXSS	2381	Anatomical Kinesiology ^{2, 7} (prereq.: BIOL 1400/1401/1402/1440)	3	
		LD UCA Core (Diversity: Diversity in Creative Works) ⁵	3	core link

Spring (Credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
		LD UCA Core (Natural Science: Physical Science) ^{5, 11}	4	core link
H ED	2201	First Aid ^{3, 7}	2	
H ED	2320	Mental Health ^{3, 5, 12}	3	
PETE	2223	Teaching Outdoor Education/Recreational Games ^{2, 7} (spring only)	2	
		LD UCA Core (Diversity: Diversity in World Cultures, SS only) ⁵	3	core link
PETE	2220	Teaching Individual Sport	2	

Year 3**Fall (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	3300	Methods and Materials ³ (UD UCA Core: C)	3	
EDUC	3322	Diverse Learners in Inclusive Settings ¹¹	3	
EXSS	2340	Motor Development and Learning ^{2, 13}	3	
PETE	3330	Physical Education for the Elementary Grades ^{2, 13} (UD UCA Core: R)	3	
EXSS	3382	Biomechanics ^{2, 14} (prereq: PHYS 1400 or CHEM 1402/1450) (UD UCA Core: I)	3	

Spring (Credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
PETE	3363	Adapted Physical Education ^{2, 13}	3	

SUBJ	NUM	TITLE	SCH	ACTS
H ED	3325	Disease Management ³	3	
EXSS	3303	Exercise Physiology ^{2, 15}	3	
EXSS	3316	Curriculum ^{2, 13}	3	
PETE	4310	Methods and Materials of Secondary Physical Education ^{2, 13}	3	

Year 4

Fall (Credit hours: 16)

SUBJ	NUM	TITLE	SCH	ACTS
MSIT	4325	Disciplinary Literacy ¹¹ (UD UCA Core: C)	3	
EXSS	4395	Sport in American Society ² (UD UCA Core: D)	3	
EDUC	4210	Integration of Technology in Teaching/Learning ¹¹	2	
EXSS	4320	Measurement and Evaluation in Human Performance ² (UD UCA Core: Z)	3	
EXSS	4230	Fitness Assessment and Exercise Prescription ^{2, 16}	2	
PETE	4380	Internship I ^{2, 13, 17}	3	

Spring (Credit hours: 12)

SUBJ	NUM	TITLE	SCH	ACTS
PETE	4690	Internship II ^{2, 13, 18}	6	
PETE	4691	Internship II ^{2, 13, 18}	6	

Notes

¹ A cumulative grade point average of 2.7 or higher on a 4.0 scale is required for admission, retention, and completion of the degree.

² A major in Kinesiology and Physical Education (K-12) is required. A major grade point average of 2.7 or higher on a 4.0 scale is required for admission, retention, and completion of the degree. The major consists of 45 credit hours. A grade of C or better is required in all major courses.

³ This Academic Map includes 11 credit hours in required Health Education courses. A grade of C or better is required in all Health Education (H ED) courses. While H ED 2201 First Aid is the only required H ED pre-admission course, a student's grade point average for admission to the Physical Education Teacher Education (PETE) program will be calculated on all required H ED courses completed. First aid and CPR certificate is required until graduation. See Health Education in the current *Undergraduate Bulletin* for minor.

⁴ See online information resources for UCA scholarships at <https://uca.edu/scholarships/> and for state scholarships at <https://scholarships.adhe.edu/scholarships-and-programs/a-z/>.

⁵ See appropriate choices, alternatives, or substitutions under "UCA Core" in the *Undergraduate Bulletin*. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. An approved UCA Core lab science and an approved UCA Core math course should be taken in the first two years if possible. The student will also need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. See entries in this Academic Map for courses within the major that fulfill the UD UCA Core requirements. Courses may be used only once to satisfy the UCA Core. If the ACT sub-score in Reading, English, or Mathematics is below 19, remediation is required before enrolling in certain UCA Core courses. Students needing remediation in reading or writing may not enroll in an FYS until they have completed their remediation. Students must take at least one course in the Fine Arts (designated FA) and one course in Humanities (designated HUM) as part of the lower division core requirements.

⁶ WRTG 1310 must be taken on initial enrollment unless the requirement was already met or remediation is required.

Notes – *continued*

- ⁷ This course (or an approved alternative) is a required PETE program admission course. Students must earn a C or better.
- ⁸ COMM 1300 and SPCH 1300 are the same course. Take only one of them.
- ⁹ BIOL 1440 requires the following prerequisites: High school chemistry or CHEM 1301 (or above) and a composite ACT score of 21 or higher OR BIOL 1400 and CHEM 1301 (or above) with grades of C or higher. Students not meeting the prerequisite requirements must have permission of the Biology Department Chair prior to enrollment.
- ¹⁰ Students must submit an electronic or hard copy of the entire score report booklet for each PRAXIS Core test taken (Reading, Writing and Math) regardless of the score earned. To receive a grade in PETE 2300, the scoring booklet must be submitted to the instructor. Failure to pass PRAXIS Core tests will delay admission to the PETE program and completion of the degree.
- ¹¹ Students must earn a C or better.
- ¹² In addition to PSYC 1300 General Psychology, students must complete an additional Social Science course (designated SS) in either the Diversity in World Cultures or in Responsible Living. H ED 2320 Mental Health in Responsible Living category fulfills this requirement and is required by the H ED.
- ¹³ Course requires admission to the PETE program.
- ¹⁴ Prerequisite required (C or better in PHYS 1400 or CHEM 1402 or 1450).
- ¹⁵ Prerequisite required (C or better in EXSS 2381).
- ¹⁶ Prerequisite required (C or better in EXSS 3303)
- ¹⁷ Students are required to submit a copy of their registration for PRAXIS II Subject Area Assessment tests in order to receive a grade in PETE 4380
- ¹⁸ Students are required to take PRAXIS II Subject Area Assessment tests PRIOR to enrolling in PETE 4690 and PETE 4691. Students must submit an electronic or hardcopy of the entire score report booklet for each PRAXIS II tests taken regardless of the score earned.