

Academic Map: Health Education

Department: Health Sciences **Degree:** BS
Program/Major: Health Education
Track/Emphasis: _____
Does this program require a minor? (Yes/No) No

Important program information in the online *Undergraduate Bulletin*:

UCA Core Requirements: <https://uca.edu/ubulletin/general-policies-information/uca-core/>
LD UCA Core Check Sheet: <https://uca.edu/academicbulletins/ld-uca-core/>
UD UCA Core Course List: <https://uca.edu/academicbulletins/ud-uca-core/>
Degree Requirements: <https://uca.edu/ubulletin/general-policies-information/degree-requirements/>
Program Description: <https://uca.edu/ubulletin/colleges-departments-programs/college-of-health-and-behavioral-sciences/department-of-health-sciences/>
Course Descriptions: <https://uca.edu/ubulletin/courses/>

This degree program requires a total of 120 semester credit hours, including at least 40 upper-division credit hours.

Comparable courses in the Arkansas Course Transfer System (ACTS) are cross-referenced in the ACTS column of each semester block below; a [core link](https://uca.edu/academicbulletins/ld-uca-core/) (https://uca.edu/academicbulletins/ld-uca-core/) takes the user to the *Undergraduate Bulletin's* UCA Lower-Division Core check sheet, where UCA Core options and ACTS course numbers are listed in full; an [acts link](#) takes the user to the *Undergraduate Bulletin's* ACTS page (https://uca.edu/academicbulletins/acts/) for additional information and a UCA-ACTS crosswalk.

Scholarship recipients: Please be aware of eligibility criteria for your scholarship(s). In particular, pay attention to (1) the enrollment requirements each semester for disbursement of your scholarship(s) and (2) the number of hours and GPA required each semester and/or year for renewal of your scholarship(s). Some Academic Maps may suggest enrollment in fewer hours than required for disbursement of your scholarship(s). In such cases, work with your academic advisor to adjust your schedule to meet requirements most efficiently. Contact the Office of Student Financial Aid at (501) 450-3140 with any questions regarding enrollment/renewal requirements of your scholarship(s). For online information resources, see endnote ¹.

Year 1

Fall – Semester 1 (credit hours: 15/16)

SUBJ	NUM	TITLE	SCH	ACTS
WRTG	1310	Introduction to College Writing	3	ENGL1013
MATH	1390	College Algebra or	3	MATH1103
BIOL	1400	Exploring Concepts in Biology	4	BIOL1004
H ED	1320	Essentials of Health and Wellness	3	
PSYC	1300	General Psychology or	3	PSYC1103
SOC	1300	Principles of Sociology		SOCI1013
COMM	1300	Principles of Communication [formerly SPCH 1300] ² or Approved alternative (LD UCA Core: Oral Communication) ³	3	SPCH1003 core link

Spring – Semester 2 (credit hours: 15/16)

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	1400	Exploring Concepts in Biology or	4	BIOL1004
MATH	1390	College Algebra	3	MATH1103

SUBJ	NUM	TITLE	SCH	ACTS
WRTG ENGL	1320 1320	Academic Writing and Research or Interdisciplinary Writing and Research or Other approved alternative (LD UCA Core: Research/Writing) ³	3	ENGL1023 ENGL1023 core link
H ED		Major Elective (H ED 2320: Mental Health suggested)	3	
		LD UCA Core: Diversity/World Cultures (SS only) ³	3	core link
H ED	2201	First Aid	2	

Year 2**Fall – Semester 3 (credit hours: 16)**

SUBJ	NUM	TITLE	SCH	ACTS
		LD UCA Core: Inquiry/Analysis (FA only) ³	3	core link
BIOL	2405	Anatomy and Physiology	4	
H ED	3325	Disease Management	3	
		LD UCA Core: Inquiry/Analysis: American History/Government ³	3	core link
		General Elective	3	

Spring – Semester 4 (credit hours: 14)

SUBJ	NUM	TITLE	SCH	ACTS
BIOL	2411	Microbiology in Human Affairs	4	BIOL2004
H ED	3301	The Health Education Profession (UD UCA Core: R)	3	
		LD UCA Core: Diversity/Creative Works (HUM only) ³	3	core link
		LD UCA Core: Physical Science ³	4	core link

Year 3**Fall – Semester 5 (credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	3320	Epidemiological Research (UD UCA Core: I)	3	
		Elective, upper-division	3	
		Elective, upper-division	3	
		Elective, upper-division	3	
PSYC	2330	Psychological Statistics or Approved alternative ⁴	3	

Spring – Semester 6 (credit hours: 15)

SUBJ	NUM	TITLE	SCH	ACTS
H ED	4331	Program Planning and Evaluation	3	
H ED		Major Elective	3	
H ED	3300	Health Education Methods and Materials (UD UCA Core: C)	3	
		General Elective	3	
		General Elective	3	

Year 4**Fall – Semester 7 (Credit hours: 15)**

SUBJ	NUM	TITLE	SCH	ACTS
H ED	4370	Administration of Health Programs (UD UCA Core: C)	3	
H ED	4320	Health Communication and Advocacy	3	
H ED		Major Elective (UD UCA Core: D) ³	3	
		General Elective	3	
H ED	4300	Community Health Programs	3	

Spring – Semester 8 (Credit hours: 14)

SUBJ	NUM	TITLE	SCH	ACTS
H ED	4600	Health Education Internship (UD UCA Core: Z)	6	
		General Elective	3	
		General Elective	3	
		General Elective	2	

SIGNED – DEPARTMENT CHAIR

DATE

SIGNED – COLLEGE DEAN

DATE

To be completed by the advisor when an Eight-Semester plan is accepted by the student:

If applicable, has student selected a minor? Type “x” as appropriate. _____ No _____ Yes

If “yes,” specify: _____

Notes

¹ See online information resources for UCA scholarships at <https://uca.edu/scholarships/> and for state scholarships at <https://scholarships.adhe.edu/scholarships-and-programs/a-z/>.

² COMM 1300 and SPCH 1300 are the same course. Take only one of them.

³ See appropriate choices, alternatives, or substitutions under “UCA Core” in the *Undergraduate Bulletin*. During the first year, a student must complete a UCA Core course designated as a First-Year Seminar (FYS) in Critical Inquiry, Diversity, or Responsible Living. A lab science (BIOL 1400 or a Physical Science) and MATH 1360/MATH 1390 should be taken in the first year if possible.

The student will also need to complete major, minor, or general elective courses designated as fulfilling the upper-division and capstone requirements of the UCA Core. See annotations in this Academic Map for courses within the major that fulfill these requirements. The UD UCA Core diversity requirement may be fulfilled using a major elective (H ED 3305, 4395, or 4396).

⁴ Any one of the following may be used to fulfill the statistics requirement: GEOG 2330, MATH 2311, PSCI 2312, PSYC 2330, QMTH 2330, SOC 2321.